



HUDSON VALLEY DOLPHINS NEWSLETTER

December 2025 Edition



HIGHLIGHTS THIS MONTH...

- **Upcoming Meet Commit by Dates:**
 - NBS Trials & Finals on Jan 16th-18th: Commit by Monday, Dec 29th
 - Hawks Trials & Finals on Jan 23rd-25th: Commit by Friday, Dec 19th
- **NO Practices:**
 - **Friday, December 12th: No PM Practices**
 - **Friday, December 19th: No Practices (All Groups!!)**
- **Cocoa & Cookies:** After Tuesday, Dec 16th practices, there will be hot cocoa & cookies for the swimmers in the lobbies. Families are welcome to bring a holiday snack to share.
- **Winter Break:** For the last 2 weeks of December, the team's practice pools close. But don't worry...the Board is securing some water time at a different pool. Info to be forthcoming!
- **Winter Weather & Last Minute Closings:** Please make sure you have a mobile phone number in your Dolphin account. Texts will be sent for last minute changes/cancellations to meets, practices and emergencies.



December 1st

Third Training Group
Payment Due for FULL YR

December 12th

NO PM PRACTICE

December 12th - 14th

RFAC EM Holiday T/F Meet
Marist College

December 16th

Cookies & Cocoa after
PM Youth Practices



December 19th

NO PRACTICES ALL GROUPS

Dec. 22nd - Jan. 2nd

Winter Practice Schedule
for Youth Group TBD

January 4th

BOWL & BOND!

January 5th

Vassar Practices Resume

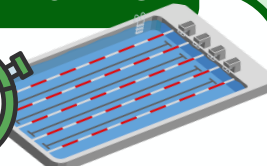
January 6th

CIA Practices Resume



A GIFT
just for you

Board Banter



We believe that the Dolphins are unique because on our team swimmers have the opportunity to get what they want from the sport...not what the club mandates. We never require that swimmers must attend a meet. That said, we have consistently seen how they can bring great joy and build team comradery and a love of a sport. The smiles and laughter on the pool deck...the chatter and games between races...the cheering and support for teammates...it becomes contagious. I recently watched a swimmer finish 7th in a race and celebrate more than anyone else. The place didn't matter. The personal growth and internal achievement was the gift. It's not just the winners that leave swim meets fulfilled and smiling.

This year we "encouraged" families to attend the local RFAC meet at Marist University from December 12th-14th. Nearly 85% of our youth swimmers signed up! What a fabulous response and way to build our team community and love of the sport. We hope all attendees have a great meet and enjoy our fun themed special-edition shirt. Have a great time, make some memories, and support each other as Hudson Valley Dolphins!

For those doing your first meet...it likely won't be your last! Most swimmers quickly ask when they can do their next. Enjoy the journey...it's a gift!
Happy Holidays to all!

Go Dolphins! 

-Mike Skerritt, President

HUDSON VALLEY DOLPHINS NEWSLETTER

December 2025 Edition – Page 2

ONLINE
MAKE A
OF LASH

November MEETS

WOW!

TIME IMPROVEMENT

Grayson Alba: 25 Back
Alivia Blake: 50 Free, 100 Breast/IM
Kira Casucci: 50 Fly
Maddie Dean: 100 Free/Back/Bresat/Fly, 200 IM
Sophia Dix: 50 Fly, 100 IM
George Eichenhofer: 100 Free
Kensie Evola: 100 Free, 200 Free
Preston Evola: 50 Free/Back, 100 Breast
Alex Franco: 100 Free/Back/Breast
Ethan Haas: 50 Fr/Bk/Br/Fly, 100 Fr/Fly/IM, 200 IM
Ben Hicks: 50 Free
Gyan Holmes: 50 Free, 100 Free/IM
Kavya Holmes: 50 Free, 100 Free/IM
Alex Mack: 50 Free/Back
Dylan Mack: 50 Fr/Bk/Fly, 100 Free/Back, 200 Free
Charlotte Moretto: 50 Back
Amaya Mukherjee: 50 Free
Ben Nguyen: 200 Free
Andres Olarte: 100 Free/Back
Armen Platyan: 100 Free
Asher Platyan: 50 Back, 100 Free
Katie Skerritt: 50 Fly, 100 Free
Owen Sobolewski: 100 Fly
Andrew Sottile: 50 Free
Matthew Sottile: 50 Free
Daniel Stockl: 50 Free/Back, 100 Free
Rory Van Loan: 100 Free, 200 IM, 500 Free

