



# 2024 Metro 8 & Under Championships

Hosted by Condors Swimming

March 2nd - 3rd, 2024

Sanction #240305  
Time Trial #240352-TT



# Metro 8 & Under Championships

March 2 – 3, 2024

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., **Sanction #240305, Time Trial #240352-TT**
- LOCATION:** Felix Festa Middle School Pool  
30 Parrott Road  
West Nyack, NY 10994
- FACILITY:** 8 lane 25 yard pool with 7-foot lanes and non-turbulent lane lines. 8 lane continuous warm up and warm down can be swum in the shallow end. Colorado electronic timing system and an 8-line scoreboard. Seating for 800 spectators. The pool has not been certified in accordance with Article 104.2.2C (4).
- SESSIONS:** Session 1: Saturday Morning (**8yo Girls, 7&U Boys**) - Warm-Up 9:00 AM, Start 10:00 AM  
**Saturday is "Parade Day". Parade will start at 8:20am. DO NOT BE LATE!**  
Session 2: Saturday Afternoon (**8yo Boys, 7&U Girls**) – Warm-Up 3:30 PM, Start 4:30 PM  
**Saturday is "Parade Day". Parade will start at 2:50pm. DO NOT BE LATE!**  
Session 3: Sunday Morning (**8yo Girls, 7&U Boys**) – Warm-Up 8:00 AM, Start 9:00 AM  
Session 4: Sunday Afternoon (**8yo Boys, 7&U Girls**) – Warm-Up 1:30 PM, Start 2:30 PM
- Session times may be adjusted once the meet is closed. Teams will be notified of any adjustments in session times once entries have closed, but no later than 1 week prior to the start of the meet.**
- FORMAT:** This will be a timed finals event. This will be a deck seeded event.
- ELIGIBILITY:** Open to all Invited USA Swimming/Metropolitan Swimming Inc. registered swimmers. All swimmers participating in this meet must be registered by the first day of the meet. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. **No Deck Registrations will be accepted.** Age on **March 2, 2024**, will determine the age for the entire meet. There are no cuts for this meet.
- DISABILITY SWIMMER:** Swimmers with disabilities are encouraged to enter and participate. Please notify the meet director of any accommodations you might require. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** Swimmers may be entered in 4 individual events and 2 relay events each day. **No NT's will be accepted.** Please estimate times so we can get accurate timelines out.

Emailed Hy-Tek entry file is required.

**NO DECK ENTRIES WILL BE ALLOWED.**

U.S. Mail Entries/Payment to:

**Condors Swim Team  
P.O. Box 550  
New City, NY 10956**

Email Entries/Confirm Entry Receipt: **Nevill@SwimCondors.org**  
Sign Express Mail Waiver allowing delivery without signature.



**DEADLINE:** This is a Metro Championship Meet (Metro Teams Only)  
Final entries for all teams must be received by: February 23rd, 2024

An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.

**ENTRY FEE:** An entry fee of **\$5.00 per individual event and \$10.00 per relay event** must accompany the entries. A **\$1.00/swimmer Athlete surcharge** for Metropolitan and a **\$4.00/swimmer Facility surcharge** applies as well.

\*Host Club may waive meet entry fees & facility surcharge for registered outreach swimmers. Coaches should contact the meet director and identify registered swimmers whom they wish considered for waiver of fees when submitting meet entries\*

Make check payable to: **Condors Swim Team of Clarkstown, Inc.**  
Payment must be received by **February 23rd, 2024** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.

**WARM-UP:** The host team reserves the right to assign lanes for warm-up based on the size of the meet. Other lanes may be assigned by meet director's discretion. Starts can be done at the discretion of the coach during their assigned warmup. There will be time allotted for diving at the end of the warmup session. All swimmers must be supervised by a coach.

**SCRATCH:** Coaches will be given scratch sheets upon check-in for each session. **All scratches are due no later than 30 minutes prior to the start of the session.** Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.

**COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.

**AWARDS:** **Individual Events:** Medals for 1st-8th, Ribbons for 9th-16th places  
**Relay Events:** Medals for 1st-3rd, Ribbons for 4th-8th

**Team Spirit Award:** There will be an award presented to the team who demonstrates the most Team Spirit. The winner will be determined by a vote held by the coaches representing all the teams attending the meet. Each team will receive one vote.

