

RECORDS MR SCY Records

Yards-Female

8 & U	25	Free	13.47	31-May-13	NCAC- MR	Sarah Tsai at 2013 MR NCAC May 31st Time Trials	
	50	Free	28.94	7-Dec-23	EAST- MR	Emma Blaho at 2023 CRA Winter Invitational	
	100	Free	1:02.70	13-Feb-16	WEST- MR	Claire J. Weinstein at Metro Zone Team Qualifier	
	25	Back	15.69	5-Feb-16	WEST- MR	Claire J. Weinstein at 2016 MR Condors Last Chance Meet	
	50	Back	31.75	13-Feb-16	WEST- MR	Claire J. Weinstein at Metro Zone Team Qualifier	
	25	Breast	17.45	18-Jul-03	LGAC- MR	Annie Zhu	
	50	Breast	37.17	7-Dec-23	EAST- MR	Emma Blaho at 2023 CRA Winter Invitational	
	25	Fly	14.39	10-Dec-10	HYB- MR	Chloe Stepanek at YMCA Holiday Invitational	
	50	Fly	32.38	11-Mar-16	TVSC- MR	Emily A. Herr at Metro Junior Olympics SCY	
	100	IM	1:12.05	13-Feb-16	WEST- MR	Claire J. Weinstein at Metro Zone Team Qualifier	
	100	Free Relay	1:00.11	1-May-99	MSC- MR	Marist	
	200	Free Relay	2:11.43	6-Mar-15	WEST- MR	Westchester Aquatic Club	L. Lee, A. Zhang, C. Weinstein, K. Sweeney
	100	Medley Relay	1:08.07	9-Mar-09	LGAC- MR	LaGuardia Aquatic Club	A.Jackson, K.Polanco, J.Bouzarouata, K.Zezula
	200	Medley Relay	2:25.60	31-Jan-15	WEST- MR	Westchester Aquatic Club	A. Zhang, S. Lin, L. Lee, K. Sweeney
9-10	50	Free	24.90	8-Dec-05	AGUA- MR	Lia M. Neal	
	100	Free	55.63	3-Feb-06	AGUA- MR	Lia M.Neal	
	200	Free	2:00.39	27-Mar-24	BAD- MR	Vanessa D. Delev at 2024 Eastern Zone SC Age Group Championships	
	500	Free	5:25.28	8-Mar-24	BAD- MR	Vanessa D. Delev at 2024 MR SC Junior Metropolitan Championships	
	1000	Free	11:18.92	24-Nov-17	WEST- MR	Claire J. Weinstein at LIE Thanksgiving Classic	
	1650	Free	19:38.63	8-Nov-15	WEST- MR	Alexandra Bastone at BGNW Marlins Distance Meet	
	50	Back	17.98	19-Dec-24	CSDC- MR	Lucia Belmonte at CSDC Holiday Time Trial	
	100	Back	1:01.85	16-Apr-14	WEST- MR	Joy Jiang at 2014 NASA Showcase Classic	
	200	Back	2:17.62	7-Dec-17	WEST- MR	Claire Weinstein at 2017 NCAP Invitational	
	50	Breast	32.65	18-Mar-05	LGAC- MR	Annie Zhu	
	100	Breast	1:09.79	18-Mar-05	LGAC- MR	Annie Zhu	
	200	Breast	2:38.10	10-Oct-25	EAST- MR	Emma Blaho at 2025 Marlins October Invite	
	50	Fly	27.63	15-Nov-12	WEST- MR	Kate Douglass at FGC-Speedo Winter Championshi	
	100	Fly	1:01.20	4-Aug-14	WEST- MR	Joy Jiang at 2014 MR WEST Last Chance Summer Time Trials	
	200	Fly	2:27.58	11-Feb-18	WEST- MR	Neala Klein at WEST Winter Quack Splash Time Trials	
	100	IM	1:03.94	16-Apr-14	WEST- MR	Joy Jiang at 2014 NASA Showcase Classic	
	200	IM	2:18.01	8-Mar-24	BAD- MR	Vanessa D. Delev at 2024 MR SC Junior Metropolitan Championships	
	400	IM	5:01.92	27-Jan-18	WEST- MR	Claire Weinstein at 2018 ChrisDewey IMX Memorial Meet	
10 & U	200	Free Relay	1:51.26	4-Aug-14	WEST- MR	Westchester Aquatic Club	Joy Jiang, Kira Chen, Megan Lee, Yilinna Collmar
	400	Free Relay	4:04.45	4-Aug-14	WEST- MR	Westchester Aquatic Club	J. Jiang, K. Chen, M. Lee, Y. Collmar