FIRST SCY SWIM MEET

Trey Davis
Olivia Dobkowski
Juliana Foerst
Olivia Huang
Grace O'Brien
Keira Phillips
Andrew Sottile
Matthew Sottile
Madison Stemkowski

SWAM A NEW EVENT

Grayson Alba: 25 Breast, 50 Back
Alivia Blake: 200 Breast
Trey Davis: 100 Free/Back
Maddie Dean: 1650 Free
Hannah Dix: 100 Breast/IM
Sophia Dix: 50 Back
Kensie Evola: 1650 Free
Ben Hicks: 50 Fly, 100 IM
Gyan Holmes: 100 Breast
Kavya Holmes: 50 Back, 100 Breast
Alex Mack: 100 Free
Dylan Mack: 1650 Free
Charlotte Moretto: 50 Free
Olivia Moretto: 100 Free/Back
Amaya Mukherjee: 50 Back, 100 IM
Ben Nguyen: 200 Breast
Armen Platyan: 200 Breast
Asher Platyan: 100 Breast
Andrew Sottile: 50 Back
Daniel Stockl: 50 Fly, 100 IM
Rory Van Loan: 200 Back

HUDSON VALLEY DOLPHINS NEWSLETTER

November 2025 Edition – Page 3

UPCOMING MEETS

Meet Dates	Meet Name	Commit Date	Type of Meet	Meet Location
Dec 12 th - 14 th	RFAC Elizabeth Miller Holiday Invite	Nov 5 th	10&U: Invitational 11+: Trials & Finals	Marist College Poughkeepsie, NY
Jan 9 th - 11 th	NYS/VAC 12 & U Winter Carnival	TBD	12&U: Invitational	Valley Central High School Valley Central, NY
Jan 10 th	NYS/VAC January Blitz Distance	TBD	TBD	Valley Central High School Valley Central, NY
Jan 16 th - 18 th	NBS Trials and Fianals	Dec 29 th	12&U: Invitational 11+: Trials & Finals	Valley Central High School Valley Central, NY
Jan 23 rd - 25 th	Hawk's Trials and Finals	Dec 19 th	10&U: Invitational 11+: Trials & Finals	Valley Central High School Valley Central, NY

DOLPHIN DONORS

2025-2026 Season

PATRON Donations of \$250+

- The Alba Family
- Marie & David Cole
- The Luzzi Family
- The Tirch Family



POD Donations up to \$249

- Always in Bloom
- Arlington Ink
- Buy Rite Oil
- Fratello's Gourmet Pizza
- Marion Salon
- Stewart's Shops
- Village Groomer

Thank You 

[Click Here for
information on Dolphin
Donor Program](#)

Master's Memo

Making Swims

Count between Holiday Celebrations!

Marie had a season finale open water swim in White Pond in early November, wearing a full wetsuit, cap, booties and gloves to brave the 52 degree water temperature. Sun and near 60 degree air temperature made the 30 minutes in the pond – refreshing.



Congratulations to JT for finishing the final edition of the Tempe, Arizona Ironman in under 12 hours with a PR in the 50k run! The swim was approximately 4k in the section of the Salt River known as Tempe Town Lake. For more than 20 years, the Tempe Valley shared stunning views, beautiful desert climate and an urban atmosphere with visiting triathletes. Construction and development are squeezing this popular event out for the foreseeable future.

We were happy to welcome new members of all swimming levels throughout the fall and look forward to our favorite “12 Days of Christmas” practice sets before another holiday breakfast to celebrate the year-end break!

