

Meet Safety Plan

Sachem Swim Club





Return to swim meets

Safety is Paramount

- Safety first for all – Swimmers, Coaches, Officials, Volunteers, Parents
- Adherence to all Federal, State, Local and Facility Regulations
- Adherence to all USA Swimming Guidelines
- Signage will be in place in all areas
 - Directions and flow
 - Social Distance Reminders
 - Face Covering Reminders
 - Safe Sport Reminders (Camera/Photos)

Safety Guidelines

- Social Distancing for all
 - On Deck
 - Team Seating Area – Assigned Bleachers for Teams – Social Distance Separation required
 - Spectator Area – 50% or less capacity, max 2 per family. 6 ft distance separation between cohorts
 - No congregating in the pool lobby
- Face Coverings
 - Required for all on deck at all times except when swimming
 - Swimmers may remove face covering before the start of a race or warmup at the block
 - Swimmers advised to bring a “Zip-Lock” bag for their face covering
 - Required in spectator area and all common areas
 - NYS Guidelines will govern what a face covering is – N95/Surgical/Cloth
- PPE
 - Hand sanitizer will be available in various locations
 - Extra face coverings will be available for broken/misplaced/dirty ones
 - Disinfectant wipes will be available for cleaning frequently touched items

Marshalls will be present to enforce/reinforce social distancing and masks on deck and in the spectator area.

Safety Guidelines

- Facility Guidelines (NCAC)
- General
 - Any and all NYS guidelines for COVID in general and for sporting events
 - Max capacity for the event for the pool deck will be 150. This number is inclusive of employees/lifeguards, volunteers & officials.
 - 50% spectator capacity
 - Current NYS regulations currently allow for 2 spectators for each athlete.
 - Meet area separated from public area on deck, no crossing
 - Marshalls will control access/flow

Safety Guidelines

- Health Screenings

- All adults (essential meet personnel) on deck will be required to submit to a temperature screening at entry
- All USA Swimming members (non-athlete) will be asked to present their credentials to the meet referee or their designee before the temperature screening
- Adults on deck must affirm that they have not travelled to a state that is on the NYS quarantine list (as of 9/26/2020) in the last 14 days. Anyone found that they have travelled will be asked to leave immediately
- Coaches will be asked to affirm that their entered swimmers have not travelled to a state that is on the NYS quarantine list (as of 9/26/2020) in the last 14 days.
- All athletes will be subject to a health screening to be conducted by their coaches at check-in

Safety Guidelines

- Waivers
 - All people on deck will submit a signed waiver of liability.
 - Coaches will be responsible for submitting them with their entries.
 - Swimmers will not be entered in the meet without the waiver submission.
 - Non-athletes will sign at their health screenings or submit beforehand.

Safety Guidelines

- Check In Procedure

- For all:

- Non-athlete Adults –

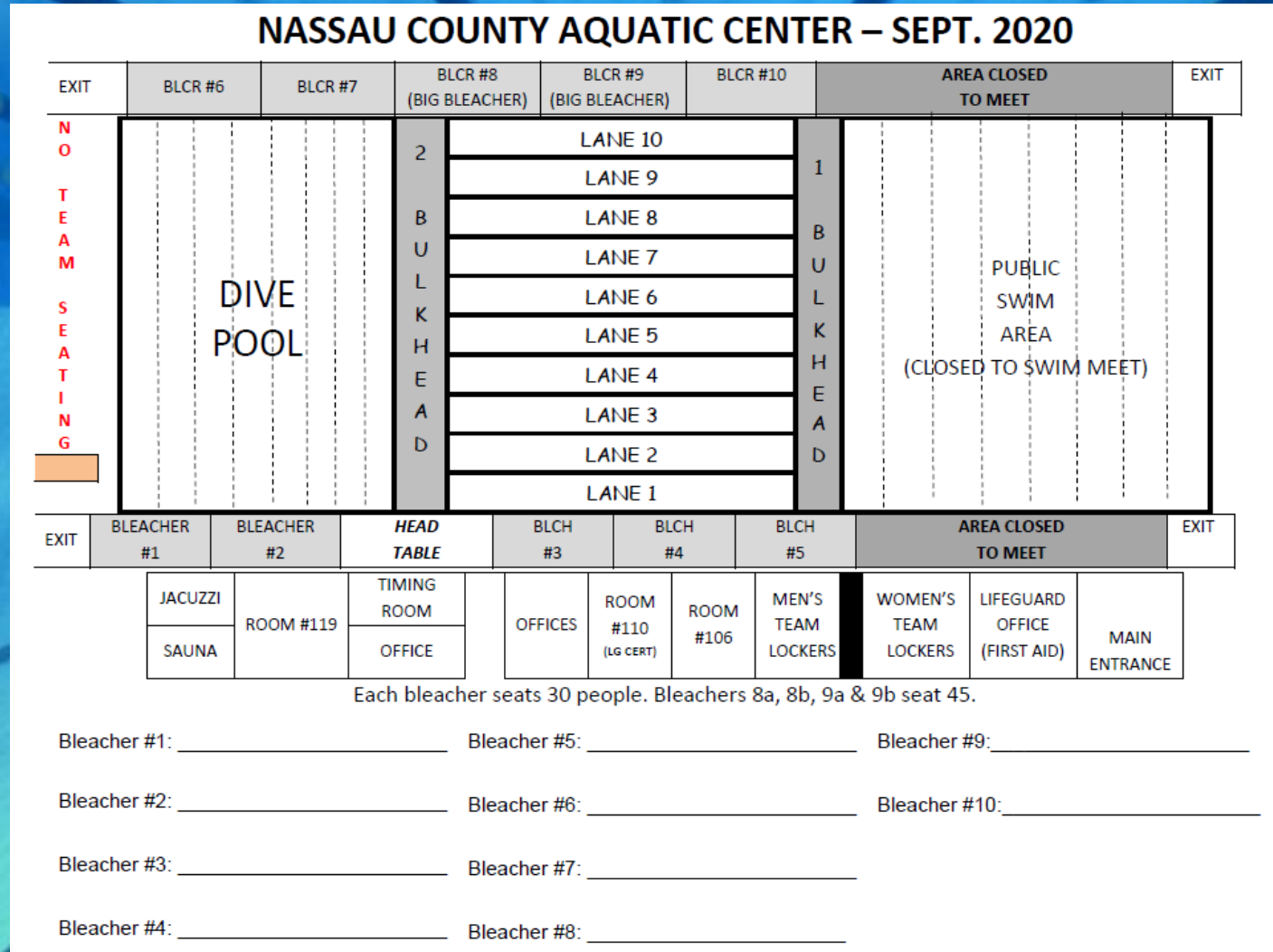
- Temperature Screening in the main hallway just after the front desk
 - Health Screening in the main hallway at the entry to Room 106.
 - Adults on deck must affirm that they have not travelled to a state that is on the NYS quarantine list (as of 9/26/2020) in the last 14 days. Anyone found that they have travelled will be asked to leave immediately
 - Waiver forms will be signed and submitted.
 - After screening, non-athlete adults will be issued a wrist-band to wear.

