



2026 Mountain West Age Group Championships

Sanction #SR2603-CH01

Time Trials Sanction #SR2603-TT0

Idaho Central Aquatic Center

3575 S. Findley Ave., Boise, ID 83705

Hosted by Sawtooth Aquatic Club

Held under sanction of Snake River Swimming, Inc., and USA Swimming, Inc.



MWAGC.COM

THE MEET WILL BE CAPPED AT 600 SWIMMERS. PRE-REGISTRATION IS AVAILABLE BY EMAIL: RYAN@STRATTONCPA.COM

ENTRIES DUE: Tuesday, March 9th at 11:59 PM (MDT)

Send to Patty Stratton @ patty@gbacswim.com

Schedule	Thursday, March 19	Friday, March 20	Saturday, March 21	Sunday, March 22
Prelims Warm-up	N/A	7:15 AM	7:15 AM	7:15 AM
Prelims Start	N/A	9:00 AM	9:00 AM	9:00 AM
Finals Warm-up	4:00 PM	4:00 PM	4:00 PM	4:00 PM
Finals Start	5:00 PM	5:00 PM	5:00 PM	5:00 PM

MEET DIRECTORS:

- Ann Erwin & Ryan Stratton | ryan@strattoncpa.com

MEET REFEREE:

- Keith Lambert | ktlamber707@gmail.com

ADMINISTRATIVE REFEREE:

- Mark Brown | mark.brown.15@gmail.com

NATIONAL EVALUATOR:

- TBD

FACILITY

- Indoor 50-meter, 2 meters deep, 18-lane competitive pool divided into two 25-yard courses. Myrtha starting blocks and take-off pads with adjustable setting back plates (fins).
- The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.
- Colorado electronic timing system w/full-read scoreboard
- 1000 spectator seats. No reserved seating. Seating areas may be cleared at the end of each day and articles left in the stands removed at the owner's risk.
- Heat Sheets on Meet Mobile; Results on meet and SRS websites and Meet Mobile
- Paddles, pull buoys, fins, kickboards, snorkels, or other training equipment are not allowed in any facility pool.
- Warm-up pool will be available for continual coach-supervised warm-up/cool-down. Feet-first entry only: no diving.
- Hospitality for coaches and officials only
- Onsite parking for administrative personnel and officials. Bus parking available at adjacent Flying J Travel Center Truck Stop. Parking for spectators, team vehicles, and buses is not available at adjacent shopping center parking lots. Free street parking is plentiful and available.

WARM-UP PROCEDURES:

March 19th: The pool will be available for warm-up after the end of the day's competition until 8:00 PM. Swimmers must be under direct supervision of a USA Swimming-certified coach.

March 20-22rd: Coaches are responsible for marshaling their own swimmers and following the stated warm-up notes and procedures. Except for dedicated pace and sprint lanes, circle swim counter-clockwise only.

- No paddles, pull buoys, fins, kickboards, snorkels, or other training equipment at any time.
- Last half hour of each warm-up period:
 - Lanes 1 & 8—pace lanes, no diving
 - Lanes 2 & 7—sprint lanes, dive starts, return in lanes 3 & 6
 - Lanes 4 & 5—general warm-up, no diving
 - Additional sprint lanes may be made available upon request to the Meet Referee.
- Pool closed promptly ten (10) minutes prior to the start of competition.
- Warm-up may be modified at the discretion of the Meet Referee to accommodate the number of swimmers entered.

ELIGIBILITY & ENTRY INFORMATION:

Meet Eligibility: All swimmers must be Premium or Outreach athlete members of USA Swimming, Inc. as of the meet entry deadline.

- On-deck USA Swimming registration will not be permitted.
- On-deck transfer to an eligible member club or LSC will not be permitted.

Entry Limits: Each swimmer may enter up to seven (7) individual events but no more than three (3) per day.

- The daily limit includes Time Trials; the meet limit does not.
- Entries exceeding this limit will be scratched without notification, and entry fees for entry count limitation scratches will not be refunded.
- No deck entries will be permitted except for Time Trials.

