Job Listing: Assistant Swim Coach – Suffern Sea Lions (Two Openings!!!)

**Location:** Suffern, NY- Beginning Fall 2-26

**Hours:** Evenings 2-3 nights a week (5-7 PM during the school year) and some weekends (1 swim meet a month)

## **Job Description:**

The Suffern Sea Lions swim team is seeking a dedicated and enthusiastic Assistant Swim Coach to support our team under the supervision of the Head Swim Coach. This role involves assisting with swim practices and meets, fostering a positive team environment, and helping swimmers of all levels develop their skills. The age groups that we are mainly looking to hire for is middle school aged and younger (8-13 year olds)

## **Key Responsibilities:**

- Lead and assist with swim team practices, ensuring consistency and quality in workouts.
- Attend swim meets and practices as needed.
  - Evenings 2-3 nights a week (5-7 PM during the school year) for practice
  - 1 swim meet weekend a month
- Develop and implement workouts, or modify work outs provided by head coach
- Engage with swimmers and parents to build strong relationships and support individual progress.
- Maintain a safe and positive team environment.
- Perform other duties as assigned.

## Qualifications:

- Must be at least 18 years old.
- Lifeguard certification required (Red Cross).
- Previous coaching experience or competitive swimmer
- Strong knowledge of swimming techniques, training methods, and safety protocols
- Excellent communication and interpersonal skills
- USA Swimming Coach Membership in good standing prior to start date, but not required to apply
  - (https://www.usaswimming.org/docs/default-source/membership/coach-membership-requirements.pdf)
- Join us in fostering a love for swimming while helping individuals reach their full potential in the pool. Apply now to be part of our dynamic coaching team!

## **Physical & Work Environment Requirements:**

- Must be able to physically and verbally interact with swimmers, parents, and staff.
- Work in a moderate-to-high noise environment.
- Evening availability required, with some early morning meets or practices.
- Occasional travel required for swim meets.