Senior Report

The committee has addressed two issues with its recent meeting.

- 1. Softened the time standards for the women's distance events at Senior METS (4/500, 800/1000, 1500/1650) to increase participation in those events.
- 2. Proposed legislation clarifies eligible Open Water meets for travel reimbursement and adjusts maximum allowable amounts. Further research will be done regarding the inclusion of OW Zones in future legislation.

At our recent meeting, we discussed initiatives to continue to improve the energy at Senior METS. Implementing some strategies to make the atmosphere more exciting and better celebrate the athletes will be an emphasis in the lead up to LC METS.

Thank you to Keith Green & John Alaimo for serving as committee members for the entirety of my two terms, their contributions are greatly appreciated and without them we would not have been able to progress as we have with initiatives in the Senior committee.

Best of luck to all our athletes and teams representing Metropolitan Swimming and Olympic Trials. A rising tide lifts all boats; representation of our LSC at the highest levels of the sport, paired with our continued efforts to improve the competitive opportunities for our athletes at all levels at the grassroots, will benefit all athletes and clubs in the future.

- Zac