

# ZOWEEN

**HOSTED BY HAUPPAUGE SWIMMING** 

HAUPPAUGE HIGH SCHOOL SANCTION # 241017

INVITED: ALL METRO TEAMS EMAIL TO BE INVITED

**SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., # 241017

LOCATION: Hauppauge High School

500 Lincoln Blvd Hauppauge, NY 11788

FACILITY: 6-lane, 25-yard pool. Colorado touchpads and scoreboard.

The competition course has not been certified in accordance with Article 104.2.2C (4).

SESSIONS: Session 1 – Boys: 7:00 am Warmup, 7:45 am Start

Session 2 – Girls: 10:15 am Warmup, 11:00 am Start Session 3 – 8 & Unders: 1:30 pm, 2:00 pm Start

FORMAT: All events will be timed finals.

All events will be deck seeded, but may be pre-seeded at the discretion of the Meet Director.

**Events may be added or removed at the discretion of the Meet Director.** 

**ELIGIBILITY:** Open to all Metropolitan Swimming Inc. registered swimmers.

All swimmers participating in this meet must be registered by the first day of the meet. No swimmer

will be permitted to compete unless the swimmer is a member as provided in Article 302.

No Deck Registrations will be accepted

Age on October 27, 2024 will determine age for the entire meet.

13 & Over Athletes are eligible, but not recommended if they have qualified for Junior Mets in

several individual events.

**DISABILITY**Swimmers with disabilities are encouraged to enter and participate. Please notify the meet director of any accommodations you might require. The athlete (or the athlete's coach) is also responsible

for notifying the meet referee of any disability prior to the competition.

**ENTRIES:** Please Email Entries to:

jeff@hauppaugeswimming.com

U.S. Mail Entries/Payment to: **Hauppauge Swimming** 

PO Box 5065

Hauppauge, NY 11788

NTs (No Times) are strongly discouraged. Entries will be cut on a first come first serve basis, except for the host team. **Maximum 5 events per athlete and 1 session per day.** Sessions may be limited to 3 hours at the discretion of the Meet Director.



**DEADLINE:** Entries must be received by: 7pm on October 17, 2024

An email confirming receipt of entries if you provide an email contact. Please contact the Meet

Director if you do not receive such a report within 2 days of your original email.

**ENTRY FEE:** All fees should be submitted by a coach or team administrator, not by individual parents.

> An entry fee of \$8 per timed final event and a facility surcharge of \$15 per athlete must accompany the entries. Entry fees should be submitted by teams/coaches, and not directly by parents.

Zelle to "brandon@hauppaugeswimming.com" is preferred

Alternatively, checks can be made payable to: Hauppauge Swimming

Payment must be received by October 27, 2024 for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the

meet.

Host Club may waive meet entry fees & facility surcharge for registered outreach swimmers. Coaches should contact the Meet director and identify registered swimmers whom they wish

considered for waiver of fees when submitting meet entries.

WARM-UP: Warmup lanes will be assigned and posted after entries are closed.

SCRATCHES: Coaches may be given scratch sheets upon check-in for each session. All scratches are due no

later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly

individual event scratches and which swimmers will not be participating in the session. No scratches

from Finals are allowed.

COACHES: In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid

USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches

who do not possess these credentials will be required to leave the deck area.

Medals 1-3, Ribbons 4-6 or more at the discretion of the Meet Director. AWARDS:

OFFICIALS: Meet Referee: Jeff Chu (jeff@hauppaugeswimming.com)

Officials wishing to volunteer should contact the Meet Referee by email or complete the following

form:

https://forms.gle/heuEtha15gKT5GxA9

ADMIN. OFFICIAL: **Brandon Gilmore, Brandon Modrov** 

MEET DIRECTOR: **Brandon Gilmore, Brandon Modrov** 



**RULES:** The current USA Swimming Rules and Regulations will apply.

The USA Swimming Code of Conduct is in effect for the duration of the meet. The overhead start procedure may be used at the discretion of the meet Referee.

