



**2023 MR Condors November IMX  
Invitational**

November 17th – 19th, 2023

Sanction # 231104

Time Trial # 231152-TT

**Invited Teams: New York Sharks, Asphalt Green Unified Aquatics, BGC-N Westchester Marlins, 92nd Street Y, Badger, Huson Valley Dolphins, Rivertown Rays, Middies, Suffern Sea Lions, Trident, Y Barracudas, Freedom Aquatics, Match Point NYC, Westchester Aquatic Club, Monroe-Woodbury Devilfish Aquatics, Northern Dutchess Aquatic Club, Red Fox Aquatics, Club Fit Jefferson Valley, Brooklyn Stingrays, Staten Island Aquatic Club, Newburg Sharks, Ridge Field Aquatics**

Any other teams who would like to be invited, please contact [Nevill@SwimCondors.org](mailto:Nevill@SwimCondors.org)

# Condors November IMX Invitational

November 17 – 19, 2023

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., **Sanction # 221113, Time Trial # 221162-T**
- LOCATION:** Felix Festa Middle School Pool  
30 Parrott Road  
West Nyack, NY 10994
- FACILITY:** 8 lane 25 yard pool with 7-foot lanes and non-turbulent lane lines. 8 lane continuous warm up and warm down can be swum in the shallow end. Colorado electronic timing system and an 8-line scoreboard. Seating for 800 spectators. The pool has not been certified in accordance with Article 104.2.2C (4).
- SESSIONS:** Session 1: Friday Afternoon - Warm-Up 5:30 PM, Start 6:05 PM **\*\*Session limited to 10PM**  
Session 2: Saturday AM – **Warm-Up 9:30 AM, Start 10:30 AM (due to HS practice)**  
Session 3: Saturday PM – Warm-Up 3:00 PM, Start 4:00 PM  
Session 4: Sunday AM – Warm-Up 7:30 AM, Start 8:30 AM  
Session 5: Sunday PM – Warm-Up 1:00 PM, Start 2:00 PM  
**Session times may be adjusted once the meet is closed. Teams will be notified of any adjustments in session times once entries have closed, but no later than 1 week prior to the start of the meet.**
- FORMAT:** This will be a timed finals event. This will be a deck seeded event.
- ELIGIBILITY:** Open to all Invited USA Swimming/Metropolitan Swimming Inc. registered swimmers. All swimmers participating in this meet must be registered by the first day of the meet. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. **No Deck Registrations will be accepted.** Age on **November 17, 2023**, will determine the age for the entire meet. There are no cuts for this meet.
- DISABILITY SWIMMER:** Swimmers with disabilities are encouraged to enter and participate. Please notify the meet director of any accommodations you might require. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** Swimmers may be entered in 1 event on Friday and 3 individual events each on Saturday and Sunday. **No NT's will be accepted. Please estimate times so we can get accurate timelines out.**
- Invited teams will be given priority in the acceptance of entries. The host team reserves the right to refuse entries from teams that have a history of late or non-payment of entry fees. Entries will be accepted on a first come, first served basis for invited teams.
- There are "faster than" times for the following events: 11-12 500 Freestyle, 13 & Over 400 IM, 13-14 500 Freestyle, and the Open 500 Freestyle. Host team reserves the right to keep it's swimmers entered in these events!***
- The 500s will run fastest to slowest for all age groups. 15-18 500s will alternate genders as well.**

Emailed Hy-Tek entry file is required.

**NO DECK ENTRIES WILL BE ALLOWED.**

U.S. Mail Entries/Payment to:

**Condors Swim Team  
P.O. Box 550  
New City, NY 10956**

Email Entries/Confirm Entry Receipt: **Nevill@SwimCondors.org**  
Sign Express Mail Waiver allowing delivery without signature.

