

Facility

18 lane, 25-yard x 50-meter indoor facility with Colorado timing and video display board. Spectrum starting blocks with backstroke ledges. Start and turn-end depth: 7.2 feet @ 1 meter from wall. The host will ensure the required course dimensions.

MEET FORMAT

- **Meet format** will be SCY Prelims (up to 8 lanes per course) and SCY Finals (8 lanes). For the purposes of timeline management, the 500 Freestyles, the 400 Individual Medleys, the 1650 Freestyles, and Finals Relays may be swum in two courses. Additional details will be provided at the General Meeting.
 - For individual events 200Y and shorter, one championship final heat (A), two consolation finals heats (B-C), and two bonus finals heats (D-E) will compete in Finals.
 - 🚩 *Protected E-final:* The E-final will be restricted to the next 8 fastest 16&U athletes who do not qualify for the A-D finals. If there are not sufficient 16&U qualifiers to fill the E-final, the heat will be filled with the next fastest 17&O athletes who did not qualify for the A-D finals.
 - For the 400 Individual Medley and 500 Freestyle events, one championship final heat (A), two consolation finals heats (B-C), and one bonus finals heat (D) will compete in Finals.
 - 🚩 *Protected D-final:* The D-final will be restricted to the next 8 fastest 16&U athletes who do not qualify for the A-C finals. If there are not sufficient 16&U qualifiers to fill the D-final, the heat will be filled with the next fastest 17&O athletes who did not qualify for the A-C finals
- **Order of seeding** will be Short Course Yards (SCY), Short Course Meters (SCM), Long Course Meters (LCM).
Bonus events will be seeded after the above, in the same order: BSCY-BSCM-BLCM.
- **Preliminary Heats of Individual Events will be seeded and swum FASTEST to SLOWEST.**
- **Circle-Seeding:** Top 3 heats of **preliminary** individual events 200 or less, and top 2 heats of **preliminary** individual events of 400 or more, will be circle-seeded, with the **fastest athlete in heat 1.**
- **Finals Heats of Individual Preliminary Events will swum SLOWEST to FASTEST:**
 - 🚩 Individual Events 200 and shorter: Bonus – E, Bonus – D, Consolation - C, Consolation - B, Championship - A.
 - 🚩 400 Individual Medley and 500 Freestyle: Bonus – D, Consolation - C, Consolation - B, Championship - A.
- **Timed Finals Events - 1650Y Freestyles**
 - 🚩 These events will be swum using the National Event format. The **fastest (single) seeded heat of each gender will swim in Finals.** All other heats will be swum **slowest to fastest**, alternating women and men beginning at a predetermined time, so the second fastest heat of the men's event is concluded 90 minutes before the evening Finals session is scheduled to begin.
 - 🚩 **Athletes may qualify for this event using any of the 1650Y/1500M or 1000Y/800M time standards.** Athletes using non-conforming distance entry times (1000Y/800M) will be seeded after conforming distance entry times. Order of seeding: 1650Y – 1500M – 1000Y – 800M
 - 🚩 Athletes entered in the 1650Y Freestyles wishing to swim in preliminary heats rather than the Finals heat need to declare this intention by the stated scratch deadline for that day's events.
- **Timed Finals Events - Relays:** This meet will offer both single-gender and mixed-gender relays.
 - 🚩 All single-gender C Relays will swim at the conclusion of Prelims on the day the relays are scheduled.
 - 🚩 All mixed-gender E & F Relays will swim at the conclusion of Prelims on the day the relays are scheduled.
 - 🚩 All other relays (single-gender A & B, and mixed-gender A-D) wishing to swim in Preliminary heats rather than in Finals heats need to declare this intention by the stated scratch deadline for that day's events.
 - 🚩 See **Order of Events** (p. 3) and **Meet Entry Procedures** (p. 5) of this announcement, for additional details.
- **There will be NO Finals Ready Room** at this event. Athletes will not be paraded to the blocks. Athletes are to report to their lane, and the championship heat will be announced behind the blocks.
- **Awards MAY be presented at this event.** Final details will be announced at the General Meeting.

