

BAC Weekly Newsletter

April 24, 2024

BILLINGS AQUATIC CLUB
Stingrays



Practice Changes

Friday, April 26

AM Practice Canceled

Gold 2: 3:30-5:30pm at MSUB

Saturday, April 27

Gold & Silver: 8-10am at MSUB

Thursday, May 2

Gold 1: 4-5:30pm at Rocky

Silver: 3:45-5:15pm at MSUB

Friday, May 3

Gold AM Practice Canceled

Bronze & Silver: Canceled

Monday, May 6

Gold AM Practice Canceled

Big Sky State Games

This Sunday at MSUB

Warm Ups

11-19 year olds: 8-8:30am

20&Older: 8:30-8:55am

10&Unders: 8:55-9:20am

Meet Start: 9:30am

Approx End: 12:30pm

Waiver

All Swimmers competing in Big Sky State Games must complete the waiver attached to the newsletter in order to compete and receive their BSSG Shirt. Scroll all the way down on the page (past the merch for sale).

Volunteer Positions

There are a lot of Volunteer Spots open and this is a good chance to get a jump on the summer volunteer commitments! Thank you for stepping up to fill these positions so we can continue to host meets at home instead of traveling!

Upcoming Events

BSSG/Sprint Meet

April 28th (MSUB)

BAC Summer Splash Meet

May 17-19th (MSUB)

Sign ups Open!

Missoula Firecracker

June 20-23rd (Missoula LCM Pool)

Prelims/Finals for 11&Over

BAC Time Trial

July 8th at Rocky

Last Chance Qualifier for State

[LC Champ Schedule Online](#)

Congrats at Spring Chicken!

The first Long Course Meet of the year was last weekend in Bozeman and BAC had a huge weekend! 4 Swimmers qualified for Long Course State and our swimmers combined together to drop almost 2000 seconds!

Kali DiProgetto qualified for her 1st Montana State Champs Meet in the 50 Back and 100 Back!

Gracie Kerr qualified for her 1st Montana State Champs Meet in the 200 Free and 100 Free!

Liam Crandall qualified for his 1st State Meet as a 9-10 year old in the 50 Breast!

Sutton Bradley qualified for his 1st Long Course State Meet in the 50 Back!

Go Stingrays!!

Remind App:

Gold: @BACGO

Silver: @BACSI

Bronze & Jrs: @BACBRO

Congrats Sennett Pizzolato!

Congrats to Sennett Pizzolato on his signing to continue his academic and athletic careers at Milwaukee School of Engineering next year! Congrats and Go Raiders!



Spring Chicken Top Time Droppers

10 & Unders

Aubrey Winslow: 130 Seconds
 Sawyer Bradley: 125 Seconds
 Quang Huynh: 93 Seconds
 Joe Wild: 88 Seconds
 Liam Crandall: 84 Seconds

11 & Overs

Teague Rice: 201 Seconds
 Arjun Kailasam: 153 Seconds
 Omar Shahin: 123 Seconds
 Gracie Kerr: 102 Seconds
 Nathan Paterson: 85 Seconds



Stingrays at Spring Chicken

Senior Zones Travel

If you are planning on attending Senior Zones this summer, please check your email for travel information from Coach Sean.

There is a possibility for team travel but swimmers must be locked in by tomorrow.

Spring Practice Schedule February 12th - Beginning of June

Future Stingrays

Tues & Thurs: 5:45-6:30pm at Rocky

Jr Stingrays

Mon: 5:15-6:15pm at MSUB
 Tues: 5:15-6:15pm at MSUB
 Weds: 5:15-6:15pm at MSUB
 Thurs: 5:15-6:15pm at MSUB

Bronze

Mon: 3:45-5:15pm at MSUB
 Tues: 3:45-5:15pm at MSUB
 Weds: 3:45-5:15pm at MSUB
 Thurs: 3:45-5:15pm at MSUB
 Frid: 3:45-5:15pm at MSUB

Silver

Mon: 3:45-5:15pm at MSUB
 Tues: 5:30-7pm at Rocky
 Weds: 3:45-5:15pm at MSUB
 Thurs: 5:30-7pm at Rocky
 Fri: 3:45-5:15pm at MSUB
 Sat: 7-9am at Rocky

Gold 1

Mon-Thurs: 7-8:30pm at Rocky

Gold 2

Mon-Fri: 3:30-5:30pm at Rocky
 Sat: 7-9am at Rocky
 *AM Practice MWF 5:30-7am at Rocky