

# METROPOLITAN SWIMMING, INC.

## House of Delegates

Wednesday, June 15, 2022

*Rescheduled from May 18, 2022*

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### 1: CALL TO ORDER, WELCOME, RECOGNITIONS, AND INTRODUCTIONS:

- a. **Call to order:** General Chairman Eric Fisher welcomed all in attendance at the spring House of Delegates' meeting. The list of clubs and Board members in attendance at the mandatory HOD is at the Metro Office. Due to COVID-19, the in-person May 18, 2022, HOD meeting was rescheduled to June 15, 2022. Eric explained the reasons and facts behind the cancelation. The meeting was then held virtually through ZOOM. The meeting came to order at 5:06pm.
- b. **Welcome:** Eric welcomed **Kurt Thiel** of Potomac Valley as today's Parliamentarian. Kurt is also the Eastern Zone and USA Swimming parliamentarian! Thanks for attending the meeting! Kurt reminded all that we will be voting during this session and that it will be done through Election Buddy.

### 2: MOMENT OF SILENCE:

In memory two members of Metropolitan Swimming that passed away this year: **Gay Silverman** (owner/coach of Silvers Streaks) and **Jamie Storoshenko** (coach – WISC)

### 3: ACCEPTANCE/CORRECTIONS OF MINUTES:

A motion to accept the posted minutes of the September 18, 2021, House of Delegates' meeting, was made, seconded, and approved by all. **Motion carries.**

### 4: ACCEPTANCE OF AGENDA:

A motion to accept the agenda as presented was made, seconded, and approved by all. **Motion carries.**

### 5: AWARD PRESENTATIONS:

- Scholarships: Len Galluzzi Memorial Awards:
  - Luke McNamara – LIAC
  - Emma McNulty - LIAC
- Scholarships: Joe Stetz Memorial Awards:
  - Denise Phelan – TS
  - Luke McNamara – LIAC
- Outstanding Service Award: the 2022 Service Award is going to Edgar Perez (NYSA). We wish Edgar the best and hope that he is doing well.

### 6: OFFICE ADMINISTRATION: Mary Fleckenstein and Kim Wyer-Ferraris

Mary welcomed Kimberly (Kim) Wyer-Ferraris as the new Part-Time Metro Office manager. Mary's report is posted on the website. Mary had prepared a presentation about SWIMS 3.0. for the canceled HOD meeting. Since then, USA Swimming has come out with videos and other information that are posted on the website. The new OMR (Online Member Registration) is a change and is not meant to hurt any club or take any power away from the clubs. But clubs will no longer collect membership fees as it will be done directly through USA-Swimming. Each club will receive a link to send to the parents registering their swimmers. As soon as the registration is completed by the parents and the fees are paid, registrations will be

instantaneous. The fees for 2022-23 are \$68 to USA-Swimming + \$12 to Metro (as a total of \$80 per swimmer, coaches, individuals, officials, etc. As a reminder, Metro does not have a choice in this matter. FLEX membership will be \$30 (\$20 for USA Swimming + \$10 for Metro). This is only available for swimmers 12 and under.

Deck Pass is also changing. As of now, Deck Pass is no longer connected to the Team Unify accounts. It is still available on phones or mobile devices until September 1<sup>st</sup>. At that time, everything will change.

## 7: CONSENT AGENDA:

A motion to accept the **Consent Agenda**, except for the 1 Proposal (proposal #7) which was pulled, was made, seconded, and approved by all – **Motion Carries**. (Proposals 4 and 5 had been previously withdrawn.

### **Reports of Officers and Committees:**

#### **7a: General Chairman** – Eric Fisher

All reports were posted on the Metro Website before the meeting. Dom Boccio is at the World Championships in Budapest, Hungary.

#### **7b: Finance Chair** – Allen Wone

Coming out of Covid, Metro is doing well financially but we need to look for alternatives towards income moving forward. That will be the job of the new Finance Vice Chair. Allen will help with the transition. We do need to diversify our income stream a bit more.

#### **7h: Athletes Representatives:** Frankie Andersen and Joseph Apat

Eric welcomed Joseph Apat (LIE) as the new Junior Athlete Representative. Frankie Andersen is now the Senior Athletes Rep. Thanks for Thomas Cho for his 2 years of service to the LSC.

## 8: MEMBERSHIP/REGISTRATION: Mary Fleckenstein

Mary gave her report earlier in the meeting (#6)

## 9: GOVERNANCE: Eric Fisher – Robert Frawley

Proposals #1, 2, 3, and 6 were approved by acclamation.

Proposal #7 was pulled. See below.

*Proposal 7: 4.6 ANNUAL AND REGULAR MEETINGS - The annual meeting of the House of Delegates of Metro shall be held in the Spring; Regular meetings of the House of Delegates may be held in accordance with a schedule adopted by the House of Delegates or the Board of Directors.*

*.1 PARTICIPATION THROUGH COMMUNICATIONS EQUIPMENT - Members of the House of Delegates may participate in meetings of the House of Delegates through conference equipment only when in-person meetings are not possible. The conference equipment will allow by means of which all persons participating in the meeting can hear each other at the same time. Participation by such means shall constitute presence at a meeting*

Discussion followed. Eric proposed this item after discussion with USA-Swimming. We had to make this amendment to the By-Laws article 4.6.

A motion to accept Proposal #7 was made, seconded, and approved by all. **Motion carries**.

## 9b: ELECTIONS: Nominees and their Bios were posted on the Metro Website.

### a. **The Nominating Committee presented the slate of officers for election:**

1. Administrative Vice Chair: **Dom Boccio**
2. Senior Chair: **Zac Hojnacki**
3. Finance Chair: **Christopher Arena**
4. Secretary: Jeffrey Chu, Annette Mackrel, Monique Grayson

5. Coach Representative: **John Yearwood**
6. Safe Sport Coordinator: Allen Wone, Phil Paspalas/Sandy Graham (co-chairs)
7. DEI Coordinator: **Lamar DeCasseres**

Seeing that there were no additional nominations for the above positions 1, 2, 3, 5, and 7 the nominations were closed. A motion to accept the nominees for Administrative Vice Chair, Senior Chair, Finance Chair, Coach Representative and DEI Coordinator, was made, seconded, and approved by acclamations. **Motion carries.**

Secretary: Jeff Chu and Annette withdrew but would like to run as co-Secretary. Both Jeff and Annette spoke about this. Monique also spoke about why she was running again after all.

Safe Sport Coordinator: Allen Wone and Phil Paspalas/Sandy Graham (co-chairs). Each candidate introduced themselves.

