

BGC-N. Westchester Marlins Swim Team



SCY Summer Send Off Invitational

BGNW – BAD – CFJV – COND – PAC - WEST – YMID

June 18-19, 2021

Sanction # 210604

BGNW Marlins

SCY Summer Send Off Invitational

BGNW – BAD – CFJV – COND – PAC - WEST – YMID
Other Inquiring Teams must contact Zac at zhojnacki@bgcnw.com

Friday and Saturday, June 18-19, 2021

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., Sanction # **210604**
- LOCATION:** Boys & Girls Clubs of Northern Westchester – Trotta Millennium Pool
351 Main Street – Mount Kisco, NY 10549 – (914) 666-8069 # 115
- FACILITY:** 25-yard indoor pool with eight 7-foot lanes. Non-turbulent lane-lines. Seating for 200 spectators. Colorado electronic timing system, with an eight-line scoreboard.
The pool has been certified in accordance with Article 104.2.2C (4)
- SESSIONS:** **Friday**
Session 1: (15-Over) **Timed Finals** → warm-up 4:00pm – start 5:00pm
Saturday
Session 2: (11-14) **Timed Finals** → warm-up 7:00am – start 8:00am
Session 3: (10-Under) **Timed Finals** → warm-up 3:00pm – start 4:00pm
- FORMAT:** All events be held as timed finals.
The meet will be Pre-Seeded – Meet Capacity will be a total of 150 athletes per session.
Spectators will be permitted – up to 100 per session – the event will also be live streamed for parental/spectator viewing.
- ELIGIBILITY:** All swimmers participating in this meet must be registered by the first day of the meet.
Age on June 18, 2021, will determine age for the entire meet.
- SEATING:** Assigned Seating.
- VOLUNTEERS:** Marlins parents OR team volunteer assignments.
 - Need designated liaison to facilitate swimmers staging from parking lot → pool area.
 - Need designated liaison for mask compliance in seating area and pool exit
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** **Swimmers are limited to 4 events per session - Sessions may be limited to 2 hours.**
Deck entries and/or changes will **NOT** be accepted after the meet is seeded.
Entries will be accepted on a first come first serve basis – scratches will be made in accordance with our COVID requirements.
The meet will be run on computer using Hy-Tek's Meet Manager.
Teams must submit entries using an export file of Hy-Tek Team Manager.
Email ALL entries to Monique Grayson at mgrayson@gmail.com
Payment must be received no later than **Saturday, June 19, 2021**.
An email confirming receipt of entries and a meet manager meet entries report will be sent to the coach. Please contact Monique if you do not receive such a report within 2 days of your original email. NT (no time), paper, phone or fax entries will NOT be accepted.

Make checks payable to: **Boys & Girls Clubs of Northern Westchester**

Mail to: BGNW Marlins Swim Team – BGNW Summer Send Off - att.: Zac Hojnacki
351 Main Street.
Mount Kisco, NY 10549

- DEADLINE:**
- 1: Entries will be accepted on a first come/first served basis until the cap of 150 athletes per session is reached
 - 2: The final entry deadline for this meet is **June 12, 2021**
 - 3: An email confirming receipt of entries if you provide an email contact. Please contact the Meet Director if you do not receive such a report within 2 days of your original email.
- ENTRY FEE:**
- An entry fee of **\$5.00** per event and **\$10.00** facility surcharge per swimmer, must accompany the entries * Swimmers qualifying for outreach membership are eligible to have this fee waived at request. Please contact Lamar DeCasseres at lamar.decasseres@metroswimming.org
- Make check payable to: **Boys & Girls Clubs of Northern Westchester.**
Payment of entries and surcharges must be received by **June 12, 2021.**
Failure to pay entry fees by this deadline could result in teams being barred from the meet.
- WARM-UP:**
- Athletes will be assigned specific lane and seating area in accordance with our COVID safety policies. One-way sprints at discretion of meet referee.
Warm-up/cool-down breaks may be added once the meet is closed.
- SCRATCHES:**
- All events will be pre-seeded.
- COACHES:**
- In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- AWARDS:**
- No awards will be given.
- OFFICIALS:**
- Meet Referee:** **Brian Fagan** – kahuna8698@yahoo.com
Officials wishing to volunteer should contact the Meet Referees by **June 12, 2021.**
- ADMIN. OFFICIAL**
- Monique Grayson and/or Michael Rocco – monique.grayson@metroswimming.org
- MEET DIRECTOR :**
- Monique Grayson - mggrayson@gmail.com , Michael Rocco - michaelrocc@gmail.com and/or Zac Hojnacki (Head Coach) – zhojnacki@bgcnw.com 914-666-8069 #115
Questions: Eric Mitchell – Aquatic Director – 914-666-8069 # 115
- RULES:**
- The current USA Swimming Rules and Regulations will apply. **The USA Swimming Code of Conduct is in effect for the duration of the meet.** The overhead start procedure may be used at the discretion of the meet Referee.
- SAFETY:**
- All COVID Policies will be in effect during this event.**
All swimmers must wear footwear upon leaving the pool area.
Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.
“Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer’s legal guardian, to ensure compliance with this requirement”
- AUDIO/VISUAL STATEMENT:**
- Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms or behind the starting blocks.***
“Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.”

