

Last updated 2/7/2025

- 2/6/25 | QNS (Suffolk) added to teams
- 2/7/25 | Added Bonus Event language from PnP 310.10

2025 Silver Championships South

Silvers South Teams: Connetquot Swim Club, East Hampton YMCA, Eastern Nassau Aquatic Club, Farmingdale Aquatics, Hauppauge Swimming, Huntington YMCA, Long Island Aquatic Club, QNS Aquatic Club (Suffolk), Sachem Swim Club, Team Suffolk, Three Village Swim Club, and West Islip Swim Club.



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SANCTION: Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., # **250214 And 250264-TT**

LOCATION: **Hauppauge High School**
500 Lincoln Blvd, Hauppauge, NY 11788
Directions: <https://goo.gl/maps/E8f1EkqU1W5PibZ96>

FACILITY: **6-lane, 25 yard pool. Colorado touchpads and scoreboard.**
The competition course **has not** been certified in accordance with Article 104.2.2C (4).

SESSIONS:

SESSION	DAY	WARMUP	START	EVENTS/ATHLETES
Session 1	Friday	5:00 PM	6:00 PM	200 Free, 500 Free, 400 IM
Session 2	Saturday	7:00 AM	8:00 AM	10&U Boys, 11-12 Boys, 13-14 Boys
Session 3	Saturday	11:15 AM	12:15 PM	11-12 Girls, 13-14 Girls
Session 4	Saturday	3:00 PM	4:00 PM	10&U Girls, 15-18 Girls, 15-18 Boys
Session 5	Sunday	7:00 AM	8:00 AM	10&U Boys, 11-12 Boys, 13-14 Boys
Session 6	Sunday	11:15 AM	12:15 PM	11-12 Girls, 13-14 Girls
Session 7	Sunday	3:00 PM	4:00 PM	10&U Girls, 15-18 Girls, 15-18 Boys

FORMAT: **All events will be timed finals.**

All events will be deck seeded, but may be pre-seeded at the discretion of the Meet Director.
Events may be added or removed at the discretion of the Meet Director.

ELIGIBILITY: Open to all Metropolitan Swimming Inc. registered swimmers from designated Silvers South teams. All swimmers participating in this meet must be registered by the first day of the meet. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. No Deck Registrations will be accepted
Age on **February 21, 2025** will determine age for the entire meet.
Qualifying times must be achieved between **January 1, 2024** and the entry deadline.
Time Standards:
https://www.gomotionapp.com/mrlsc/UserFiles/Image/QuickUpload/2025-age-group-cuts_007295.pdf

As voted on at the BOD of February 28, 2013: If a swimmer ages-up to a new age group between the first day of Silvers (February 23, 2024) and the first day of Junior Mets (March 14, 2025), and that swimmer has a Junior Mets qualifying time in the age group they are during Silvers (making that



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swimmer ineligible to swim at Silvers), but that swimmer does not have a Junior Mets qualifying time in that same event in the new age group by the meet extension deadline of Junior Mets, that swimmer would be able to swim that event as exhibition/non award at Silvers. Example: Jane Doe is 10-year-old as of February 21 on the first day of Silvers; her time in the 50 free is 31.00 (which is a Junior Mets time in the 50 free) so she can't swim that event at Silvers. Now her 31.00 in the 50 free is too slow for Junior Mets in the 11-12 age group. So now under this policy, Jane would be allowed to swim the 50 free at Silvers in the 11-12 age group as Exhibition only. Entries for that swimmer should be clicked as X (exhibition) in Team Manager/Team Unify. In addition, the name of the swimmers involved in this new policy should be clearly added in the text of the Silvers Entries.

**DISABILITY
SWIMMERS:**

Swimmers with disabilities are encouraged to enter and participate. Please notify the meet director of any accommodations you might require. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.

ENTRIES:

Please Email Entries to:
jeff@hauppagueswimming.com

U.S. Mail Entries/Payment to:
Hauppauge Swimming
PO Box 5065
Hauppauge, NY 11788

NTs (No Times) are not permitted. Converted times are not permitted. **Maximum 5 events per athlete per day. An Entry Report, with proof of times, must accompany the entries.**

All entries must be in yards. A SWIMS Times Recon will be done prior to the meet. Times must have been achieved within the qualifying time period and must be in the SWIMS database. Entry times not found in the SWIMS will be scratched. Bonus events must be indicated in the entry file.

Metro Policies and Procedures 310.10.1

"Make 1 get 1 bonus swim for any 50/100 yard event; no NT's allowed. If after adding 1 bonus swim for athletes with 1 cut time the meet timeline is under 4.0 hours (using a minimum of +15 seconds & +15 seconds for backstroke) the host team may add swimmers that have not met the qualifying standard to events of 50 & 100 yards in length, no NT's allowed, to get the timeline to 4.0 hours."