***There are NO team scores calculated for this meet.***

**OFFICIALS:** **Meet Referee:** Mike Natale  
Officials wishing to volunteer should contact Meet Referee by email [mike4swimming@gmail.com](mailto:mike4swimming@gmail.com)  
**Admin Official:** Nevill Kishinevskiy, [Nevill@swimcondors.org](mailto:Nevill@swimcondors.org)

**MEET DIRECTOR:** Nevill Kishinevskiy, Email [Nevill@swimcondors.org](mailto:Nevill@swimcondors.org)

**RULES:** The current USA Swimming Rules and Regulations will apply.  
**The USA Swimming Code of Conduct is in effect for the duration of the meet.**  
The overhead start procedure may be used at the discretion of the meet Referee.



- MAAPP:** All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is condition of participation in the conduct of this competition.
- SAFETY:** Metropolitan Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet. Marshals will be present throughout warmups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules. **"Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement."** Lifeguards will be posted around the pool deck during the meet. An AED is located at the center of the pool deck.
- WATER DEPTH:** USA 2011 - 202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls." **1.0 meter = 4 feet 6 inches, 5 meters = 13 feet**
- DISCLAIMERS:** Upon acceptance of his/her entries, the participant waives all claims against **Clarkstown Central School District, Condors Swim Team, Metropolitan Swimming Inc., USA Swimming Inc.,** their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."
- AUDIO/VISUAL STATEMENT:** Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms. "Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present."
- DECK CHANGING:** DECK CHANGES ARE **PROHIBITED.**
- ADMISSION** **\$10.00 per Adult/session.** All spectators are encouraged to use the Meet Mobile App in conjunction with the free wifi provided by the facility. Electronic Heat Sheets will be made available for free on the Meet Mobile app.
- MERCHANT:** A concession stand will be available throughout the meet. Ultimate Swim Shop will be available with swimming merchandise throughout the meet. Fine Designs will be available with Championship apparel throughout the meet.
- PARKING:** There is ample on-site parking next to the pool. Please park in the school lots to avoid ticketing or towing. **Attendees should NOT park on the grass, on any residential streets, or in handicapped spots unless permitted or they will be towed by the town.** Security will be patrolling the parking lot.



**DIRECTIONS:**

**From North of Rockland County:** Take Palisades Interstate Parkway South to Exit 10. Make a left off the exit. Make a left at the first traffic light onto Middletown Road. Take the next right at the traffic light onto Germonds Road...

**From the George Washington Bridge:** Take Palisades Interstate Parkway North to Exit 10. Make a right off the exit onto Germonds Road...

**From the Tappan Zee Bridge:** Take the NYS Thruway (I-87 North) to Exit 13N (Palisades Interstate Parkway – North). Take Palisades Interstate Parkway North to Exit 10. Make a right off the exit onto Germonds Road...

...follow Germonds Road through the intersection of Germonds Road and Route 304 (you will pass Albertus Magnus High School on your right). Make a left onto Parrott Road. The entrance for the pool is down the walkway at the end of the tennis courts.





## Metropolitan Swimming Photographer Registration Form

**As of 05/18/16 - All Metropolitan Teams need to include this in the meet information packet as well as file this form with Safety in Sport Coordinator, prior to the start of the meet.**

This form must be completed by any photographer (video or still) who intends to take pictures at an Metropolitan Swimming sanctioned meet, and is taking those pictures of anyone other than his or her own child, from any location on deck. Submit the form to the Meet Director prior to commencing activity.

**THERE WILL BE NO FLASH PHOTOGRAPHY PERMITTED AT THE START.**

Name \_\_\_\_\_

Phone Number \_\_\_\_\_

Government ID (driver's license preferred) or USA Swimming Registration Card:

Type of ID \_\_\_\_\_ # \_\_\_\_\_

Taking photos of \_\_\_\_\_

On behalf of \_\_\_\_\_

Purpose \_\_\_\_\_

Professional photographers/videographers will be allowed on deck at the discretion of the Meet Director and Meet Referee, and must adhere to the following guidelines:

Do not stand on the starting end of the pool, or in the starter's box; use of the bulkhead is at the discretion of the Meet Director and Meet Referee.

Do not stand on the edge of the pool (leave approximately two feet for officials and coaches).

Leave the deck when not actively photographing.

Respond immediately to direction from the Meet Referee.