#### **Election Buddy Results:**

Secretary: **Jeff Chu** and **Annette Mackrel** as Co-Secretary

Safe Sport: **Phil Paspalas** and **Sandy Graham** as Co-Safe Sport Coordinators

A question was asked requesting to know the % of the results. Eric mentioned that we never disclose the results % of elections.

#### **10: OLD BUSINESS –**

Eric clarified the issues of unregistered swimmers competing in meets was voted on by the board many years ago. The issue was accidentally omitted from one the P&P Manual updates and it will be put right back in it. The fines of \$100 for the swimmers and the host club will be in effect again.

#### **11: NEW BUSINESS –**

- Eric is asking Senior, Age Group, Athletes and Coaches Rep, to come up with a committee and a plan for the 2022-23 season to get ideas and find ways to better educate our coaches and athletes regarding mental health, education issues, to better serve our LSC.
- Congratulations to LIAC and QNS for their accomplishments as ASCA Top 100 Age Group Teams in the Country: LIAC was 4<sup>th</sup> and QNS was 16<sup>th</sup>.
- Dave Ferris (LIAC) made a motion to extend the Covid participation relief requirements for travel stipends and for the Club Excellence program through this year (2021-22 season ending on August 31<sup>st</sup>, 2022). The motion from Dave Ferris was seconded. Discussion followed. An amendment to the motion was made to extend COVID participation relief requirements for travel stipends, and Club excellence program for historical swimmers through the 21-22 competitive year. The motion for the amendment was seconded.

*A Metro historical swimmer is one who has competed in Metro LSC boundaries for three (3) years prior to the age of 18; those swimmers should be exempt from the 3 meets requirements needed to swim in Senior Mets. The 3-meet rule is applicable during the year's swimmers are full-time college/university students and during the season immediately following their graduation for college/university*

Discussion followed on the amendment. The question was called. Election buddy was used again as only voting members can vote. (There were issues with Election Buddy and Kate Hallex explained what was happening). So, there will be a complete re-vote for voting members! The vote on the amendment to add Metro's historical swimmers (as defined in P&P manual article 202.2) to the Covid-relief program resulted as a yes. **Motion carries.** The question was called for

the vote on the original motion that now includes the amendment. More discussion followed on meet-availability last year for some Metro swimmers. The motion to extend the Covid participation relief requirements for travel stipends and the Club Excellence program through this year, including the Metro's historical swimmers, (2021-22 season ending on August 31<sup>st</sup>, 2022), was made and seconded. Vote resulted in YES – **motion carries**.

- Carle Fiero (WEST) is concerned that the JOLC Time Standards are too fast for the 10-under and 11-12 and that few swimmers would qualify. Carle sent a proposal to Technical Planning to amend the JO cuts to reflect single age entry qualifying times to allow more opportunity for athletes that were affected by Covid. David Ellinghaus (TP) mentioned that JO is a Club-run meet and we cannot impose on LIAC to make the changes at this time. Dave Ferris spoke about this, and he asked TP to loosen the cuts for 10-unders and 11-12 swimmers, but not change the format to single age groups. David Ellinghaus asked Dave Ferris for his input about the cuts – could we slow them down the cuts for this summer JO's by .5 per 50; 1 sec. for 100's; 2 sec. for 200's; and 4 sec. for 400's. David Ellinghaus will send a proposal to Dave Ferris and Ginny Nussbaum about slowing down the cuts, but not about going to single age this year, but it could be considered for JOLC 2023.
- Jeff Chu (HAA) made a motion requesting that HOD meetings at a time when there are already scheduled meets. The motion was seconded. Discussion followed. HOD meetings are scheduled on dates when Board Members can be present (May and September), and when a facility is available to host it. When the dates of HOD coincide with the dates of a meet, the club hosting the meet is asked to modify the dates of their competition. This would take a 2/3 majority vote. Jeff Chu made a motion to commit the above motion to the Governance Committee which should then make a recommendation. Motion to commit was seconded. David Ellinghaus and Robert Frawley spoke about this issue. May meetings are scheduled on a Wednesday night, and September HOD meetings are held on a Saturday morning. No bids should be given for a Wednesday night in May until the date of HOD is set. No meets may be scheduled on a Saturday in September until the HOD date is set for the fall meeting.
- Long Course Zones 2022 – The Board will discuss the Zone Team and how we will manage the EZ Championships this summer.
- Jon Hulbert (COND) spoke about Silver and Bronze meets for swimmers of the North Region of Metro. He would like for Metro to re-consider how they evaluate the pool locations of each region. David Ellinghaus responded that the alignment is done heading into the fall.
- Zac Hojnacki would like the Governance Committee to consider conducting a review regarding our guiding philosophies as it relates to any monies that we have in excess to the annual budget, so that we as a board can make more informed decisions in the future about new legislations. The committee should look at this and come up with some options on how much should be held in reserve and what percentage of it should be redistributed or spent annually. Robert Frawley responded that it is a great idea, and that the committee needs to get all the material for 5-years strategic plans. Robert spoke to John McIlhargy about this.
- David Ellinghaus (Technical Planning)
  - For the alignment for Silvers and Bronze – teams that practice at multiple facilities must remember that Metro does not split teams. Decision is made based on where the primary location is, and on where most of the athletes live.

- Short Course Season Championships 2023:
  - Senior Mets** – Metro hosted at Nassau County Aquatic Center
  - Silvers** – February 24-26, 2023 – One bid for Central (NCAC at Mark Twain) and one bid for the South (TVSC at Ward Melville HS) – Silvers North: NYSA and Valley Central are now bidding to run the meet at Valley Central HS. Melissa Kubik will send the bid request to the Metro Office.
  - 8-Under Championships** – March 4-5, 2023 – no bids
  - Junior Olympic SCY and 15-18 Team Challenge** – March 10-12, 2023 - LIAC at Nassau County Aquatic Center
  - Bronze** – March 24-26, 2023 – North (NYSA at Valley Central); Central (NCAC at Mark Twain); South (LIE at Hofstra) – There were no bids from the floor, so the teams were awarded the bids at their locations.
- Eric Fisher thanked **Kurt Thiel** for joining us again as Parliamentarian. Eric thanked **Allen Wone** for his years of service to Metro. Eric also thanked **Monique Grayson** for her 30-years as Secretary and **J. Brian Hansbury** for his many years as Safe Sport Coordinator.

Many thanks to all that attended

A motion to adjourn was made, seconded, and approved by all! **Motion carries.** HOD adjourned at 7:20pm.

