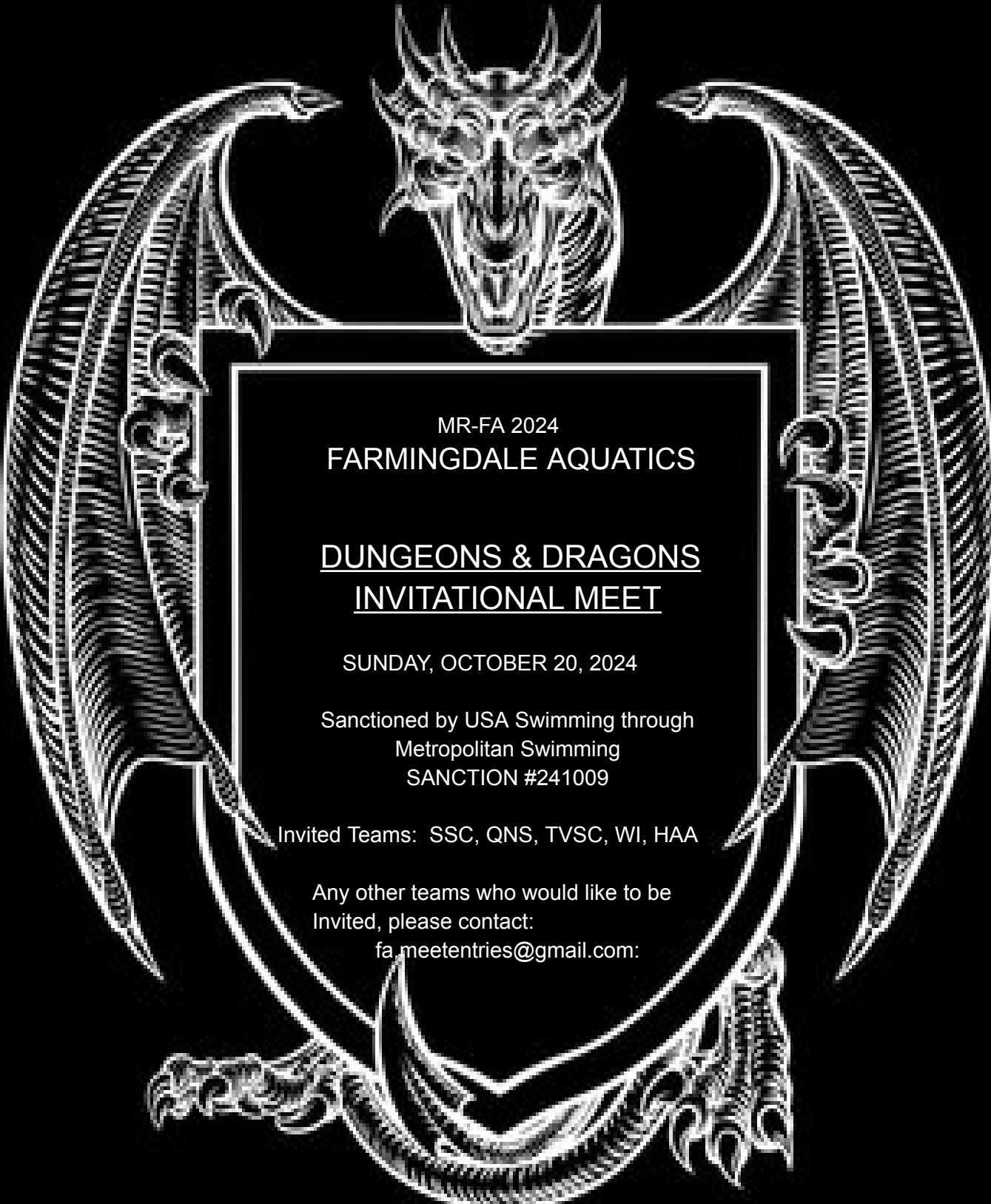




MR-FA 2024
FARMINGDALE AQUATICS

DUNGEONS & DRAGONS
INVITATIONAL MEET

SUNDAY, OCTOBER 20, 2024

Sanctioned by USA Swimming through
Metropolitan Swimming
SANCTION #241009

Invited Teams: SSC, QNS, TVSC, WI, HAA

Any other teams who would like to be
Invited, please contact:
fa.meetentries@gmail.com:

