



Newsletter

December 10, 2025

SPIRIT WEEK NEXT WEEK!

Congrats to the Stingrays who competed at the Arizona Meet last week! Now we move onto the BAC Holiday Invite and Spirit Week!

In this newsletter you will find:

- BAC Holiday Invite Info
- Arizona Wrap Up
- USA Swimming Membership Reminders

BAC HOLIDAY INVITE

The Holiday Invite is coming up fast! Things to know before the meet:

- The Registration Deadline is today: Dec 10th!
- This is a single session meet and all ages will be racing during the same session each day.
- Please check your commitment before the deadline closes to make sure swimmers are committed to the right days they are available to compete.
- Job Signups are open online
- To get excited about the meet, Team Spirit Week starts Monday! See the attached flyer for more info!

UPCOMING EVENTS

.....

DEC

10

BAC Board Meeting:
6pm
Agenda Posted



DEC

10

Registration
Deadline for BAC
Holiday Invite

DEC

15

Dec 15-19th
Team Spirit Week

DEC

19

Dec 19-21st
BAC Holiday Invite
Job Signups open

JAN

6

Splash and Dash -
Info passed out at
practice

PRACTICE CHANGES

.....

Saturday, Dec 13th

Silver, Gold, Elite: 6:30–8am

CONGRATS AT ARIZONA!

Bennett Seitz qualified for his 1st Futures Meet in the 200 Free (1:40.1), 100 Fly (50.4) and 50 Free (21.0). He broke the Montana State Records in the 50 Free and 50 Fly (23.0)!

Quinn Montgomery broke the Montana State Record in the 200 Fly (1:56.2) and the BAC Team Record in the 100 Fly (53.4)!

Josie Cancro broke the BAC Team Records in the 13–14 100 Free (52.5), and 200 Free (1:53.7)!

Top 3 Finishes

Quinn Montgomery: 1st (400 IM), 2nd (100 Fly), 2nd (200 Fly), 3rd (50 Fly)

Josie Cancro: 2nd (200 Free), 3rd (50 Free), 2nd (100 Free)

Kaleb Montgomery: 2nd (400 IM), 2nd (200 Breaststroke)

Vanessa Sheridan: 2nd (Mile), 2nd (500), 2nd (200 Fly)

Hayden Jakub: 3rd (100 Breaststroke), 3rd (200 IM), 2nd (200 Fly)

Bennett Seitz: 3rd (200 Free), 3rd (100 Fly)

GROUP ME

QR Codes are posted at the pool

SOCIAL MEDIA

Instagram:
billingsaquaticclub

Facebook: Billings Aquatic Club (private) & BAC Stingrays (public)

USA SWIMMING MEMBERSHIPS

As 2025 comes to a close, now is a good time to check your USA Swimming membership. All members of BAC must be USA Swimming members as this is our insurance. Emails will be sent out for members who are not current members or if your membership is about to expire.

As a reminder– Flex Members can only compete in 2 meets in a calendar year. So if your swimmers has already raced at 2 meets, you will need to update their membership to premium before their next meet.