Age Groups: Age groups are based on the age of the swimmer as of the first day of the meet.

- Age groups for competition will be 10&U, 11, 12, 13, and 14, with the following exceptions:
 - The 200 back, 200 breast, 200 fly, 400 IM, and 1650 Freestyle age groups will be 11-12, and 13, 14.
 - The 500 Freestyle age groups will be 11&U, 12, 13, and 14.
 - Relay age groups will be 10&U, 11-12, and 13-14.

Qualifying Times: Except for Bonus Events clearly marked as such in your entry file and on all entry reports, all entries must meet the published qualifying times. Entries that do not meet these standards will be scratched without notification and entry fees will **NOT** be refunded.

- Swimmers must have met the 2026 Mountain West Age Group Championships qualifying time in USA Swimming sanctioned, approved, or observed competition between December 1, 2024, and the entry deadline.
- Swimmers with a disability must have met the PNS Championship Disability Championship time standard based on classification in USA Swimming sanctioned, approved, or observed competition between December 1, 2024, and the entry deadline.
- Except for Time Trials entries, all individual event entry times must be in SWIMS by the meet entry deadline, and will be reconciled with SWIMS as part of the entry processing. Entry times not in SWIMS as of that date will be scratched without notification and entry fees will **NOT** be refunded. Proof of relay entry times will not be required.
- USA Swimming rules concerning altitude adjustment will apply.
- **Converted times from one course to another may not be used.**

Bonus Swims:

- A swimmer entered in one or more individual events with an event qualifying time may also enter bonus events, subject to the daily and meet individual event limits and the following:
 - one (1) qualifying time = eligible for up to three (3) bonus events
 - two (2) qualifying events = eligible for up to two (2) bonus events
 - three (3) qualifying events = eligible for up to one (1) bonus event
 - four (4) or more qualifying events = no bonus events
- All bonus entry times must have been achieved in USA Swimming sanctioned, approved, or observed competition during the meet qualifying window. NT ("no time") entries are not allowed.
- All bonus entries must be clearly identified in submitting entries; you must designate bonus swims on the Meet Entries Screen and on your hard copy of your entry report. Please be advised that bonus entries may not import into Meet Manager from non-Hy-Tek products; the host team cannot be responsible for any resulting errors.

ENTRY FEES:

- Surcharge: \$40.00
- Individual Event: \$15.00
- Relay: \$20.00
- No refunds or credits will be given for events entered but not swum.
- See below for payment information.

AWARDS AND SCORING:

- **Individual events:** Medals 1st - 8th places.
Scoring 9-7-6-5-4-3-2-1
- **Relay events:** Medals 1st - 3rd places, ribbons 4th - 8th places.
Scoring 18-14-12-10-8-6-4-2
- **Team awards:** 1st through 5th place teams
- Each club is responsible for picking up its awards. After the meet, please direct any questions regarding awards to the Meet Director.

MEET RULES:

- Current USA Swimming rules govern throughout the meet, including warm-ups.

- This is a prelims/finals meet for all events except for the following timed finals events:
 - All relays
 - All 400 IM, 500 Freestyle, 1650 Freestyle events
- There will be one heat of finals for all 10-Under, 11, 12, 13, and 14 prelims/finals events. See the Order of Events for more information.
- Meet will be seeded YSL (short course yards/short course meters/long course meters), after which bonus events will be seeded.
- The national championship eligibility and technical rules protest policies apply. USA Swimming's 207.11.4 and 207.11.5 will be in effect.
- Two course may be used, depending on entries, and determined as necessary by meet management.

DISTANCE EVENTS:

500 Freestyle for all age groups:

- These events will be timed finals, and timers will be provided.
- Swimmers must provide their own counter, if desired. All counters must be individuals authorized to be on deck at that time.
- These events will be deck-seeded timed finals. All participating swimmers must check in with the Clerk of Course by the posted deadline in order to swim. See Scratch Procedures for more information. The top eight for each age group will be seeded by age group and swim separately youngest to oldest. The remaining heats will be seeded and swum together fastest to slowest, combined age groups.
- The Meet Referee may adjust these events to accommodate the usage of pool of time.

