

IMPORTANT FACTS ABOUT THE MEET (EAST AND WEST)



- ◆ Swimmers participating in the Speedo Winter Junior Championships must compete at the specific location (East or West) as determined by the LSC in which they are registered with USA Swimming. Please refer to the boundary map on the next page.
- ◆ All athletes at the meet must be 18 years old or younger on the first day of the meet. College athletes who meet this age requirement are permitted to compete in the meet. All participants must be 2023 Premium or Outreach members of USA Swimming, must be current in all required certifications and trainings, and must be prepared to show a current USA Swimming membership card.
- ◆ All swimmers entered in the 1650 Freestyle events must be positively checked-in prior to the scratch deadline in order to compete in the event.
- ◆ Foreign national teams are not permitted to compete in this meet. Foreign athletes who are registered members of USA Swimming clubs will be permitted to swim in this meet.
- ◆ The qualification period for this event is November 1, 2022 through the entry deadline. (Tuesday, November 28, 2023).
- ◆ Enter the Speedo Winter Championships online at hub.usaswimming.org/landing beginning Tuesday, **October 17, 2023** and no later than 11:59 a.m. Mountain Time, Tuesday, November 28, 2023.
- ◆ Bonus events will be permitted for this meet. All athletes who qualify for one or more individual events will be permitted to enter and swim in up to two bonus events, provided they have achieved the published Bonus Event Time Standards.
- ◆ Swims achieving a bonus or qualifying time standards for the first time from Wednesday, November 29, 2023, through Sunday, December 3, 2023, may enter the meet through OME under the title "2023 Winter Juniors: New Qualifying Swims". These entries must be submitted no later than 11:59 p.m. Mountain Time on Sunday, December 3, 2023, and cannot be used to improve the seed time of a prior entry, unless the improvement achieves a new bonus or qualifying standard. Normal entry fees apply.
- ◆ SCY Time Trials will be conducted for all swimmers who enter and compete in individual events, provided there is sufficient time between the end of the preliminary session and the start of warm-ups for the final session. Time Trial entries will only be taken on-site at the Clerk of Course and, at the discretion of the Meet Referee, through OME.
- ◆ There will be a two-session long course time trial on Sunday morning, December 10, 2023 beginning at 9:00 am local time. Any athlete who is entered and participates in one or more individual events at the 2023 Speedo Winter Junior Championships will be permitted to enter and swim up to two events in the LCM time trials. Please refer to the LCM Time Trials on p. 13 for additional information.
- ◆ At the discretion of the Meet Referee, two courses and/or nine or ten lanes may be used for preliminary heats. Also, the preliminary sessions may be conducted using "Flyover" starts and/or in an A/B flighted format. Details of any changes to normal meet operations protocol will be announced at the general meeting..
- ◆ Relays will be timed finals with all heats swum in the evening session. Relay qualifying times must be made by swimmers age 18 or under as of the first day of the meet (whether using team or aggregate times), and each of those swimmer must be entered on the team roster. Each team may enter only one relay per event **except any team that has 8 individual athletes who qualified and are swimming in the meet, and whose combined times meet a relay qualifying time, such team can enter a B relay as well.** "B" relays must be entered through OME. Qualification for the 4 x 50 relays will be the corresponding 4 x 100 relay time standards.
- ◆ **Relay-only swimmers are not permitted at these competitions.**
- ◆ Swimmers may qualify for the 1650 Freestyle events using the 1500/1650 time standards or the 800/1000 time standards. Swimmers entering the competition with alternate distance standards will be seeded in the first heats.
- ◆ The scratch deadline for the Wednesday relays shall be 15 minutes after the conclusion of the Technical Meeting (Tuesday, December 5, 2023 at 6:00 p.m. local time). Coaches who cannot attend the Technical Meeting are encouraged to text their scratches to the Administrative Referee before these deadlines. The scratch deadline for Thursday's preliminaries shall be 6:30 p.m. local time Wednesday, December 6. This event will follow the scratch rules as defined in section 207.11.6 of the USA Swimming Rules and Regulations. As provided in this section, the penalty for failure to compete in an individual preliminary heat in which such swimmer is entered and has not been scratched will be one of the following:
 - ◇ Being barred from all further individual and relay events of that day as prescribed in section 207.11.6, or
 - ◇ Payment of a fine of \$200
- ◆ Swimmers' and Coaches' Responsibility – It shall be the swimmers' and coaches' responsibility to acquaint themselves with all of the information contained in this meet information book and any information or changes announced at the Technical meeting.

TABLE OF CONTENTS



East/West Boundary	3
Order of Events	4
General Information	5
Local Information - EAST	7
Local Information - WEST.....	8
Entering the Meet.....	9
Championship Procedures.....	10
Doping Control	13
Long Course Time Trials Information.....	14
Time Standards.....	15

ENTERING THE MEET (EAST AND WEST)



Meet Entries

All entry questions should be directed to: Trey Freeman at USA Swimming (tfreeman@usaswimming.org).