*“These will be the last Minutes that I will submit. I would like to thank everyone that has helped me during the last 30 years as Metro Secretary. Thanks to all Board members that gave me their confidence during all those years. It has been greatly appreciated. “*

Respectfully submitted.

Monique Grayson, Secretary 1992-2022

July 6, 2022



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### HOUSE OF DELEGATES MEETING

Wednesday, June 15<sup>th</sup>, 2022

- 1: CALL TO ORDER, WELCOME, RECOGNITIONS AND INTRODUCTIONS:
2. MOMENT OF SILENCE: Gay Silverman, Jamie Storoshenko
- 3: ACCEPTANCE/CORRECTIONS OF MINUTES:
- 4: ACCEPTANCE OF AGENDA: Corrections- Approval of agenda as presented
- 5: AWARD PRESENTATIONS:

Scholarships: Len Galluzzi Memorial

Joe Stetz Memorial

Outstanding Service Award

6. OFFICE ADMINISTRATION: Mary Fleckenstein/Kimberly Ferraris

#### 7: CONSENT AGENDA

##### REPORTS OF OFFICER

All Reports Available Online

7a: GENERAL CHAIRMAN:

7b: FINANCE CHAIR:

1.0. Budget

7c: SECRETARY:

7d: ADMINISTRATIVE VICE CHAIR:

7e: SENIOR CHAIR:

7f: AGE GROUP CHAIR:

7g: COACHES REPRESENTATIVE:

7h: ATHLETES' REPRESENTATIVES:

Welcome to new athlete Rep – Thanks to Thomas Cho for his service

7i: OPERATIONAL RISK

7j: SAFE SPORT:

7k: ADMIN MANAGER:

7l: TECHNICAL PLANNING:

Bids for 2022-2023 SC as posted

7m: DIVERSITY:

##### COMMITTEE REPORTS:

7n: OFFICIALS CHAIR:

7o: DISABILITIES COORDINATOR:

7p: SWIM-A-THON:

7q: SWIMS/TOP 10:

7r: OPEN WATER COORDINATOR:

7s: HALL OF FAME:

#### 8: Membership/Registration

#### 9: GOVERNANCE

9a: P&P addition: Robert Frawley

**Proposal 1: (Allen Wone) 204.1** Metro Swimming will be offering the following two scholarships Joseph J. Stetz and the Len Galluzzi Memorial Scholarship will be given annually to one male and one female athlete. The award is \$1000 each. The athlete must be a High School Senior and shall submit the application to be considered for the award. The athlete must have competed in at least five Metro Sanctioned swim meets within one year prior to application. The selection committee consists of the Officials, ~~Area Chairs~~ **Committee** and a member of the Executive Committee.

**Proposal 2: (Allen Wone) 418.6** To become a Starter, an official must be a certified Stroke and Turn Judge and must have worked a minimum of 16 sessions as a Stroke and Turn Judge before seeking advancement. The official must then submit a request to the ~~Area Chair~~ **Advancement Coordinator** requesting to advance to Starter apprentice and receive a positive response from the ~~Area Chair~~ **Advancement Coordinator**. Requirements for becoming a Starter are: a) be at least 20 years old, b) attend a Starter clinic c) take the Starter exam and receive a score of 85% or better, and d) work 8 sessions on deck as Starter, at least one of which has to be a session that includes 10 and Under swimmers. At sessions in which apprentice Starter is part of the Starter rotation, the apprentice Starter must start a minimum of 25 heats to be given credit for the session. At the completion of each apprentice session, the certified Starter who mentored the apprentice during the session will submit to the Advancement Coordinator and the apprentice a Starter observation form. After completing six sessions, a Starter apprentice must receive two positive observation reports from two designated Starter mentor/evaluators in order to be advanced to certified Starter. Starter apprentice sessions count towards the total number of sessions done per year. Certification must be completed within one year from the start of the apprenticeship and is subject to the renewal requirements outlined in section 418.5 above.

**Proposal 3: (Allen Wone)307.3** ~~Clubs running meets that wish to secure their own officials are required to furnish the Area Officials Chair with a list of officials working the meet before the start of the meet so that the Area Officials Chair can be assured that all officials working the meet are credentialed and certified. Only currently,~~ **properly registered USA Swimming** certified officials may be used. Clubs may ask the Area Officials Chair to supply officials for a meet by requesting them 30 days prior to the meet

#### **Proposal 4 &5: Withdrawn**

**Proposal 6: Article 203 - Travel Expense ~~Assistance~~ Reimbursement**

203.1 Metro swimmers who qualify for and attend approved national and regional meets and National Select Camp are eligible for ~~travel expense reimbursement~~ **Assistance** provided they meet eligibility requirements.

203.2 Swimmers shall have competed in individual events in at least five Metro Sanctioned swim meets within one year prior to the competition or camp. College students must attend one Senior Metropolitan Championships during the current season. For all travel ~~expense reimbursement~~ **Assistance** requests, one of the five Metro shall have been a Senior Metropolitan Championship.

203.3 The club or athlete shall apply for the travel expense Assistance. Each athlete may submit for up to a total of four (4) travel assistance per season which consists of two (2) short course season and two (2) long course season meets listed below. Olympic and world trials are exempt and are not included in the total.

203.4 The meets and travel ~~expense reimbursements~~ Assistance are as follows: (Senior and Disabilities Chair shall conduct an annual review of all eligible meets. Chairs may modify or add to the list based upon USA Swimming's calendar but may not eliminate or otherwise alter assistance for existing eligible meets without approval from the House.)

.1 Eastern Zone Speedo Champion Series (Sectionals) swimmers in individual events only are eligible for travel ~~reimbursement~~ Assistance of ~~\$200.00~~ \$300.00. Both Summer and Winter. .2 Long Course Senior Zone Championship swimmers in individual events only are eligible for a travel ~~reimbursement~~ Assistance of ~~\$200.00~~ \$300.00. Relay only swimmers are excluded from travel ~~reimbursement~~ Assistance. .3 Beginning September 1, 2012, USA Swimming Winter Junior National Championships swimmers in individual events are eligible for a travel ~~reimbursement~~ Assistance of ~~\$500.00~~ \$750.00. USA Swimming Summer Junior National Championships swimmers in individual events are eligible for a travel ~~reimbursement~~ Assistance of ~~\$800.00~~ \$1200.00. NCSA Junior National Championship Short course or Long Course & Futures Long Course Meet (HOD 5/2018) Swimmers in individual events are eligible for travel ~~reimbursement~~ Assistance of ~~\$400.00~~ \$600.00. National Championship & Para Winter swimmers in Individual Events are eligible for a travel ~~reimbursement~~ Assistance of ~~\$600.00~~ \$900.00. National Championships Summer and Para swimmers in individual events are eligible for travel ~~reimbursement~~ Assistance of ~~\$1000.00~~ \$1500.00. US Open swimmers in individual events are eligible for travel ~~reimbursement~~ Assistance of ~~\$1000.00~~ \$1500.00. - . World Championship Trials swimmers in individual events are eligible for travel ~~reimbursement~~ Assistance of ~~\$1000.00~~ \$1500.00.

