



**2024 MR Condors Last Chance Meet**  
February 2nd - 4th, 2024

**Sanction # 240205**

**Time Trial # 240255-TT**

**Invited Teams: New York Sharks, AGUA, BGNW, 92nd Street Y, Badger, Huson Valley Dolphins, Rivertown Rays, Middies, Suffern Sea Lions, Trident, Y Barracudas, Freedom Aquatics, MPNY, WEST**

Any other teams who would like to be invited, please contact [Nevill@SwimCondors.org](mailto:Nevill@SwimCondors.org)

# MR Condors Last Chance Meet

February 2 – 4, 2024

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., **Sanction #240205, Time Trial #240255-TT**
- LOCATION:** Felix Festa Middle School Pool  
30 Parrott Road  
West Nyack, NY 10994
- FACILITY:** 8 lane 25 yard pool with 7-foot lanes and non-turbulent lane lines. 8 lane continuous warm up and warm down can be swum in the shallow end. Colorado electronic timing system and an 8-line scoreboard. Seating for 800 spectators. The pool has not been certified in accordance with Article 104.2.2C (4).
- SESSIONS:** Session 1: Friday Afternoon - Warm-Up 5:30 PM, Start 6:30 PM **\*\*Session limited to 10PM**  
Session 2: Saturday AM – **Warm-Up 9:30 AM, Start 10:30 AM (due to HS practice)**  
Session 3: Saturday PM – Warm-Up 3:30 PM, Start 4:30 PM  
Session 4: Sunday AM – Warm-Up 7:30 AM, Start 8:30 AM  
Session 5: Sunday PM – Warm-Up 1:30 PM, Start 2:30 PM  
**Session times may be adjusted once the meet is closed. Teams will be notified of any adjustments in session times once entries have closed, but no later than 1 week prior to the start of the meet.**
- FORMAT:** This will be a timed finals event. This will be a deck seeded event.
- ELIGIBILITY:** Open to all Invited USA Swimming/Metropolitan Swimming Inc. registered swimmers. All swimmers participating in this meet must be registered by the first day of the meet. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. **No Deck Registrations will be accepted.** Age on **February 2, 2024**, will determine the age for the entire meet. There are no cuts for this meet.
- DISABILITY SWIMMER:** Swimmers with disabilities are encouraged to enter and participate. Please notify the meet director of any accommodations you might require. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** Swimmers may be entered in 1 event on Friday and 3 individual events each on Saturday and Sunday. **No NT's will be accepted. Please estimate times so we can get accurate timelines out.**
- Invited teams will be given priority in the acceptance of entries. The host team reserves the right to refuse entries from teams that have a history of late or non-payment of entry fees. Entries will be accepted on a first come, first served basis for invited teams.
- The 500 (women) may be limited to the fastest 5 heats, and the 500 (men) may be limited to the fastest 5 heats. Host team reserves the right to keep it's swimmers entered in these events!**
- The 500s will run from fastest to slowest.**

Emailed Hy-Tek entry file is required.  
**NO DECK ENTRIES WILL BE ALLOWED.**

U.S. Mail Entries/Payment to:

**Condors Swim Team  
P.O. Box 550  
New City, NY 10956**

Email Entries/Confirm Entry Receipt: **Nevill@SwimCondors.org**  
Sign Express Mail Waiver allowing delivery without signature.

- DEADLINE:** **Final entries for all teams, MR/Outside LSC, must be received by: January 19th, 2024**  
An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.
- ENTRY FEE:** An entry fee of **\$8.00 per individual event** must accompany the entries. **\$25.00/swimmer facility surcharge.**
- \*Host Club may waive meet entry fees & facility surcharge for registered outreach swimmers. Coaches should contact the meet director and identify registered swimmers whom they wish considered for waiver of fees when submitting meet entries\*
- Make check payable to: **Condors Swim Team of Clarkstown, Inc.**  
Payment must be received by **February 2nd, 2024** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
- WARM-UP:** The host team reserves the right to assign lanes for warm-up based on the size of the meet. Other lanes may be assigned by meet director's discretion. Starts can be done at the discretion of the coach during their assigned warmup. All swimmers must be supervised by a coach.
- SCRATCH:** Coaches will be given scratch sheets upon check-in for each session. All scratches are **due no later than 30 minutes prior** to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.
- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- AWARDS:** Ribbons will be awarded for places 1<sup>st</sup> – 8<sup>th</sup> for 12 & Under swimmers in all events.
- OFFICIALS:** **Meet Referee:** Mike Natale  
Officials wishing to volunteer should contact Meet Referee by email [mike4swimming@gmail.com](mailto:mike4swimming@gmail.com)  
**Admin Official:** Nevill Kishinevskiy, [Nevill@swimcondors.org](mailto:Nevill@swimcondors.org)
- MEET DIRECTOR:** Nevill Kishinevskiy, Email [Nevill@swimcondors.org](mailto:Nevill@swimcondors.org)
- RULES:** The current USA Swimming Rules and Regulations will apply.  
**The USA Swimming Code of Conduct is in effect for the duration of the meet.**  
The overhead start procedure may be used at the discretion of the meet Referee.