ORDER OF EVENTS

Women's Event #	Wednesday * April 3, 2024	Men's Event #
1	200 Backstroke	2
3	100 Butterfly	4
5	500 Freestyle	6
7	200 Medley Relay (A)	8
Women's Event #	Thursday * April 4, 2024	Men's Event #
9	200 Freestyle	10
11	100 Backstroke	12
13	400 Individual Medley	14
15	200 Freestyle Relay (A)	16
Women's Event #	Friday * April 5, 2024	Men's Event #
17	200 Butterfly	18
19	100 Freestyle	20
21	200 Breaststroke	22
23	200 Mixed Medley Relay (B)	23
Women's Event #	Saturday * April 6, 2024	Men's Event #
24	100 Breaststroke	25
26	50 Freestyle	27
28	200 Individual Medley	29
30	1650 Freestyle (C)	31
32	200 Mixed Freestyle Relay (B)	32

A: These relay events will be conducted as timed finals **with A & B relays swum at the end of Finals**, using the National Event Format: Fastest two heats of women (second fastest, fastest) followed by fastest two heats of men (second fastest, fastest), then alternating women/men fastest to slowest (3rd fastest women, 3rd fastest men, 4th fastest women, 4th fastest men, etc)

There may be a 10-min break following the conclusion of Finals individual events, prior to the start of these relays.
Finals Relays may be swum in two courses.

ALL C Relays will swim in Prelims, fastest to slowest, in event order (all women's heats, then all men's heats).

There may be a 10-min break following the conclusion of Preliminary individual events, prior to the start of these relays.

B: These relay events will be conducted as timed finals with **A – D relays swum at the end of Finals**, as follows:
Fastest two heats (second fastest, fastest) followed by all other heats, swum fastest to slowest (3rd fastest, 4th fastest, etc)

There may be a 10-min break following the conclusion of Finals individual events, prior to the start of these relays.
Finals Relays may be swum in two courses.

ALL E & F Relays will swim in Prelims, in event order, fastest to slowest.

There may be a 10-min break following the conclusion of Preliminary individual events, prior to the start of these relays.

C: The 1650Y Freestyles will be conducted as timed finals, following the National Championship format. **The fastest (single) seeded heat of each gender will swim in the Finals session as follows:** Women's fastest heat following Event 25 * Men's fastest heat following Event 27.

All other heats will be swum **slowest to fastest**, alternating women and men beginning at a predetermined time, so the second fastest heat of the men's event is concluded 90 minutes before the evening Finals session is scheduled to begin.
These heats may be swum in two courses.

Athletes may qualify for this event using any of the 1650Y/1500M or 1000Y/800M time standards. Non-conforming distance entry times (1000Y/800M) will be seeded after conforming distance entry times. Order of seeding: 1650Y-1500M-1000Y-800M

ELIGIBILITY

This meet is open to all athletes **AGES 19 AND UNDER** who:

1. Are currently registered Premium or Outreach members of USA Swimming. **There will be no on-deck USA Swimming registration.**
2. **This is a closed meet and open only to athletes currently registered within the LSCs of the Western Zone as of the date entries close.**
There will be no on-deck transfers at this meet, into either an eligible club or LSC.
3. Have qualifying entry times achieved at USA Swimming sanctioned, approved, or observed competitions **between October 1, 2022, and the close of entries.** Qualifying times for this meet will be the 2024 Short Course Senior Zone "A" standards and Bonus standards for individual events. These are attached to this meet announcement on p. 10 - 11.
4. **There will be NO relay-only athletes allowed at this meet** – see Entries > Relay Event Limits, p. 6 for additional information.
5. There are no de-qualification time standards for this meet.
6. Entry times not in the SWIMS database must be proven to the Administrative Referee or designated representative prior to the scratch deadline for the event. Failure to provide such proof of time prior to that deadline will result in the athlete being removed from the event. It is the responsibility of the entering club, or individual if entering unattached, to verify that entry times are in SWIMS.
7. There are no relay time standards, and proof of relay entry times is not required.
8. All athletes ages 18-19 must have completed and be current with the USA Swimming Athlete Protection Training certification to compete.
9. Athletes with a disability who have achieved the USA Swimming Zone Para qualifying time standards during the qualifying period for this meet may enter individual events for which the standard has been achieved. These standards are attached to this meet announcement on p. 12.
 - ✦ Contact Meet Entry Chair Herb Schwab herb.schwab@gmail.com for information on how to enter athletes with disabilities into the meet.
 - ✦ Athletes with disabilities may also participate in SCY Time Trials on the same basis as other entered athletes – see **Time Trials**, p.8 for additional information.
10. In accordance with USA Swimming Rules 202.4.15 & Article 105.1, and UTSI P&P 151, the Meet Referee has the authority to accommodate swimmers with disabilities. The coach or person in charge of team entries must notify the meet referee and meet entry contact of accommodations requests at the time of entry submission.

Meet Entry Procedures

Entries will be submitted for this meet via Email using a meet entry file & PDF documents, as detailed below

Meet Entry Chair:

Herb Schwab
281-242-1334 (cell)
herb.schwab@gmail.com

Dates & Deadlines:

- **Entries OPEN on Tuesday, December 12, 2023**
- **Entries CLOSE with the team having the 800th athlete -OR- Wednesday, March 13, 2024 @11:59pm Pacific Time, whichever is sooner.**

Once Meet Entries have CLOSED, a team's total number of athletes entered becomes fixed.

