BGC-N. Westchester Marlins Swim Team





November 8 & Under Invitational

BAD - PAC

Other teams should send an email to request inclusion – zhojnacki@bgcnw.com

Sunday, November 13, 2022
Sanction # 221108

BGNW 8 & Under Invitational

Invited Teams: BAD - PAC

Other teams should send an email to request inclusion - zhojnacki@bgcnw.com

Sunday, November 13, 2022

SANCTION: Held under the sanction of USA Swimming/Metropolitan Swimming, Inc.,

Sanction # 221108

LOCATION: Boys & Girls Clubs of Northern Westchester – Trotta Millennium Pool

351 Main Street - Mount Kisco, NY 10549 - (914) 666-8069

FACILITY: 25-yard indoor pool with eight 7-foot lanes. Non-turbulent lane-lines. Seating for 200 spectators.

> Colorado electronic timing system, with an eight-line scoreboard. The pool has been certified in accordance with Article 104.2.2C (4)

SESSIONS: Sunday 1: 8-year-olds only – warm-up 8:00am – start 8:45am

Sunday 2: 7 & under only - warm-up 10:30am - start 11:15am

FORMAT: All events will be held as timed finals – The meet will be pre-seeded -

ELIGIBILITY: All swimmers participating in this meet must be registered by the first day of the meet.

Age on November 13, 2022, will determine age for the entire meet.

DISABILITY

Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the **SWIMMERS:**

meet referee of any disability prior to the competition.

ENTRIES: Swimmers are limited to 4 events per session.

Deck entries will not be accepted. Invited Teams entries only. Entries will be accepted on a first

come first serve basis – scratches will be made in accordance with our COVID numbers

The meet will run on computer using Hy-Tek's Meet Manager. All sessions MAY be limited to 2

hours before scratches,

Teams must submit entries using an export file of Hy-Tek Team Manager. Payment must be

received by Sunday, November 13, 2022. Paper entries, phoned, or faxed entries will NOT be

accepted.

An email confirming receipt of entries and a meet manager meet entries report will be sent to

the coach. Please email Monique if you do not receive such a report within 2 days of your

original email. Email all entries to Monique Grayson at mggrayson@gmail.com

ENTRY FEE: An entry fee of \$7.00 per individual event, \$15.00 per relay, and \$15.00 surcharge per swimmer, **SURCHARGE:**

must accompany the entries * Swimmers qualifying for outreach membership are eligible to have

this fee waived at request

Make checks payable to: Boys & Girls Clubs of Northern Westchester

Mail to: BGNW Marlins Swim Team – 8&Under Meet – att.: Zac Hojnacki

351 Main Street

Mount Kisco, NY 10549

Payment must be received by November 13, 2022

Failure to pay entry fees by this deadline could result in teams being barred from the meet.

DEADLINE: 1: Entries will be accepted on a first come/first served basis until the cap of 100/150 swimmers is

reached.

2: The final entry deadline for this meet is **November 4, 2022**

3: An email will be sent confirming receipt of entries. Please contact the meet Director if you do

not receive such a report within 2 days of your original email.

WARM-UP: Lane assignment will be given at the meet. One-way sprints at discretion of meet referee.

SCRATCHES: Coaches will be given scratch sheets upon check-in for each session. All scratches are due no

later than 25 minutes prior to the start of each session. Coaches are asked to indicate clearly

individual events scratches and which swimmers will not be participating in the session.

COACHES: In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current,

valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet.

Coaches who do not possess these credentials will be required to leave the deck area.

Ribbons (first to 8th places) will be given to 8-year-olds and 7-under top 8 swimmers. **AWARDS:**

OFFICIALS: Meet Referee: Brian Fagan – <u>kahuna8698@yahoo.com</u>

Officials wishing to volunteer should contact the Meet Referees by November 2, 2022.

MEET DIRECTORS: Monique Grayson - mggrayson@gmail.com and/or Michael Rocco- michaelrocc@gmail.com

Questions: Zac Hojnacki – Head Coach – 914-666-8069 # 115 or zhojnacki@bgcnw.com

ADMIN. OFFICIALS: Monique Grayson and/or Michael Rocco – mggrayson@gmail.com

RULES: The current USA Swimming Rules and Regulations will apply.

> The USA Swimming Code of Conduct is in effect for the duration of the meet. The overhead start procedure may be used at the discretion of the meet Referee.

All swimmers must wear footwear upon leaving the pool area. **SAFETY:**

> Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules. "Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the

swimmer's legal guardian, to ensure compliance with this requirement"

WATER DEPTH: USA 2011 - 202.3.7 "The meet announcement shall include information about water depth measur

for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls.'

Deep end: at 1m: 9'0"; at 5m: 7'6" - Shallow end: at 1m: 4'0"; at 5m: 4'6"

AUDIO/VISUAL STATEMENT:

Use of Audio or visual recording devices, including a cell phone, is not permitted in changing

areas, rest rooms, locker rooms or behind the starting blocks.

"Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches,

officials and/or spectators are present."

DISCLAIMER: Upon acceptance of his/her entries, the participant waives all claims against the Boys & Girls Clubs

of Northern Westchester, The Marlins Swim Team, Metropolitan Swimming Inc., USA Swimming Inc., their agents, or representatives for any injury occurring because of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the

event."

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORSEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

DECK CHANGING: Deck Changes are prohibited.

MAAPP: All adults participating in or associated with this meet acknowledge that they are subject to

the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is condition of participation in the conduct

of this competitions.

ADMISSION: Spectators will be permitted with \$10 admission fee per person. The meet will be live streamed,

and a link provided on the Marlins website: <u>bgnwmarlins.com</u>. Meet results may be made

available on Meet Mobile.

SEATING: Bleacher seating available for athletes and spectators.

Athletes may also be seated in overflow rooms at hosts discretion.

Facial coverings are required for all during sessions that include 11 and Under athletes.

PARKING: Parking is available at the Boys & Girls Club and may be available across the street at NW

Hospital

DIRECTIONS: From I-684 North or South: Take exit 4 to route 172 west (towards Mt. Kisco). Drive

approximately 2 miles. Take 117 North (keep right at traffic light). Go one block. Just before

traffic light, turn right into B/G Club driveway. Enter pool from the main entrance.

From Long Island: Take Whitestone Bridge, to the Hutchinson Parkway North, to I-684 north, to

exit 4 (then proceed as above).

<u>From Saw Mill Parkway North:</u> Take exit 33, Readers Digest Road. Cross railroad tracks and keep right. At traffic light, make a left turn on route 117 (it will become Main Street). Pass 2 traffic

lights. Just before the third traffic light, turn right into B/G Club driveway.

From Taconic Parkway South:

Take exit for route 133, Mount Kisco. At traffic light, make a right turn. At next traffic light, turn right and follow signs for Mt. Kisco (on route 133 east). Drive approximately 4 miles. At the end of 133, turn right onto route 117 South (Main Street). Pass 2 traffic lights. Just after the third

traffic light, make an immediate left turn into the B/G Club driveway.

PS: Additional parking may be available across the street in hospital parking lot.

HOTELS: The Mount Kisco Hotel (1 Holiday Inn Drive – Mount Kisco, NY 10549) will give a preferred rate if

coaches mention that they are attending a meet at the Boys & Girls Club. 914-241-2600

BGNW MARLINS 8 & Under Invitational - November 13, 2022. Invited Teams: PAC

SESSION 1 – 8-year-olds only: 8:00am Warm-up 8:45am Start

Maximum of 4 events per swimmer

GIRLS	AGE	EVENT		BOYS
1	8-year-old	4x25 yd	Free Relay	2
3	8-year-old	100 yd	IM	4
5	8-year-old	25 yd	Free	6
7	8-year-old	25 yd	Breast	8
9	8-year-old	50 yd	Back	10
11	8-year-old	25 yd	Back	12
13	8-year-old	50 yd	Breast	14
15	8-year-old	50 yd	Free	16
17	8-year-old	25 yd	Fly	18
19	8-year-old	50 yd	Fly	20

SESSION 12 – 7-under only: 10:30am Warm-up 11:15am Start

Maximum of 4 events per swimmer

GIRLS	AGE	EVE	ENT	BOYS
21	7 & Under	4x25 yd	Free Relay	22
23	7 & Under	100 yd	IM	24
25	7 & Under	25 yd	Free	26
27	7 & Under	25 yd	Breast	28
29	7 & Under	25 yd	Back	30
31	7 & Under	25 yd	Fly	32
33	7 & Under	50 yd	Free	34



Metropolitan Swimming

Photographer Registration Form

This form must be completed by any photographer (video or still) who intends to take pictures at an Metropolitan Swimming sanctioned meet, and is taking those pictures of anyone other than his or her own child, from any location on deck. Submit the form to the Meet Director prior to commencing activity.

THERE WILL BE NO FLASH PHOTOGRAPHY PERMITTED AT THE START.

Name		
Phone Number		
Government ID (driver's lic	ense preferred) or USA Swimming Registration	Card:
Type of ID	#	
Taking photos of		
On behalf of		
Purpose		
Professional photographers Referee, and must adhere	s/videographers will be allowed on deck at the o to the following guidelines:	discretion of the Meet Director and Meet
Do not stand on the startin Director and Meet Referee	g end of the pool, or in the starter's box; use of	the bulkhead is at the discretion of the Meet
Do not stand on the edge of	of the pool (leave approximately two feet for off	ficials and coaches).
Leave the deck when not a	ctively photographing.	
Respond immediately to di	rection from the Meet Referee.	
Signature	Today's	s Date
Meet	Location	
Date(s) of meet		