**MAAPP:** All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with MAAPP is condition of participation in the conduct of this competition.

**SAFETY:** Metropolitan Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet. Marshals will be present throughout warmups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules. **“Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.”** Lifeguards will be posted around the pool deck during the meet. An AED is located at the center of the pool deck.

**WATER DEPTH:** USA 2011 - 202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls."  
**1.0 meter = 4 feet 6 inches, 5 meters = 13 feet**

**DISCLAIMERS:** Upon acceptance of his/her entries, the participant waives all claims against **Clarkstown Central School District, Condors Swim Team, Metropolitan Swimming Inc., USA Swimming Inc.**, their agents or representatives for any injury occurring as a result of the meet. “It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.”

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

**BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [INSERT THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.**

**AUDIO/VISUAL STATEMENT:** Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms. “Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.”

**DECK CHANGING:** DECK CHANGES ARE **PROHIBITED.**

**ADMISSION** **Free Admissions.** All spectators are encouraged to use the Meet Mobile App in conjunction with the free wifi provided by the facility. Electronic Heat Sheets will be made available for free on the Meet Mobile app.

**MERCHANT:** A concession stand will be available throughout the meet. Ultimate Swim Shop will be available with swimming merchandise throughout the meet.

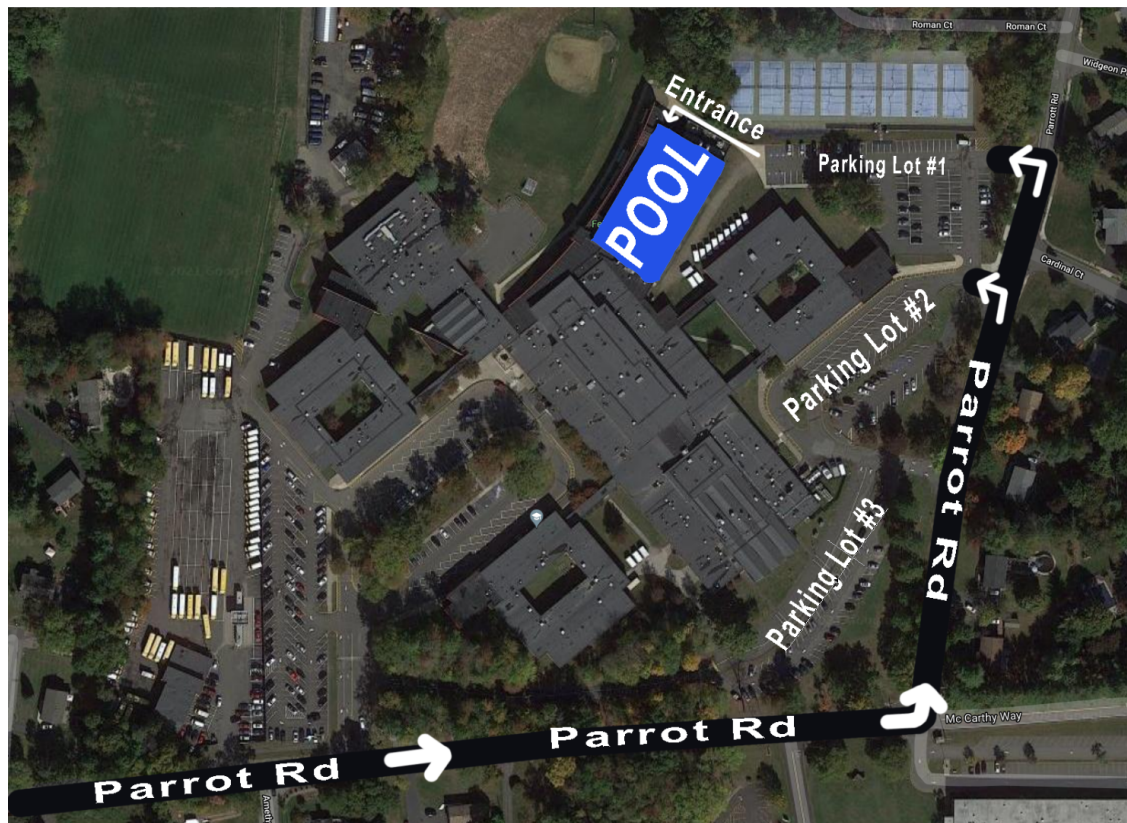
**PARKING:** There is ample on-site parking next to the pool. Please park in the school lots to avoid ticketing or towing. **Attendees should NOT park on the grass, on any residential streets, or in handicapped spots unless permitted or they will be towed by the town.** Security will be patrolling the parking lot.