If Meet Entries CLOSE **prior** to the Final Entry Deadline of March 13, 2024, **teams with confirmed entries** will be allowed the following entry adjustments:

1. Teams may scratch previously entered athletes, with NO REFUNDS.
2. Teams may enter new athletes, *with full entry fees due for newly added athletes*, up to the team's fixed number of athletes.
3. **Teams may not exceed the fixed number of athletes confirmed as entered, as determined at the time entries CLOSE.**
4. All adjustments to a team's confirmed entries must be completed by the **FINAL Entry Deadline** of 11:59 PM Pacific Time, March 13, 2024

NO LATE ENTRIES after the FINAL Entry Deadline will be accepted for this meet.

STATEMENT OF ELIGIBILITY RE QUALIFYING ENTRY TIMES:

Athletes must have entry times that meet the following criteria in order to be eligible to enter this meet:

1. Have met the appropriate 2024 qualifying entry times in competition **between October 1, 2022, and the close of entries**, as noted in Eligibility, #3, above. Proof of relay entry times is not required.
2. Have qualifying entry times achieved at USA Swimming sanctioned, approved, or observed competitions, or a recognized foreign competition.
3. **Entry times must meet the "Proof of Times" requirements listed below.** *It is the responsibility of the entering club, or individual if entering unattached, to verify that entry times meet these "Proof of Times" requirements.*
4. Meet Management reserves the right to request "Proof of Times" documentation at any point.

Proof of Times:

- **SWIMS:** If a time for a swimmer is visible in the public search feature on the USA Swimming website (Times > Individual Times Search) and it was swum in the appropriate qualifying period, it is considered a proven official time.
- **Official Meet Results:** If a time for a swimmer is listed in the official meet results of a USA Swimming sanctioned, approved, or observed competition, or a recognized foreign competition, and it was swum in the appropriate qualifying period, it is considered a proven official time.
- **Meet Mobile is NOT acceptable as verification for "Proof of Times"**

Preparing & Submitting Entries

- All meet entries will be conducted via Hy-Tek -or- Hy-Tek compatible entry files, using the official meet events entry file posted on the Western Zone website under this event.
- The official entry file includes qualifying times for SCY, SCM, and LCM using the meet qualifying time standards.
- **The Meet Entry Qualifying Time Period is October 1, 2022, through close of entries.**

Submit entries via email to the Meet Entry Chair, Herb Schwab herb.schwab@gmail.com beginning at 10:00 am Pacific Time, Tuesday, December 12, 2023.

Entry Submissions must include the following:

1. Zipped Hy-Tek -or- Hy-Tek compatible entry file (e.g. Team Manager or Team Unify)
2. PDF copy of individual entries, with "Bonus" events clearly designated on the entry report
3. PDF copy of relay entries
4. PDF copy of entry fees due
5. Contact information including email and cell numbers for both:
 - a. The individual responsible for the entry and pre-meet communications
 - b. The coach who is responsible during the meet for entry, admin & other meet-related matters.

Per UTSI Rules and Regulations 1.3 and 1.4:

- The person submitting a team's entries is the team entry representative and the received email implies the official signature of the team entry representative. Said person will be the only person to make changes and will be responsible for all penalties resulting from inaccurate times and unregistered swimmers.
- By the action of entering the swimmer in the meet, the submitter, whether the swimmer, coach, parent, or team representative, certifies that the swimmer is a currently registered member of USA Swimming and that all times stated in the entry are true and correct.

Individual Event Limits

Athletes may enter up to nine (9) individual events but may only compete in a maximum of seven (7) individual events total (including Bonus events, but *not* including Time Trials).

- Athletes may not compete in more than three (3) individual events per day, *including* Time Trials.
- Athletes may enter any number of time trials during the course of the meet but may not exceed the limit of three (3) individual events per day with a combination of time trials and individual meet events. See **Time Trials** p. 8 for additional information.

Bonus Event Limits

Athletes entered in the meet with at least one qualified individual event will be eligible to enter up to a maximum of two (2) Bonus events in which the Bonus standard has been achieved.

- Bonus events are limited to distances of 200Y or less.
- **Bonus times must appear in SWIMS within the qualifying time period: October 1, 2022 through close of entries. NT entries will not be accepted.**
- **NOTE: Bonus events must be clearly marked as "Bonus" when preparing entries and clearly marked as "Bonus" on the PDF copy of entries when submitted.**