

## **Metropolitan LSC Swimming Coaches/ USA Swimming**

### **Len Galluzzi Memorial Scholarship Award**

**This scholarship recognizes Len Galluzzi's dedication over 5 decades to both competitive age group and senior swimming and to honor his strength of character in overcoming obstacles in the later years of his career. Len was named to the Metro Hall of Fame as a coach, and had tenures with Gotham Aquatic Association, Gotham Aqua Kings, Asphalt Green Unified Aquatics, Flushing YMCA, New York Aquatic Club and Columbia University. Len passed away in 2015. Those of us who knew and loved Lenny are humbled each and every day the legacy of his strength of character and sheer will he possessed to push through all the adversity that befell him. This award, in his honor, goes to the 2 Metro Swimmers who best exemplified that same inner strength and fortitude.**

#### **Award:**

Two scholarships of \$1000.00 each will be awarded to 1 female and 1 male Metropolitan LSC and USA Swimming student/swimmer who had had his or her age group roots in the Metropolitan LSC for at least five years continuously, and, as senior swimmers, have been accepted to a college or university for the next academic year.

#### **Eligibility:**

The applicant must:

- be in attendance at a state accredited school
- be currently registered athlete in Metropolitan Swimming
- have been registered in the Metro LSC for at least the five years continuously, and have swum in at least 5 Metro sanctioned meets in each of the last two years
- demonstrate leadership ability
- participate in community service work
- submit one letter of recommendation from a teacher, advisor or administrator
- write a 250–300-word essay on the following topic:

**“How swimming has had a positive effect on my character and my strength to overcome obstacles. Please include personal examples of embracing adversity, meeting challenges with tenacity, perseverance, and courage to achieve scholastic or competitive excellence with the admiration of coaches, teachers, or peers.”**

#### **Official Rules:**

All components of the application must be submitted in one package.  
Applications will be judged by a committee composed of the Len Galluzzi Memorial Committee.  
Winners will be announced May 9, 2024 at the HOD Meeting.

#### **Deadline:**

Completed application packages **must be received by April 15, 2024**. Keep this information sheet for your records.

**Applications must be sent to via email:** metro.office@metroswimming.org

**Subject Line:** Len Galluzzi Memorial Committee