



**2025 MR AGUA MLK Invitational**  
**January 18-20, 2025**  
**# 250107**

**Invited Teams: AQRC, CENT, LIAC, MAKO, PAC, QNS**

# 2025 MR AGUA MLK INVITATIONAL

January 18-20, 2025

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., #
- LOCATION:** Asphalt Green AquaCenter, 1750 York Ave. New York, NY 10128
- FACILITY:** Eight (8) 25-yard lanes with minimum depth 6 ft. 7 in. The competition course has not been certified in accordance with Article 104.2.2C (4).
- SESSIONS:**  
**SESSION 1: Warm Up: 8am; Start: 9am**  
**SESSION 2: Warm up: 1:00pm; Start: 1:30pm**  
**SESSION 3: Warm Up: 3pm; Start: 4pm**  
**SESSION 4: Warm Up: 8am; Start: 9am**  
**SESSION 5: Warm Up: 1:00pm; Start: 1:30pm**  
**SESSION 6: Warm Up: 2:30pm; Start: 3:30pm**  
**SESSION 7: Warm Up: 8am; Start: 9am**  
**SESSION 8: Warm up: 1:30pm; Start: 2:30pm**
- FORMAT:** All events are timed finals. Deck seeding will be used.
- ELIGIBILITY:** Open to all Invited USA Swimming/Metropolitan Swimming Inc. registered swimmers. All swimmers participating in this meet must be registered by the first day of the meet. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. No Deck Registrations will be accepted. Age on 1/18/25 will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to enter and participate. Please notify the meet director of any accommodation you might require. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** **Swimmers will be limited to three (3) events per day and (9) events for the meet. Entries are limited and will be on a first come, first served basis. Entries should be submitted in Hy-Tek Meet Manager form.**  
  
U.S. Mail Entries/Payment to:  
Asphalt Green  
Attn: David Rodriguez  
555 E 90<sup>th</sup> St.  
New York, NY 10128  
  
Email Entries/Confirm Entry Receipt: Diana Ross; [dpimer@asphaltgreen.org](mailto:dpimer@asphaltgreen.org)
- DEADLINE:** Entries must be received by: January 6, 2025  
An email confirming receipt of entries if you provide an email contact. Please contact the Meet Director if you do not receive such a report within 2 days of your original email.
- ENTRY FEE:** There is a \$20.00 surcharge per athlete. An entry fee of \$10.00 per individual event must accompany the entries. Make check payable to: Asphalt Green.  
  
Payment must be received by January 18, 2025 for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.  
  
Host Club may waive meet entry fees & facility surcharge for registered outreach swimmers. Coaches should contact the Meet director and identify registered swimmers whom they wish considered for waiver of fees when submitting meet entries.

|                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|--------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>WARM-UP:</b>                | General warm-up with feet-first entry only. Doors for all coaches, athletes and spectators will open 30 minutes prior to warm-up. Sprint Lanes will be designated in team-assigned lanes.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>SCRATCHES:</b>              | Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual event scratches and which swimmers will not be participating in the session.                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <b>COACHES:</b>                | In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>AWARDS:</b>                 | Ribbons for 12 & under athletes (1st—8th place). All awards will be distributed to coaches only at the end of the meet. No individual awards will be distributed. Awards will not be mailed or forwarded.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>OFFICIALS:</b>              | Meet Referee: Charles Asch; sharkdiver49@hotmail.com<br>Officials wishing to volunteer should contact the Meet Referee by January 6, 2025                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>ADMIN. OFFICIAL:</b>        | Administrative Official: Diana Ross; dpimer@asphaltgreen.org                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>MEET DIRECTOR:</b>          | Diana Ross; dpimer@asphaltgreen.org                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>RULES:</b>                  | The current USA Swimming Rules and Regulations will apply.<br>The USA Swimming Code of Conduct is in effect for the duration of the meet.<br>The overhead start procedure may be used at the discretion of the meet Referee.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>SAFETY:</b>                 | Metropolitan Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.<br><br>Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer's legal guardian, to ensure compliance with this requirement. |
| <b>MAAPP POLICY:</b>           | All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>WATER DEPTH:</b>            | Water depth on the start end of the pool is 7'2" at both 1-meter and 5-meters out. Water depth on the turn end of the pool is 14'8" 5-meters out and 16'0" at 1-meter.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>DISCLAIMER:</b>             | Upon acceptance of his/her entries, the participant waives all claims against AGUA and/or Asphalt Green Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.                                                                                                                                                                                                                                                                     |
| <b>AUDIO/VISUAL STATEMENT:</b> | Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms.<br><br>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.                                                                                                                                                                                                                                                                                                                                           |
| <b>DECK CHANGING:</b>          | Deck changes are prohibited.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |

**ADMISSION:** There will be no spectators. A livestream will be available for all sessions.

**MERCHANTS:** No food or glass bottles will be allowed on the pool deck or in the spectator area.

**PARKING:** The following garages are available for parking during the meet:

- The Hamilton—1735 York Ave. (90th St. between York Ave. & First Ave)
- The Andover—1675 York Ave. (York Ave. between 88th St. & 89th St.)

**DIRECTIONS:** From the North or South take the FDR Drive 96th Street exit. Proceed through lights heading downtown to light at 92nd St. & York Ave. intersection. Pool is located on the left at the following intersection at 91st St. & York.

