

MAC Locker Room Use Policy (Approved June 20, 2023)



Requirement to Use Locker Room or Changing Area

Under the MAAP 2.0 requirements a designated locker room or changing area must be used when an athlete or Adult Participant changes, in whole or in part, into or out of a swimsuit when wearing just one suit (e.g., deck changing is prohibited).

Purpose

Monocacy Aquatic Club (MAC) practices at Hood College. This location has a set of locker rooms that are situated at the front of the building that are shared with Hood College students and athletes, Hood College pool members, Hood College swim lesson families, and at times the general public. Such access means there may be multiple groups utilizing the space simultaneously creating the need for MAC athletes to be respectful of others' privacy. MAC athletes must be diligent in the locker room areas to protect all teammates from any inappropriate conduct. The purpose of this policy is to highlight our team's character and implement a set of best practices to help protect our athletes, coaches, and parents.

Private or Semi-Private Space

Private and Semi-private space is available within the locker rooms for minor athletes that need to change clothes or undress.

Use of Recording Devices

Use of any device's (including a cell phone's) recording capabilities, including voice recording, still cameras and video cameras in locker rooms, changing areas, or similar spaces by a minor athlete or an adult participant is prohibited.

Observable and Interruptible

All in-program contact between adult participants and minor athletes in a locker room, changing area or similar space must be observable and interruptible, except:

- In emergency circumstances;
- A dual relationship exists; and/or
- The close-in-age exception applies.

Undress

Adult participants must not change clothes or behave in a manner that intentionally or recklessly exposes his or her breasts, buttocks, groin, or genitals to a Minor Athlete under any circumstance. An adult participant must not request a minor athlete to expose the minor

athlete's breasts, buttocks, groin, or genitals to the adult participant under any circumstance. Nothing in this section shall be construed to apply to areas of the body exposed while wearing swimwear which conforms to the current concept of the appropriate for the individual's competition category.

Showers

Adult participants must not shower with minor athletes unless:

- The adult participant meets the close-in-age exception; and/or
- The shower is part of a pre- or post-activity rinse while wearing swimwear.
- Parents/legal guardians may request in writing that their minor athlete(s) not change or shower with adult participants during in-program contact. USA Swimming must abide by such a request.

Monitoring

MAC regularly and randomly monitors the use of locker rooms and changing areas to ensure compliance with these policies. Locker rooms and changing areas MAY BE monitored by use of the following methods:

- Conducting a sweep of the locker room or changing area before athletes arrive;
- Posting staff directly outside the locker room or changing area during periods of use;
- Leaving the doors open when adequate privacy is still possible; and/or
- Making occasional sweeps of the locker rooms or changing areas with women checking on female locker rooms and men checking on male locker rooms.

A swimmer leaving the water for the locker room must ask their coach first. Every effort is made to recognize when a minor athlete goes to the locker room or changing area during practice and competition, and, if the minor athlete does not return in a timely fashion, to check on the minor athlete's whereabouts.

Parents/legal guardians in Locker Rooms or Changing Areas

If a parent/legal guardian enters a locker room or changing area, it must only be a parent/legal guardian of the same competition category and the parent/legal guardian should notify a coach or administrator in advance. No parent should enter a locker room alone when minor athletes are using the locker room.

Reporting Misconduct

- MAC swimmers are expected to demonstrate a high level of personal character. The use of poor language, inappropriate discussions and general roughhousing in the locker room is unacceptable and should be reported to a MAC Coach as soon as possible.
- MAC swimmers or family members that observe any concerning or inappropriate behavior should report the information to the coach or a MAC Coach as soon as possible.
- MAC regularly reminds swimmers of Safe Sport locker room policies.
- MAC directly addresses issues with the parties involved and get parents involved as necessary.
- For serious, team wide, or repeat issues, the appropriate actions will be taken to ensure the safety of all MAC swimmers and stakeholders.