DEADLINE:

Entries must be received by: 10:00 pm on February 13, 2025

An email confirming receipt of entries if you provide an email contact. Please contact the Meet Director if you do not receive such a report within 2 days of your original email.

ENTRY FEE:



Zelle

All fees should be submitted by a coach or team administrator, not by individual parents.

An entry fee of **\$7.50** per timed final event, a facility surcharge of **\$10** per athlete, and a Metro Surcharge of **\$1** per athlete must accompany the entries.

Zelle to "brandon@hauppagueswimming.com" is preferred

Alternatively, checks can be made payable to: **Hauppauge Swimming**

Payment must be received by **February 21, 2025** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.

Host Club may waive meet entry fees & facility surcharge for registered outreach swimmers.

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Coaches should contact the Meet director and identify registered swimmers whom they wish considered for waiver of fees when submitting meet entries.

Time Trials may be offered at the discretion of the Meet Director. Time trials count towards an athlete's maximum events per day. Time trials will cost **\$15** and must be paid in cash.

WARM-UP: Warmup lanes will be assigned and posted after entries are closed.

SCRATCHES: Coaches may be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual event scratches and which swimmers will not be participating in the session.

COACHES: In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.

AWARDS: Medals 1-3, Ribbons 4-6 or more at the discretion of the Meet Director.

OFFICIALS: Meet Referee: **Jacky Spierer (musi0939@aol.com)** and **Brian Morelli (haaofficials@gmail.com)**
Officials wishing to volunteer should contact the Meet Referee by email or complete the following form:
<https://forms.gle/MJMNkJysd42oiqjNA>

ADMIN. OFFICIAL: Brandon Gilmore, Brandon Modrov

MEET DIRECTOR: Jeff Chu (jeff@hauppaugeswimming.com)

RULES: The current USA Swimming Rules and Regulations will apply.
The USA Swimming Code of Conduct is in effect for the duration of the meet.
The overhead start procedure may be used at the discretion of the meet Referee.

SAFETY: Metropolitan Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer's legal guardian, to ensure compliance with this requirement.

Medical supervision available to athletes will include lifeguards and an AED.



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- MAAPP POLICY:** All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
- WATER DEPTH:** **The pool is 12 feet deep at 1m from the start end, and 11 feet and 6 inches at 5m from the start end. The pool is 3 feet 6 inches deep at 1m from the turn end, and 4 feet at 5m from the turn end.**
- DISCLAIMER:** **DISCLAIMER:** Upon acceptance of his/her entries, the participant waives all claims against **Hauppauge Swimming, Hauppauge School District**, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- AUDIO/VISUAL STATEMENT:** Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- DECK CHANGING:** Deck changes are prohibited.
- ADMISSION:** Admission to each sessions is **\$5**. All Sessions is **\$20**. Programs are available at no charge via Meet Mobile.
- MERCHANTS:** **[See SILVERCHAMPS.COM](http://SILVERCHAMPS.COM)**
- PARKING:** **Ample free parking is available North of the High School.**



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SESSION 1 - FRIDAY | 5PM WARMUP | 6PM START

EVENT #	EVENT
101	Girls 10 & Under 500 Freestyle
102	Boys 10 & Under 500 Freestyle
103	Girls 11-12 200 Freestyle
104	Boys 11-12 200 Freestyle
105	Girls 13-14 400 IM
106	Boys 13-14 400 IM
107	Girls 11-12 400 IM
108	Boys 11-12 400 IM
109	Girls 15-18 400 IM
110	Boys 15-18 400 IM
111	Girls 13-14 500 Freestyle
112	Boys 13-14 500 Freestyle
113	Girls 15-18 500 Freestyle
114	Boys 15-18 500 Freestyle



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SESSION 2 - SATURDAY | 7:00 AM WARMUP | 8:00 AM START

EVENT #	EVENT
201	Boys 11-12 200 Breaststroke
202	Boys 13-14 200 Freestyle
203	Boys 10 & Under 50 Breaststroke
204	Boys 11-12 50 Freestyle
205	Boys 13-14 200 IM
206	Boys 10 & Under 100 Butterfly
207	Boys 11-12 200 IM
208	Boys 13-14 50 Freestyle
209	Boys 10 & Under 100 Freestyle
210	Boys 11-12 50 Butterfly
211	Boys 13-14 100 Backstroke
212	Boys 10 & Under 100 IM
213	Boys 11-12 100 Backstroke
214	Boys 13-14 100 Breaststroke
215	Boys 10 & Under 200 Freestyle
216	Boys 11-12 50 Breaststroke
217	Boys 13-14 100 Butterfly
218	Boys 10 & Under 50 Backstroke
219	Boys 11-12 200 Butterfly



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SESSION 3 - SATURDAY | 11:15 AM WARMUP | 12:15 AM START

