



# TEAM SUFFOLK SWIM CLUB

Team Suffolk Swim Team is a member of United States Swimming, which sanctions the U.S. Olympic Team, as well as national and local swim meets our club participates in throughout the year.

Home Team of Ben Cono, Jesse Gage & Terry Pruitt  
Olympic Trials Qualifiers

*Come Join Us  
Sun. Sept 8th*

## Swim Team

## Tryouts

## Ages 5 - 10yrs



### Where: HHH High School West Natatorium

Half Hollow Hills High School – West  
Natatorium Building  
375 Wolf Hill Road Dix Hills, N.Y.  
(Northern State Pky. Exit #41)

### When: Sun. Sept. 8th 12-1:00PM

Contact us at [www.teamsuffolk.org](http://www.teamsuffolk.org)  
Or facebook at **Team Suffolk Swim Club**

Swimmer Should have Some basic knowledge of Freestyle, Be Comfortable in the Deep End of the Pool and Putting Face in the Water .