

# Phoenix Aquatic Club – Head Age Group Coach

Phoenix Aquatic Club, located in Rockland County, New York, is seeking an experienced and motivated Head Age Group Coach. We are looking for a coach with a passion for athlete development, a strong technical background, and the ability to foster a positive and competitive team culture. Interested applicants should submit a letter of interest to CoachRyan@phoenixaquaticclub.com.

#### Role Overview

The Head Age Group Coach is responsible for leading, developing, and mentoring age group swimmers, with an emphasis on technical development, training progression, and long-term athlete growth. This role includes managing training programs, supervising assistant coaches, overseeing meet preparation, and fostering strong communication with athletes and families.

# Coaching & Athlete Development

- Design and implement age-appropriate, progressive training plans for age group swimmers.
- Provide technical instruction focused on stroke mechanics, efficiency, and skill development.
- Lead engaging and challenging practices in a safe, positive, and motivating environment.
- Track the progress of athletes and provide regular feedback on performance and goals.
- Promote sportsmanship, teamwork, and a strong team culture.

### Leadership & Management

- Serve as the primary coach for the age group program, ensuring a clear developmental pathway.
- Supervise and mentor assistant age group coaches, supporting their professional growth.
- Collaborate with the Head Coach to align training plans with the overall club philosophy and goals.

#### **Administrative Duties**

- Manage meet entries and coordinate event participation for assigned swimmers.
- Assist in organizing and running all six annual home meets, including setup and breakdown.
- Support practice and meet scheduling in collaboration with club leadership.
- Maintain accurate records of attendance, training plans, and swimmer progression.
- Respond to program inquiries and direct communication to the appropriate staff when needed.

### Communication

- Maintain open, professional communication with swimmers and parents regarding progress, goals, and behavior.
- Provide regular updates via email, phone, or the team website.
- Collaborate with parents and swimmers to set appropriate goals and select races at meets.

# **Expectations**

- Coach swimmers in proper technique, endurance, and race strategy to support individual goals.
- Attend scheduled practices, swim meets, team functions, and meetings as required.
- Work closely with the Head Coach and Director of Operations to support the club's daily operations and long-term vision.
- Maintain current USA Swimming certifications and stay up to date with professional development.
- Demonstrate professionalism, punctuality, and alignment with USA Swimming's Code of Ethics and Conduct.

### Salary & Compensation

Based upon experience, the position offers an annual salary of \$65,000-\$80,000, paid biweekly via direct deposit. In addition, \$299-\$350 per month will be allocated toward insurance.