WATER DEPTH: USA 2011 - 202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls."

Deep end: at 1m: **9'0"**; at 5m: **7'6"** – **Shallow end:** at 1m: **4'0"**; at 5m: **4'6"**

DISCLAIMER: Upon acceptance of his/her entries, the participant waives all claims against the Boys & Girls Clubs of Northern Westchester, The Marlins Swim Team, Metropolitan Swimming Inc., USA Swimming Inc., their agents, or representatives for any injury occurring because of the meet. **"It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."**

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORSEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

DECK CHANGING: **Deck Changing is prohibited.**

MAAPP: Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy "(MAAPP)" will govern this meet.

**ADMISSION AND
SAFETY
PROTOCOLS:**

1. Parents/Spectators will be admitted on a first come, first served basis. The first 100 spectators will be allowed on the bleachers - \$10.00 per person. the meet will be live streamed – link @ bgnwmarlins.com. Live results can be found on Meet Mobile.

2. All swimmers, coaches, officials, and volunteers must always wear masks when not in the pool.

This includes:

- a. In the athlete seating area outside
- b. In the locker rooms
- c. Pre-and post-race/warm-up
- d. Teams may be seated in bleachers 5 minutes prior to designated warm-up period, but must keep masks on until first warm-up group as exited the pool.

Tip: Pack a zip-lock bag & small towel to store your mask and dry your face before placing back on

Facial coverings need to be secured (holding it over the mouth is not secure)

Failure to comply with these face covering rules will result in removal from the meet and may preclude teams/athletes from invitations to future competitions.

3. The locker rooms are available for athlete changing and as a restroom; please use common sense when utilizing the locker rooms and do not gather in large groups in the space.

4. Athletes, Coaches, Officials and Volunteers will observe social distancing waiting in the check-in line to undergo a temperature check and informational screening.

- Do they have a fever?
- Do they have a cough?
- Do they have shortness of breath or difficulty breathing?
- Have they had the chills, headaches, sore throat in the last 24 hours?
- Do they have new loss of taste or smell, or other symptoms listed by the CDC?
- Have they traveled or been with anyone who has traveled to a state on the NY quarantine list?

Any person with temperature above 100.4 will be sent home. Athletes, Coaches, Officials and Volunteers who are experiencing any symptoms of COVID-19 should remain home and see their physician.

5. Facility entry/exit procedures will be always in effect **during the meet** (seating chart will be emailed to coaches before the meet)

a. North – Entry

b. South – Exit

6. Athletes and coaches must follow any additional directives from officials or meet marshals

7. Athletes will be seated in designated team areas in the building to minimize time spent with large # of patrons in the pool area outside of scheduled warm-up and warm-down periods.

Coaches are responsible for reviewing the safety procedures with their athletes ahead of time and ensuring compliance with these rules. This may mean assigning a coach or parent volunteer to oversee the athletes in the seating area – Bring chairs for seating.

Please remember this is an event/gathering in the Covid-19 era. Compliance and common sense are necessary – if a random passerby looked at our event, what would they see? The only answer can be a safe, structured, and organized event with small-group cohorts, patrons masked and socially distanced so our kids can have a much-needed opportunity to race – otherwise, we cannot host meets.

PARKING: Parking is available at the Club.

DIRECTIONS: **DIRECTIONS:**

From I-684 North or South: Take exit 4 to route 172 west (towards Mt. Kisco). Drive approximately 2 miles. Take 117 North (keep right at traffic light). Go one block. Just before traffic light, turn right into B/G Club driveway. Enter pool from the main entrance.