FA DUNGEONS & DRAGONS MEET

SUNDAY, OCTOBER 20, 2024

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming Inc. Sanction # 241009
- LOCATION:** FARMINGDALE AQUATIC CENTER - Howitt Middle School, Farmingdale
- FACILITY:** 8 LANE, 25 YARD POOL, CTS6 Timing with Alphanumeric Scoreboard
The competition course HAS NOT BEEN certified in accordance with Article 104.2.2C (4).
The Meet Referee reserves the right to run any session in less than 8 lanes.
- SESSIONS:** **Session 1 - 7:00 am warm up - 8:00 am start**
Session 2 - 12:00 pm warm up - 1:00 pm start
- FORMAT:** This is a timed - Final Meet.
The meet will be deck-seeded. Events will be seeded Slow to Fast.
- ELIGIBILITY:** Open to all invited USA Swimming/Metropolitan Swimming Inc. registered swimmers. All swimmers participating in this meet must be registered by the first day of the meet. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.
No deck registrations will be accepted.
Age on October 20, 2024 will determine the age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to enter and participate. Please notify the meet director of any accommodations you might require. The athlete (or athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** **All athletes are limited to 3 individual events per session.**
Host team reserves the right to enter NT for their swimmers. Entries are by invited teams only.
US Mail Payment to: Farmingdale Aquatics, Attn: Lisa Giordano, PO Box 563, Farmingdale, NY 11735
Email entries/Confirm Entry Receipt: fa.meetentries@gmail.com
Signature waiver required for Express Mailed Entries/Payment
- DEADLINE:** **Entries must be received by October 11, 2024.**
An email confirming receipt of entries if you provide an email contact. Please contact the meet director if you do not receive such a report with 2 days of your original email.
- ENTRY FEE:** An entry fee of \$10.00 per individual event and an athlete surcharge of \$10.00 must accompany the entries. A relay charge of \$20.00 must accompany the entries.
Make check payable to Farmingdale Aquatics.
Payment must be received by October 14, 2024 for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.

Host club may waive meet entry fees & facility surcharge for registered outreach swimmers. Coaches should contact the Meet Director and identify registered swimmers who they wish considered for waiver of fees when submitting meet entries.

WARM UP: General warm up with assigned lanes for the first 55 minutes. Starts are during your warm up. Please see the administrative table for lane assignments which will be distributed along with the scratch sheet for each session.

SCRATCHES: Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearing individual event scratches and which swimmers will not be participating in the session.

COACHES: In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.

AWARDS: All age group will receive awards Ribbons 1st-8th place

OFFICIALS: **Meet Referee: Allen Wone, ssc.allenwone@gmail.com, 516 330-4229**
Officials wishing to volunteer should contact the Meet Referee by October 13, 2024.

ADMIN OFFICIAL: Administrative Official, Ben Howell, fa.meetentries@gmail.com, 516 445-9877

MEET DIRECTOR: Ben Howell, fa.meetentries@gmail.com

RULES: The current USA Swimming Rules and Regulations will apply.
The USA Swimming Code of Conduct is in effect for the duration of the meet.
The overhead start procedures may be used at the discretion of the meet Referee.

Safety: Metropolitan Swimming Safety Guidelines and Warm-Up Procedures will be in effect at this meet. Marshalls will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer's legal guardian to ensure compliance with this requirement.

All swimmers must wear footwear upon leaving the pool area.
Lifeguards with AED available. Farmingdale FD/EMS Available by 911.

MAAPP POLICY: All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

WATER DEPTH: **Start/End Water Depth: 6ft @ 1 meter from wall**
8ft @ 5 meters from wall
Turn/End Water Depth: 13ft @ 1 meter from wall
12ft @ 5 meters from wall

DISCLAIMER: DISCLAIMER: Upon acceptance of his/her entries, the participant waives all claims against **Farmingdale Aquatics, Farmingdale Union Free School District, Farmingdale Youth Council, Village of Farmingdale, Town of Oyster Bay, Metropolitan Swimming Inc., USA Swimming, Inc. and**

Metropolitan Swimming, Inc. has be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming Inc., cannot prevent you (or your children) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming Page 4 of 7 sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS Farmingdale Aquatics, Farmingdale Union Free School District, Farmingdale Youth Council, Village of Farmingdale, Town of Oyster Bay, Metropolitan Swimming Inc., USA Swimming, Inc., AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

AUDIO/VISUAL Use of audio or visual recording devices, including a cell phone, in not permitted in changing areas, rest
STATEMENT: rooms, locker rooms.

