

Friday Night Time Change Warm ups now start at 4PM Meet starts at 5

Saturday ONLY ALL SESSION MOVED TO NORTH

Sachem New Years Splash IMR Challenge January 2nd & 3rd 2015 Sanction#

Sachem New Years Splash IMR Challenge

January 2nd & 3rd 2015

Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., # 150100 SANCTION:

Time Trial# 150150-T

Sachem East & North High School LOCATION:

177 Granny Rd Farmingville NY 11738, 212 Smith Street Lake Ronkonkoma

FACILITY: Daktronic's & Colorado electronic timing systems & 6-lane electronic scoreboard. 25 yards, 6 lane

pool

The pools Has NOT certified in accordance with Article 104.2.2C (4)

Friday Night Only!**There has been a time change** New times are listed below

Session 1 - 4:00pm Warm-up 5:00pm Start –January 2nd Age groups 13 & O Sachem North Session 1 - 4:00pm Warm-up 5:00pm Start – January 2nd Age groups 12 & U Sachem East **SESSIONS:**

Saturday All age groups will be swimming at North following the schedule below Session 2 – 8:30am Warm-up 9:30am Start – January 3rd Age groups 11-12 & 13-14

Session 3 – 1:45pm Warm-up 2:15 Start – January 3rd Age groups 8 & Under

Session 4 – 4:00pm Warm-up 5:00 Start – January 3rd Age groups 10 & under & Open

Time Trials will be available sessions 2 & 4 if time permits. Inquire with the computer table at the

meet.

All events are timed finals. **FORMAT:**

Seeding will be conducted at the beginning of each session utilizing a scratch sheet procedure.

ELIGIBILITY: Open to all Invited USA Swimming/Metropolitan Swimming Inc. registered swimmers.

All swimmers participating in this meet must be registered by the first day of the meet.

No "Deck Registrations" will be accepted

Age on January 2nd 2015 will determine age for the entire meet.

DISABILITY SWIMMERS: Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special

consideration.

The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to

the competition.

ENTRIES: Limit of 4 events & 1 relay per session. Meet will be run using Hy-Tek's meet manager. All entries

must be in yards; NT will not be accepted. Session 3 may be limited to 1 ½ hours before scratches Entries are accepted on a first come/first serve basis. All entries must be in Hy-Tek entry format.

U.S. Mail Entries/Payment to: Sachem Swim Club P.O Box 381 Lake Grove, NY 11755

Email Entries/Confirm Entry Receipt: efisher@me.com

Signature waiver required for Express Mailed Entries/Payments

1: Metro LSC teams will be given priority on a first come/first served basis. Metro teams entries must be **DEADLINE:**

received by December 17th 2014.

2: The final entry deadline for this meet is December 27th, 2014

3: Metro entries received between August 4th and December 17th and all entries from other LSC's will be

entered in the order they were received, as space allows.

ENTRY FEE: An entry fee of \$\$4.00 per individual event & \$ 8.00 per relay event must accompany the entries.

Make check payable to: Sachem Swim Club

Payment must be received by January 1st 2015 for email entries. Payment must be included with all mail

entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.

WARM-UP: Warm-up Lanes will be assigned. Assignment sheet will be at the computer table.

SCRATCHES: Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30

minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches

and which swimmers will not be participating in the session.

COACHES: In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA

Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not

possess these credentials will be required to leave the deck area.

AWARDS: Medals $1^{st} - 3^{rd}$, Ribbons $4^{th} - 6^{th}$ for individual events. Medals for the top 3 relays. High Point trophies

will be award solely on the performance in the following events for each age group events (9-10 Age Group-100 Free, 100IM, 50 Back, 50 Breast and 50 Fly) (11-12 Age Group 200 Free, 100IM, 50 Back, 50 Breast and 50 Fly), (13-14, & 15-18 Age Group 200 Free, 100 Back, 100 Breast, 100 Fly and 200IM). **Ducks will be handed out to all children in the 8U events at the end of each heat. Medals and ribbons will be**

awarded to the 8U session as outlined above.

OFFICIALS: Meet Referee: Jacky Spierer – musi0939@aol.com phone# 631-374-3240

Officials wishing to volunteer should contact Meet Referee by December 20th, 2014

Admin

Official: Administrative Official: Eric Fisher — efisher@me.com 631-807-3525

MEET

DIRECTOR: Eric Fisher efisher@me.com 631-807-3525

RULES: The current USA Swimming Rules and Regulations will apply.

