

**RECORDS MR SCY Records**

**Yards-Female**

8 & U	25	Free	13.47	<b>31-May-13</b>	NCAC- MR	Sarah Tsai at 2013 MR NCAC May 31st Time Trials	
	50	Free	28.94	<b>7-Dec-23</b>	EAST- MR	Emma Blaho at 2023 CRA Winter Invitational	
	100	Free	1:02.70	<b>13-Feb-16</b>	WEST- MR	Claire J. Weinstein at Metro Zone Team Qualifier	
	25	Back	15.69	<b>5-Feb-16</b>	WEST- MR	Claire J. Weinstein at 2016 MR Condors Last Chance Meet	
	50	Back	31.75	<b>13-Feb-16</b>	WEST- MR	Claire J. Weinstein at Metro Zone Team Qualifier	
	25	Breast	17.45	<b>18-Jul-03</b>	LGAC- MR	Annie Zhu	
	50	Breast	37.17	<b>7-Dec-23</b>	EAST- MR	Emma Blaho at 2023 CRA Winter Invitational	
	25	Fly	14.39	<b>10-Dec-10</b>	HYB- MR	Chloe Stepanek at YMCA Holiday Invitational	
	50	Fly	32.38	<b>11-Mar-16</b>	TVSC- MR	Emily A. Herr at Metro Junior Olympics SCY	
	100	IM	1:12.05	<b>13-Feb-16</b>	WEST- MR	Claire J. Weinstein at Metro Zone Team Qualifier	
	100	Free Relay	1:00.11	<b>1-May-99</b>	MSC- MR	Marist	
	200	Free Relay	2:11.43	<b>6-Mar-15</b>	WEST- MR	Westchester Aquatic Club	L. Lee, A. Zhang, C. Weinstein, K. Sweeney
	100	Medley Relay	1:08.07	<b>9-Mar-09</b>	LGAC- MR	LaGuardia Aquatic Club	A.Jackson, K.Polanco, J.Bouzarouata, K.Zezula
	200	Medley Relay	2:25.60	<b>31-Jan-15</b>	WEST- MR	Westchester Aquatic Club	A. Zhang, S. Lin, L. Lee, K. Sweeney
	9-10	50	Free	24.90	<b>8-Dec-05</b>	AGUA- MR	Lia M. Neal
100		Free	55.63	<b>3-Feb-06</b>	AGUA- MR	Lia M.Neal	
200		Free	2:00.39	<b>27-Mar-24</b>	BAD- MR	Vanessa D. Delev at 2024 Eastern Zone SC Age Group Championships	
500		Free	5:25.28	<b>8-Mar-24</b>	BAD- MR	Vanessa D. Delev at 2024 MR SC Junior Metropolitan Championships	
1000		Free	11:18.92	<b>24-Nov-17</b>	WEST- MR	Claire J. Weinstein at LIE Thanksgiving Classic	
1650		Free	19:38.63	<b>8-Nov-15</b>	WEST- MR	Alexandra Bastone at BGNW Marlins Distance Meet	
50		Back	28.93	<b>16-Apr-14</b>	WEST- MR	Joy Jiang at 2014 NASA Showcase Classic	
100		Back	1:01.85	<b>16-Apr-14</b>	WEST- MR	Joy Jiang at 2014 NASA Showcase Classic	
200		Back	2:17.62	<b>7-Dec-17</b>	WEST- MR	Claire Weinstein at 2017 NCAP Invitational	
50		Breast	32.65	<b>18-Mar-05</b>	LGAC- MR	Annie Zhu	
100		Breast	1:09.79	<b>18-Mar-05</b>	LGAC- MR	Annie Zhu	
200		Breast	2:40.43	<b>21-Jan-23</b>	PAC- MR	Kaitlyn Zhang at 2023 PAC Winter Invitational	
50		Fly	27.63	<b>15-Nov-12</b>	WEST- MR	Kate Douglass at FGC-Speedo Winter Championshi	
100		Fly	1:01.20	<b>4-Aug-14</b>	WEST- MR	Joy Jiang at 2014 MR WEST Last Chance Summer Time Trials	
200		Fly	2:27.58	<b>11-Feb-18</b>	WEST- MR	Neala Klein at WEST Winter Quack Splash Time Trials	
100		IM	1:03.94	<b>16-Apr-14</b>	WEST- MR	Joy Jiang at 2014 NASA Showcase Classic	
200		IM	2:18.01	<b>8-Mar-24</b>	BAD- MR	Vanessa D. Delev at 2024 MR SC Junior Metropolitan Championships	
400		IM	5:01.92	<b>27-Jan-18</b>	WEST- MR	Claire Weinstein at 2018 ChrisDewey IMX Memorial Meet	
10 & U		200	Free Relay	1:51.26	<b>4-Aug-14</b>	WEST- MR	Westchester Aquatic Club
	400	Free Relay	4:04.45	<b>4-Aug-14</b>	WEST- MR	Westchester Aquatic Club	J. Jiang, K. Chen, M. Lee, Y. Collmar
	200	Medley Relay	2:02.59	<b>15-Jan-17</b>	LBA- MR	Long Beach Aquatics	A Guglielmo, K Sullivan, S Paggi, O Vogt
	400	Medley Relay	4:44.27	<b>25-Mar-23</b>	LIAC- MR	LIAC at FL NCSA Age Group Champs	L Coratti, A Simons, M Wu, L Oconnell
11-12	50	Free	23.58	<b>29-Nov-07</b>	AGUA- MR	Lia M. Neal at 2007 ConocoPhillips Short Course Nationals	
	100	Free	50.90	<b>29-Nov-07</b>	AGUA- MR	Lia M. Neal at 2007 ConocoPhillips Short Course Nationals	
	200	Free	1:51.57	<b>6-Dec-07</b>	AGUA- MR	Lia M. Neal at 2007 STAR Short Course Invitational	
	500	Free	4:54.03	<b>13-Feb-20</b>	WEST- MR	Claire J. Weinstein at 2020 MR TYR Senior Mets Winter Championships	
	1000	Free	10:06.67	<b>12-Dec-19</b>	WEST- MR	Claire J. Weinstein at 2019 NCAP Invitational	
	1650	Free	16:46.33	<b>12-Dec-19</b>	WEST- MR	Claire J. Weinstein at 2019 NCAP Invitational	
	50	Back	26.17	<b>7-Dec-23</b>	QNS- MR	Julia Bak at PV-NCAP Invitational @ College Park, MD	
	100	Back	56.42	<b>20-Jan-24</b>	QNS- MR	Julia Bak at 2024 MR WEST Chris Dewey IMX Memorial Meet	
	200	Back	2:02.03	<b>31-Mar-16</b>	WEST- MR	Joy Jiang at 2016 EZ Speedo Short Course Super Sectionals	
	50	Breast	29.55	<b>16-Mar-07</b>	LGAC- MR	Annie Zhu at 2007 MR Metro Junior Olympics SC	
	100	Breast	1:03.54	<b>11-Nov-06</b>	LGAC- MR	Annie Zhu at 2006 MR New York City Open	

