

**EAGLE
INVITE**

**HOSTED BY HAUPPAUGE SWIMMING
DECEMBER 11, 2025
HAUPPAUGE HIGH SCHOOL
SANCTION # 251207, 251251-TT**

**INVITED: ALL METRO TEAMS
EMAIL TO BE INVITED**

2025 EAGLE INVITE

SANCTION: Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., # **251207, 251251-TT**

LOCATION: **Hauppauge High School**
500 Lincoln Blvd
Hauppauge, NY 11788

FACILITY: **6-lane, 25 yard pool. Colorado touchpads and scoreboard.**
The competition course **has not** been certified in accordance with Article 104.2.2C (4).

SESSIONS:

SESSION	DAY	WARMUP	START	EVENTS
Session 1	Thursday	4:30 PM	5:00 PM	8 & Under
Session 2	Friday	2:45 PM	3:30 PM	Open Timed Finals*
Session 3	Friday	5:30 PM	6:15 PM	12 & Under Timed Finals
Session 4	Saturday	7:00 AM	8:00 AM	Open Prelims
Session 5	Saturday	10:40 AM	11:40 AM	11-12 Prelims
Session 6	Saturday	1:45 PM	2:45 PM	9-10 Prelims
Session 7	Saturday	5:00 PM	6:00 PM	Finals
Session 8	Sunday	7:00 AM	8:00 AM	Open Prelims
Session 9	Sunday	10:40 AM	11:40 AM	11-12 Prelims
Session 10	Sunday	1:45 PM	2:45 PM	9-10 Prelims
Session 11	Sunday	5:00 PM	6:00 PM	Finals

* Do not enter high school before buses pull out

* Session warmup and start times will be updated after entries close.

FORMAT: **Thursday: Timed Finals**
Friday: Timed Finals

Saturday and Sunday: Prelims/Finals

9-10 Events: Top 6 (1 heat) advance to Finals

11-12 Events: Top 12 (2 heats) advance to Finals

Open 50's of Stroke: Top 12 (2 heats) advance to Finals

All Other Open Events: Top 18 (3 heats) advance to Finals

Slowest 1 heat in Open Finals will be limited to 14 & Under Athletes

All events will be deck seeded, but may be pre-seeded at the discretion of the Meet Director.
Events may be added or removed at the discretion of the Meet Director.

ELIGIBILITY: Open to all Metropolitan Swimming Inc. registered swimmers.
All swimmers participating in this meet must be registered by the first day of the meet. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.
No Deck Registrations will be accepted
Age on **December 11, 2025** will determine age for the entire meet.

DISABILITY SWIMMERS: Swimmers with disabilities are encouraged to enter and participate. Please notify the meet director of any accommodations you might require. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.



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ENTRIES:

Please Email Entries to:
jeff@hauppaugeswimming.com

U.S. Mail Entries/Payment to:
Hauppauge Swimming
PO Box 5065
Hauppauge, NY 11788

NTs (No Times) are strongly discouraged. Entries will be cut on a first come first serve basis, except for the host team. **Maximum 6 timed finals events per athlete and 1 session per day, maximum 3 Prelims/Finals events per day and 1 prelim session per day. Relays entries may be limited at the discretion of the Meet Director.** Sessions may be limited to 3 hours at the discretion of the Meet Director.

DEADLINE:

Entries must be received by: 7:00 PM on December 4, 2025

An email confirming receipt of entries if you provide an email contact. Please contact the Meet Director if you do not receive such a report within 2 days of your original email.

ENTRY FEE:



Zelle

All fees should be submitted by a coach or team administrator, not by individual parents.

An entry fee of **\$10** per timed final event, **\$12** per prelim/final event, and a facility surcharge of **\$15** per athlete must accompany the entries (\$7.50 facility surcharge and \$7.50 admission surcharge, no admission fee at the door) must accompany the entries. Entry fees should be submitted by teams/coaches, and not directly by parents.

Zelle to "brandon@hauppaugeswimming.com" is preferred

Alternatively, checks can be made payable to: **Hauppauge Swimming**

Payment must be received by **December 11, 2025** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.

Host Club may waive meet entry fees & facility surcharge for registered outreach swimmers. Coaches should contact the Meet director and identify registered swimmers whom they wish considered for waiver of fees when submitting meet entries.

WARM-UP:

Warmup lanes will be assigned and posted after entries are closed.

SCRATCHES:

Scratches from finals may be done via Google form sent to participating teams after entries are finalized or on paper at the discretion of the Meet Director, and are due no later than 30 minutes after results are announced unless an intent to scratch is pending, 5 minutes after the end of the prelims session, whichever is earlier. Coaches may be given scratch sheets upon check-in for each session. All scratches from timed finals are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual event scratches and which swimmers will not be participating in the session.

COACHES:

In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.

AWARDS:

Medals 1-3, Ribbons 4-6 or more at the discretion of the Meet Director.