.4 Olympic Trial swimmers in Individual Events are eligible for a ~~\$1,500.00~~ \$2250.00 travel ~~reimbursement~~ Assistance. Swimmers who have met the Metro Competition requirement for three of the four years preceding Olympic Trials are eligible for travel Assistance of ~~\$3000.00~~ \$4500.00

OPEN WATER: 10K – Swimmers are eligible for a travel ~~reimbursement~~ Assistance of ~~\$500.00~~ \$750.00. 5K – Swimmers are eligible for travel ~~reimbursement~~ Assistance of ~~\$350.00~~ \$475.00

203.4 203.5

Swimmers who attend National Select Camps sponsored by USA Swimming are eligible for a travel ~~reimbursement~~ Assistance of ~~\$200.00~~ \$350.00.

203.6 Athlete travel assistance is only available for actual and necessary expenses, as outlined in the current year's NCAA manual, not to exceed the cost for the individual to participate in the event.

2.03.7 The Metro Swimming Policy for meal reimbursement will be the United State General Services Administration (GSA) per diem rate.

203.8 If the assistance is requested by a club - all receipts must be in the club's name and swimmer's name. If a family has paid for any part of the requested assistance, the club must submit a statement confirming they are submitting on behalf of the athlete and that the family has been or will be reimbursed the amount by the club. A club may also submit expenses on behalf of the athlete and request payment be made to the athlete or family. Completed Athlete travel assistance forms are due thirty (30) days after the competition or event for which travel assistance



is being requested either by the Athlete or Club. Any submissions received after the thirty days will be returned.

203.5 ~~203.9~~ The Metro Swimming Policy for travel ~~reimbursement~~ Assistance requirements will be as follows:

List of acceptable meets: all Metro Sanctioned meets that were bid on, and accepted at the HOD Bid Meeting, or added on the calendar later with the Board Approval. Swimmers must have competed in individual events in each meet (~~no~~ time trials not included). List of unacceptable meets: High school meets (dual meets, championship meets, State qualifier, State meets, etc.); Approved meets; Observed meets; Out of LSC meets; Dual/tri meets between 2/3 clubs (or more); Time Trials; “Closed” meets; League or association meets (ESSL, YMCA, WFA, etc.) [HOD May 18, 2011]

**Proposal 7: 4.6 ANNUAL AND REGULAR MEETINGS** - The annual meeting of the House of Delegates of Metro shall be held in the Spring, Regular meetings of the House of Delegates may be held in accordance with a schedule adopted by the House of Delegates or the Board of Directors.

.1 PARTICIPATION THROUGH COMMUNICATIONS EQUIPMENT - Members of the House of Delegates may participate in meetings of the House of Delegates through conference equipment only when in-person meetings are not possible. The conference equipment will allow by means of which all persons participating in the meeting can **to** hear each other at the same time. Participation by such means shall constitute presence at a meeting.

9.b: Elections

**Administrative Vice Chair - Dom Boccio**

**Senior Chair – Zac Hojnacki**

**Finance Chair – Christopher Arena**

**Secretary: Jeffrey Chu**

**Annette Mackrel**

**Monique Grayson**

**Coach Representative: John Yearwood**

**Safe Sport Coordinator:**

**Allen Wone**

**Phil Paspalas/Sandy Graham**

**DEI Coordinator: Lamar Decasseres**

**10: UNFINISHED/OLD BUSINESS:**

**11: NEW BUSINESS:**

**There being no further business to come before the Board.... motion to Adjourn**

Metropolitan Swimming  
Report to the House of Delegates  
May 18, 2022  
Office Administration

**Membership**

**As of May 3, 2022**

Clubs - 72  
Premium Athletes – 7744  
Flex Athletes – 360  
Outreach Athletes – 121  
Single Event (Open Water) - 7  
Other Non-Athlete – 116  
Coach – 454  
Officials – 287

**NEW SWIMS 3.0**

After about 10 years of it is coming – it is finally here! September 2022 will be the new SWIMS 3.0 registration for 2023. All teams will be required to use the new registration system. We are not 100% trained on it yet – but have gotten an introduction at the recent workshop in Denver.

First and foremost – the new system will be updating member ID's – it will be a unique 14 character id randomly generated and will not have name or date of birth in it anymore.

Everything will be done on the new system – all registrations – team, athlete and non-athlete. Sanctions will also be done through submission on this system. The basics – clubs, through their vendor, will send a link to members registering with their club and they will register. Registration with USA Swimming will be automatic. USA Swimming will then invoice Metro – Metro will invoice your club. The registration will show clubs that the registration fee will be what USA Swimming charges for registration/plus the LSC amount – it will not include any amount that the club has added. That will be for you to bill separately!

Members will be able to see all of their information, including those in their family. They can register more than one person at a time.

Deck pass is sunsetting.

Club registration – all online – Club can go in and update information at any time – it does not need to go through office anymore.

You will be receiving information from USA Swimming – they will be sending training info and log in information.

It is going to be a work in progress for everyone – but USA Swimming is hoping it will make a more modern data system that will have multiple roles and tools. The office will send any updates on info as it becomes available

It is important to have all the correct info in the database now so it will transfer over to the new system. Please use your club portals to check your information – and use the current change of information form on the web site to submit changes. Emails are especially important.

### **Registration fees for 2022-2023 Season**

Athlete and non-athlete will be \$80: \$68 to USA Swimming - \$12 to Metro  
Flex - \$20 - - \$10 to USA Swimming, \$10 to Metro (This may change as per USA Swimming) **Rumor – change to age limit to 12 and unders and an increase in price**  
Outreach - \$5 (Metro does not add an LSC fee to this)  
Administrator - \$30 (Metro is not adding an LSC fee to this membership)

**Administrator membership** – This is for ie:meet marshalls, webmasters and team board members. This is not for anyone who is in a position of direct oversight of athletes – coaches, officials – wet and dry side or employees. There is a FAQ on the website.