## 2025 MR AGUA MLK INVITATIONAL

SATURDAY, JANUARY 18, 2025

| SESSION 1<br>8:00 Warm Up; 9:00 Start |            |           |    |
|---------------------------------------|------------|-----------|----|
| F                                     |            |           | M  |
| 1                                     | 9-12       | 100 Fly   | 2  |
| 3                                     | 10-12      | 200 Back  | 4  |
| 5                                     | 12 & Under | 50 Breast | 6  |
| 7                                     | 9-12       | 200 Free  | 8  |
| 9                                     | 12 & Under | 100 IM    | 10 |

| SESSION 2<br>1:00 Warm Up; 1:30 Start |      |           |  |
|---------------------------------------|------|-----------|--|
| X                                     |      |           |  |
| 11*                                   | Open | 1000 Free |  |
| 12**                                  | Open | 1650 Free |  |

\*Event 11 may be limited to 3 heats

\*\*Event 12 will be limited to 2 heats

| SESSION 3<br>3:00 Warm Up; 4:00 Start |           |            |    |
|---------------------------------------|-----------|------------|----|
| F                                     |           |            | M  |
| 13                                    | 13 & Over | 100 Back   | 14 |
| 15                                    | 13 & Over | 200 Breast | 16 |
| 17                                    | 13 & Over | 200 Free   | 18 |

## SUNDAY, JANUARY 19, 2025

| SESSION 4<br>8:00 Warm Up; 9:00 Start |            |            |           |
|---------------------------------------|------------|------------|-----------|
| F                                     |            |            | M         |
| <b>19</b>                             | 12 & Under | 50 Fly     | <b>20</b> |
| <b>21</b>                             | 9-12       | 100 Back   | <b>22</b> |
| <b>23</b>                             | 10-12      | 200 Breast | <b>24</b> |
| <b>25</b>                             | 12 & Under | 50 Free    | <b>26</b> |
| <b>27</b>                             | 9-12       | 200 IM     | <b>28</b> |

| SESSION 5<br>1:00 Warm Up; 1:30 Start |      |          |              |
|---------------------------------------|------|----------|--------------|
| F                                     |      |          | M            |
| <b>29***</b>                          | Open | 500 Free | <b>30***</b> |

\*Events 29 & 30 will be limited to 8 total/combined heats

| SESSION 6<br>2:30 Warm Up; 3:30 Start |           |          |           |
|---------------------------------------|-----------|----------|-----------|
| F                                     |           |          | M         |
| <b>31</b>                             | 13 & Over | 100 Fly  | <b>32</b> |
| <b>33</b>                             | 13 & Over | 200 Back | <b>34</b> |
| <b>35</b>                             | 13 & Over | 50 Free  | <b>36</b> |
| <b>37</b>                             | 13 & Over | 200 IM   | <b>38</b> |

# **MONDAY, JANUARY 20, 2025**

| <b>SESSION 7</b><br><b>8:00 Warm Up; 9:00 Start</b> |            |            |               |
|-----------------------------------------------------|------------|------------|---------------|
| <b>F</b>                                            |            |            | <b>M</b>      |
| <b>39</b>                                           | 10-12      | 200 Fly    | <b>40</b>     |
| <b>41</b>                                           | 12 & Under | 50 Back    | <b>42</b>     |
| <b>43</b>                                           | 9-12       | 100 Breast | <b>44</b>     |
| <b>45</b>                                           | 12 & Under | 100 Free   | <b>46</b>     |
| <b>47****</b>                                       | 10-12      | 400 IM     | <b>48****</b> |

\*\*\*\* *Events 47 & 48 may be limited*

| <b>SESSION 8</b><br><b>1:30 Warm Up; 2:30 Start</b> |           |            |           |
|-----------------------------------------------------|-----------|------------|-----------|
| <b>F</b>                                            |           |            | <b>M</b>  |
| <b>49</b>                                           | 13 & Over | 200 Fly    | <b>50</b> |
| <b>51</b>                                           | 13 & Over | 100 Breast | <b>52</b> |
| <b>53</b>                                           | 13 & Over | 100 Free   | <b>54</b> |
| <b>55</b>                                           | 13 & Over | 400 IM     | <b>56</b> |



## Metropolitan Swimming Photographer Registration Form

**All Metropolitan Swimming Teams need to include this in the meet information packet. Please file this form with the Safety Sport Coordinator prior to the start of the meet.**

This form must be completed by any photographer (video or still) who intends to take pictures at a Metropolitan Swimming sanctioned meet and is taking those pictures of anyone other than his or her own child from any location on deck. Submit the form to the Meet Director prior to commencing activity.

**THERE WILL BE NO FLASH PHOTOGRAPHY PERMITTED AT THE START.**

Name \_\_\_\_\_

Phone Number \_\_\_\_\_

Government ID (driver's license preferred) or USA Swimming Registration Card:

Type of ID \_\_\_\_\_ # \_\_\_\_\_

Taking photos of \_\_\_\_\_

On behalf of \_\_\_\_\_

Purpose \_\_\_\_\_

Professional photographers/videographers will be allowed on deck at the discretion of the Meet Director and Meet Referee and must adhere to the following guidelines:

Do not stand on the starting end of the pool, or in the starter's box; use of the bulkhead is at the discretion of the Meet Director and Meet Referee.

Do not stand on the edge of the pool (leave approximately two feet for officials and coaches).

Leave the deck when not actively photographing.

Respond immediately to direction from the Meet Referee.

Signature \_\_\_\_\_ Today's Date \_\_\_\_\_

Meet \_\_\_\_\_ Location \_\_\_\_\_

Date(s) of meet \_\_\_\_\_