SAFETY:

Metropolitan Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer's legal guardian, to ensure compliance with this requirement.

Medical supervision available to athletes will include lifeguards and an AED.

**MAAPP POLICY:** 

All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

WATER DEPTH:

The pool is 12 feet deep at 1m from the start end, and 11 feet and 6 inches at 5m from the start end. The pool is 3 feet 6 inches deep at 1m from the turn end, and 4 feet at 5m from the turn end.

**DISCLAIMER:** 

DISCLAIMER: Upon acceptance of his/her entries, the participant waives all claims against **Hauppauge Swimming, Hauppauge School District**, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

AUDIO/VISUAL STATEMENT:

Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

DECK CHANGING: Deck changes are prohibited.

ADMISSION: Admission to all sessions is free. Programs are available at no charge via Meet Mobile.



**MERCHANTS:** Limited concessions may be available.

PARKING: Ample free parking is available North of the High School.

DIRECTIONS: <a href="https://goo.gl/maps/E8f1EkqU1W5PibZ96">https://goo.gl/maps/E8f1EkqU1W5PibZ96</a>

## Session 1 - Boys 12 & Under and 13 & Over 07:00am Warmup, 07:45am Start

2 Boys 13 & Over 100 IM
4 Boys 12 & Under 50 Freestyle
6 Boys 13 & Over 100 Freestyle
8 Boys 12 & Under 50 Breaststroke
10 Boys 13 & Over 100 Breaststroke
12 Boys 12 & Under 50 Backstroke
14 Boys 13 & Over 100 Backstroke
16 Boys 12 & Under 50 Butterfly
18 Boys 13 & Over 100 Butterfly
20 Boys 12 & Under 100 IM

## Session 2 - Girls 12 & Under and 13 & Over 10:15am Warmup, 11:00am Start

1 Girls 13 & Over 100 IM
3 Girls 12 & Under 50 Freestyle
5 Girls 13 & Over 100 Freestyle
7 Girls 12 & Under 50 Breaststroke
9 Girls 13 & Over 100 Breaststroke
11 Girls 12 & Under 50 Backstroke
13 Girls 13 & Over 100 Backstroke
15 Girls 12 & Under 50 Butterfly
17 Girls 13 & Over 100 Butterfly
19 Girls 12 & Under 100 IM

## Session 3 - 8 & Unders 01:30pm Warmup, 02:00pm Start

21 Girls 8 & Under 25 Freestyle 22 Boys 8 & Under 25 Freestyle 23 Girls 8 & Under 25 Breaststroke 24 Boys 8 & Under 25 Breaststroke 25 Girls 8 & Under 25 Backstroke 26 Boys 8 & Under 25 Backstroke 27 Girls 8 & Under 25 Butterfly 28 Boys 8 & Under 25 Butterfly



## Metropolitan Swimming Photographer Registration Form

All Metropolitan Swimming Teams need to include this in the meet information packet. Please file this form with the Safety Sport Coordinator prior to the start of the meet.

This form must be completed by any photographer (video or still) who intends to take pictures at a Metropolitan Swimming sanctioned meet and is taking those pictures of anyone other than his or her own child from any location on deck. Submit the form to the Meet Director prior to commencing activity.

#### THERE WILL BE NO FLASH PHOTOGRAPHY PERMITTED AT THE START.

Name	
Phone Number	
Government ID (driver's license preferred) or USA Swimming Regist	stration Card:
Type of ID##	_
Taking photos of	
On behalf of	
Purpose	
Professional photographers/videographers will be allowed on deck Referee and must adhere to the following guidelines:	k at the discretion of the Meet Director and Meet
Do not stand on the starting end of the pool, or in the starter's box Director and Meet Referee.	x; use of the bulkhead is at the discretion of the Mee
Do not stand on the edge of the pool (leave approximately two fee	et for officials and coaches).
Leave the deck when not actively photographing.	
Respond immediately to direction from the Meet Referee.	
Signature	_ Today's Date



Meet	Location
Date(s) of meet	

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