



2023 MR Condors May Meters Matter
May 5th - 7th, 2023

Sanction #230502

Time Trial #230551-T

Invited Teams: New York Sharks, Asphalt Green Unified Aquatics, BGC-N Westchester Marlins, 92nd Street Y, Badger, Huson Valley Dolphins, Rivertown Rays, Middies, Suffern Sea Lions, Trident, Y Barracudas, Freedom Aquatics, Match Point NYC, Westchester Aquatic Club, Monroe-Woodbury Devilfish Aquatics, Northern Dutchess Aquatic Club, Red Fox Aquatics, Club Fit Jefferson Valley, Brooklyn Stingrays, Staten Island Aquatic Club

Any other teams who would like to be invited, please contact Nevill@SwimCondors.org

2023 MR Condors May Meters Matter

May 5 – 7, 2023

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., **Sanction #230502, Time Trial #230551-T**
- LOCATION:** Felix Festa Middle School Pool
30 Parrott Road
West Nyack, NY 10994
- FACILITY:** 8 lane 50-meter pool with 7-foot lanes and non-turbulent lane lines. Colorado electronic timing system and an 8-line scoreboard. Seating for 800 spectators. The competition course has not been certified in accordance with 104.2.2C(4).
- SESSIONS:** Session 1: Friday Afternoon - Warm-Up 5:40 PM, Start 6:30 PM
Session 2: Saturday AM 12 & Under – Warm-Up 7:30 AM, Start 8:30 AM
Session 3: Saturday MID Open 400 IM – Warm-Up 12:45 PM, Start 1:15 PM
Session 4: Saturday PM 13 & Over – Warm-Up 3:00 PM, Start 4:00 PM
Session 5: Sunday AM 12 & Under – Warm-Up 7:30 AM, Start 8:30 AM
Session 6: Sunday MID Open 400 Free – Warm-Up 12:45 PM, Start 1:15 PM
Session 7: Sunday PM 13 & Over – Warm-Up 3:00 PM, Start 4:00 PM
Session times may be adjusted once the meet is closed. Teams will be notified of any adjustments in session times once entries have closed, but no later than 1 week prior to the start of the meet.
- FORMAT:** This will be a timed finals event. This will be a deck seeded event.
- ELIGIBILITY:** Open to all Invited USA Swimming/Metropolitan Swimming Inc. registered swimmers. All swimmers participating in this meet must be registered by the first day of the meet. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. Age on **May 5, 2023**, will determine the age for the entire meet. There are no cuts for this meet.
- DISABILITY SWIMMER:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** Swimmers may be entered in 4 individual events per day; only 3 individual events in any AM or PM Session and 1 in any MID session on Saturday and Sunday. Swimmers may be entered in 2 individual events on Friday. **No NT's will be accepted. Please estimate times so we can get accurate timelines out.**
- Invited teams will be given priority in the acceptance of entries. The host team reserves the right to refuse entries from teams that have a history of late or non-payment of entry fees. Entries will be accepted on a first come, first served basis for invited teams.
- The 400 Free and 400 IM may be limited to the fastest 5 heats of each gender. The host team reserves the right to keep its swimmers entered in the meet (particularly distance sessions). **If an athlete positively checks in for a middle session event and then is a NO SHOW they will be penalized their first event of the next session.** We want to accommodate as many swimmers in these middle sessions as possible. **Swimmers must provide their own timers.*****

Emailed Hy-Tek entry file is required.
NO DECK ENTRIES WILL BE ALLOWED.

U.S. Mail Entries/Payment to:

**Condors Swim Team
P.O. Box 550
New City, NY 10956**

Email Entries/Confirm Entry Receipt: **Nevill@SwimCondors.org**
Sign Express Mail Waiver allowing delivery without signature.

- DEADLINE:** **Final entries for all teams, MR/Outside LSC, must be received by: April 21st, 2023**
An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.
- ENTRY FEE:** An entry fee of **\$10.00** per individual event must accompany the entries. **\$15.00/swimmer facility surcharge.**
- *Swimmers who qualify for Outreach membership are eligible to have fees waived.
- Make check payable to: **Condors Swim Team of Clarkstown, Inc.**
Payment must be received by **April 21st, 2023** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
- WARM-UP:** The host team reserves the right to assign lanes for warm-up based on the size of the meet. Other lanes may be assigned by meet director's discretion. Starts can be done at the discretion of the coach during their assigned warmup. All swimmers must be supervised by a coach.
- SCRATCH:** Coaches will be given scratch sheets upon check-in for each session. All scratches are **due no later than 30 minutes prior** to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.
- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- AWARDS:** Ribbons will be awarded for places 1st – 8th for 12 & Under swimmers in all events.
- OFFICIALS:** **Meet Referee:** Mike Natale
Officials wishing to volunteer should contact Meet Referee by email mike4swimming@gmail.com
Admin Official: Nevill Kishinevskiy, Nevill@swimcondors.org
- MEET DIRECTOR:** Nevill Kishinevskiy, Email Nevill@swimcondors.org
- RULES:** The current USA Swimming Rules and Regulations will apply.
The USA Swimming Code of Conduct is in effect for the duration of the meet.
The overhead start procedure may be used at the discretion of the meet Referee.