	200	Medley Relay	2:02.59	15-Jan-17	LBA- MR	Long Beach Aquatics	A Guglielmo, K Sullivan, S Paggi, O Vogt
	400	Medley Relay	4:44.27	25-Mar-23	LIAC- MR	LIAC at FL NCSA Age Group Champs	L Coratti, A Simons, M Wu, L Oconnell
11-12	50	Free	23.58	29-Nov-07	AGUA- MR	Lia M. Neal at 2007 ConocoPhillips Short Course Nationals	
	100	Free	50.90	29-Nov-07	AGUA- MR	Lia M. Neal at 2007 ConocoPhillips Short Course Nationals	
	200	Free	1:51.57	6-Dec-07	AGUA- MR	Lia M. Neal at 2007 STAR Short Course Invitational	
	500	Free	4:54.03	13-Feb-20	WEST- MR	Claire J. Weinstein at 2020 MR TYR Senior Mets Winter Championships	
	1000	Free	10:06.67	12-Dec-19	WEST- MR	Claire J. Weinstein at 2019 NCAP Invitational	
	1650	Free	16:46.33	12-Dec-19	WEST- MR	Claire J. Weinstein at 2019 NCAP Invitational	
	50	Back	17.99	19-Dec-24	CSDC- MR	Camila Ramos Pereda at CSDC Holiday Time Trial	
	100	Back	56.42	20-Jan-24	QNS- MR	Julia Bak at 2024 MR WEST Chris Dewey IMX Memorial Meet	
	200	Back	2:02.03	31-Mar-16	WEST- MR	Joy Jiang at 2016 EZ Speedo Short Course Super Sectionals	
	50	Breast	29.55	16-Mar-07	LGAC- MR	Annie Zhu at 2007 MR Metro Junior Olympics SC	
	100	Breast	1:03.54	11-Nov-06	LGAC- MR	Annie Zhu at 2006 MR New York City Open	

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11-12	200 Breast	2:16.16	8-Mar-07	LGAC- MR	Annie Zhu at NE 2007 Speedo Champions Series
	50 Fly	25.07	4-Dec-15	LGAC- MR	Vanessa Chong at 2015 DSC Speedo Holiday Classic
	100 Fly	56.31	27-Nov-15	LGAC- MR	Vanessa Chong at 2015 MR LIE Thanksgiving Classic Swim Meet
	200 Fly	2:03.35	11-Mar-16	WEST- MR	Joy Jiang at Metro Junior Olympics SCY
	100 IM	58.05	1-Nov-14	WEST- MR	Kate Douglass at WEST Tina Ficarelli Memorial Meet
	200 IM	2:05.20	3-Nov-14	WEST- MR	Kate Douglass at 2014 MR OB Girls Section One Championships
	400 IM	4:21.49	19-Feb-15	AGUA- MR	Isabel G. Gormley at 2015 MR Senior Mets SCY Winter Championships
	200 Free Relay	1:39.17	7-Dec-17	LIAC- MR	Long Island Aquatic Club C. Gormsen, B. Ye, M. so, T. Howley
	400 Free Relay	3:35.53	13-Feb-15	LIAC- MR	Long Island Aquatic Club C.Stepanek, I.Antoniuk, B.Gellineau, M.Competello
	200 Medley Relay	1:45.02	2-Dec-23	PAC- MR	PAC at 2023 CT CPAC December Invite J.Kim, K Zhang, G Catanzaro, Z Park
	400 Medley Relay	3:58.89	11-Dec-14	AGUA- MR	Asphalt Green Unified AquaticsI. Gormley, S. Zhang, Z. Moon, C. Krevitt
13-14	50 Free	22.32	1-Nov-16	WEST- MR	Kate Douglass at 2016 MR OB Girls Section One Championship
	100 Free	48.99	1-Nov-16	WEST- MR	Kate Douglass at 2016 MR OB Girls Section One Championship
	200 Free	1:47.35	12-Dec-19	LIAC- MR	Tess O. Howley at 2019 NCAP Invitational
	500 Free	4:44.10	11-Dec-20	WEST- MR	Claire J. Weinstein at 2020 MR BGNW 18-Under Winter Championship
	1000 Free	9:43.35	1-May-95	LIAC- MR	Jessica Foschi