### **Coaches Certifications**

Coaches are required to have their certifications up to date – regardless of the pandemic. Extensions were issued and expired September 1, 2021. **There are no exceptions to having updated deck passes.** Coaches with any expired certification can NOT be on deck in any capacity. Showing a certification does not suffice – must be in the database.

Teams with head coaches that have expired certifications are considered not in good standing.

### **Sanctions and Time Trials**

We have had a great short course season with many meets! Our Long Course calendar is also very full. This will be the last season of COVID related exceptions, so the 2022-2023 season will be back to normal operations on sanctions. FYI – sanctions will also be done in SWIMS 3.0!

Let's remember that meets should be sanctioned and posted NO LATER than 6-8 weeks before the meet – we have been a bit lax in this area.

### **Info**

Remember – Check website often – it is updated regularly with important info!

Respectfully submitted,

Mary Fleckenstein  
Administrative Manager



## May 2022 House of Delegates Meeting Metropolitan Swimming Finance Vice-Chair Report

As this will be my final HOD report as the Finance Vice Chair for the last 2 terms/4 years, I'd like to take this opportunity to thank the other board members for working with me as we have improved many processes and procedures. Hopefully this has made things easier for everyone as well as improving transparency to all. It has been a challenging time in the last 2 years making sure that LSC stayed financially stable and was able to meet its obligations as well as building for the future and providing for the swimmers. Metro is exiting the current pandemic stronger than a lot of other LSCs!

### **Some highlights over the past 4 years:**

- Simplified payments/reimbursements to vendors, swimmers, parents and clubs
- Manual checks have been almost eliminated.
- Accounting Vendor has provided needed guidance and accounting services
- Mandatory external 3<sup>rd</sup> party annual audits have been implemented
- Reduced expense lines in budget where needed

### **Budget 2022-2023**

- Budget lines should be normal.
- Incoming Finance Chair will need to start budget process shortly

### **Internal Accounting**

- RFI/RFP will need to be issued for next few years for services.

# SWIMS / NTV / Records / Top 25 / Secretary Monique Grayson – HOD May 2022

## SWIMS:

From September 2021 to May 2, 2022, I have entered 268 meets in SWIMS and in our database – 255 SCY meets, and 13 LCM meets:

12 approved meets  
38 observed meets  
5 distance meets  
4 dual meets  
77 time-trials meets  
13 LCM meets  
50 out-of-LSC meets  
69 invitational meets

## NTV:

- **Times Not Loaded:** We continue to see times not loaded due to non-compliance to the APT requirement for adult. It is highly recommended that an athlete who turns 18 not wait to complete the APT. Likewise, an athlete who must retake the APT (done yearly), should not wait until the last minute.
- **Meet Name Format:** Please remember to use the correct format when setting up a meet and its' database. The correct format is YEAR LSC TEAM MEET NAME (as 2021 MR BGNW 14-Under Championship).

## RECORDS:

Metro Swimmers set many new SCY records since September – some more than once by the same swimmers.

- 15-16 girls – Cavan Gormsen – LIAC (2); Tess Howley – LIAC (4)
- 17-18 girls – Tess Howley – LIAC (4)
- 15-18 girls – LIAC (200 free, 400 free and 200 medley relays)
- 11-12 boys – Reid Oconnell – LIAC (11) – Ryan Baldwin – LIAC (1)  
LIAC 11-12 boys 200 free, 400 free and 400 Medley Relays
- 13-14 boys – Sean Green – LIAC (6); Noah Cakir – TS (3)  
BAD 13-14 boys 200 free relay  
LIAC 13-14 boys 200 and 400 medley relays

## METRO TOP 25:

Top 25 are updated and posted on the Metro Website every week once all the previous weekend's meets are received and uploaded to SWIMS.

## SECRETARY:

Minutes of all the Board of Directors' Meetings since September are posted on the Metropolitan Swimming Website. ~~After 30 years as secretary, I have decided not to run again for this position on the Metro Board of Directors. It has been a very fulfilling time, but I need to resign now, after all those years! I wish good luck to whomever will replace me.~~

May 20, 2022 – I have decided to postpone my retirement from Secretary and run for the position again. There are too many issues at this time, and I feel that I can't abandon the Board now, especially with SWIMS 3.0 starting with September's Registrations.

## USA SWIMMING WORKSHOP:

Six of us attended a USA Swimming Workshop in Denver, CO, April 21-23, 2022 (Mary & Kimberly – Registrations/office; John Yearwood – DEI/Coaches; Thomas and Frankie – athletes; and Monique – SWIMS/Times).

The sessions introduced the new **SWIMS 3.0** initiative and explained the “why” behind the future of SWIMS and the future of the SWIMS database.

Respectfully submitted by Monique Grayson, May 2, 2022 (corrected May 20, 2022)



Dom Boccio  
Administrative Vice-Chair  
May 2022 HOD Report

**Policies and Procedures Manual and Bylaws:** P&P and bylaws remain updated and available on the Metro Website.

**Officials Committee Overhaul:** A thank you to our newly formulated Officials Committee. While the arduous task of overhauling this system will take time, we are moving in the right direction. Thank you to our Meet Referees, meet officials who ran our regular season and championship season meets this short course season. As we move forward with this newly functioning committee the goal will remain to develop current officials and recruit and train new officials.

**Committee Activation:** Should I be re-elected to Admin Vice-Chair for my final term, I would like to once again revisit and engage our division chairs to commit to quarterly meetings of committees. Committee meetings do not need to be about activism or policy change, they can be exchanges of ideas that can help drive our LSC forward for the betterment of our athletes.

**Post-Meet Reports:** Were submitted for SCY 21-22 in a fairly timely manner. Many teams chose the re-opened Check option which brought back a bit of a paper chase, but there was very little issue in timely submissions. Sessions did not exceed maximums throughout the year as many teams are keeping to smaller sessions in a "post Covid" world.

**Thank You:** A thank you to members of the BOD who are completing their time on the BOD, specifically Monique Grayson, our cherished Secretary whose impact on our LSC extends over 30 years! Our LSC will never be the same!

Respectfully submitted,  
Dom Boccio, Admin Vice-Chair

Congratulations to...

Long Island Aquatics Club on a combined team score championship at the 2022 TYR Short Course Senior METS!

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The following clubs for achieving USA Swimming Club Excellence for 2021-2022:

**Gold**

LIAC

**Silver**

BAD

WEST

**Bronze**

BGNW

EAST

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The following swimmers and teams who represented Metro at the International Team Trials in April!

