



HUDSON VALLEY DOLPHINS NEWSLETTER

October 2025 Edition

HIGHLIGHTS THIS MONTH...

- **Dolphin's Applebee's Pancake Breakfast Fundraiser:** Fun-filled morning with Swimmers serving up the Flapjacks! Amazing Raffle Baskets and Dolphin Merch available to purchase. Tickets are \$12 per person which are purchased through this [Dolphins website link](#).
- **October NO Practices:**
 - Monday, Oct 13th: **All Training Groups** for Columbus Day
 - Friday, Oct 31st: **PM/Youth Training Groups** for Halloween
- **First Meet of 2025-26 Season:** Get ready to race! What to bring: Dolphin's suit, t-shirt & swim cap, goggles, towels, deck/locker footwear, healthy snacks, lots of water, clothes to keep warm on the pool deck. Don't forget some activities for swimmers and spectators. Detailed information about meets: [Swim Meets link](#)
- **Caring for your New Team Suit:** Do NOT put your team suit in the washer and/or dryer. Hand wash with mild detergent or rinse in cold water and air dry
- **Parent Meeting Slides:** can be found on the Dolphins website on the Youth Team Info tab. Select "Parent/Guardian Info" on drop down menu. [Click Here](#) for direct access to the PDF File.
- **Mobile Phone Numbers:** Please make sure you have a mobile phone number in your account. Texts will be sent for last minute changes/cancellations to meets and practices and emergencies.
- **Swim Apps for your phone:**
 - **Sports Engine Motion (Free):**  Your Dolphin's account on your phone
 - **MeetMobile (\$13.99 yearly subscription fee):**  Realtime meet results



START HERE



Board Banter

We kicked off our 2025-2026 season with an Ice Cream Social and Parent Meeting on September 28th at Bowdoin Park. While beautiful weather and a generous donation from Stewarts Shops helped, being together again as a team was the real treat. For anyone that was unable to attend, see Parent Meeting Slide above. We hope you find it helpful in understanding how the team and USA swimming operates.

As we continue seeking ways to enhance our Dolphin community, please share any thoughts you believe might strengthen the overall experience and our collective enjoyment of this wonderful sport. As we head into another exciting season, we look forward to seeing you at the pool and our next social event. **Go Dolphins!** 

Mike Skerritt, Dolphins President



October 1st

First Training Group
Payment Due

October 8th

Last Day to Sign up for
Viking Classic Meet

October 10th - 12th

Condors Fall Fest Meet
Felix Festa MS in W.Nyack

October 13th

No Practices for ALL Groups

October 20th

Last Day to buy tickets for
Applebee's Team Breakfast

October 26th

Applebee's Team Breakfast
8:00am to 10:00am

October 31st

No PM Youth Practices



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UPCOMING MEETS

Meet Dates	Meet Name	Commit Date	Type of Meet	Meet Location
Oct 10 th - 12 th	Condors Fall Festival Invitational	Sept 12th	Invitational	Felix Festa West Nyack, NY
Nov 8 th - 9 th	PAC Maria Parmanan Invitational	Oct 2nd	Invitational	Felix Festa West Nyack, NY
Nov 14 th - 16 th	NYS/VAC Viking Classic	Oct 8th	Invitational	Valley Central High School Valley Central, NY
Nov 23 rd	NDAC Butterball Burn-off Distance	Oct 30th	Distance/Invitational	Bard College Annandale-on-Hudson, NY
Dec 6 th - 7 th	NDAC Kevin Storrs' Winter Festival	TBD	Invitational	Valley Central High School Valley Central, NY
Dec 12 th 14 th	RFAC Elizabeth Miller Holiday Invite	Nov 5 th	10&U: Invitational 11+: Trials & Finals	Marist College Poughkeepsie, NY

UPCOMING TEAM EVENTS

Hudson Valley Dolphins
Flapjack Fundaiser



 Sunday, October 26th
 8 - 10am
 Applebee's Poughkeepsie

TEAM STORE
OPENING SOON



DOLPHIN SPIRITWEAR
&
PERSONALIZED
SWIMCAPS

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Board Members – [Click Here for email addresses](#)

President & Treasurer

Mike Skerritt
Swimmer: Katie Skerritt

Treasurer In Training

Christina Chan
Swimmer: Olivia Huang

Registration

Adrienne Tirch
Swimmer: Doriana Tirch

Meet Coordinator

BJ Vickery
Swimmer: Alex Franco

Member at Large

Nimesh Bhargava

Vice President

Stephen Tirch
Swimmer: Doriana Tirch

Treasurer In Training

Eva Shah
Swimmer: Gyan & Kavya Holmes

Registration in Training

Neha Manocha
Swimmer: Aadya Girish

SafeSport

Nicole Mack
Swimmer: Dylan Mack

Coach Rep

Kate Coffin

Secretary

Kitty Van Loan
Swimmer: Kay & Rory Van Loan

Apparel

Millieann Luzzi
Coach: Matthew Luzzi

Communications In Training

May Ng
Swimmers: Preston & Kenzie Evola

Social Media

Tara Lent
Swimmers: Scarlett & Deacon Lent

Coach Rep

Sean Ryan

Master's Memo



Swimmer Math:

New & Returning Swimmers + Full Pool = Happy MASTERS!

September = Triathlon Month



S.O.S. Art completed the annual S.O.S. = Survival of the Shawangunks. It's an 8 stage triathlon though the scenic highways around New Paltz, circling the northern ridge of the Shawangunk Mountains and Minnewaska State Park. + Art also completed the SwimRun Cape Cod, a race consisting of 11.4 miles of running + 1.7 miles of swimming across 7 bodies of water. **SWIMRUN CAPECOD**

JT completed IRONMAN 70.3 NY at Jones Beach. The course was a 1.2 mile swim, 56-mile flat bike course, + scenic 13-mile run along the Atlantic Ocean.



On the Walkway and Rail Trail, JT and Carter completed the Dutchess County Classic Half Marathon with Carter finishing 3rd in his age group.

Thanks to our returning squad of lifeguards keeping us safe & providing our workouts: Art, Bridget, Jonathan, Justin, Marie, Scott and Tim!



DOLPHIN DONORS

2025-2026 Season

[Click Here for information on Dolphin Donor Program](#)

PATRON

Donations
of \$250+



POD

Donations
up to \$249