**RECORDS MR SCY Records**

11-12	200 Breast	2:16.16	<b>8-Mar-07</b>	LGAC- MR	Annie Zhu at NE 2007 Speedo Champions Series
	50 Fly	25.07	<b>4-Dec-15</b>	LGAC- MR	Vanessa Chong at 2015 DSC Speedo Holiday Classic
	100 Fly	56.31	<b>27-Nov-15</b>	LGAC- MR	Vanessa Chong at 2015 MR LIE Thanksgiving Classic Swim Meet
	200 Fly	2:03.35	<b>11-Mar-16</b>	WEST- MR	Joy Jiang at Metro Junior Olympics SCY
	100 IM	58.05	<b>1-Nov-14</b>	WEST- MR	Kate Douglass at WEST Tina Ficarelli Memorial Meet
	200 IM	2:05.20	<b>3-Nov-14</b>	WEST- MR	Kate Douglass at 2014 MR OB Girls Section One Championships
	400 IM	4:21.49	<b>19-Feb-15</b>	AGUA- MR	Isabel G. Gormley at 2015 MR Senior Mets SCY Winter Championships
	200 Free Relay	1:39.17	<b>7-Dec-17</b>	LIAC- MR	Long Island Aquatic Club C. Gormsen, B. Ye, M. so, T. Howley
	400 Free Relay	3:35.53	<b>13-Feb-15</b>	LIAC- MR	Long Island Aquatic Club C.Stepanek, I.Antoniuk, B.Gellineau, M.Competello
	200 Medley Relay	1:45.02	<b>2-Dec-23</b>	PAC- MR	PAC at 2023 CT CPAC December Invite J.Kim, K Zhang, G Catanzaro, Z Park
	400 Medley Relay	3:58.89	<b>11-Dec-14</b>	AGUA- MR	Asphalt Green Unified AquaticsI. Gormley, S. Zhang, Z. Moon, C. Krevitt
13-14	50 Free	22.32	<b>1-Nov-16</b>	WEST- MR	Kate Douglass at 2016 MR OB Girls Section One Championship
	100 Free	48.99	<b>1-Nov-16</b>	WEST- MR	Kate Douglass at 2016 MR OB Girls Section One Championship
	200 Free	1:47.35	<b>12-Dec-19</b>	LIAC- MR	Tess O. Howley at 2019 NCAP Invitational
	500 Free	4:44.10	<b>11-Dec-20</b>	WEST- MR	Claire J. Weinstein at 2020 MR BGNW 18-Under Winter Championship
	1000 Free	9:43.35	<b>1-May-95</b>	LIAC- MR	Jessica Foschi
	1650 Free	16:21.75	<b>1-May-95</b>	LIAC- MR	Jessica Foschi
	50 Back	25.26	<b>22-Nov-19</b>	LIAC- MR	Tess Howley at OB NYS Federation Championships
	100 Back	54.00	<b>6-Dec-23</b>	PAC- MR	Carly Afanasewicz at 2023 Speedo East Winter Junior Champs
	200 Back	1:56.89	<b>15-Feb-24</b>	PAC- MR	Carly Afanasewicz at 2024 MR TYR Senior Mets SCY Championships
	50 Breast	29.41	<b>21-Mar-19</b>	TS- MR	Denise Phelan at 2019 NCSA Spring Championships
	100 Breast	1:01.36	<b>1-Nov-16</b>	WEST- MR	Kate Douglass at 2016 MR OB Girls Section One Championship
	200 Breast	2:10.89	<b>13-Nov-16</b>	WEST- MR	Kate Douglass at 2016 MR WEST Turkey Quack Splash TT
	50 Fly	24.99	<b>28-Mar-19</b>	LIAC- MR	Tess Howley at 2019 NCSA Age Group Championship
	100 Fly	53.08	<b>22-Nov-19</b>	LIAC- MR	Tess O. Howley at OB-NI NYS Federation Girls Championship
