



HUDSON VALLEY DOLPHINS NEWSLETTER

Fall 2024 Welcome Special Edition



September 17th

Team Suit Fittings

6:45pm – 8pm at Vassar
Room off Viewing Balcony

September 18th

Team Suit Fittings

5pm – 7:30pm at CIA
In lobby by pool

September 19th

Team Suit Fittings

6:15pm – 7:15pm at Vassar
Room off of Viewing Balcony

September 23rd

Family Information Nite

7pm on Zoom

October 1st

1st Installment of

Training Group Fees Due



WELCOME TO THE 2024-25 SWIM SEASON

That was a fast first week of the 2024-25 Season! While it was not what we had hoped for, we would like to thank the families and coaches for their flexibility! Got good news this weekend that the CIA pool has been fixed! Looking forward to a Great Swim Season with all the Dolphins Swimmers!

The Dolphins uses emails as the main source of communication. Please make sure you read them for the latest information. Additionally, each month, the team will be sending a Newsletter with information about the team and upcoming events.



Important Dates and Upcoming Events listed here

- **Sports Engine Motion App!**

Access your Dolphin's account right on your phone. Available in your App store. Enable "Notifications" to receive alerts for last minute changes to practices, meets. TeamFeed posts can be seen on Dolphins Homepage



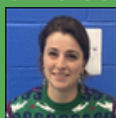
- **Does your Dolphin account have your Mobile phone number?**

Please make sure your Dolphin Account has a mobile phone number listed for emergencies and urgent notifications. Accounts allow for multiple emails and mobile numbers.

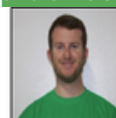
SPOT YOUR SWIMMER'S COACH

The Dolphins Coach Staff consist of 10 coaches!!

Families are welcome to say "Hi" after practice and ask about your swimmer



Kate Coffin
Co-Head Coach



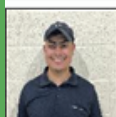
Sean Ryan
Co-Head Coach



Grace Nikolski
Coach - CIA Pool



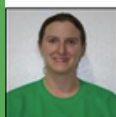
Cris Lemieux
Bronze Coach



Matt Mangan
Coach – CIA Pool



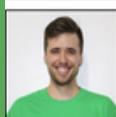
Andrew Machado
Bronze Coach



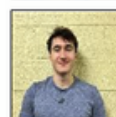
Mackenzie Dabo
Coach – CIA Pool



Kelly Schweizer
Bronze Coach



Billy MacElveen
Coach



Matthew Luzzi
Coach