Signature \_\_\_\_\_ Today's Date \_\_\_\_\_

Meet \_\_\_\_\_ Location \_\_\_\_\_

Date(s) of meet \_\_\_\_\_

**Saturday is "Parade Day". Parade will start at 8:20am. DO NOT BE LATE!**

**Session 1 - Saturday AM - 8yo Girls/7&U Boys**

Warm-up: 9:00 AM

Start: 10:00 AM

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
1	Girls 8 Year Olds 100 Freestyle	
	Boys 7 & Under 100 Freestyle	2
3	Girls 8 Year Olds 100 Medley Relay	
	Boys 7 & Under 100 Medley Relay	4
	Boys 6 & Under 50 Freestyle	5
6	Girls 8 Year Olds 25 Backstroke	
	Boys 6 & Under 25 Backstroke	7
	Boys 7 & Under 25 Backstroke	8
9	Girls 8 Year Olds 25 Butterfly	
	Boys 6 & Under 25 Butterfly	10
	Boys 7 & Under 25 Butterfly	11
12	Girls 8 Year Olds 50 Breaststroke	
	Boys 7 & Under 50 Breaststroke	13
14	Girls 8 Year Olds 25 Freestyle	
	Boys 7 & Under 25 Freestyle	15
16	Girls 8 Year Olds 200 Freestyle Relay	
	Boys 7 & Under 200 Freestyle Relay	17



**Saturday is "Parade Day". Parade will start at 2:50pm. DO NOT BE LATE!**

**Session 2 - Saturday PM - 8yo Boys/7&U Girls**

Warm-up: 3:30 PM

Start: 4:30 PM

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
	Boys 8 Year Olds 100 Freestyle	18
19	Girls 7 & Under 100 Freestyle	
	Boys 8 Year Olds 100 Medley Relay	20
21	Girls 7 & Under 100 Medley Relay	
22	Girls 6 & Under 50 Freestyle	
	Boys 8 Year Olds 25 Backstroke	23
24	Girls 6 & Under 25 Backstroke	
25	Girls 7 Year Olds 25 Backstroke	
	Boys 8 Year Olds 25 Butterfly	26
27	Girls 6 & Under 25 Butterfly	
28	Girls 7 Year Olds 25 Butterfly	
	Boys 8 Year Olds 50 Breaststroke	29
30	Girls 7 & Under 50 Breaststroke	
	Boys 8 Year Olds 25 Freestyle	31
32	Girls 7 Year Olds 25 Freestyle	
	Boys 8 Year Olds 200 Freestyle Relay	33
34	Girls 7 & Under 200 Freestyle Relay	





### Session 3 - Sunday AM - 8yo Girls/7&U Boys

Warm-up: 8:00 AM

Start: 9:00 AM

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
35	Girls 8 Year Olds 100 IM	
	Boys 7 & Under 100 IM	36
37	Girls 8 Year Olds 100 Freestyle Relay	
	Boys 7 & Under 100 Freestyle Relay	38
	Boys 6 & Under 25 Freestyle	39
40	Girls 8 Year Olds 50 Backstroke	
	Boys 6 & Under 50 Backstroke	41
	Boys 7 & Under 50 Backstroke	42
43	Girls 8 Year Olds 25 Breast	
	Boys 6 & Under 25 Breast	44
	Boys 7 & Under 25 Breast	45
46	Girls 8 Year Olds 50 Butterfly	
	Boys 7 & Under 50 Butterfly	47
48	Girls 8 Year Olds 50 Freestyle	
	Boys 7 & Under 50 Freestyle	49
50	Girls 8 Year Olds 200 Medley Relay	
	Boys 7 & Under 200 Medley Relay	51



## Session 4 - Sunday PM - 8yo Boys/7&U Girls

Warm-up: 1:30 PM

Start: 2:30 PM

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
	Boys 8 Year Olds 100 IM	52
53	Girls 7 & Under 100 IM	
	Boys 8 Year Olds 100 Freestyle Relay	54
55	Girls 7 & Under 100 Freestyle Relay	
56	Girls 6 & Under 25 Freestyle	
	Boys 8 Year Olds 50 Backstroke	57
58	Girls 6 & Under 50 Backstroke	
59	Girls 7 Year Olds 50 Backstroke	
	Boys 8 Year Olds 25 Breaststroke	60
61	Girls 6 & Under 25 Breaststroke	
62	Girls 7 Year Olds 25 Breaststroke	
	Boys 8 Year Olds 50 Butterfly	63
64	Girls 7 & Under 50 Butterfly	
	Boys 8 Year Olds 50 Freestyle	65
66	Girls 7 Year Olds 50 Freestyle	
	Boys 8 Year Olds 200 Medley Relay	67
68	Girls 7 & Under 200 Medley Relay	