- DEADLINE:** **Final entries for all teams, MR/Outside LSC, must be received by: November 3rd, 2023**  
An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.
- ENTRY FEE:** An entry fee of **\$8.00 per individual event** must accompany the entries. **\$25.00/swimmer facility surcharge.**
- \*Host Club may waive meet entry fees & facility surcharge for registered outreach swimmers. Coaches should contact the meet director and identify registered swimmers whom they wish considered for waiver of fees when submitting meet entries\*
- Make check payable to: **Condors Swim Team of Clarkstown, Inc.**  
Payment must be received by **November 13th, 2023** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
- WARM-UP:** The host team reserves the right to assign lanes for warm-up based on the size of the meet. Other lanes may be assigned by meet director's discretion. Starts can be done at the discretion of the coach during their assigned warmup. All swimmers must be supervised by a coach.
- SCRATCH:** Coaches will be given scratch sheets upon check-in for each session. All scratches are **due no later than 30 minutes prior** to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.
- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- AWARDS:** Ribbons will be awarded for places 1<sup>st</sup> – 8<sup>th</sup> for 12 & Under swimmers in all events. High point awards will be given to the Top 8 finishers in the IMX power points for each listed age group. Swimmers must participate in every event in the IMX program to be eligible for a high point award.  
**IMX Program of Events:**  
**9-10:** 200 Free, 100 Back, 100 Breast, 100 Fly, 200 IM  
**11 – 12:** 500 Free, 100 Back, 100 Breast, 100 Fly, 200 IM  
**13 - 14:** 500 Free, 200 Back, 200 Breast, 200 Fly, 200 IM, 400 IM  
**15 & Over:** 500 Free, 200 Back, 200 Breast, 200 Fly, 200 IM, 400 IM
- OFFICIALS:** **Meet Referee:** Mike Natale  
Officials wishing to volunteer should contact Meet Referee by email [mike4swimming@gmail.com](mailto:mike4swimming@gmail.com)  
**Admin Official:** Nevill Kishinevskiy, [Nevill@swimcondors.org](mailto:Nevill@swimcondors.org)

**MEET DIRECTOR:** Nevill Kishinevskiy, Email [Nevill@swimcondors.org](mailto:Nevill@swimcondors.org)

**RULES:** The current USA Swimming Rules and Regulations will apply.  
**The USA Swimming Code of Conduct is in effect for the duration of the meet.**  
The overhead start procedure may be used at the discretion of the meet Referee.

**MAAPP:** All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is condition of participation in the conduct of this competition.

**SAFETY:** Metropolitan Safety and Warm-up procedures will be in effect at this meet. Marshals will be present throughout warmups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules. **"Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement."** Lifeguards will be posted around the pool deck during the meet. An AED is located at the center of the pool deck.

**WATER DEPTH:** USA 2011 - 202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls."  
**1.0 meter = 4 feet 6 inches, 5 meters = 13 feet**

**DISCLAIMERS:** Upon acceptance of his/her entries, the participant waives all claims against **Clarkstown Central School District, Condors Swim Team, Metropolitan Swimming Inc., USA Swimming Inc.**, their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

**BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [INSERT THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.**

**AUDIO/VISUAL STATEMENT:** Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms. "Operation of a drone, or any other flying apparatus, is



prohibited over the venue (pools, athlete/coach areas, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.”

**DECK CHANGING:**

DECK CHANGES ARE **PROHIBITED**.

**ADMISSION**

**Free Admissions**. All spectators are encouraged to use the Meet Mobile App in conjunction with the free wifi provided by the facility. Electronic Heat Sheets will be made available for free on the Meet Mobile app.

**MERCHANT:**

A concession stand will be available throughout the meet. Ultimate Swim Shop will be available with swimming merchandise throughout the meet.

**PARKING:**

There is ample on-site parking next to the pool. Please park in the school lots to avoid ticketing or towing. **Attendees should NOT park on the grass, on any residential streets, or in handicapped spots unless permitted or they will be towed by the town.** Security will be patrolling the parking lot.