Hana Shimizu-Bowers – BAD

Emily Escobedo - COND

Cavan Gormsen - LIAC

Sean Green - LIAC

Tess Howley - LIAC

Jason Louser - LIAC

Chole Stepanek – LIAC

Ryan Held – NYAC

Denise Phelan – TS

---

AGUA for a 2<sup>nd</sup> place finish at the Eastern Zone Sectionals!

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Please consider signing up for Senior committee. It is integral we work together to elevate Senior swimming in our LSC.

Zac & Don

# Metropolitan Swimming

## Age Group & Disabilities Report

### Age Group

#### Championship Meets:

Thank you to the teams that hosted championship meets around the LSC! Thank you to LIAC for hosting J.O.s and 8 year old championships, Newburgh Sharks for hosting Silvers and Bronze North, Nile Crocodile for hosting Silvers & Bronze Central, and TVSC for hosting Silvers South. Congratulations to all swimmers and coaches for their accomplishments this season!

#### Long Course Age Group Zones:

This years' meet will be held in Ithaca, NY. We are awaiting information from the EZ Technical Planning committee in regards to any limitations the meet host may have in terms of numbers and how it could impact competition. Currently the plan is to return to qualifying times (pre-covid model).

Any coaches interested in serving as a Zone coach this year please fill out the application available on the Metro Zone Website!

### Disabilities

US Para swimming now has coaching certifications available. Please use the link below to access further information regarding levels and options:

<https://www.teamusa.org/usparaswimming/coaching-resources>

Any Metro member interested in serving on the age group committee or the disabilities committee please reach out to Kate Hallex.

Respectfully Submitted,

Kate Hallex





Metropolitan Swimming  
Diversity, Equity, and Inclusion Committee  
Committee Chair Report

May 1, 2022

The Diversity Equity and Inclusion Committee (DEI Committee) serves the Metro community by providing education, support and quality opportunities for members to achieve excellence in a diverse swimming community. Our committee is made up of Metropolitan Swimming members who volunteer their time in service of our LSC.

**Outreach membership**

USA Swimming and Metropolitan Swimming offers a membership program to help and encourage the economically disadvantaged youth who are unable to afford the USA Swimming membership fees.

Currently we have a total of 115 swimmers that are registered outreach within our LSC. This number is an increase from the 73 registered swimmers during the previous FY 20-21.

*Looking forward to working with member clubs to find ways to increase membership through outreach and ensure the swimmers who are currently registered continue to receive the support they need.*

**Meet Fee Reimbursement**

Program continues to offer financial support in the form of meet entry fee reimbursement to qualifying registered outreach athletes within the LSC. Additionally, for the second year in a row, the committee was able to cover costs for any registered outreach athletes who competed in this years short course Metropolitan Swimming JO Championships.

*Looking forward to continuing this program into the next fiscal year, with hopes of being able to support swimmers in need.*

### **Donations**

DEI committee received small number of donated swim equipment and gently used tech suits from the Metro membership community. Additionally, a large number of TYR swim equipment was also received from Metro Office. As was done in the past, these items were distributed amongst the teams within the LSC to be handed out to swimmers in need.

### **DEI Committee Meetings & Members**

Committee included many new members who were committed to and willing to bring new creative ideas to the committee. Committee successfully held 3 meetings via zoom, each in July 2021, September 2021 and January 2022. Goal for upcoming year is to try and have more in person committee meetings.

### **DEI University (DEI 101)**

Committee Chair held the 1<sup>st</sup> ever DEI 101 session on January 8<sup>th</sup>, 2022 at the NCAC facility in Long Island. Great session with the Senior Group of LIAC-MR. Congratulations to the LIAC Senior group who attended on being the first graduation class of DEI 101. Any teams interested in having their clubs participate in this program, please reach out to the DEI Chair.

*Special thanks to Dave Ferris and Ginny Nussbaum for their generous monetary donation to Metropolitan Swimming's DEI. The committee is looking forward to developing a plan to utilize this donation for the purposes that it has been earmarked for.*

**Respectfully Submitted,  
Lamar DeCasseres- DEI Chairperson**

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961

## Proposal to Amend Policy and Procedures Manual

962

963

Proposed Change is to Article(s) 203

Submitted by David Ferris from Long Island Aquatic Club

Check one:  Non-Athlete Member  Member of the House of Delegates

Member of the Board of Directors  Member of Board of Review

967

Check one:  Change Article  Delete Article (and renumber if appropriate)

### . Article 203 - Travel ~~Expense~~ Assistance Reimbursement

**203.1** Metro swimmers who qualify for and attend approved national and regional meets and National Select Camp are eligible for travel ~~expense reimbursement~~ assistance provided they meet eligibility requirements.

**203.2** Swimmers shall have competed in individual events in at least five Metro Sanctioned swim meets within one year prior to the competition or camp. College students must attend one Senior Metropolitan Championships during the current season.

For all travel expense reimbursement request, one of the five Metro shall have been a Senior Metropolitan Championship.

**203.3** The club or athlete shall apply for the travel expense reimbursement.

**203.4** The meets and travel ~~expense reimbursements~~ assistance are as follows, (Senior and Disabilities Chair shall conduct an annual review of all eligible meets. Chair may modify or add to list based upon USA Swimming's calendar but may not eliminate or otherwise alter assistance for existing eligible meets without approval from the House.):

.1 Eastern Zone Speedo Champion Series (Sectionals) swimmers in individual events only are eligible for a travel ~~reimbursement~~ assistance of \$200.00. Both Summer and Winter. .2 Long Course Senior Zone Championship swimmers in individual events only are eligible for a travel ~~reimbursement~~ assistance of \$200.00. Relay only swimmers are excluded from travel ~~reimbursement~~ assistance. .3 Beginning September 1, 2012, USA Swimming Winter Junior National Championships swimmers in individual events are eligible for a travel ~~reimbursement~~ assistance of \$500.00. USA Swimming Summer Junior National Championships swimmers in individual events are eligible for a travel ~~reimbursement~~ assistance of \$800.00. NCSA Junior National Championship Short course or Long Course & Futures Long Course Meet (HOD 5/2018) Swimmers in individual events are eligible for a travel ~~reimbursement~~ assistance of \$400.00. National Championship Winter swimmers in Individual Events are eligible for a travel ~~reimbursement~~ assistance of \$600.00. National Championships Summer swimmers in individual events are eligible for a travel ~~reimbursement~~ assistance of \$1000.00. US Open swimmers in individual events are eligible for a travel ~~reimbursement~~ assistance of \$1000.00.

World Championship Trials swimmers in individual events are eligible for a travel ~~reimbursement~~ assistance of \$1000.00.