- MAAPP:** All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with MAAPP is condition of participation in the conduct of this competition.
- SAFETY:** Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warmups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules. **“Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.”** Lifeguards will be posted around the pool deck during the meet. An AED is located at the center of the pool deck.
- WATER DEPTH:** USA 2011 - 202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls."
1.0 meter = 4 feet 6 inches, 5 meters = 13 feet
- DISCLAIMERS:** Upon acceptance of his/her entries, the participant waives all claims against **Clarkstown Central School District, Condors Swim Team, Metropolitan Swimming Inc., USA Swimming Inc.**, their agents or representatives for any injury occurring as a result of the meet. “It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.”
- An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.
- USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.
- BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [INSERT THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.**
- AUDIO/VISUAL STATEMENT:** Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms, or behind the starting blocks. “Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.”
- DECK CHANGING:** DECK CHANGING IS PROHIBITED

ADMISSION

\$10.00 Adults/session. All spectators are encouraged to use the Meet Mobile App in conjunction with the free wifi provided by the facility. Electronic Heat Sheets will be made available for free on the Meet Mobile app.

MERCHANT:

A concession stand will be available throughout the meet. Ultimate Swim Shop will be available with swimming merchandise throughout the meet.

PARKING:

There is ample on-site parking next to the pool. Please park in the school lots to avoid ticketing or towing. **Attendees should NOT park on the grass, on any residential streets, or in handicapped spots unless permitted or they will be towed by the town.** Security will be patrolling the parking lot.

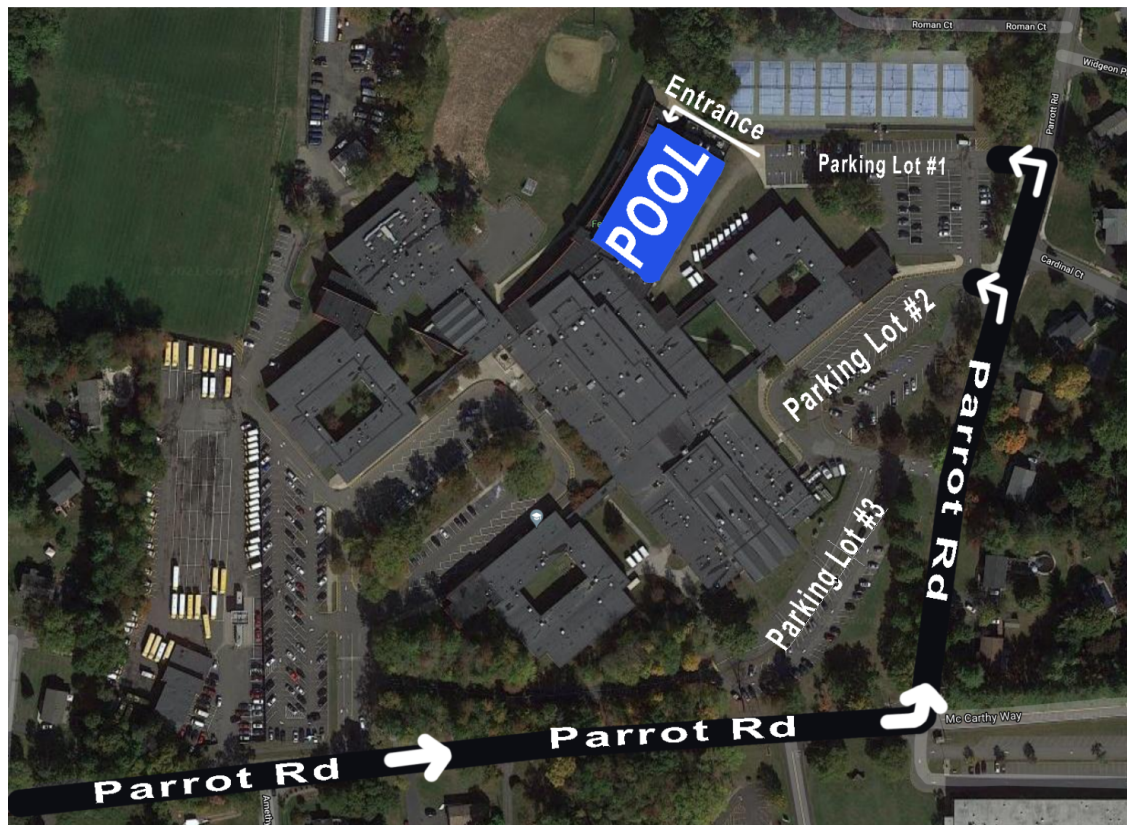
DIRECTIONS:

From North of Rockland County: Take Palisades Interstate Parkway South to Exit 10. Make a left off the exit. Make a left at the first traffic light onto Middletown Road. Take the next right at the traffic light onto Germonds Road...

