



Newburgh Sharks Blue & Gold Swim Meet
December 3rd-4th 2022
Sanction Number 221207

Newburgh Sharks Blue & Gold Swim Meet

December 3rd - 4th 2022

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., **Sanction # 221207**
- LOCATION:** **Newburgh Free Academy**
201 Fullerton Ave, Newburgh NY 12550
- FACILITY:** Newburgh Free Academy High School Natatorium is a 25-Yard pool with 6 lanes, non-turbulent lane dividers, and IST timing system with IST display scoreboard. There is seating for 350 spectators. The pool **has not** been certified in accordance with Article 104.2.2C (4)
- SESSIONS:** **Session 1 Saturday AM: Warm-up 7:30 am, Meet Starts 9:00 am**
Session 2 Saturday PM: Warm-up 1:00 pm, Meet Starts 2:30 pm
Session 3 Sunday AM: Warmup 7:30 am, Meet Starts 9:00 am
Session 4 Sunday PM: Warmup 1:00 pm, Meet Starts 2:30 pm
- FORMAT:** **All events are timed finals.**
The meet will be pre-seeded, there will be no scratch sheets.
- ELIGIBILITY:** Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers.
All swimmers participating in this meet must be registered by the first day of the meet. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302
Age on **December 3, 2022** will determine the age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration.
The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** **Swimmers may enter a maximum of 4 individual events per session.**
Entries will be accepted on a first come, first serve basis. All entries must be submitted with Hy-Tek Team Manager.
U.S. Mail Entries/Payment to **Patrick Kavanagh c/o Newburgh Sharks**
140 Dogwood Lane, Newburgh, NY 12550
Email Entries/Confirm Entry Receipt: admin@nbsharks.com
Signature waiver required for express mail.
- DEADLINE:** 1: Metro LSC teams will be given priority on a first come/first served basis. Metro teams entries must be received by **Sunday, November 27, 2022.**
2: The final entry deadline for this meet is **Monday November 28, 2022**
3: Metro entries received between **November 27th** and **November 28th** and all entries from other LSC's will be entered in the order they were received, as space allows.
An email confirming receipt of entries if you provide an email contact. Please contact the Meet Director if you do not receive such a report within 2 days of your original email.
- ENTRY FEE:** An entry fee of \$5.00 per individual event and \$8.00 per relay must accompany the entries.
Make check payable to: **Newburgh Sharks.**
Payment must be received by **Friday December 2 2022** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
***Host Club may waive meet entry fees & facility surcharge for registered outreach swimmers. Coaches should contact meet director and identify registered swimmers whom they wish considered for waiver of fees when submitting meet entries*
- WARM-UP:** **General warm-up procedures will be in effect. An email will notify of coaches lane warmup assignments prior to the meet.**

- SCRATCHES:** The Meet will be preseeded. There will be no deck entries or scratches.
- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- AWARDS:** **High point trophies will be awarded for 8 & Under, 9-10, 11-12, and 13-14 age groups.** Custom bag tags will be awarded for 1st through 6th place in 8 & Under, 9-10, 11-12, and 13-14 events. There will be no awards for 15 and over events. Bag tags will be awarded for the top 3 relays.
- OFFICIALS:** **Meet Referee:** Ron Sommer (sommer@2sommer.com)
Officials wishing to volunteer should contact Meet Referee by November 29, 2022
Admin Official: Patrick Kavanagh- admin@nbsharks.com
- MEET DIRECTOR:** **Patrick Kavanagh**
Phone: 914-522-1964
Email: admin@nbsharks.com
- RULES:** The current USA Swimming Rules and Regulations will apply.
The USA Swimming Code of Conduct is in effect for the duration of the meet.
The overhead start procedure may be used at the discretion of the meet Referee.
- SAFETY:** Metropolitan Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet.. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. **“Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.”**
- WATER DEPTH:** **USA 2011 - 202.3.7 The water depth is 3 feet 6 inches at the shallow end and 12 feet at the deep end.**
- DISCLAIMER:** Upon acceptance of his/her entries, the participant waives all claims against **the Newburgh Sharks, the Newburgh Enlarged City School District**, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."
***An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN,*

FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION

**DECK
CHANGING:**

Deck changes are prohibited.

AUDIO/VISUAL:

Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms or behind the blocks.

MAAP Policy:

"All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.."

ADMISSION:

\$5.00 per session

MERCHANTS:

There will be a food concession stand open for the duration of the meet.

PARKING:

There is ample parking in school lots located at Newburgh Free Academy High School. Illegally parked cars will be towed at the owner's expense. Please follow the City of Newburgh parking guidelines if parking on street.

DIRECTIONS:

Newburgh Free Academy High School 201 Fullerton Ave. Newburgh NY 12550

ORDER OF SWIMMING EVENTS

**Session 1: Saturday AM
December 3rd**

**Warm-Up: 7:30 am
Meet Starts: 9:00 am**

- | | | |
|-----|----------------------|-----|
| 1. | 13/14 200 free | 2. |
| 3. | 11/12 100 free | 4. |
| 5. | 13/14 100 back | 6. |
| 7. | 11/12 50 breast | 8. |
| 9. | 13/14 50 free | 10. |
| 11. | 11/12 100 fly | 12. |
| 13. | 13/14 200 breast | 14. |
| 15. | 11/12 50 back | 16. |
| 17. | 13/14 100 fly | 18. |
| 19. | 11/12 200 free relay | 20. |
| 21. | 13/14 400 FR | 22. |

**Session 2: Saturday PM
December 3rd**

**Warm-Up: 12:00 pm
Meet Starts: 1:30 pm**

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|-----|-----------------------------|-----|
| 23. | 15 and over 200 free | 24. |
| 25. | 10 and under 100 free | 26. |
| 27. | 15 and over 100 back | 28. |
| 29. | 10 and under 50 breast | 30. |
| 31. | 15 and over 50 free | 32. |
| 33. | 10 and under 100 fly | 34. |
| 35. | 15 and over 200 breast | 36. |
| 37. | 10 and under 50 back | 38. |
| 39. | 15 and over 100 fly | 40. |
| 41. | 10 and under 200 free relay | 42. |
| 43. | 15 and over 400 FREE RELAY | 44. |

**Session 3: Sunday AM
December 4th**

**Warm-Up: 7:30am
Meet Starts: 9:00am**

45.	13/14 200 back	46.
47.	11/12 50 free	48.
49.	13/14 100 free	50.
51.	11/12 100 breast	52.
53.	13/14 200 fly	54.
55.	11/12 50 fly	56.
57.	13/14 100 breast	58.
59.	11/12 100 back	60.
61.	13/14 200 IM	62.
63.	11/12 200 Medley Relay	64.
65.	13/14 400 Medley Relay	66.

**Session 4: Sunday PM
December 4th**

**Warm-Up: 12:00pm
Meet Starts: 1:30pm**

67.	15 and over 200 back	68.
69.	10 and under 50 free	70.
71.	15 and over 100 free	72.
73.	10 and under 100 breast	74.
75.	15 and over 200 fly	76.
77.	10 and under 50 fly	78.
79.	15 and over 100 breast	80.
81.	10 and under 100 back	82.
83.	15 and over 200 IM	84.
85.	10 and under 200 MR	86.
87.	15 and over 400 MR	88.