

**Invitational Meet Announcement**



**Newburgh Sharks Trials & Finals Team Invitational**  
**January 16-18 2026**  
**Sanction 260108**

**Invited Teams**    **All Metropolitan LSC Teams, Regional Y of Western CT, Ithaca Aquatics, Connecticut Aquatic Club, Schenectady Sharks, Victor Aquatic Club**  
**Additional teams may request an invitation if space allows.**

# Newburgh Sharks Trials and Finals Team Invitational

January 16-18, 2026

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., Sanction # 260108
- LOCATION:** [Valley Central Natatorium](#)  
[1175 NY-Rt 17K, Montgomery NY 12549](#)
- FACILITY:** Valley Central High School Natatorium is a 25-Yard pool with 8 lanes, non-turbulent lane dividers, and Colorado Timing System and Scoreboard. There is seating for 350 spectators.  
The pool has not been certified in accordance with Article 104.2.2C (4). Athletes, parents and children are restricted from the pool area and spectators stands and are not authorized to be in any other part of the building. Offenders will be ejected from the facility.
- SESSIONS:** **Session 1: Warm-up 4:00pm, Meet Starts 4:45 pm (Timed Finals)**  
**Session 2: Warmup No earlier than 7:00 pm, Meet Start 7:30 pm**  
**Session 3: Warm-up 8:00am Meet Starts 9:30 am (Prelims)**  
**Session 4: Warm-up 1:30 pm Meet Starts 2:30 pm (Timed Finals)**  
**Session 5: Warmup 5:30 pm Meet Starts 6:15 pm (Finals)**  
**Session 6: Warmup 8:00 am Meet Starts 9:30 am (Prelims)**  
**Session 7 : Warmup 1:30 pm Meet Starts 2:30 pm (Timed Finals)**  
**Session 8: Warmup 5:30 pm Meet Starts 6:15 pm (Finals)**
- FORMAT:** Session 1, 2, 4, and 7 are timed final events. Session 3 and 6 are prelim events. Session 5 and 8 are timed final events.  
Seeding will be conducted at the beginning of all sessions utilizing a scratch sheet procedure. The top 16 swimmers in each event from session 3 and 6 will swim in finals at night in accordance with USA Swimming article 207 procedures.
- ELIGIBILITY:** Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers.  
All swimmers participating in this meet must be registered by the first day of the meet. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302  
Age on **January 16<sup>th</sup>, 2026** will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to enter and participate. Please notify the meet director of any accommodations you might require. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** **Swimmers may enter 1 event in Friday night's timed final sessions. If swimming in a Prelims/Finals session a swimmer may compete in no more than 3 events per day. Swimmers may enter a maximum of three events in sessions 4 and 7. Entries will be entered on a first come, first serve basis as the timeline permits.**  
**[All entries must be submitted with Hy-Tek Team Manager.](#)**  
U.S. Mail Entries/Payment to: Patrick Kavanagh  
8 Hideaway Lane. Newburgh, NY 12550  
Email Entries/Confirm Entry Receipt: [admin@nbsharks.com](mailto:admin@nbsharks.com)  
Signature waiver required if sending express mail.
- DEADLINE:** **Entries must be received by: January 9, 2026**  
  
An email confirming receipt of entries if you provide an email contact. Please contact the Meet Director if you do not receive such a report within 2 days of your original email.
- ENTRY FEE:** There will be a \$15.00 per athlete facility surcharge. An entry fee of \$8.00 per timed final individual events, \$10.00 per prelim and final individual events, and \$15.00 per relay must accompany the entries. Host Club may waive meet entry fees & facility surcharge for registered outreach swimmers. Coaches should contact the Meet director and identify registered swimmers whom they wish considered for waiver of fees when submitting meet entries.  
Make check payable to: **Newburgh Sharks**  
Payment must be received by **January 16<sup>th</sup>, 2026** for email entries. Payment must be included with all

mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.

- WARM-UP:** **General warm-up procedures will be in effect. Teams will receive assigned times and lanes by the host team. Coaches are responsible for supervision of athletes during warmup.**
- SCRATCHES:** Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session. Metropolitan Swimming scratch rules will be in effect for prelim and final events:
- In all events where preliminary heats are necessary or in any timed final event for which the swimmer has been positively checked in, after the heats have been seeded, any swimmer who fails to compete in an individual event heat in which such swimmer entered and has not been scratched will be barred from all further individual and relay events of that day.
  - A swimmer qualifying for a B or A (consolation, championship) final race based upon the results of the preliminaries notifies the Clerk of the Course within thirty (30) minutes after announcement of the qualifiers for that race that they may not intend to compete.
  - A swimmer who fails to follow this procedure will be barred from further competition for the remainder of the meet. If this occurs during the last session of a championship meet the swimmer's club will be fined \$50.00 per occurrence.
  - In the event of withdrawal or barring of a swimmer from competition the Referee shall fill the consolation or championship final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals
- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- AWARDS:** **Custom bag tags for the first 8 places in individual events and the first three places in relay events will be awarded to the 10 & Under and 11-12 Age Groups. This meet will also be team scored (16 places in 13-14 and Open individual events). Custom plaques will be awarded to the top three teams based on points scored from Prelims-Finals events.**
- OFFICIALS:** **Meet Referee:** Felicity Marinello; flickdance@msn.com. Officials wishing to volunteer should contact Meet Referee by January 9, 2026.  
**Admin Official:** Patrick Kavanagh; admin@nbsharks.com
- MEET DIRECTOR:** **Patrick Kavanagh**  
**Phone: 845-803-2862**  
**Email: admin@nbsharks.com**
- RULES:** The current USA Swimming Rules and Regulations will apply.  
**The USA Swimming Code of Conduct is in effect for the duration of the meet.**  
The overhead start procedure may be used at the discretion of the meet Referee.
- SAFETY:** Metropolitan Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet.. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. **“Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.”**
- MAAPP** **“All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition..**