.4 Olympic Trial swimmers in Individual Events are eligible for a \$1,500.00 travel ~~reimbursement~~ assistance. Swimmers who have met the Metro Competition requirement for three of the four years preceding Olympic Trials are eligible for a travel ~~reimbursement~~ assistance of \$3000.00

OPEN WATER: 10K – Swimmers are eligible for a travel ~~reimbursement~~ assistance of \$500.00. 5K – Swimmers are eligible for a travel ~~reimbursement~~ assistance of \$350.00.

**203.4** Swimmers who attend National Select Camps sponsored by USA Swimming are eligible for a travel ~~reimbursement~~ assistance of \$200.00.

**203.5** The Metro Swimming Policy for travel ~~reimbursement~~ assistance requirements will be as follows:

List of acceptable meets: all Metro Sanctioned meets that were bid on, and accepted at the HOD Bid Meeting, or added on the calendar later with the Board Approval. Swimmers must have competed in individual events in each meet (no time trials). List of unacceptable meets: High school meets (dual meets, championship meets, State qualifier, State meets, etc.); Approved meets; Observed meets; Out of LSC meets; Dual/tri meets between 2/3 clubs (or more); Time Trials; “Closed” meets; League or association meets (ESSL, YMCA, WFA, etc.) [*HOD May 18, 2011*]

**203.6 Per NCAA rules: athletes are allowed to take reimbursement for actual and necessary expenses. Metro Swimming Policy for travel assistance will allow for all NCAA allowable expenses as per the current year NCAA manual.**

**203.7 The Metro Swimming Policy for meal reimbursement will be the United States General Services Administration (GSA) per diem rate.**

Officials' Chair's report  
May 1, 2022

The major restructuring of the Officials' Committee that was approved at the September 2021 HOD has had the desired result of enabling the Committee to function more effectively and more transparently. As part of the restructuring, three new positions were created and in addition to the Chair, the Committee now includes a New Officials' Training Coordinator, an Advancement and Certification Coordinator, and an At-large Member. The Metro Administrative Vice-Chair also has a voice, but no vote, on the Committee, and in keeping with USA Swimming guidelines, the Committee also has two voting Athlete Representatives. The Committee members have been working diligently not only to fill, but also in many ways to define their positions' responsibilities, and the fruits of their efforts can be seen in a number of quarters, including the frequency with which clinics for new officials are being offered, the steady progress being made by apprentice Starters and Referees, and the already greatly improved officials' section on the website which, in its current state, is but a precursor to the far more robust section that is currently being developed.

With the aim of distributing our limited funds most equitably, the Committee has made major changes to the background check reimbursement policy: while all requests must still be made within the 30-day reimbursement window, reimbursements are no longer made on a first-come-first-served basis but will be allotted by the Committee at the end of the fiscal year. In an attempt to improve the advancement of apprentice Starters and Referees, the Committee has established and posted lists of Metro mentors/evaluators who are able to conduct final observation reports on apprentice Starters and Referees. The Committee is also working to establish minimum requirements for those wishing to serve as Meet Referee for Senior Mets and at the next quarterly meeting, the Committee will be reviewing and potentially revising the officials' travel reimbursement policy. There is always much to do, but the Officials' Committee is committed to working collaboratively to address current and future issues.

The Committee has formed or is in the process of forming several working groups led by Committee members, that will, among other things: undertake reviews of our wet- and dry-side training materials and suggest standards for trainers; review, refine (in some cases, define) and suggest potential revisions to the LSC's certifications; consider whether clinics should be established for Starters and Referees; review and continue to improve the officials' link on the homepage; and establish an official social media presence for the Committee. The proposals that emerge from the working group will be brought to the full Committee for consideration and action.

*The New York Times* reported in the past week on the dramatic decline among officials of all youth sports that has taken place over the past few years, something that is unsurprisingly reflected in our current membership numbers. While our numbers have not yet returned to their pre-COVID levels, the state of Metro officiating remains, overall, in very good shape. We continue to welcome new members to the Metro officiating team and we are fortunate in that our certified, volunteer officials continue to demonstrate the highest levels of commitment and dedication by staffing all the many time trials, team- and LSC-run meets that we hold throughout the year. That Metro

currently has more officials with national certifications than it has ever had, including many people who have recently acquired their first, and one hopes not their last, national certification, is yet another indicator of the positive direction in which Metro officiating is moving. In addition, many senior officials continue to represent Metro, more and more frequently in assigned positions, at four- and five-star national meets.

Respectfully submitted,

Mark Amodio  
Officials' Chair

# OPEN WATER COMMITTEE REPORT

METROPOLITAN SWIMMING, Inc.

MAY 4, 2022

Our annual Metropolitan Swimming 2022 Open Water Championships will be held on Saturday, September 24 at the Rye Town Beach in Rye, NY.

HAA-SSC-TVSC have joined together to conduct an Open Water Swim Meet on July 8 at Cedar Beach in Mt. Sinai.

Open Water Officials Certification is being conducted via Zoom in two sessions.

co-chairs – Jeff Chu and George Fleckenstein

961 **Proposal to Amend Policy and Procedures Manual**

962

963 Proposed Change is to Article(s) 203

964 Submitted by Eric Fisher from \_\_\_\_\_

965 Check one:  Non-Athlete Member  Member of the House of Delegates

966  Member of the Board of Directors  Member of Board of Review

967

968 Check one:  Change Article  Delete Article (and renumber if appropriate)

969  Add Article (and renumber if appropriate)

970

971 Write out the Article to be changed. Underline new text. Draw a line through deleted text.

972 See attached proposal . . . . .

Article 203 - Travel ~~Expense Reimbursement~~ Assistance

203.1 Metro swimmers who qualify for and attend approved national and regional meets and National Select Camp are eligible for ~~travel expense reimbursement~~ Assistance provided they meet eligibility requirements.

203.2 Swimmers shall have competed in individual events in at least five Metro Sanctioned swim meets within one year prior to the competition or camp. College students must attend one Senior Metropolitan Championships during the current season. For all travel ~~expense reimbursement~~ Assistance requests, one of the five Metro shall have been a Senior Metropolitan Championship.

203.3 The club or athlete shall apply for the travel expense Assistance. Each athlete may submit for up to a total of four (4) travel assistance per season which consists of two (2) short course and two (2) long course meets listed below. Olympic and world trials are exempt and are not included in the total.

