## **South Metro Storm Swimmer Code of Conduct**

I \_\_\_\_\_\_ as a member of South Metro Storm Swim Club, I am part of a swimming organization that believes teamwork, integrity, respect and good sportsmanship are more important than winning. By signing this Code of Conduct, I agree to follow the rules for behavior and sportsmanship while I am a member of the South Metro Storm Swim Club.

- 1. I promise to show respect and common courtesies at all times to my team members, coaches, competitors, officials, parents and for all facilities and other property used during practices, competitions and team activities.
- 2. I promise to demonstrate good sportsmanship during all practices, competitions, and team activities.
- 3. I will be an active participant in all team practices, competitions, fundraising events and other team activities.
- 4. I will come to all team sponsored events in the appropriate attire.
- 5. I will respect the coaches' and officials' instructions and will make every effort to be on time for workouts, competitions, and team events.
- 6. I will refrain from behavior deemed disruptive, discourteous, disrespectful, or offensive to others.

## PART 1 – GENERAL CONDUCT

The undersigned athlete/parent participating with/for the South Metro Storm Swim Club agrees to abide by the guidelines outlined below:

- 1. All swimmers are expected to follow the directions of the coaching staff.
- 2. Expectations are all swimmers are required to attend scheduled team meetings and training sessions unless excused by the coaching staff.
- 3. Disruptive, discourteous, and otherwise disrespectful behavior that negatively affects the South Metro Storm Swimming experience environment will not be tolerated.

## PART II – VIOLATION OF THE CODE

The coaches have the power to impose the following penalties for violation of the South Metro Storm Swim Club Code of Conduct. The penalties include, but are not limited to, the following:

- 1. The swimmer will be given a verbal warning.
- 2. The swimmer will be sent home with a written warning and the coach will contact the parent.
- 3. The swimmer will need to be accompanied by a parent at practice for four (4) consecutive days.
- 4. If the swimmer continues his/her bad behavior, he/she will be suspended for one (1) week.
- 5. If the swimmers disciplinary problem continues, the swimmer and parent will meet with the coaching staff and Parent Advisory Committee (PAC) to discuss the problem further.

and the PAC, which may include expulsion from the team.
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$I \ have \ read \ and \ understand \ South \ Metro \ Storm \ Swim \ Clubs \ Code \ of \ Conduct \ and \ have \ reviewed \ it \ with \ my \ parent(s) \ or \ guardian \ before \ I \ signed \ this \ document.$

I agree that if I violate any of these rules, I will be subject to disciplinary action determined by the coaches,

 _ Swimmer's Signature / Date
 Parent's Signature / Date