	200 Fly	1:55.29	<b>19-Mar-19</b>	LIAC- MR	Tess O. Howley at 2019 NCSA Spring Championship
	100 IM	57.44	<b>10-Apr-22</b>	TVSC- MR	Emily Herr at AP ASCSC SuffolkCounty Clubs Championships
	200 IM	2:00.13	<b>8-Mar-24</b>	PAC- MR	Carly Afanasewicz at 2024 MR SC Junior Metropolitan Championships
	400 IM	4:13.28	<b>8-Nov-08</b>	UN- MR	Annie Zhu at 2008 MR AGUA New York City Open
	200 Free Relay	1:36.40	<b>13-Apr-24</b>	HAUP- MR	HauppaugeSwimming J. Lucca, O. Chiofalo, A. Wilcox, S. Lucca
	400 Free Relay	3:27.52	<b>27-Mar-19</b>	LIAC- MR	Long Island Aquatic Club H. Shimizu-Bowers, C. Gormsen, K. Kennedy, T. How
	800 Free Relay	7:41.72	<b>30-Apr-96</b>	YMID- MR	YWCA Middies - MK Haggerty, C Malloy, J Kavanagh, A Miller
	200 Medley Relay	1:47.14	<b>30-Mar-17</b>	WEST- MR	Westchester Wolverines Y.Collmar, A. Hu, J. Yang, E.Lin
	400 Medley Relay	3:47.47	<b>8-Dec-16</b>	AGUA- MR	Asphalt Green Unified AquaticsI. Gormley, D. Bates, S. Zhang, C. Krevitt
15-16	50 Free	22.04	<b>7-Dec-16</b>	WEST- MR	Kate Douglass at 2016 Speedo Winter Jr. Championships - East
	100 Free	48.13	<b>2-Dec-10</b>	AGUA- MR	Lia Neal at 2010 SCY Nationals
	200 Free	1:44.48	<b>9-Dec-21</b>	LIAC- MR	Cavan V. Gormsen at 2021 PV NCAP Invitational
	500 Free	4:37.90	<b>17-Feb-22</b>	LIAC- MR	Cavan V. Gormsen at 2022 MR TYR Senior Mets SCY Championships
	1000 Free	9:35.18	<b>20-Nov-20</b>	LIAC- MR	Cavan V. Gormsen at 2020 MR LIAC Thanksgiving Invite
	1650 Free	15:58.97	<b>11-Dec-20</b>	LIAC- MR	Cavan V. Gormsen at MR LIAC Travel To Nowhere
	50 Back	24.97	<b>3-Nov-21</b>	LIAC- MR	Tess Howley at OB NSCHSGAA Championships
	100 Back	53.13	<b>19-Nov-21</b>	LIAC- MR	Tess O. Howley at 2021 NI OB NYS Federation Girls Swim
	200 Back	1:54.66	<b>9-Dec-21</b>	LIAC- MR	Tess O. Howley at 2021 PV NCAP Invitational
	50 Breast	28.29	<b>17-Mar-16</b>	LIAC- MR	Maggie Aroesty at 2016 NCSA Sping Championships
	100 Breast	58.98	<b>15-Mar-16</b>	LIAC- MR	Maggie Aroesty at 2016 NCSA Spring Championship
	200 Breast	2:10.59	<b>7-Dec-16</b>	WEST- MR	Kate Douglass at 2016 Speedo Winter Jr. Championships - East
	50 Fly	24.82	<b>16-Mar-17</b>	COND- MR	Christiana Regenauer at 2017 NCSA Spring Championships
	100 Fly	51.98	<b>9-Dec-21</b>	LIAC- MR	Tess O. Howley at 2021 PV NCAP Invitational
	200 Fly	1:52.76	<b>9-Dec-21</b>	LIAC- MR	Tess O. Howley at 2021 PV NCAP Invitational
	100 IM	56.34	<b>25-Mar-23</b>	COND- MR	Cornelia Fox at VA 2023 Shamrock Showdown

