



Metropolitan Swimming relies on the help of volunteers in all areas to govern, run, and support our LSC. This includes the volunteer Board of Directors, our volunteer officiating staff, committee members, and our many parent volunteers that help keep moving Metropolitan Swimming forward in the sport. Recruitment and retention of these volunteers are crucial to Metro's continued success. Our major recruitment tools include:

1. **Committee Membership** – Our Board of Director Committee Chairs are tasked with maintaining the names of volunteer participants of their respective committees. The participation of committee members helps to expand the volunteer voices that can be heard within the Metropolitan LSC. Committee Chairs seek out volunteers from various size clubs with different experiences to provide different perspectives on various issues or ideas that can be nurtured to improve the Metropolitan LSC.
2. **Metropolitan LSC Website** – Through the homepage of the LSC website, Metro provides information about various volunteer opportunities. These include official's clinics, opportunities to officiate at various LSC, sectional, or national level events, participation in clinics, and opportunities for athletes and/or non-athlete members to partake in Special Olympic, Paralympic, or similar style events. Providing this information to all those who traffic the site helps spread these opportunities to more members of Metropolitan Swimming. When we can, the LSC will post pictures and provide information recognizing those who volunteered in these events, helping to promote more volunteer participation.
3. **Word of Mouth** – Metropolitan Swimming is fortunate that while boasting one of the largest LSC memberships, we find ourselves 'close together.' Whether this be at local, sectional, or national competition, many athlete and non-athlete members within the LSC have a great respect and working relationship with each other. This allows for participating volunteer members to discuss the various opportunities available with other members of the LSC. This could be as simple as a parent official helping get another parent involved, or an Age Group Chairperson recruiting a coach to volunteer for the Zone Team to be a coach.