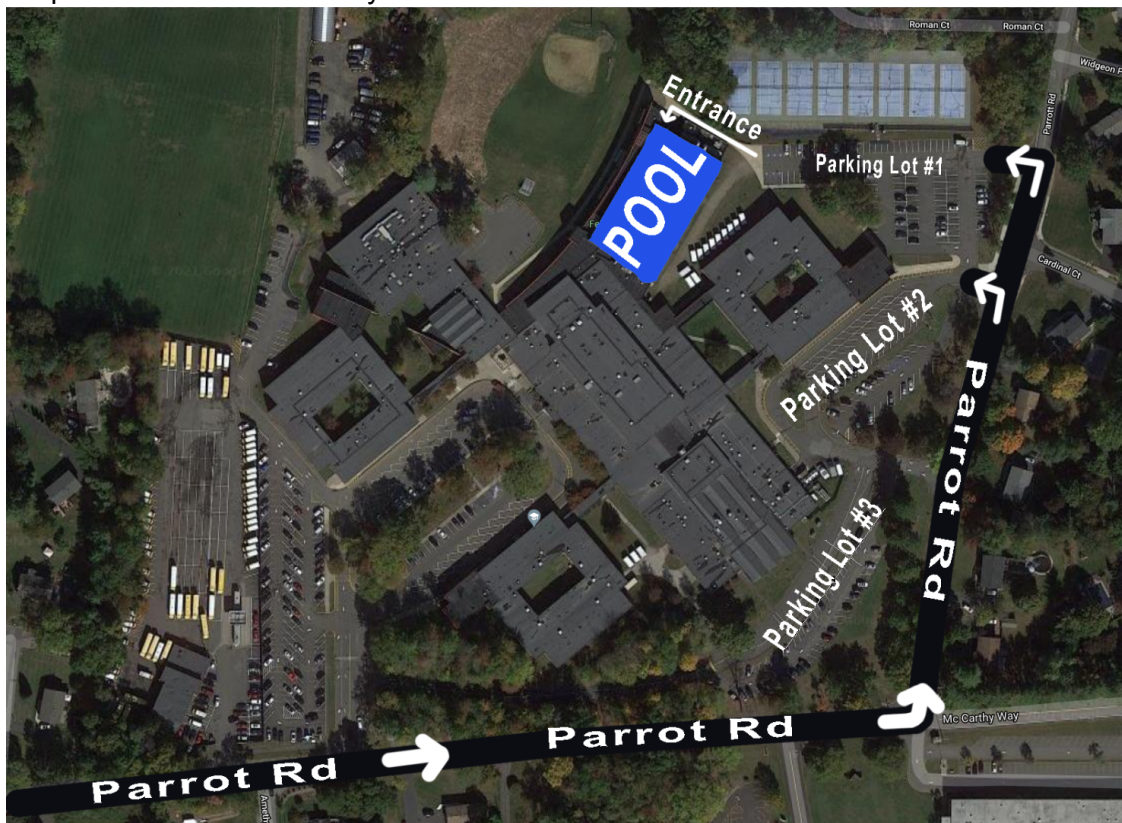
**DIRECTIONS:**

**From North of Rockland County:** Take Palisades Interstate Parkway South to Exit 10. Make a left off the exit. Make a left at the first traffic light onto Middletown Road. Take the next right at the traffic light onto Germonds Road...

**From the George Washington Bridge:** Take Palisades Interstate Parkway North to Exit 10. Make a right off the exit onto Germonds Road...

**From the Tappan Zee Bridge:** Take the NYS Thruway (I-87 North) to Exit 13N (Palisades Interstate Parkway – North). Take Palisades Interstate Parkway North to Exit 10. Make a right off the exit onto Germonds Road...

...follow Germonds Road through the intersection of Germonds Road and Route 304 (you will pass Albertus Magnus High School on your right). Make a left onto Parrott Road. The entrance for the pool is down the walkway at the end of the tennis courts.





## Metropolitan Swimming Photographer Registration Form

**As of 05/18/16 - All Metropolitan Teams need to include this in the meet information packet as well as file this form with Safety in Sport Coordinator, prior to the start of the meet.**

This form must be completed by any photographer (video or still) who intends to take pictures at an Metropolitan Swimming sanctioned meet, and is taking those pictures of anyone other than his or her own child, from any location on deck. Submit the form to the Meet Director prior to commencing activity.