EVENT #	EVENT
301	Girls 11-12 200 Breaststroke
302	Girls 13-14 200 Freestyle
303	Girls 11-12 50 Freestyle
304	Girls 13-14 200 IM
305	Girls 11-12 200 IM
306	Girls 13-14 50 Freestyle
307	Girls 11-12 50 Butterfly
308	Girls 13-14 100 Backstroke
309	Girls 11-12 100 Backstroke
310	Girls 13-14 100 Breaststroke
311	Girls 11-12 50 Breaststroke
312	Girls 13-14 100 Butterfly
313	Girls 11-12 200 Butterfly



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SESSION 4 - SATURDAY | 3:00 PM WARMUP | 4:00 PM START

EVENT #	EVENT
401	Girls 15-18 200 Freestyle
402	Boys 15-18 200 Freestyle
403	Girls 10 & Under 50 Breaststroke
404	Girls 15-18 200 IM
405	Boys 15-18 200 IM
406	Girls 10 & Under 100 Butterfly
407	Girls 15-18 50 Freestyle
408	Boys 15-18 50 Freestyle
409	Girls 10 & Under 100 Freestyle
410	Girls 15-18 100 Breaststroke
411	Boys 15-18 100 Breaststroke
412	Girls 10 & Under 100 IM
413	Girls 15-18 100 Backstroke
414	Boys 15-18 100 Backstroke
415	Girls 10 & Under 200 Freestyle
416	Girls 15-18 100 Butterfly
417	Boys 15-18 100 Butterfly
418	Girls 10 & Under 50 Backstroke

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SESSION 5 - SUNDAY | 7:00 AM WARMUP | 8:00 AM START

EVENT #	EVENT
501	Boys 11-12 50 Backstroke
502	Boys 10 & Under 50 Freestyle
503	Boys 13-14 200 Backstroke
504	Boys 11-12 100 Breaststroke
505	Boys 10 & Under 100 Breaststroke
506	Boys 11-12 100 Butterfly
507	Boys 10 & Under 100 Backstroke
508	Boys 13-14 200 Breaststroke
509	Boys 11-12 200 Backstroke
510	Boys 10 & Under 50 Butterfly
511	Boys 13-14 100 Freestyle
512	Boys 11-12 100 IM
513	Boys 10 & Under 200 IM
514	Boys 11-12 100 Freestyle
515	Boys 13-14 200 Butterfly
516	Boys 11-12 500 Freestyle

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SESSION 6 - SUNDAY | 11:15 AM WARMUP | 12:15 PM START

EVENT #	EVENT
601	Girls 11-12 50 Backstroke
602	Girls 13-14 200 Backstroke
603	Girls 11-12 100 Breaststroke
604	Girls 13-14 200 Breaststroke
605	Girls 11-12 100 Butterfly
606	Girls 11-12 200 Backstroke
607	Girls 13-14 100 Freestyle
608	Girls 11-12 100 IM
609	Girls 11-12 100 Freestyle
610	Girls 13-14 200 Butterfly
611	Girls 11-12 500 Freestyle



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SESSION 7 - SUNDAY | 3:00 PM WARMUP | 4:00 PM START

EVENT #	EVENT
701	Girls 10 & Under 50 Freestyle
702	Girls 15-18 200 Backstroke
703	Boys 15-18 200 Backstroke
704	Girls 10 & Under 100 Breaststroke
705	Girls 15-18 200 Breaststroke
706	Boys 15-18 200 Breaststroke
707	Girls 10 & Under 100 Backstroke
708	Girls 15-18 100 Freestyle
709	Boys 15-18 100 Freestyle
710	Girls 10 & Under 50 Butterfly
711	Girls 15-18 200 Butterfly
712	Boys 15-18 200 Butterfly
713	Girls 10 & Under 200 IM



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Metropolitan Swimming Photographer Registration Form

All Metropolitan Swimming Teams need to include this in the meet information packet. Please file this form with the Safety Sport Coordinator prior to the start of the meet.

This form must be completed by any photographer (video or still) who intends to take pictures at a Metropolitan Swimming sanctioned meet and is taking those pictures of anyone other than his or her own child from any location on deck. Submit the form to the Meet Director prior to commencing activity.

THERE WILL BE NO FLASH PHOTOGRAPHY PERMITTED AT THE START.

Name _____

Phone Number _____

Government ID (driver's license preferred) or USA Swimming Registration Card:

Type of ID _____ # _____

Taking photos of _____

On behalf of _____

Purpose _____

Professional photographers/videographers will be allowed on deck at the discretion of the Meet Director and Meet Referee and must adhere to the following guidelines:

Do not stand on the starting end of the pool, or in the starter's box; use of the bulkhead is at the discretion of the Meet Director and Meet Referee.

Do not stand on the edge of the pool (leave approximately two feet for officials and coaches).

Leave the deck when not actively photographing.

Respond immediately to direction from the Meet Referee.

Signature _____ Today's Date _____

Meet _____ Location _____

Date(s) of meet _____



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