

2023 MR NCAC Third LCM Sprint Meet - 7/9/2023**Sanction #: 230702 - 230750-TT****Results - Time Trial****Mixed 400 LC Meter Freestyle Time Trial**

Name	Age	Team	Finals Time
- Time Trial			
1 Brown, Nico G	14	UNAT	5:15.55

Mixed 400 LC Meter IM Time Trial

Name	Age	Team	Finals Time
- Time Trial			
1 Gonzalez, James	15	APEX-MR	5:22.35