**WATER DEPTH:** USA 2011 - 202.3.7 The water depth is 3 feet 6inches at the shallow end and 12 feet at the deep end.

**DISCLAIMER:** DISCLAIMER: Upon acceptance of his/her entries, the participant waives all claims against **the Newburgh Sharks, Valley Central School District**, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."***\*\*An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION***

**DECK CHANGING:** Deck changes are prohibited.

**AUDIO/VISUAL:** Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms.  
Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present

**ADMISSION:** Admission will be on a first come first come first serve basis to the first 350 spectators per session

**MERCHANTS:** There will be a food concession open for the duration of the meet.

**PARKING:** There is ample parking at Valley Central High School

## **ORDER OF SWIMMING EVENTS:**

### **Session 1: Friday PM**

**Warm-up 4:00 PM/Meet Starts 4:45 PM**

#### **TIMED FINALS**

GIRLS' EVENT	EVENT DESCRIPTION	BOYS' EVENT
1	OPEN 500 FREESTYLE	2
3	OPEN 400 IM	4
<b>Session 2: Friday PM</b>		
<b>Warmup 7:00 PM/Meet Starts 7:30 PM</b>		
5	12 & Under 200 FREESTYLE	6
7	12 & Under 200 IM	8

### **Session 3: Saturday AM**

**Warm-up 8:00Am/Meet Starts @ 9:30 AM**

#### **Prelims**

9	13/14 200 I.M.	10
11	OPEN 200 I.M.	12
13	13/14 100 BREASTSTROKE	14
15	OPEN 100 BREASTSTROKE	16
17	13/14 200 BUTTERFLY	18
19	OPEN 200 BUTTERFLY	20
21	13/14 100 FREESTYLE	22
23	OPEN 100 FREESTYLE	24
25	13/14 200 BACKSTROKE	26
27	OPEN 200 BACKSTROKE	28

### **Session 4: Saturday Afternoon**

**Warm-up 1:30 PM/Meet Starts 2:30 PM**

#### **Timed Finals**

29	10 & U 50 FREESTYLE	30
31	11/12 50 FREESTYLE	32
33	10 & U 100 BACKSTROKE	34
35	11/12 100 BACKSTROKE	36
37	10 & U 50 BREASTSTROKE	38
39	11/12 50 BREASTSTROKE	40
41	10 & U 100 I.M.	42
43	11/12 100 BUTTERFLY	44
45	10 & U 100 BUTTERFLY	46
<b>TIMED FINALS</b>		
47	11/12 200 FREESTYLE RELAY	48
49	10 & U 200 FREESTYLE RELAY	50

**Session 6: Sunday AM**  
**Warm-up 8:00 AM/Meet Starts 9:30 AM**

**Prelims**

51	13/14 200 BREASTSTROKE	52
53	OPEN 200 BREASTSTROKE	54
55	13/14 50 FREESTYLE	56
57	OPEN 50 FREESTYLE	58
59	13/14 100 BUTTERFLY	60
61	OPEN 100 BUTTERFLY	62
63	13/14 200 FREESTYLE	64
65	OPEN 200 FREESTYLE	66
67	13/14 100 BACKSTROKE	68
69	OPEN 100 BACKSTROKE	70

**Session 7: Sunday Afternoon**  
**Warm-up 1:30 PM/Meet Starts 2:30 PM**

**Timed Finals**

71	11/12 100 FREESTYLE	72
73	10 & U 100 FREESTYLE	74
75	11/12 50 BACKSTROKE	76
77	10 & U 50 BACKSTROKE	78
79	11/12 100 BREASTSTROKE	80
81	10 & U 100 BREASTSTROKE	82
83	11/12 50 BUTTERFLY	84
85	10 & U 50 BUTTERFLY	86
87	11/12 100 I.M.	88
<b>TIMED FINALS</b>		
89	10 & U 200 MEDLEY RELAY	90
91	11/12 200 MEDLEY RELAY	92

## **SCHEDULE OF EVENTS**

### **Session 5: Saturday Evening Warm-Up 5:30 PM Meet Starts 6:15 PM**

#### **Finals**

<b>GIRLS' EVENT</b>	<b>EVENT DESCRIPTION</b>	<b>BOYS' EVENT</b>
9	13/14 200 I.M.	10
11	OPEN 200 I.M.	12
13	13/14 100 BREASTSTROKE	14
15	OPEN 100 BREASTSTROKE	16
17	13/14 200 BUTTERFLY	18
19	OPEN 200 BUTTERFLY	20
21	13/14 100 FREESTYLE	22
23	OPEN 100 FREESTYLE	24
25	13/14 200 BACKSTROKE	26
27	OPEN 200 BACKSTROKE	28

### **Session 8: Sunday Evening Warm-up 5:30 PM/Meet Starts 6:15 P.M.**

#### **Finals**

<b>GIRLS' EVENT</b>	<b>EVENT DESCRIPTION</b>	<b>BOYS' EVENT</b>
51	13/14 200 BREASTSTROKE	52
53	OPEN 200 BREASTSTROKE	54
55	13/14 50 FREESTYLE	56
57	OPEN 50 FREESTYLE	58
59	13/14 100 BUTTERFLY	60
61	OPEN 100 BUTTERFLY	62
63	13/14 200 FREESTYLE	64
65	OPEN 200 FREESTYLE	66
67	13/14 100 BACKSTROKE	68
69	OPEN 100 BACKSTROKE	70