OFFICIALS:

Meet Referee: Jeff Chu (jeff@hauppaugeswimming.com)

Officials wishing to volunteer should contact the Meet Referee by email or complete the following form:

<https://forms.gle/8ZApNa1gfdhQnmyb6>

Brandon Modrov

ADMIN.

OFFICIAL:

MEET DIRECTOR:

Brandon Modrov

RULES:

The current USA Swimming Rules and Regulations will apply.

The USA Swimming Code of Conduct is in effect for the duration of the meet.

The overhead start procedure may be used at the discretion of the meet Referee.



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- SAFETY:** Metropolitan Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.
- Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer's legal guardian, to ensure compliance with this requirement.
- Medical supervision available to athletes will include lifeguards and an AED.**
- MAAPP POLICY:** All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
- WATER DEPTH:** **The pool is 12 feet deep at 1m from the start end, and 11 feet and 6 inches at 5m from the start end. The pool is 3 feet 6 inches deep at 1m from the turn end, and 4 feet at 5m from the turn end.**
- DISCLAIMER:** DISCLAIMER: Upon acceptance of his/her entries, the participant waives all claims against **Hauppauge Swimming, Hauppauge School District**, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- AUDIO/VISUAL STATEMENT:** Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- DECK CHANGING:** Deck changes are prohibited.
- ADMISSION:** **Admission to all sessions is free. Programs are available at no charge via Meet Mobile.**
- MERCHANTS:** **Limited concessions may be available.**
- PARKING:** **Ample free parking is available North of the High School.**
- DIRECTIONS:** <https://goo.gl/maps/E8f1EkqU1W5PibZ96>
- PHOTOGRAPHY:** Photographers are required to complete a registration form available [here](#).



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SESSION 1 | 8 & UNDERS THURSDAY | 4:30 PM WARMUP | 5:00 PM START

101	8 & Under 25 Freestyle	102
103	8 & Under 25 Breaststroke	104
105	8 & Under 25 Backstroke	106
107	8 & Under 25 Butterfly	108
109	8 & Under 25 Freestyle	110
111	8 & Under 25 Backstroke	112
113	Mixed 8 & Under 100 Freestyle Relay	113

SESSION 2 | OPEN TIMED FINALS FRIDAY | 2:45 PM WARMUP | 3:30 PM START

211	12 & Under 200 IM	212
213	200 Backstroke	214
215	200 Breaststroke	216
217	200 Butterfly	218

SESSION 3 | 12 & UNDER TIMED FINALS FRIDAY | 5:30 PM WARMUP | 6:15 PM START

221	12 & Under 100 Backstroke	222
223	12 & Under 100 Breaststroke	224
225	12 & Under 100 Butterfly	226

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SESSION 4 | OPEN PRELIMS SATURDAY | 7:00 AM WARMUP | 8:00 AM START

310	200 Freestyle	311
312	50 Backstroke	313
314	100 Butterfly	315
316	100 Breaststroke	317
318	50 Free	319

SESSION 5 | 11-12 PRELIMS SATURDAY | 11:00 AM WARMUP | 12:00 PM START

321	11-12 100 Freestyle	322
323	11-12 50 Breaststroke	324
325	11-12 50 Butterfly	326

SESSION 6 | 9-10 PRELIMS SATURDAY | 1:00 PM WARMUP | 2:00 PM START

331	9-10 100 Freestyle	332
333	9-10 50 Breaststroke	334
335	9-10 50 Butterfly	336



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SESSION 7 FINALS SATURDAY 4:00 PM WARMUP 5:00 PM START		
310	200 Freestyle	311
321	11-12 100 Freestyle	322
331	9-10 100 Freestyle	332
312	50 Backstroke	313
323	11-12 50 Breaststroke	324
333	9-10 50 Breaststroke	334
316	100 Butterfly	317
325	11-12 50 Butterfly	326
335	9-10 50 Butterfly	336
314	100 Breaststroke	315
318	50 Freestyle	319

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SESSION 8 | OPEN PRELIMS SUNDAY | 7:00 AM WARMUP | 8:00 AM START

410	100 Backstroke	411
412	50 Breaststroke	413
414	100 Freestyle	415
416	50 Butterfly	417
418	200 IM	419

SESSION 9 | 11-12 PRELIMS SUNDAY | 11:00 AM WARMUP | 12:00 PM START

421	11-12 50 Backstroke	422
423	11-12 50 Freestyle	424
425	11-12 100 IM	426

SESSION 10 | 9-10 PRELIMS SUNDAY | 1:00 PM WARMUP | 2:00 PM START

431	9-10 50 Backstroke	432
433	9-10 50 Freestyle	434
435	9-10 100 IM	436

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SESSION 11 FINALS SUNDAY 4:00 PM WARMUP 5:00 PM START		
410	100 Backstroke	411
421	11-12 50 Backstroke	422
431	9-10 50 Backstroke	432
412	50 Breaststroke	413
423	11-12 50 Freestyle	424
433	9-10 50 Freestyle	434
414	100 Freestyle	415
425	11-12 100 IM	426
435	9-10 100 IM	436
416	50 Butterfly	417
418	200 IM	419

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