

Coaches,

If you are receiving this email, your swimmers are participating in Senior Mets this weekend. Metro Swimming is offering to highlight **all swimmers who place Top 3 in individual events and Top 3 scoring teams** on our social media pages.

If your swimmers/teams are comfortable with being highlighted, please **reply to this email with pictures of them** throughout the weekend. Please include names when submitting pictures. Please note the following cut-off dates for picture submissions:

- February 16th → Thursday Top 3 Finishes Due
- February 17th → Friday Top 3 Finishes Due
- February 18th → Saturday Top 3 Finishes Due
- February 19th → Sunday Top 3 Finishes Due
- February 20th → Top 3 Team Finishes Due (names are not needed for this submission)

We wish the best of luck to all teams competing this weekend, and if you have any questions, please feel free to reach out. Thank you!