**RECORDS MR SCY Records**

15-16	200 IM	1:57.76	<b>10-Dec-15</b>	LIAC- MR	Maggie Aroesty at 2015 NBAC 42nd Annual Christmas Invitational
	400 IM	4:08.80	<b>5-Dec-18</b>	AGUA- MR	Isabel G. Gormley at 2018 East Speedo Winter Juniors
15-18	200 Free Relay	1:29.91	<b>12-Nov-11</b>	EAST- MR	Empire Swimming at CT Mar lins S.Suzuka, E Barry, S Browne, K Lane
	400 Free Relay	3:20.81	<b>9-Dec-21</b>	LIAC- MR	Long Island Aquatic Club C.Gormsen, M.Connor, S.Zhao, T.Howley
	800 Free Relay	7:12.06	<b>16-Mar-23</b>	LIAC- MR	Long Island Aquatic Club at NCSA Spring T Howley, S Larsen, C Gormsen, L Gorr
	200 Medley Relay	1:41.30	<b>15-Mar-22</b>	LIAC- MR	Long Island Aquatic Club K.Kennedy, B.Ye, T.Howley, S.Zhao
	400 Medley Relay	3:39.06	<b>18-Mar-17</b>	LIAC- MR	Long Island Aquatic Club K.Romano, M.Aroesty, L.Johnson, C.Stepanek
17-18	50 Free	22.33	<b>21-Nov-13</b>	AGUA- MR	Lia Neal at 2013 Art Adamson Invitational
	100 Free	47.48	<b>21-Nov-13</b>	AGUA- MR	Lia Neal at 2013 Art Adamson Invitational
	200 Free	1:43.86	<b>21-Nov-13</b>	AGUA- MR	Lia Neal at 2013 Art Adamson Invitational
	500 Free	4:36.34	<b>14-Mar-23</b>	LIAC- MR	Cavan V. Gormsen at 2023 NCSA Spring Swimming Championships
	1000 Free	9:35.41	<b>14-Mar-23</b>	LIAC- MR	Cavan V. Gormsen at 2023 NCSA Spring Swimming Championships
	1650 Free	15:57.20	<b>8-Dec-22</b>	LIAC- MR	Cavan V. Gormsen at 2022 PV-NCAP Invitational
	50 Back	24.86	<b>16-Mar-22</b>	LIAC- MR	Tess Howley at 2022 NCSA Spring Championships
	100 Back	52.93	<b>17-Feb-22</b>	LIAC- MR	Tess O. Howley at 2022 MR TYR Senior Mets SCY Championships
	200 Back	1:53.28	<b>15-Mar-22</b>	LIAC- MR	Tess O. Howley at 2022 NCSA Spring Swimming Championships
	50 Breast	28.15	<b>16-Mar-17</b>	LIAC- MA	Maggie Aroesty at 2017 NCSA Spring Championships
	100 Breast	59.85	<b>18-Nov-16</b>	LIAC- MR	Margaret A Aroesty at 2016 NI-OB NYS Federation Champs
	200 Breast	2:09.43	<b>14-Mar-17</b>	LIAC- MR	Margaret A Aroesty at 2017 FL NCSA Spring Championships
	50 Fly	24.13	<b>19-Mar-22</b>	LIAC- MR	Tess Howley at 2022 NCSA Spring Championships
	100 Fly	52.24	<b>16-Feb-23</b>	LIAC- MR	Tess O. Howley at 2023 MR TYR Senior Mets SCY Championships
	200 Fly	1:52.88	<b>15-Mar-22</b>	LIAC- MR	Tess O. Howley at 2022 NCSA Spring Swimming Championships
	100 IM	56.22	<b>19-Mar-19</b>	AGUA- MR	Isabel Gormley at 2019 NCSA Spring Championships
	200 IM	1:57.19	<b>18-Mar-17</b>	LIAC- MR	Margaret A Aroesty at 2017 NCSA Spring Champs
	400 IM	4:07.28	<b>30-Nov-06</b>	TVSC- MR	Julia E Smit at 2006 ST Texas