## **BGC-N.** Westchester Marlins Swim Team





## **November 8 & Under Invitational**

AGUA, BAD, COND, PAC, TRI, WEST

Other teams should send an email to request inclusion – <a href="mailto:zhojnacki@bgcnw.com">zhojnacki@bgcnw.com</a>

Please note the date change

Sunday, November 14, 2021
Sanction # 211105

### **BGNW 8 & Under Invitational**

### Invited Teams: AGUA, BAD, COND, PAC, TRI, WEST

### Other teams should send an email to request inclusion - zhojnacki@bgcnw.com

#### Sunday, November 14, 2021

**SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc.,

Sanction # 211105 -

LOCATION: Boys & Girls Clubs of Northern Westchester – Trotta Millennium Pool

351 Main Street - Mount Kisco, NY 10549 - (914) 666-8069

**FACILITY:** 25-yard indoor pool with eight 7-foot lanes. Non-turbulent lane-lines. Seating for 200 spectators.

> Colorado electronic timing system, with an eight-line scoreboard. The pool has been certified in accordance with Article 104.2.2C (4)

**SESSIONS:** Sunday Morning: 8-year-olds only – warm-up 8:20am – start 9:00am

Sunday Afternoon: 7 & under only - warm-up 11:00am - start 11:40am

**FORMAT:** All events will be held as timed finals – The meet will be pre-seeded -

**ELIGIBILITY:** All swimmers participating in this meet must be registered by the first day of the meet.

**Age on November 14, 2021,** will determine age for the entire meet.

DISABILITY

Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the **SWIMMERS:** 

meet referee of any disability prior to the competition.

**ENTRIES:** Swimmers are limited to 4 events per session.

Deck entries will not be accepted. Invited Teams entries only. Entries will be accepted on a first

come first serve basis – scratches will be made in accordance with our COVID numbers

The meet will run on computer using Hy-Tek's Meet Manager. All sessions MAY be limited to 2

hours before scratches,

Teams must submit entries using an export file of Hy-Tek Team Manager. Payment must be

received by Sunday, November 14, 2021. Paper entries, phoned, or faxed entries will NOT be

accepted.

An email confirming receipt of entries and a meet manager meet entries report will be sent to

the coach. Please email Monique if you do not receive such a report within 2 days of your

original email. Email all entries to Monique Grayson at mggrayson@gmail.com

**ENTRY FEE:** 

An entry fee of \$5.00 per event, and \$5.00 facility surcharge per swimmer, must accompany the **SURCHARGE:** 

entries \* Swimmers qualifying for outreach membership are eligible to have this fee waived at

request

Make checks payable to: Boys & Girls Clubs of Northern Westchester

Mail to: BGNW Marlins Swim Team – 8&Under Meet – att.: Zac Hojnacki

351 Main Street

Mount Kisco, NY 10549

Payment must be received by November 14, 2021

Failure to pay entry fees by this deadline could result in teams being barred from the meet.

**DEADLINE:** 1: Entries will be accepted on a first come/first served basis until the cap of 100/150 swimmers is

reached.

2: The final entry deadline for this meet is **November 5, 2021** 

3: An email will be sent confirming receipt of entries. Please contact the meet Director if you do

not receive such a report within 2 days of your original email.

WARM-UP: Lane assignment will be given at the meet. One-way sprints at discretion of meet referee.

**SCRATCHES:** All events will be pre-seeded

**COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current,

valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet.

Coaches who do not possess these credentials will be required to leave the deck area.

**AWARDS:** Ribbons (first to 8<sup>th</sup> places) will be given to 8-year-olds and 7-under top 8 swimmers.

**OFFICIALS:** Meet Referee: Brian Fagan – <u>kahuna8698@yahoo.com</u>

Officials wishing to volunteer should contact the Meet Referees by **November 3, 2021**.

**MEET DIRECTORS:** Monique Grayson - mggrayson@gmail.com and/or Michael Rocco-michaelrocc@gmail.com

Questions: Zac Hojnacki – Head Coach – 914-666-8069 # 115 or zhojnacki@bgcnw.com

**ADMIN. OFFICIALS:** Monique Grayson and/or Michael Rocco – mggrayson@gmail.com

**RULES:** The current USA Swimming Rules and Regulations will apply.

> The USA Swimming Code of Conduct is in effect for the duration of the meet. The overhead start procedure may be used at the discretion of the meet Referee.

**SAFETY:** All swimmers must wear footwear upon leaving the pool area.

> Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules. "Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the

swimmer's legal guardian, to ensure compliance with this requirement"

WATER DEPTH: USA 2011 - 202.3.7 "The meet announcement shall include information about water depth measur

for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls.'

Deep end: at 1m: 9'0"; at 5m: 7'6" - Shallow end: at 1m: 4'0"; at 5m: 4'6"

**AUDIO/VISUAL** STATEMENT:

Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms or behind the starting blocks.

"Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches,

officials and/or spectators are present."

**DISCLAIMER:** Upon acceptance of his/her entries, the participant waives all claims against the Boys & Girls Clubs

> of Northern Westchester, The Marlins Swim Team, Metropolitan Swimming Inc., USA Swimming Inc., their agents, or representatives for any injury occurring because of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the

event."

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORSEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

**DECK CHANGING:** Deck Changes are prohibited.

MAAPP: Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (MAAPP), will

govern this meet

ADMISSION: Spectators will be permitted with \$10 admission fee. The meet will be live streamed, and a link

provided on the Marlins website: bgnwmarlins.com. Meet results may be made available on

Meet Mobile.

**SEATING:** Bleacher seating available for athletes and spectators.

Athletes may also be seated in overflow rooms at hosts discretion.

Facial coverings are required for all during sessions that include 11 and Under athletes.

**PARKING:** Parking is available at the Boys & Girls Club and may be available across the street at NW

Hospital

**DIRECTIONS:** From I-684 North or South: Take exit 4 to route 172 west (towards Mt. Kisco). Drive

approximately 2 miles. Take 117 North (keep right at traffic light). Go one block. Just before

traffic light, turn right into B/G Club driveway. Enter pool from the main entrance.

From Long Island: Take Whitestone Bridge, to the Hutchinson Parkway North, to I-684 north, to

exit 4 (then proceed as above).

<u>From Saw Mill Parkway North:</u> Take exit 33, Readers Digest Road. Cross railroad tracks and keep right. At traffic light, make a left turn on route 117 (it will become Main Street). Pass 2 traffic

lights. Just before the third traffic light, turn right into B/G Club driveway.

From Taconic Parkway South:

Take exit for route 133, Mount Kisco. At traffic light, make a right turn. At next traffic light, turn right and follow signs for Mt. Kisco (on route 133 east). Drive approximately 4 miles. At the end of 133, turn right onto route 117 South (Main Street). Pass 2 traffic lights. Just after the third

traffic light, make an immediate left turn into the B/G Club driveway.

PS: Additional parking may be available across the street in hospital parking lot.

**HOTELS:** The Holiday Inn in Mount Kisco (1 Holiday Inn Drive – Mount Kisco, NY 10549) will give a

preferred rate if coaches mention that they are attending a meet at the Boys & Girls Club. 914-

241-2600

# BGNW MARLINS 8 & Under Invitational - November 14, 2021 Invited Teams: AGUA, BAD, COND, PAC, TRI, WEST

# SESSION 1 – 8-year-olds only: 8:20am Warm-up 9:00am Start Maximum of 4 events per swimmer

GIRLS	AGE	EVEN	IT	BOYS
1	8-year-old	4x25 yd	Free Relay	2
3	8-year-old	50 yd	Free	4
5	8-year-old	25 yd	Back	6
7	8-year-old	25 yd	Breast	8
9	8-year-old	25 yd	Fly	10
11	8-year-old	25 yd	Free	12
13	8-year-old	50 yd	Back	14
15	8-year-old	50 yd	Breast	16
17	8-year-old	50 yd	Fly	18
19	8-year-old	100 yd	IM	20

# SESSION 12 – 7-under only: 11:00am Warm-up 11:40am Start Maximum of 4 events per swimmer

GIRLS	AGE	EVE	ENT	BOYS
21	7 & Under	4x25 yd	Free Relay	22
23	7 & Under	50 yd	Free	24
25	7 & Under	25 yd	Free	26
27	7 & Under	25 yd	Breast	28
29	7 & Under	25 yd	Back	30
31	7 & Under	25 yd	Fly	32
33	7 & Under	100 yd	IM	34



### **Metropolitan Swimming**

### **Photographer Registration Form**

This form must be completed by any photographer (video or still) who intends to take pictures at an Metropolitan Swimming sanctioned meet, and is taking those pictures of anyone other than his or her own child, from any location on deck. Submit the form to the Meet Director prior to commencing activity.

#### THERE WILL BE NO FLASH PHOTOGRAPHY PERMITTED AT THE START.

Name	<del></del>
Phone Number	
Government ID (driver's license preferred) or U	SA Swimming Registration Card:
Type of ID##	
Taking photos of	
On behalf of	
Purpose	
Professional photographers/videographers will Referee, and must adhere to the following guid	be allowed on deck at the discretion of the Meet Director and Meet elines:
Do not stand on the starting end of the pool, or Director and Meet Referee.	in the starter's box; use of the bulkhead is at the discretion of the Mee
Do not stand on the edge of the pool (leave app	proximately two feet for officials and coaches).
Leave the deck when not actively photographin	g.
Respond immediately to direction from the Me	et Referee.
Signature	Today's Date
Meet	Location
Date(s) of meet	