



Swimmer Code of Conduct

As a member of the Hub Fins Aquatics Club (HFAC), I am part of a swimming organization that believes teamwork, integrity, respect and good sportsmanship are more important than winning. By signing this Code of Conduct, I agree to follow the rules for behavior and sportsmanship while I am a member of HFAC. The following guidelines state the principles HFAC expects all members to demonstrate and uphold.

- I will respect and show courtesy to my coaches at all times. I will follow coach instructions without being disruptive.
- I will be punctual to practices, warm-up times, and team meetings.
- I will engage in sportsmanlike behavior at all practices and meets.
- I will set a good example of behavior and work ethic for my younger teammates. I will refrain from foul language, violence, behavior deemed dishonest, offensive, or illegal.
- I will not participate in any activity that is considered hazing, initiation, or shaming. I understand that bullying of any kind is unacceptable and will not be tolerated.
- I will show respect for all facilities and other property (including locker rooms) used during practices, competitions, and team activities.
- If I disagree with an official's call, I will talk with my coach and not approach the official directly.
- I will obey all of USA Swimming's rules and codes of conduct.

I understand that if I violate this code of conduct, I will be subject to disciplinary action determined by my coaches and the HFAC Board of Directors.

Swimmer: _____ Date: _____

Parent/Guardian: _____ Date: _____