**THERE WILL BE NO FLASH PHOTOGRAPHY PERMITTED AT THE START.**

Name \_\_\_\_\_

Phone Number \_\_\_\_\_

Government ID (driver's license preferred) or USA Swimming Registration Card:

Type of ID \_\_\_\_\_ # \_\_\_\_\_

Taking photos of \_\_\_\_\_

On behalf of \_\_\_\_\_

Purpose \_\_\_\_\_

Professional photographers/videographers will be allowed on deck at the discretion of the Meet Director and Meet Referee, and must adhere to the following guidelines:

Do not stand on the starting end of the pool, or in the starter's box; use of the bulkhead is at the discretion of the Meet Director and Meet Referee.

Do not stand on the edge of the pool (leave approximately two feet for officials and coaches).

Leave the deck when not actively photographing.

Respond immediately to direction from the Meet Referee.

Signature \_\_\_\_\_ Today's Date \_\_\_\_\_

Meet \_\_\_\_\_ Location \_\_\_\_\_

Date(s) of meet \_\_\_\_\_

### Friday PM Session

Warm-up: 5:30 PM

Start: 6:10 PM

Faster Than	Girls	Event		Boys	Faster Than
	1	9-10 200 Freestyle	IMX	2	
6:37.09	3	13-14 500 Freestyle*	IMX	4	6:15.59
6:55.04	5	11-12 500 Freestyle*	IMX	6	6:47.89
6:37.09	7	15-18 500 Freestyle**	IMX	8	6:15.59

\*500 Freestyles will be run fastest to slowest \*\*15-18 year olds alternating heats as well

### Saturday AM Session

Warm-up: 9:30 AM

Start: 10:30 AM

Faster Than	Girls	Event		Boys	Faster Than
	9	9-10 50 Freestyle		10	
	11	13-14 Girls 50 Freestyle			
		13-14 Boys 200 Butterfly	IMX	12	
	13	9-10 100 Backstroke	IMX	14	
	15	13-14 200 Backstroke	IMX	16	
	17	9-10 Girls 200 IM	IMX		
		9-10 Boys 100 Butterfly	IMX	18	
6:08.50	19	13-14 Girls 400 IM	IMX		
		13-14 Boys 200 IM	IMX	20	

### Saturday AM Session

Warm-up: 3:00 PM

Start: 4:00 PM

Faster Than	Girls	Event		Boys	Faster Than
	21	11-12 50 Freestyle		22	
	23	Open Girls 50 Free			
		Open Boys 200 Butterfly	IMX	24	
	25	11-12 100 Backstroke	IMX	26	
	27	Open 200 Backstroke	IMX	28	
	29	11-12 Girls 200 IM	IMX		
		11-12 Boys 100 Butterfly	IMX	30	
6:08.50	31	Open Girls 400 IM	IMX		
		Open Boys 200 IM	IMX	32	

### Sunday AM Session

Warm-up: 7:30 AM

Start: 8:30 AM

Faster Than	Girls	Event		Boys	Faster Than
	33	9-10 50 Backstroke		34	
	35	13-14 Girls 200 Butterfly	IMX		
		13-14 Boys 50 Freestyle		36	
	37	9-10 100 Breaststroke	IMX	38	
	39	13-14 200 Breastroke	IMX	40	
	41	9-10 Girls 100 Butterfly	IMX		
		9-10 Boys 200 IM	IMX	42	
	43	13-14 Girls 200 IM	IMX		
		13-14 Boys 400 IM	IMX	44	5:45.00

### Saturday PM Session

Warm-up: 1:00 PM

Start: 2:00 PM

Faster Than	Girls	Event		Boys	Faster Than
	45	11-12 50 Backstroke		46	
	47	Open Girls 200 Butterfly	IMX		
		Open Boys 50 Freestyle		48	
	49	11-12 100 Breaststroke	IMX	50	
	51	Open 200 Breastroke	IMX	52	
	53	11-12 Girls 100 Butterfly	IMX		
		11-12 Boys 200 IM	IMX	54	
	55	Open Girls 200 IM	IMX		
		Open Boys 400 IM	IMX	56	5:45.00