

## 2025 MR TYR Senior Metropolitan Summer Champ - 7/10/2025 to 7/13/2025

## Meet Program - Sunday Prelims

## Event 37 Women 400 LC Meter Freestyle Relay

SrMets LCM: 3:47.71 7/17/2022 Long Island Aquatic Club Long  
C Stepanek, M Connor, C Gormsen, T Howley

3:58.09 WJR Winter Juniors

4:17.29 METS Sr. Mets

Meet Qualifying: 4:17.29

Lane	Team	Relay	Seed Time		Finals	Place
Heat 1 of 3 Timed Finals						
4	Three Village Swim Club-MR	B	4:10.70	METS	_____	_____
5	Three Village Swim Club-MR	A	3:59.28	METS	_____	_____
6	Long Island Express-MR	A	4:10.30	METS	_____	_____
7	Sachem Swim Club-MR	A	3:42.58Y	METS	_____	_____
Heat 2 of 3 Timed Finals - Swimming with Finals						
3	Hauppauge Swimming-MR	A	4:13.59	METS	_____	_____
4	Asphalt Green Unified Aquatics-MR	C	4:02.99	METS	_____	_____
5	Long Island Aquatic Club-MR	C	4:02.21	METS	_____	_____
6	Westchester Aquatic Club-MR	B	4:02.28	METS	_____	_____
7	Westchester Aquatic Club-MR	C	4:12.78	METS	_____	_____
8	Bgc-N. Westchester Marlins-MR	A	3:36.67Y	METS	_____	_____
Heat 3 of 3 Timed Finals - Swimming with Finals						
2	Phoenix Aquatic Club USA Llc-MR	A	4:00.27	METS	_____	_____
3	Long Island Aquatic Club-MR	B	3:58.45	METS	_____	_____
4	Long Island Aquatic Club-MR	A	3:55.13	WJR	_____	_____
5	Badger Swim Club,Inc.-MR	A	3:54.56	WJR	_____	_____
6	Westchester Aquatic Club-MR	A	3:54.81	WJR	_____	_____
7	Asphalt Green Unified Aquatics-MR	A	3:55.21	WJR	_____	_____
8	Asphalt Green Unified Aquatics-MR	B	3:59.89	METS	_____	_____
9	Badger Swim Club,Inc.-MR	B	4:01.04	METS	_____	_____

## Event 38 Men 400 LC Meter Freestyle Relay

SrMets LCM: 3:28.17 7/14/2024 Badger Swim Club,Inc. Badge  
M Geh, K Jiang, M Hardart, C Lee

3:35.79 WJR Winter Juniors

3:50.59 METS Sr. Mets

Meet Qualifying: 3:50.59

Lane	Team	Relay	Seed Time		Finals	Place
Heat 1 of 3 Timed Finals						
3	Huntington YMCA-MR	A	3:20.15Y	METS	_____	_____
4	Three Village Swim Club-MR	B	3:47.98	METS	_____	_____
5	Matchpoint Nyc-MR	A	3:45.84	METS	_____	_____
6	Long Island Express-MR	A	3:45.93	METS	_____	_____
7	Northern Dutchess Aquatic Club-MR	A	3:11.72Y	METS	_____	_____
Heat 2 of 3 Timed Finals - Swimming with Finals						
4	Hauppauge Swimming-MR	B	3:49.64	METS	_____	_____
5	Phoenix Aquatic Club USA Llc-MR	A	3:45.55	METS	_____	_____
6	Long Island Aquatic Club-MR	C	3:48.27	METS	_____	_____

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Heat 3	Timed Finals - Swimming with Finals...	(Event 38	Men 400 LC Meter Freestyle Relay)				
2	Long Island Aquatic Club-MR	B	3:41.83	METS	_____	_____	
3	Asphalt Green Unified Aquatics-MR	C	3:39.45	METS	_____	_____	
4	Badger Swim Club,Inc.-MR	B	3:36.85	METS	_____	_____	
5	Asphalt Green Unified Aquatics-MR	A	3:29.37	WJR	_____	_____	
6	Badger Swim Club,Inc.-MR	A	3:29.76	WJR	_____	_____	
7	Three Village Swim Club-MR	A	3:37.35	METS	_____	_____	
8	Asphalt Green Unified Aquatics-MR	B	3:39.64	METS	_____	_____	
9	Hauppauge Swimming-MR	A	3:44.36	METS	_____	_____	