	1650 Free	16:21.75	1-May-95	LIAC- MR	Jessica Foschi
	50 Back	25.11	* 12-Dec-24	QNS- MR	Julia Bak at PV-NCAP December Invitational
	50 Back	25.11	* 12-Dec-24	QNS- MR	Julia Bak at PV-NCAP December Invitational
	50 Back	25.11	* 12-Dec-24	QNS- MR	Julia Bak at 2024 NCAP Invitational
	100 Back	53.90	* 13-Feb-25	QNS- MR	Julia Bak at MR-TYR Senior Met Winter Championship
	100 Back	53.90	* 13-Feb-25	QNS- MR	Julia Bak at 2025 MR TYR Senior Met Winter Championship
	200 Back	1:56.89	15-Feb-24	PAC- MR	Carly Afanasewicz at 2024 MR TYR Senior Mets SCY Championships
	50 Breast	29.41	21-Mar-19	TS- MR	Denise Phelan at 2019 NCSA Spring Championships
	100 Breast	1:01.36	1-Nov-16	WEST- MR	Kate Douglass at 2016 MR OB Girls Section One Championship
	200 Breast	2:10.89	13-Nov-16	WEST- MR	Kate Douglass at 2016 MR WEST Turkey Quack Splash TT
	50 Fly	24.66	13-Feb-25	QNS- MR	Julia Bak at MR-TYR Senior Met Winter Championship
	100 Fly	53.08	22-Nov-19	LIAC- MR	Tess O. Howley at OB-NI NYS Federation Girls Championship
	200 Fly	1:55.29	19-Mar-19	LIAC- MR	Tess O. Howley at 2019 NCSA Spring Championship
	100 IM	57.44	10-Apr-22	TVSC- MR	Emily Herr at AP ASCSC SuffolkCounty Clubs Championships
	200 IM	2:00.13	8-Mar-24	PAC- MR	Carly Afanasewicz at 2024 MR SC Junior Metropolitan Championships
	400 IM	4:13.28	8-Nov-08	UN- MR	Annie Zhu at 2008 MR AGUA New York City Open
	200 Free Relay	1:36.40	13-Apr-24	HAUP- MR	HauppaugeSwimming J. Lucca, O. Chiofalo, A. Wilcox, S. Lucca
	400 Free Relay	3:27.52	27-Mar-19	LIAC- MR	Long Island Aquatic Club H. Shimizu-Bowers, C. Gormsen, K. Kennedy, T. How
	800 Free Relay	7:41.72	30-Apr-96	YMid- MR	YWCA Middies - MK Haggerty, C Malloy, J Kavanagh, A Miller
	200 Medley Relay	1:46.21	14-Mar-25	QNS- MR	QNS Aquatic Club J. Bak, S. Doran, A. Tedesco, H. Bendersky
	400 Medley Relay	3:47.47	8-Dec-16	AGUA- MR	Asphalt Green Unified AquaticsI. Gormley, D. Bates, S. Zhang, C. Krevitt
15-16	50 Free	22.04	7-Dec-16	WEST- MR	Kate Douglass at 2016 Speedo Winter Jr. Championships - East
	100 Free	48.13	2-Dec-10	AGUA- MR	Lia Neal at 2010 SCY Nationals
	200 Free	1:44.48	9-Dec-21	LIAC- MR	Cavan V. Gormsen at 2021 PV NCAP Invitational
	500 Free	4:37.90	17-Feb-22	LIAC- MR	Cavan V. Gormsen at 2022 MR TYR Senior Mets SCY Championships
	1000 Free	9:35.18	20-Nov-20	LIAC- MR	Cavan V. Gormsen at 2020 MR LIAC Thanksgiving Invite
	1650 Free	15:58.97	11-Dec-20	LIAC- MR	Cavan V. Gormsen at MR LIAC Travel To Nowhere
	50 Back	24.97	3-Nov-21	LIAC- MR	Tess Howley at OB NSCHSGAA Championships
	100 Back	53.13	19-Nov-21	LIAC- MR	Tess O. Howley at 2021 NI OB NYS Federation Girls Swim
	200 Back	1:54.50	27-Mar-25	PAC- MR	Carly Afanasewicz at 2025 EZ North Speedo Short Cou
	50 Breast	28.29	17-Mar-16	LIAC- MR	Maggie Aroesty at 2016 NCSA Sping Championships
	100 Breast	58.98	15-Mar-16	LIAC- MR	Maggie Aroesty at 2016 NCSA Spring Championship