DECK CHANGING: Deck changes are prohibited.

ADMISSION: Admission is \$5.00 per session. CASH ONLY. NO CREDIT/DEBIT CARDS ACCEPTED.
\$2.00 programs per session

MERCHANTS: Light concessions will be available in the lobby.

PARKING: FREE

DIRECTIONS: **522 Conklin Street, Farmingdale NY 11735**
Coming from Queens: Southern State Parkway to exit 33 (Rt 109/Fulton Street). Make right on Main Street. Make right on Grant Ave. Make Left on Cherry Street. One block turn right into the parking lot.

LIE to exit 49. Head south on Rt 110. Turn right on Conklin Street. Turn left on Cherry Street. Parking lot on left.

Coming from Suffolk County: Southern State to exit 33 (Rt 109/Fulton Street). Make right on Main Street. Make right on Grant Ave. Make Left on Cherry Street. One block turn right into the parking lot.

LIE to exit 49. Head south on Rt 110. Turn right on Conklin Street. Turn left on Cherry Street. Parking lot on left.

2024 DUNGEONS & DRAGONS MEET

SUNDAY, OCTOBER 20, 2024 - SESSION 1

7:00 am Warm-Up - 8:00 am Start

GIRLS	EVENT	BOYS
1	11-12 100 IM	2
3	15-18 200 IM	4
5	11-12 50 BUTTERFLY	6
7	15-18 50 BUTTERFLY	8
9	11-12 50 BACKSTROKE	10
11	15-18 100 BACKSTROKE	12
13	11-12 50 BREASTSTROKE	14
15	15-18 50 BREASTSTROKE	16
17	11-12 100 FREESTYLE	18
19	15-18 50 FREESTYLE	20

SUNDAY, OCTOBER 20, 2024 - SESSION 2

12:00 pm Warm-Up - 1:00 pm Start

GIRLS	EVENT	BOYS
21	8 & UNDER 50 FREESTYLE	22
23	9-10 50 FREESTYLE	24
25	13-13 100 FREESTYLE	26
27	8 & UNDER 25 BUTTERFLY	28
29	9-10 25 BUTTERFLY	30
31	13-14 50 BUTTERFLY	32
33	8 & UNDER 25 BACKSTROKE	34
35	9-10 25 BACKSTROKE	36
37	13-14 50 BACKSTROKE	38
39	8 & UNDER 25 BREASTSTROKE	40
41	9-10 25 BREASTSTROKE	42
43	13-14 50 BREASTSTROKE	44
45	8 & UNDER 25 FREESTYLE	46

47	9-10 25 FREESTYLE	48
49	13-14 50 FREESTYLE	50

Metropolitan Swimming Photographer Registration Form

All Metropolitan Swimming Teams need to include this in the meet information packet. Please file this form with the Safety Sport Coordinator prior to the start of the meet.

This form must be completed by any photographer (video or still) who intends to take pictures at a Metropolitan Swimming sanctioned meet and is taking those pictures of anyone other than his or her own child from any location on deck. Submit the form to the Meet Director prior to commencing activity.

THERE WILL BE NO FLASH PHOTOGRAPHY PERMITTED AT THE START.

Name _____

Phone Number _____

Government ID (driver's license preferred) or USA Swimming Registration Card:

Type of ID _____ # _____

Taking photos of _____

On behalf of _____

Purpose _____

Professional photographers/videographers will be allowed on deck at the discretion of the Meet Director and Meet Referee and must adhere to the following guidelines:

Do not stand on the starting end of the pool, or in the starter's box; use of the bulkhead is at the discretion of the Meet Director and Meet Referee.

Do not stand on the edge of the pool (leave approximately two feet for officials and coaches).

Leave the deck when not actively photographing.

Respond immediately to direction from the Meet Referee.