**DIRECTIONS:** **From North of Rockland County:** Take Palisades Interstate Parkway South to Exit 10. Make a left off the exit. Make a left at the first traffic light onto Middletown Road. Take the next right at the traffic light onto Germonds Road...

**From the George Washington Bridge:** Take Palisades Interstate Parkway North to Exit 10. Make a right off the exit onto Germonds Road...

**From the Tappan Zee Bridge:** Take the NYS Thruway (I-87 North) to Exit 13N (Palisades Interstate Parkway – North). Take Palisades Interstate Parkway North to Exit 10. Make a right off the exit onto Germonds Road...

...follow Germonds Road through the intersection of Germonds Road and Route 304 (you will pass Albertus Magnus High School on your right). Make a left onto Parrott Road. The entrance for the pool is down the walkway at the end of the tennis courts.





## Metropolitan Swimming Photographer Registration Form

**As of 05/18/16 - All Metropolitan Teams need to include this in the meet information packet as well as file this form with Safety in Sport Coordinator, prior to the start of the meet.**

This form must be completed by any photographer (video or still) who intends to take pictures at an Metropolitan Swimming sanctioned meet, and is taking those pictures of anyone other than his or her own child, from any location on deck. Submit the form to the Meet Director prior to commencing activity.

**THERE WILL BE NO FLASH PHOTOGRAPHY PERMITTED AT THE START.**

Name \_\_\_\_\_

Phone Number \_\_\_\_\_

Government ID (driver's license preferred) or USA Swimming Registration Card:

Type of ID \_\_\_\_\_ # \_\_\_\_\_

Taking photos of \_\_\_\_\_

On behalf of \_\_\_\_\_

Purpose \_\_\_\_\_

Professional photographers/videographers will be allowed on deck at the discretion of the Meet Director and Meet Referee, and must adhere to the following guidelines:

Do not stand on the starting end of the pool, or in the starter's box; use of the bulkhead is at the discretion of the Meet Director and Meet Referee.

Do not stand on the edge of the pool (leave approximately two feet for officials and coaches).

Leave the deck when not actively photographing.

Respond immediately to direction from the Meet Referee.

Signature \_\_\_\_\_ Today's Date \_\_\_\_\_

Meet \_\_\_\_\_ Location \_\_\_\_\_

Date(s) of meet \_\_\_\_\_

## Friday PM Session

Warm-up: 5:40 PM

Start: 6:30 PM

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
1	10 & Under 200 Freestyle	2
3	Open 500 Freestyle*	4
5	Open 400 Individual Medley	6

**\*500 Freestyles will be run fastest to slowest**

### Saturday AM Session

Warm-up: 9:30 AM

Start: 10:30 AM

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
7	8 & Under 25 Butterfly	8
9	10 & Under 100 Butterfly	10
11	13-14 100 Butterfly	12
13	8 & Under 25 Freestyle	14
15	10 & Under 100 Freestyle	16
17	13-14 100 Freestyle	18
19	10 & Under 50 Breaststroke	20
21	13-14 200 Breaststroke	22
23	10 & Under 100 Backstroke	24
25	13-14 100 Backstroke	26
27	10 & Under 200 Individual Medley	28
29	13-14 200 Individual Medley	30

### Saturday PM Session

Warm-up: 3:30 PM

Start: 4:30 PM

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
31	11-12 100 Butterfly	32
33	Open 100 Butterfly	34
35	11-12 100 Freestyle	36
37	Open 100 Freestyle	38
39	11-12 50 Breaststroke	40
41	Open 200 Breaststroke	42
43	11-12 100 Backstroke	44
45	Open 100 Backstroke	46
47	11-12 200 Individual Medley	48
49	Open 200 Individual Medley	50



### Sunday AM Session

Warm-up: 7:30 AM

Start: 8:30 AM

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
51	10 & Under 50 Freestyle	52
53	13-14 200 Freestyle	54
55	8 & Under 25 Breaststroke	56
57	10 & Under 100 Breaststroke	58
59	13-14 100 Breaststroke	60
61	8 & Under 25 Backstroke	62
63	10 & Under 50 Backstroke	64
65	13-14 200 Backstroke	66
67	10 & Under 100 Individual Medley	68
69	13-14 50 Freestyle	70
71	10 & Under 50 Butterfly	72
73	13-14 200 Butterfly	74

### Sunday PM Session

Warm-up: 1:30 PM

Start: 2:30 PM

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
75	11-12 50 Freestyle	76
77	Open 200 Freestyle	78
79	11-12 100 Breaststroke	80
81	Open 100 Breaststroke	82
83	11-12 50 Backstroke	84
85	Open 200 Backstroke	86
87	11-12 200 Freestyle	88
89	Open 50 Freestyle	90
91	11-12 50 Butterfly	92
93	Open 200 Butterfly	94
95	11-12 100 IM	96