203.4 The meets and travel ~~expense reimbursements~~ Assistance are as follows:

- .1 Eastern Zone Speedo Champion Series (Sectionals) swimmers in individual events only are eligible for travel ~~reimbursement~~ Assistance of ~~\$200.00~~ \$300.00. Both Summer and Winter.
- .2 Long Course Senior Zone Championship swimmers in individual events only are eligible for a travel ~~reimbursement~~ Assistance of ~~\$200.00~~ \$300.00. Relay only swimmers are excluded from travel ~~reimbursement~~ Assistance.
- .3 Beginning September 1, 2012, USA Swimming Winter Junior National Championships swimmers in individual events are eligible for a travel ~~reimbursement~~ Assistance of ~~\$500.00~~ \$750.00. USA Swimming Summer Junior National Championships swimmers in individual events are eligible for a travel ~~reimbursement~~ Assistance of ~~\$800.00~~ \$1200.00. NCSA Junior National Championship Short course or Long Course & Futures Long Course Meet (HOD 5/2018) Swimmers in individual events are eligible for travel ~~reimbursement~~ Assistance of ~~\$400.00~~ \$600.00. National Championship Winter swimmers in Individual Events are eligible for a travel ~~reimbursement~~ Assistance of ~~\$600.00~~ \$900.00. National Championships Summer swimmers in individual events are eligible for travel ~~reimbursement~~ Assistance of ~~\$1000.00~~ \$1500.00. US Open swimmers in individual events are eligible for travel ~~reimbursement~~ Assistance of ~~\$1000.00~~ \$1500.00. - . World Championship



Trials swimmers in individual events are eligible for travel ~~reimbursement~~ Assistance of ~~\$1000.00~~ \$1500.00.

.4 Olympic Trial swimmers in Individual Events are eligible for a ~~\$1,500.00~~ \$2250.00 travel ~~reimbursement~~ Assistance. Swimmers who have met the Metro Competition requirement for three of the four years preceding Olympic Trials are eligible for travel Assistance of ~~\$3000.00~~ \$4500.00

OPEN WATER: 10K – Swimmers are eligible for a travel ~~reimbursement~~ Assistance of ~~\$500.00~~ \$750.00. 5K – Swimmers are eligible for travel ~~reimbursement~~ Assistance of ~~\$350.00~~ \$475.00

~~203.4~~ 203.5

Swimmers who attend National Select Camps sponsored by USA Swimming are eligible for a travel ~~reimbursement~~ Assistance of ~~\$200.00~~ \$350.00.

203.6 Athlete travel assistance is only available for expenses not covered by any other source excluding family members or guardians. All receipts must be included with the request for Assistance. Travel, housing, and food are only reimbursable for the athlete not for family members or coaches. Meal receipts must be detailed and only 1 meal per receipt. All receipts must have the athlete's name on them. Athletes may receive \$25 per day for meal expenses if no receipts are available.

### **LIST OF APPROVED DOCUMENTS FOR PROOF OF TRAVEL EXPENSES FOR CHAMPIONSHIP MEET REIMBURSEMENT**

**Athletes first and last name must appear on documents**

**(Hand written names for the identification of expense are acceptable)**

Hotel receipts from venue area/city and within the date range of the meet

Receipts or ticket stubs for airfare, train, bus, or rental car to/from city of meet venue

Mileage – include a Google Maps, MapQuest, or similar travel program to support mileage from the athlete's home to the city of the meet venue. Mileage will be reimbursed at current government rates per mile. Please list any toll-related expenses.

Meal receipts (meal expenses up to \$25 per day per athlete will not require a receipt)

**The requirement for proof of travel expense is to protect Metropolitan Swimming Inc. and the teams and athletes receiving the Assistance**

203.7 If the assistance is requested by a club - all receipts must be in the club's name and swimmer's name. If a family has paid for any part of the requested assistance, the club must submit a statement confirming they are submitting on behalf of the athlete and that the family has been or will be reimbursed the amount by the club. A club may also submit expenses on behalf

of the athlete and request payment be made to the athlete or family. Completed Athlete travel assistance forms are due thirty (30) days after the competition or event for which travel assistance is being requested either by the Athlete or Club. Any submissions received after the thirty days will be returned.

203.5 ~~203.8~~ The Metro Swimming Policy for travel ~~reimbursement~~ Assistance requirements will be as follows:

List of acceptable meets: all Metro Sanctioned meets that were bid on, and accepted at the HOD Bid Meeting, or added on the calendar later with the Board Approval. Swimmers must have competed in individual events in each meet (~~no~~ time trials not included). List of unacceptable meets: High school meets (dual meets, championship meets, State qualifier, State meets, etc.); Approved meets; Observed meets; Out of LSC meets; Dual/tri meets between 2/3 clubs (or more); Time Trials; “Closed” meets; League or association meets (ESSL, YMCA, WFA, etc.) [HOD May 18, 2011]

## Technical Planning Report (May 2022):

Metropolitan Swimming heads into the Long Course 2022 season with the goal of returning to standard procedures and protocols.

While a small number of Metro teams are operating with record athlete totals, many Metro clubs continue to operate with athlete totals well below pre-pandemic levels.

Despite the fact that the sport of swimming continues to get faster and faster, Metro's 2022 LC Championship Time Standards remain stable to reflect the reality that many clubs are still in a recovery phase.

### ***Important information for Coaches/Clubs:***

1. Meet bids for the Short Course 2022-2023 season were due May 1.  
Teams seeking to add new meets to the calendar must submit their requests to the Metro Office AND Technical Planning.  
Any late bids should be made for weekends that do not have numerous meets on the calendar and on weekends when there are no meets in your immediate area on the calendar.
2. Once meet information is posted on the Metro website, any requests to change meet information (meet format, session start times, events offered, etc.) must be submitted to the Metro Office AND Technical Planning.  
*Reminder: Once entries have been received, any major changes will also require the approval of ALL attending teams.*
3. Silvers bids for SC 2022-2023:  
We have received one bid from South and one bid from Central.  
***We are still waiting to receive a bid for Silvers North.***
4. Bronze bids for SC 2022-2023:  
We have received one bid from South, one bid from Central, one bid from North.  
All three bids were for the proposed March dates.  
We do not receive parallel bids for the proposed alternate February dates.  
***Unless there is a motion from the floor, we will not hold a vote on the dates for Bronze and the Bronze meets will take place on the proposed March weekend.***
5. Qualifying period for Metro Championship Meets:  
The qualifying period for LC 2022 Metro Championship Meets is May 1, 2021 through the meet entry deadline.  
The qualifying period for SC 2022-2023 Metro Championship Meets is January 1, 2022 through the meet entry deadline.

***Metro Championship Time Standards and Team Alignments will be reviewed at the end of the Long Course season.***