	200 Breast	2:10.59	7-Dec-16	WEST- MR	Kate Douglass at 2016 Speedo Winter Jr. Championships - East
	50 Fly	24.82	16-Mar-17	COND- MR	Christiana Regenauer at 2017 NCSA Spring Championships

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15-16	100 Fly	51.98	9-Dec-21	LIAC- MR	Tess O. Howley at 2021 PV NCAP Invitational
	200 Fly	1:52.76	9-Dec-21	LIAC- MR	Tess O. Howley at 2021 PV NCAP Invitational
	100 IM	56.34	25-Mar-23	COND- MR	Cornelia Fox at VA 2023 Shamrock Showdown
	200 IM	1:57.76	10-Dec-15	LIAC- MR	Maggie Aroesty at 2015 NBAC 42nd Annual Christmas Invitational
	400 IM	4:08.80	5-Dec-18	AGUA- MR	Isabel G. Gormley at 2018 East Speedo Winter Juniors
15-18	200 Free Relay	1:29.91	12-Nov-11	EAST- MR	Empire Swimming at CT Mar lins S.Suzuka, E Barry, S Browne, K Lane
	400 Free Relay	3:20.81	9-Dec-21	LIAC- MR	Long Island Aquatic Club C.Gormsen, M.Connor, S.Zhao, T.Howley
	800 Free Relay	7:12.06	16-Mar-23	LIAC- MR	Long Island Aquatic Club at NCSA Spring T Howley, S Larsen, C Gormsen, L Gorr
	200 Medley Relay	1:41.30	15-Mar-22	LIAC- MR	Long Island Aquatic Club K.Kennedy, B.Ye, T.Howley, S.Zhao
	400 Medley Relay	3:39.06	18-Mar-17	LIAC- MR	Long Island Aquatic Club K.Romano, M.Aroesty, L.Johnson, C.Stepanek
17-18	50 Free	22.33	21-Nov-13	AGUA- MR	Lia Neal at 2013 Art Adamson Invitational
	100 Free	47.48	21-Nov-13	AGUA- MR	Lia Neal at 2013 Art Adamson Invitational
	200 Free	1:43.86	21-Nov-13	AGUA- MR	Lia Neal at 2013 Art Adamson Invitational
	500 Free	4:36.34	14-Mar-23	LIAC- MR	Cavan V. Gormsen at 2023 NCSA Spring Swimming Championships
	1000 Free	9:35.41	14-Mar-23	LIAC- MR	Cavan V. Gormsen at 2023 NCSA Spring Swimming Championships
	1650 Free	15:57.20	8-Dec-22	LIAC- MR	Cavan V. Gormsen at 2022 PV-NCAP Invitational
	50 Back	24.86	16-Mar-22	LIAC- MR	Tess Howley at 2022 NCSA Spring Championships
	100 Back	52.93	17-Feb-22	LIAC- MR	Tess O. Howley at 2022 MR TYR Senior Mets SCY Championships
	200 Back	1:53.28	15-Mar-22	LIAC- MR	Tess O. Howley at 2022 NCSA Spring Swimming Championships
	50 Breast	28.15	16-Mar-17	LIAC- MA	Maggie Aroesty at 2017 NCSA Spring Championships
	100 Breast	59.85	18-Nov-16	LIAC- MR	Margaret A Aroesty at 2016 NI-OB NYS Federation Champs
	200 Breast	2:09.43	14-Mar-17	LIAC- MR	Margaret A Aroesty at 2017 FL NCSA Spring Championships
	50 Fly	24.13	19-Mar-22	LIAC- MR	Tess Howley at 2022 NCSA Spring Championships
	100 Fly	52.24	16-Feb-23	LIAC- MR	Tess O. Howley at 2023 MR TYR Senior Mets SCY Championships
	200 Fly	1:52.88	15-Mar-22	LIAC- MR	Tess O. Howley at 2022 NCSA Spring Swimming Championships
	100 IM	56.22	19-Mar-19	AGUA- MR	Isabel Gormley at 2019 NCSA Spring Championships
	200 IM	1:57.19	18-Mar-17	LIAC- MR	Margaret A Aroesty at 2017 NCSA Spring Champs
	400 IM	4:07.28	30-Nov-06	TVSC- MR	Julia E Smit at 2006 ST Texas