- Athletes –

- Temperature Screening in the parking lot closest to the building entrance
 - Meet Personnel will check in swimmers in the parking lot closest to the building entrance to ensure waivers have been received prior to the meet and perform a health screening.
 - Athletes will enter building through the lower level only.
 - Athletes will go thru the appropriate locker room to the deck
 - Locker rooms will be for bathroom use only, face coverings required.

Safety Guidelines

- Facility Deck Map



Safety Guidelines

- Facility Guidelines (NCAC)
 - Swimmers
 - Locker Rooms
 - Team Locker Rooms will be available as per facility. Meet guidelines will allow bathroom use only. Swimmers must come and leave dressed for the meet. As always, no deck changing is permitted.
 - Face Coverings will be required to be worn at all times except when swimming
 - Dive Pool will be CLOSED as per NCAC
 - Public Pool will be open as per NCAC
 - No crossing from public area to meet area and vice versa. Area will be cordoned off.
 - Entry and Exit thru the appropriate team locker room only.
 - Meet Personnel must use restrooms upstairs in the spectator area.
 - Hallway by pool offices and restrooms there are CLOSED to meet personnel.
 - Teams will be assigned to bleachers around the pool deck as per NCAC

Safety Guidelines

- Facility - continued
 - Non-athlete USA Swimming members/meet personnel
 - As always, no access to Locker Rooms
 - Face Coverings will be required to be worn
 - Entry and Exit to the deck via Room 106 only.
 - Meet Personnel must use restrooms upstairs in the spectator area.
 - No Hospitality for Officials/Coaches with the exception of bottled water.

Safety Guidelines

- Facility - continued
 - Spectators
 - Face Coverings will be required to be worn by all at all times
 - Families must social distance - 6 feet of separation – between families in the seating area
 - Maximum 2 spectators per family. (NYS Regulation)
 - Spectators will not be permitted on the lower level of the facility.
 - Spectators must enter/exit the facility only thru the upper level.
 - The Stairwell between the levels in the facility lobby is CLOSED to all except meet personnel
 - Swimmers will not be permitted in the spectator area.

Safety Guidelines

- Facility - continued
 - Marshalls
 - Safety marshalls will be in place in the following locations
 - 4 on deck in each of the 4 corners of the competition pool
 - 1 in main hallway between Room 106 and the hallway doors to the pool deck
 - 1 in the main lobby to ensure people do not mingle and no parents downstairs
 - 1 at the athlete screening area in the parking lot
 - 4 in the spectator area

Meet Parameters

- 2 hour sessions, 4 sessions for the day
- Maximum 120 swimmers per session
 - Maximum 2 coaches per team
- Pre-Seeded meet, no changes on deck, no scratch sheets
 - This will limit interaction/mingling around the administrative table.
- Fly-over starts for all races (excluding backstroke)
- 1 backup timer per lane with a face covering (button and watch)
- Required number of officials as needed
- Masks/Face Coverings
 - Required for all on deck at all times except when swimming
 - Swimmers may remove face covering before the start of a race or warmup at the block
 - Swimmers advised to bring a “Zip-Lock” bag for their face covering