

Newsletter

October 15, 2025

FALL BREAK THIS WEEK!

We're halfway through October and with Fall Break for schools this week - be sure to check the practice changes!

In this newsletter you will find:

- Corn Maize Team Bonding Info
- Sponsor Shirt Please Check!
- Practice Changes & Added Events
- High School Season Schedule

CORN MAIZE: OCT 21

On Tuesday, October 21st we are inviting our Silver, Bronze, Jr Stingrays and Future Stingrays to the Corn Maize at Grandpa's Farm from 4-6pm. There will be no practice for those groups that day!

Cost will be \$10 cash/person, siblings are invited and parents are encouraged to stay. Cash will be handed to board members at the door so we can make 1 payment.

Coach Jessica and a few board members will be there to oversee but we can always use extra parents! If parents are planning to leave, you need to check swimmers in and out. If non-swimming siblings are staying, parents must stay.

Please wear BAC Gear!

UPCOMING EVENTS

OCT

Corn Maize Team
Bonding for Silver,
Bronze, Jrs, Futures

OCT

Registration
Deadline for
Missoula Meet

NOV

November Parent Meeting: Alumni Talk

NOV

Registration
Deadline for Hardin
Meet

NOV

Board Meeting -6pm at MSUB

NOV

Nov 14-16th
Missoula Meet:
Prelims/Finals for
11&Over

PRACTICE CHANGES

Thursday, Oct 16

Elite & Gold: 8-10am Silver: 10-11:30am Bronze: 10-11:30am Jr Stingrays: 10-11:15am Futures: 11:15am-12pm

Friday, Oct 17

Elite & Gold: 7-10am Silver: 10-11:30am Bronze: 10-11:30am *No Practice for Jrs*

Tuesday, Oct 21

Gold: 3:45-5:15pm Silver, Bronze, Jrs, Futures: No Practice - Corn Maize Night!

GROUP ME

QR Codes are posted at the pool

SOCIAL MEDIA

Instagram: billingsaquaticclub

Facebook: Billings Aquatic Club (private) & BAC Stingrays (public)

SPONSOR SHIRT

Please check over the sponsor shirt here and let us know if anything is missing by this Friday. Diamond, Gold and Silver Level Sponsors get printed on the shirts.





WINTER SCHEDULE: STARTS NOV 24

November 24th is the start of the High School Swim Season in Montana and we have to adjust our practice schedules to be able to accommodate all of our groups and swimmers and giving each group as much room as possible. We will stay on this schedule until Mid-February.

Starting November 24th

Elite: Mon-Fri 3:45-5:45pm, AM Practices and Dryland as normal

Gold: Mon-Thur 3:45-5:15pm, Fri 3:45-5:45pm, AM Practices as normal, Dryland W 5:45-6:30pm

Silver: Mon-Fri 5:45-7:15pm, Sat 8-10am

Bronze: Mon-Fri 5:45-7:15pm

Jr Stingrays: Mon-Thurs 6-7:15pm **Future Stingrays:** Tues & Thurs: 5-6pm