

SANCTION: Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., # 251014

LOCATION: Hauppauge High School

500 Lincoln Blvd Hauppauge, NY 11788

FACILITY: 6-lane, 25 yard pool. Colorado touchpads and scoreboard.

The competition course has not been certified in accordance with Article 104.2.2C (4).

SESSIONS:

Session 1 - BOYS	07:00 AM Warmup, 07:45 AM Start
Session 2 - GIRLS	10:15 AM Warmup, 11:00 AM Start
Session 3 - 8 & UNDERS	01:30 PM Warmup, 02:00 PM Start

FORMAT: All events will be deck seeded, but may be pre-seeded at the discretion of the Meet Director.

Events may be added or removed at the discretion of the Meet Director.

ELIGIBILITY: Open to all Metropolitan Swimming Inc. registered swimmers.

All swimmers participating in this meet must be registered by the first day of the meet. No swimmer

will be permitted to compete unless the swimmer is a member as provided in Article 302.

No Deck Registrations will be accepted

Age on October 26, 2025 will determine age for the entire meet.

DISABILITY Swimmers with disabilities are encouraged to enter and participate. Please notify the meet director of any accommodations you might require. The athlete (or the athlete's coach) is also responsible

for notifying the meet referee of any disability prior to the competition.

ENTRIES: Please Email Entries to:

jeff@hauppaugeswimming.com

U.S. Mail Entries/Payment to: Hauppauge Swimming

PO Box 5065

Hauppauge, NY 11788

NTs (No Times) are strongly discouraged. Entries will be cut on a first come first serve basis, except for the host team. **Maximum 5 events per athlete per day.** Sessions may be limited to 3 hours at the discretion of the Most Discrete.

the discretion of the Meet Director.

DEADLINE: Entries must be received by: 12:00 PM on October 19, 2025

An email confirming receipt of entries if you provide an email contact. Please contact the Meet Director if you do not receive such a report within 2 days of your original email.

ENTRY FEE:

All fees should be submitted by a coach or team administrator, not by individual parents.

An entry fee of \$8.50 per timed final event and a surcharge of \$20 per athlete (\$10 facility surcharge and \$10 admission surcharge, **no admission fee at the door**) must accompany the entries. Entry fees should be submitted by teams/coaches, and not directly by parents.

Zelle to "brandon@hauppaugeswimming.com" is preferred

Alternatively, checks can be made payable to: Hauppauge Swimming

Payment must be received by October 26, 2025 for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.



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Host Club may waive meet entry fees & facility surcharge for registered outreach swimmers. Coaches should contact the Meet director and identify registered swimmers whom they wish considered for waiver of fees when submitting meet entries.

Warmup lanes will be assigned and posted after entries are closed. WARM-UP:

SCRATCHES: Coaches may be given scratch sheets upon check-in for each session. All scratches are due no

later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly

individual event scratches and which swimmers will not be participating in the session. No scratches

from Finals are allowed.

COACHES: In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current,

> valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.

Medals 1-3, Ribbons 4-6 or more at the discretion of the Meet Director. AWARDS:

OFFICIALS: Meet Referee: Jeff Chu (jeff@hauppaugeswimming.com)

Officials wishing to volunteer should contact the Meet Referee by email.

Brandon Modrov ADMIN.

OFFICIAL:

MEET DIRECTOR: **Brandon Modrov**

RULES: The current USA Swimming Rules and Regulations will apply.

> The USA Swimming Code of Conduct is in effect for the duration of the meet. The overhead start procedure may be used at the discretion of the meet Referee.

SAFETY: Metropolitan Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet.

Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the

safety rules.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer's legal guardian, to ensure compliance with this requirement.

Medical supervision available to athletes will include lifeguards and an AED.

MAAPP POLICY: All adults participating in or associated with this meet acknowledge that they are subject to the

> provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this

competition.

WATER DEPTH: The pool is 12 feet deep at 1m from the start end, and 11 feet and 6 inches at 5m from the start

end. The pool is 3 feet 6 inches deep at 1m from the turn end, and 4 feet at 5m from the turn

end.

DISCLAIMER: DISCLAIMER: Upon acceptance of his/her entries, the participant waives all claims against

> Hauppauge Swimming, Hauppauge School District, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. It is understood that

USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for

damages arising by reason of injuries to anyone during the conduct of the event.

AUDIO/VISUAL STATEMENT:

Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas,

rest rooms, locker rooms.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or

spectators are present.

DECK Deck changes are prohibited.

CHANGING:

ADMISSION:

Admission to all sessions is free. Programs are available at no charge via Meet Mobile.

MERCHANTS: Limited concessions may be available.

PARKING: Ample free parking is available North of the High School.

DIRECTIONS: https://goo.gl/maps/E8f1EkqU1W5PibZ96

PHOTOGRAPHY: Photographers are required to complete a registration form available <u>here</u>.

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GIRLS	SESSION 1 - Boys EVENT	BOYS
_	13 & Over 100 IM	1
_	12 & Under 50 Free	2
_	13 & Over 100 Free	3
_	12 & Under 50 Breast	4
_	13 & Over 100 Breast	5
_	12 & Under 50 Back	6
-	13 & Over 100 Back	7
_	12 & Under 50 Fly	8
_	13 & Over 100 Fly	9
_	12 & Under 100 IM	10
-	13 & Over 200 Free Relay	11
_	12 & Under 200 Free Relay	12

GIRLS	SESSION 2 - Girls EVENT	BOYS
13	13 & Over 100 IM	_
14	12 & Under 50 Free	_
15	13 & Over 100 Free	-
16	12 & Under 50 Breast	_
17	13 & Over 100 Breast	_
18	12 & Under 50 Back	_
19	13 & Over 100 Back	_
20	12 & Under 50 Fly	_
21	13 & Over 100 Fly	_
22	12 & Under 100 IM	_
23	13 & Over 200 Free Relay	_
24	12 & Under 200 Free Relay	_

GIRLS	SESSION 3 - 8 & Under EVENT	BOYS
25	8 & Under 25	26
27	8 & Under 25	28
29	8 & Under 25	30
31	8 & Under 25	32
33	8 & Under 100 Free Relay	34

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