The USA Swimming Code of Conduct is in effect for the duration of the meet. The overhead start procedure may be used at the discretion of the meet Referee.

SAFETY: Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups

and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer,

coach, club, or spectator for failure to follow the safety rules.

"Any swimmer entered in the meet must be certified by a USA Swimming member coach as being

proficient in performing a racing start or must start each race from within the water. When

unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer's legal

guardian, to ensure compliance with this requirement"

WATER USA 2011 - 202.3.7 "The meet announcement shall include information about water depth measured for a

DEPTH: distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls."

Diving end water depth – 12 feet at 1 meter, 8 feet at 5 meters Shallow end water depth – 4 feet at 1 meter, 10 feet at 5 meters

DISCLAIMER: DISCLAIMER: Upon acceptance of his/her entries, the participant waives all claims against **Sachem**

School & Sachem Swim Club, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of

injuries to anyone during the conduct of the event."

AUDIO/VISUAL Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest

STATEMENT: rooms or locker rooms

CHANGING:

DECK Except where venue facilities require otherwise, changing into or out of swimsuits other than in

locker rooms or other designated areas is not prohibited.

ADMISSION: \$5 per adult - \$2 for session program.

MERCHANTS: Vendors will be available on site for the purchase of suits, bags, towels, goggles and apparel. Hot and cold

dishes, snacks, desserts, and beverages will be available

PARKING: School parking lot available for use. Parking is free

DIRECTIONS: Sachem East- Long Island Expressway to Exit 63. Head North on North Ocean Avenue, until you reach

Granny Road. Make a right on Granny and Sachem East is on the left about ½ miles down the road

Sachem North- Long Island Expressway to Exit 60. Service Road to Hawkins Avenue Traffic Light. Continue North on Hawkins Avenue until Five Corners Intersection. Turn right on to Smith Street. School is on the rig

Session 1	Start 6pm
12 & U East Pool	
Friday January 2 nd 2015	
Events	Boys
9-10 100 Free	2
11-12 200 Free	4
9-10 50 Back	6
11-12 50 Back	8
9-10 50 Breast	10
11-12 50 Breast	12
9-10 200 Free Relay	14
11-12 200 Free Relay	16
Session 1	
13 & Over North Pool	
Friday January 2 nd 2015	
Events	
13-14 200 Free	18
Open 200 IM	20
13-14 100 Back	22
Open 100 Fly	24
13-14 100 Breast	26
Open 100 Free	28
13-14 200 Free Relay	30
Open 200 Free Relay	32
	12 & U East Pool Friday January 2 nd 2015 Events 9-10 100 Free 11-12 200 Free 9-10 50 Back 11-12 50 Back 9-10 50 Breast 11-12 50 Breast 11-12 50 Breast 9-10 200 Free Relay 11-12 200 Free Relay Session 1 13 & Over North Pool Friday January 2 nd 2015 Events 13-14 200 Free Open 200 IM 13-14 100 Back Open 100 Fly 13-14 100 Breast Open 100 Free 13-14 200 Free

Warm-up 8:30am	Session 2	Start 9:30am
-	Saturday January 3 rd 2015	
Girls	Event	Boys
33	11-12 50 Free	34
35	13-14 50 Free	36
37	11-12 100 IM	38
39	13-14 200 IM	40
41	11-12 50 Fly	42
43	13-14 100 Fly	44
45	11-12 100 Free	46
47	13-14 100 Free	48
49	11-12 200 Medley Relay	50
51	13-14 200 Medley Relay	52

Warm-up 1:45pm	Session 3	Start 2:15pm
	Saturday January 3 rd 2015	
Girls	Event	Boys
53	8 & Under 25 Free	54
55	8 & Under 25 Back	56
57	8 & Under 25 Fly	58
59	8 & Under 25 Breast	60
61	8 & Under 50 Free	62

Warm-up 4:00pm	Session 4	Start 5:00pm
	Saturday January 3 rd 2015	
63	9-10 200 Free	64
65	Open 200 Free	66
67	9-10 50 Fly	68
69	Open 100 Back	70
71	9-10 100 IM	72
73	Open 100 Breast	74
75	9-10 50 Free	76
77	Open 50 Free	78
79	9-10 200 Medley Relay	80
81	Open 200 Medley Relay	82