400 IM:

- These events will be deck-seeded timed finals. All participating swimmers must check in with the Clerk of Course by the posted deadline in order to swim. See Scratch Procedures for more information.
- The top eight for each age group will be seeded by age group and swim separately youngest to oldest. The remaining heats will be seeded and swum together fastest to slowest, combined age groups.
- Swimmers must provide their own timers, who must be individuals authorized to be on deck at that time.
- The Meet Referee may adjust these events to accommodate the usage of pool of time.

1650 Freestyle for 11-14 age groups:

- These events will be deck-seeded timed finals. All participating swimmers must check in with the Clerk of Course by the posted deadline in order to swim. See Scratch Procedures for more information.
- Swimmers must provide their own timers and, if desired, their own counter. All timers and counters must be individuals authorized to be on deck at that time.
- The top eight for each age group will be seeded by age group and swim separately youngest to oldest. The remaining heats will be seeded and swum together fastest to slowest, combined age groups.
- The Meet Referee may adjust these events to accommodate the usage of pool of time.

RELAYS:

Relay Entries and Slips:

- All relay swimmers must be pre-entered into the meet and the surcharge paid. Each individual swimmer may participate on no more than one relay team per relay event.
- The completed original copy of each relay slip must be submitted to the Clerk of Course by the stated deadline.

TIME TRIALS:

- Should timeline and facility constraints so allow, Time Trials will be offered as follows:
 - Friday's events will be the Friday/Saturday/Sunday/Thursday events, and Saturday's events will be the Saturday/Sunday/Thursday/Friday events, with the exception of the 1650 Freestyle which will only be offered on Sunday.
 - Friday and Saturday Time Trials may be limited to one hour each day.
 - The 1650 Freestyle Time Trial will be the only Time Trial offered on Sunday and will be at the Meet Referee's discretion. If available, it will be swum at the same time as the slowest heats of the 1650 Freestyle events.
- Time Trial entry will be at the Clerk of Course between 8:00 AM and 10:00 AM. The closing time for the 1650 Freestyle Time Trial will be announced.
- Time Trial fees must be paid at sign-up. Time Trial entry fees are \$15.00 per individual event and \$20.00 per relay event. Cash or Credit Card. Change will not be available for overpayment.
- Swimmers are asked to provide an accurate seed time but may enter a Time Trial as NT (no time).
- A swimmer must be pre-entered into the Meet—included in an Entry Summary Report and Meet Surcharge paid prior to the Meet Entry deadline—to be eligible for Time Trials. Each swimmer may enter up to one (1) Time Trial per day, subject to the daily event limitations.
- Swimmers may only enter events offered at this meet to their age group as of the first day of the meet.
- Swimmers must provide their own timers. Distance freestyle swimmers must provide their own counter, if desired. All timers and counters must be individuals authorized to be on deck at that time.
- Events will be swum slowest to fastest and may be swum mixed by stroke, gender, and/or age.

N2/N3 Certification for Officials:

All certified officials are invited to officiate. Officials' briefings will start one hour before each session of competition. To facilitate planning, please complete the Application to Officiate at

LINK: TBD

The uniform will be white-over-navy and white shoes. Shorts are acceptable at preliminary sessions, but long pants/skirts for finals sessions.

This meet has been designated as a training meet for N2 and N3 Officials Certification. Officials wishing to obtain or renew this level of certification must apply on the Application to Officiate and notify the Meet Referee. Instructions for Certification will be provided during the Officials' briefings.

PRE-REGISTRATION:

- If you wish to reserve space in the meet, please contact Ryan Stratton at ryan@strattoncpa.com. We will maintain a list to ensure your team will be eligible to submit entries prior to the entry deadline.
- Please only reserve space if you are planning to attend as we want to maintain an accurate athlete count to provide an exceptional experience for all swimmers, parents & coaches.