



Turkey Trot DISTANCE Invitational



2021 MR SSC Turkey Trot Distance Invitational
Friday, November 19, 2021
Sanction #211103

Invited Teams: SSC-MR, South Division Metro Teams as space permits and allowed by facility management.

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- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., # **211103**
- LOCATION:** **Sachem North HS, 212 Smith Road, Lake Ronkonkoma, NY 11779**
- FACILITY:** **6 Lane x 25 yard competition pool, CTS6 Timing System, touch pads primary, with 6 lane Numeric scoreboard. Competitor lane lines, Kiefer Advantage Starting Blocks**
The pool **Has NOT been** certified in accordance with Article 104.2.2C(4)
- SESSIONS:** **Session 1 – Distance - 4:00PM Warm Up, 5:00PM Start Time**
Time permitting, there will be 10 minutes warm-up before the 1650 Freestyle
- FORMAT:** **This is a Timed Finals Meet. Events will be swim Fastest to Slowest.**
This meet will be Pre-Seeded. No changes will be made the day of the meet.
- ELIGIBILITY:** Open to all Invited USA Swimming/Metropolitan Swimming Inc. registered swimmers.
All swimmers participating in this meet must be registered by the first day of the meet.
No "Deck Registrations" will be accepted
Age on **November 19, 2021** will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration.
The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** All Athletes are limited to enter 1 event only. Deck entries will not be accepted.
NT's will not be accepted. Host team reserves the right to enter NT's.
Entries are by invited teams only. Hy-Tek Email entries will be accepted
U.S. Mail Entries/Payment to: **Sachem Swim Club, PO Box 191, Ronkonkoma, NY 11779** Email
Entries/Confirm Entry Receipt: ssc.meetentries@gmail.com ****PLEASE NOTE NEW EMAIL ****
Express Mail Entries – please waive signature
- DEADLINE:** 1: Metro LSC teams will be given priority on a first come/first served basis. Metro team's entries must be received by **November 10, 2021**
2: The final entry deadline for this meet is **November 10, 2021**
3: Metro entries received between **October 1, 2021** and **November 1, 2021** will be entered first.
Entries from other LSC's will be entered in the order they were received, as space allows.
An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.
- ENTRY FEE:** An entry fee of **\$10.00** per individual event must accompany the entries.
A Facility Surcharge of **\$5.00** per swimmer must accompany the entries.
Make check payable to: **Sachem Swim Club of Long Island, Inc.**
Payment must be received by **11/19/21** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by the deadline could result in teams being barred from the meet.
Host Club may waive meet entry fees & facility surcharge for registered outreach swimmers. Coaches should contact meet director and identify registered swimmers whom they wish considered for waiver of fees when submitting meet entries.
- WARM-UP:** General warm up with assigned lanes for the first 40 minutes. Sprint lanes and General lanes will be available for the remaining 20 minutes. Lane assignments will be distributed along with the scratch sheet each session.
- SCRATCHES:** **Meet is Pre-Seeded - No CHANGES**

COACHES:	In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
AWARDS:	See Order of Events
OFFICIALS:	Meet Referee(s): Allen Wone - ssc.allenwone@gmail.com Officials wishing to volunteer should contact Meet Referee
ADMIN. OFFICIAL:	Administrative Official: Chris Orner
MEET DIRECTOR:	Chris Orner – Use ssc.meetentries@gmail.com for all correspondence
RULES:	The current USA Swimming Rules and Regulations including the Minor Athlete Abuse Prevention Policy (MAAPP) will apply. The USA Swimming Code of Conduct is in effect for the duration of the meet. The overhead start procedure may be used at the discretion of the meet Referee.
SAFETY:	All swimmers must wear footwear upon leaving the pool area. Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules. “Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer’s legal guardian, to ensure compliance with this requirement”
WATER DEPTH:	USA 2011 - 202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls." 1 Meter – 15 Feet, 5 Meter – 12 Feet
DISCLAIMER:	DISCLAIMER: Upon acceptance of his/her entries, the participant waives all claims against Sachem Swim Club of Long Island, Sachem Central School District , Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."
AUDIO/VISUAL STATEMENT:	Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms or behind the starting blocks.
DRONE OPERATION:	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
DECK CHANGING:	Deck changes are prohibited.
ADMISSION:	\$5.00 per adult. Spectators will be limited to 1 per swimmer.
MERCHANTS:	None will be available.
PARKING:	Use school parking lots.
DIRECTIONS:	Will be Provided to entered teams

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Order of Events

Session 1:

Warm-Up: 4:00PM / Meet Starts: 5:00PM

	Event	
	11 and Over 400 IM	1
	Open 500 Freestyle	2
	Open 1650 Freestyle	3

Awards will be given to the first 5 places in each event.
Each Gender - SEPARATE AWARDS FOR 11-12, 13-14 400IM.
Each Gender -SEPARATE AWARDS FOR 10 & U, 11-12 500 FREE.
Results will be for 10-Under, 11-12, 13-14 and 15 & Up

Time permitting, there will be 10 minutes warm-up before the 1650 Freestyle



Metropolitan Swimming Photographer Registration Form

As of 05/18/16 - All Metropolitan Teams need to include this in the meet information packet as well as file this form with Safety in Sport Coordinator, prior to the start of the meet.

This form must be completed by any photographer (video or still) who intends to take pictures at an Metropolitan Swimming sanctioned meet, and is taking those pictures of anyone other than his or her own child, from any location on deck. Submit the form to the Meet Director prior to commencing activity.

THERE WILL BE NO FLASH PHOTOGRAPHY PERMITTED AT THE START.

Name _____

Phone Number _____

Government ID (driver's license preferred) or USA Swimming Registration Card:

Type of ID _____ # _____

Taking photos of _____

On behalf of _____

Purpose _____

Professional photographers/videographers will be allowed on deck at the discretion of the Meet Director and Meet Referee, and must adhere to the following guidelines:

Do not stand on the starting end of the pool, or in the starter's box; use of the bulkhead is at the discretion of the Meet Director and Meet Referee.

Do not stand on the edge of the pool (leave approximately two feet for officials and coaches).

Leave the deck when not actively photographing.

Respond immediately to direction from the Meet Referee.

Signature _____ Today's Date _____

Meet _____ Location _____

Date(s) of meet _____