From the George Washington Bridge: Take Palisades Interstate Parkway North to Exit 10. Make a right off the exit onto Germonds Road...

From the Tappan Zee Bridge: Take the NYS Thruway (I-87 North) to Exit 13N (Palisades Interstate Parkway – North). Take Palisades Interstate Parkway North to Exit 10. Make a right off the exit onto Germonds Road...

...follow Germonds Road through the intersection of Germonds Road and Route 304 (you will pass Albertus Magnus High School on your right). Make a left onto Parrott Road. The entrance for the pool is down the walkway at the end of the tennis courts.





Metropolitan Swimming Photographer Registration Form

As of 05/18/16 - All Metropolitan Teams need to include this in the meet information packet as well as file this form with Safety in Sport Coordinator, prior to the start of the meet.

This form must be completed by any photographer (video or still) who intends to take pictures at an Metropolitan Swimming sanctioned meet, and is taking those pictures of anyone other than his or her own child, from any location on deck. Submit the form to the Meet Director prior to commencing activity.

THERE WILL BE NO FLASH PHOTOGRAPHY PERMITTED AT THE START.

Name _____

Phone Number _____

Government ID (driver's license preferred) or USA Swimming Registration Card:

Type of ID _____ # _____

Taking photos of _____

On behalf of _____

Purpose _____

Professional photographers/videographers will be allowed on deck at the discretion of the Meet Director and Meet Referee, and must adhere to the following guidelines:

Do not stand on the starting end of the pool, or in the starter's box; use of the bulkhead is at the discretion of the Meet Director and Meet Referee.

Do not stand on the edge of the pool (leave approximately two feet for officials and coaches).

Leave the deck when not actively photographing.

Respond immediately to direction from the Meet Referee.

Signature _____ Today's Date _____

Meet _____ Location _____

Date(s) of meet _____

Friday PM Session

Warm-up: 5:40 PM

Start: 6:30 PM

Girls	Event	Boys
1	12 & Under 200 Free	2
3	13 & Over 200 Free	4
5	12 & Under 200 IM	6
7	13 & Over 200 IM	8

Saturday AM Session

Warm-up: 7:30 AM

Start: 8:30 AM

Girls	Event	Boys
9	11 - 12 100 Breaststroke	10
11	10 & Under 100 Breaststroke	12
13	11 - 12 50 Butterfly	14
15	10 & Under 50 Butterfly	16
17	11 - 12 200 Backstroke	18
19	10 & Under 100 Freestyle	20
21	11 - 12 100 Freestyle	22
23	10 & Under 50 Backstroke	24
25	11 - 12 50 Backstroke	26

Saturday Mid-Day Session

Warm-up: 12:45 PM

Start: 1:15 PM

Girls	Event	Boys
27	*Open 400 IM	28

**Swimmers must provide their own timers*

Saturday PM Session

Warm-up: 3:00 PM

Start: 4:00 PM

Girls	Event	Boys
29	13 - 14 200 Breaststroke	30
31	Open 200 Breaststroke	32
33	13 - 14 100 Butterfly	34
35	Open 100 Butterfly	36
37	13 - 14 100 Freestyle	38
39	Open 100 Freestyle	40
41	13 - 14 200 Backstroke	42
43	Open 200 Backstroke	44

Sunday AM Session

Warm-up: 7:30 AM

Start: 8:30 AM

Girls	Event	Boys
45	11 - 12 50 Breaststroke	46
47	10 & Under 50 Breaststroke	48
49	11 - 12 100 Backstroke	50
51	10 & Under 100 Backstroke	52
53	11 - 12 200 Breaststroke	54
55	10 & Under 100 Butterfly	56
57	11 - 12 100 Butterfly	58
59	10 & Under 50 Freestyle	60
61	11 - 12 50 Freestyle	62

Sunday Mid-Day Session

Warm-up: 12:45 PM

Start: 1:15 PM

Girls	Event	Boys
63	*Open 400 Freestyle	64

**Swimmers must provide their own timers*

Sunday PM Session

Warm-up: 3:00 PM

Start: 4:00 PM

Girls	Event	Boys
65	13 - 14 200 Butterfly	66
67	Open 200 Butterfly	68
69	13 - 14 100 Backstroke	70
71	Open 100 Backstroke	72
73	13 - 14 100 Breaststroke	74
75	Open 100 Breaststroke	76
77	13 - 14 50 Freestyle	78
79	Open 50 Freestyle	80