From Long Island: Take Whitestone Bridge, to the Hutchinson Parkway North, to I-684 north, to exit 4 (then proceed as above).

From Saw Mill Parkway North: Take exit 33, Readers Digest Road. Cross railroad tracks and keep right. At traffic light, make a left turn on route 117 (it will become Main Street). Pass 2 traffic lights. Just before the third traffic light, turn right into B/G Club driveway.

From Taconic Parkway South:

Take exit for route 133, Mount Kisco. At traffic light, make a right turn. At next traffic light, turn right and follow signs for Mt. Kisco (on route 133 east). Drive approximately 4 miles. At the end of 133, turn right onto route 117 South (Main Street). Pass 2 traffic lights. Just after the third traffic light, make an immediate left turn into the B/G Club driveway.

HOTELS: The Holiday Inn in Mount Kisco (1 Holiday Inn Drive – Mount Kisco, NY 10549) will give a preferred rate if coaches mention that they are attending a meet at the Boys & Girls Club. 914-241-2600

Friday, June 18, 2021

Session 1 – Maximum of 4 events per swimmer – 15-Over Timed Finals				
Warm-up: 4:00pm		Start: 5:00pm		
GIRLS		EVENT		BOYS
1	15-Over	400	IM	2
3	15-Over	100	Back	4
5	15-Over	200	Fly	6
7	15-Over	50	Free	8
9	15-Over	200	Breast	10
11	15-Over	200	Free	12
13	15-Over	100	Fly	14
15	15-Over	200	Back	16
17	15-Over	100	Breast	18
19	15-Over	500	Free	20
21	15-Over	200	IM	22
23	15-Over	100	Free	24

Saturday, June 19, 2021

Session 2 – Maximum of 4 events per swimmer – 11-14 Timed Finals				
Warm-up: 7:00am		Start: 8:00am		
GIRLS		EVENT		BOYS
25	11-14	400	IM	26
27	11-14	200	Free	28
29	11-14	50	Fly	30
31	11-14	200	Breast	32
33	11-14	200	Back	34
35	11-14	100	Free	36
37	11-14	100	Fly	38
39	11-14	50	Breast	40
41	11-14	100	Back	42
43	11-14	100	IM	44
45	11-14	50	Free	46
47	11-14	200	Fly	48
49	11-14	100	Breast	50
51	11-14	50	Back	52
53	11-14	500	Free	54

Session 3 – Maximum of 4 events per swimmer – 10-Under Timed Finals**Warm-up: 3:00pm Start: 4:00pm****GIRLS****EVENTS****BOYS**

55	10-Under	200	IM	56
57	8-Under	25	Free	58
59	8-Under	25	Breast	60
61	8-Under	25	Fly	62
63	8-Under	25	Back	64
65	10-Under	100	IM	66
67	10-Under	4x25 (100)	Free Relay	68
69	10-Under	100	Free	70
71	10-Under	50	Fly	72
73	10-Under	50	Back	74
75	10-Under	100	Breast	76
77	10-Under	50	Free	78
79	10-Under	100	Fly	80
81	10-Under	50	Breast	82
83	10-Under	100	Back	84
85	10-Under	200	Free	86



Metropolitan Swimming Photographer Registration Form

As of 05/18/16 - All Metropolitan Teams need to include this in the meet information packet as well as file this form with Safety in Sport Coordinator, prior to the start of the meet.

This form must be completed by any photographer (video or still) who intends to take pictures at a Metropolitan Swimming sanctioned meet and is taking those pictures of anyone other than his or her own child, from any location on deck. Submit the form to the Meet Director prior to commencing activity.

THERE WILL BE NO FLASH PHOTOGRAPHY PERMITTED AT THE START.

Name _____

Phone Number _____

Government ID (driver's license preferred) or USA Swimming Registration Card:

Type of ID _____ # _____

Taking photos of _____

On behalf of _____

Purpose _____

Professional photographers/videographers will be allowed on deck at the discretion of the Meet Director and Meet Referee, and must adhere to the following guidelines:

Do not stand on the starting end of the pool, or in the starter's box; use of the bulkhead is at the discretion of the Meet Director and Meet Referee.

Do not stand on the edge of the pool (leave approximately two feet for officials and coaches).

Leave the deck when not actively photographing.

Respond immediately to direction from the Meet Referee.

Signature _____ Today's Date _____

Meet _____ Location _____

Date(s) of meet _____