All individual entry times must be made prior to the entry deadline and must be proven prior to the scratch deadline for that event through the SWIMS Database. No swimmer will be permitted to swim without said proof. USA Swimming reserves the right to challenge any submitted time. All individual entry times must be proven in the SWIMS Database, prior the scratch deadline, even if scratched.

- ◆ Enter the Speedo Winter Championships online at hub.usaswimming.org/landing beginning Tuesday, **October 17, 2023** and no later than 11:59 a.m. Mountain Time, Tuesday, November 28, 2023.
- ◆ You will be required to pay for the online entries with a Visa, Mastercard, American Express or Discover. Once entries are submitted through OME, refunds will not be allowed.
- ◆ OME is not an eligibility report; Coaches are responsible for knowing events for which their athletes are qualified.
- ◆ You can modify your entry online by adding to the original entry. You cannot delete an online entry once it has been paid for.
- ◆ Once you complete your online entry, you will be sent confirmations via email. Please keep these emails and bring them with you to the meet (just in case).
- ◆ USA Swimming Waiver forms will be sent to you via email after the entry deadline. Please have these filled out and bring them with you to the meet (*i.e. do not mail to USA Swimming*).

Qualifying Period

The qualification period for this event is November 1, 2022 through the entry deadline (Tuesday, November 28, 2023).

Number of Events

A swimmer may only swim three (3) individual events per day (including time trials). A swimmer may enter any number of individual events in which the qualifying time standard has been met. All entry times must be proven.

Bonus Events

Bonus events will be permitted for this meet. All athletes who qualify for one or more individual events will be permitted to enter and swim in up to two bonus events, provided they have achieved the published Bonus Event Time Standards.

Entry Fees:

\$20.00 per individual event
\$40.00 per relay event
\$20.00 per credentialed coach (\$25 on site)

Foreign Entries

Foreign national teams are not permitted to compete in this meet. Foreign athletes who are registered members of USA Swimming clubs will be permitted to swim in this meet.

New Qualifying Swims

Swims achieving a bonus or qualifying time standards for the first time from Wednesday, November 29, 2023, through Sunday, December 3, 2023, may enter the meet through OME under the title

2023 Winter Juniors: New Qualifying Swims. These entries must be submitted no later than 11:59 p.m. Mountain Time on Sunday, December 3, 2023, and cannot be used to improve the seed time of a prior entry, unless the improvement achieves a new bonus or qualifying standard. Normal entry fees apply.

Late Entries

Any team or athlete missing the entry deadline will be permitted to enter late, subject to the following requirements:

- A. Late entries must be submitted through the Online Meet Entry system (OME);
- B. These entries must be received no later than 11:59 pm Mountain Time on Sunday, December 3, 2023;
- C. The team or athlete must pay a one-time processing fee of \$150.00, *and* pay entry fees of \$40 per individual event and \$80 per relay event.

Secondary Club Recognition

The online entry form contains a space for secondary "club recognition." You may enter a second club for each of your athletes if you wish. The secondary club will be listed in the psych sheet, meet roster and heat sheets, if space is available. Each athlete will have only 16 characters for both his/her club and his/her secondary club. The club does not need to be a USA Swimming member club. It may be any club that your athlete wishes to recognize. Listing this club is for recognition purposes only. Listing this club has nothing to do with representation, team scoring or credentials.

Entering Relays and Relay Check-In Procedures

- A. Relay qualifying times must be made by swimmers age 18 or under as of the first day of the meet (whether using team or aggregate times), and each of those swimmers must be entered on the team roster.
- B. **Teams are limited to one relay entry in each relay event, except any team that have 8 individual athletes who qualified and are swimming in the meet, and whose combined times meet a relay qualifying time, such team can enter a B relay as well.**
- C. B relays must be entered through OME.
- D. Each coach shall pick up relay entry forms from the Clerk of Course on which he/she shall list the competing relay swimmers, their first and last names and order of swimming for each entered relay. Relay forms shall be returned to the Clerk of Course for tabulation approximately thirty (30) minutes after the start of finals. However, relay order may be changed up to the time of the swim.
- E. All relays will be timed finals with all heats swum in the evening session.
- F. Relay-Only swimmers are not permitted at these competitions.

CHAMPIONSHIP PROCEDURES (EAST AND WEST)



Short Course Yards Time Trials

Time Trials will be conducted for all swimmers who enter and compete in individual events during the meet provided there is sufficient time between the end of the preliminary session and the start of warm-ups for the final session.

- ◆ A swimmer is limited to a maximum of two Time Trials during the course of the Championships.
- ◆ The Time Trial entry deadline shall be one hour prior to the estimated/published conclusion of that days preliminary session.
- ◆ Entry fees for Time Trials are the same as those established for the Championships.
- ◆ The order for Time Trials shall be that day's events, followed by the remaining events in the meet, followed by the previous day's events.
- ◆ Distance freestyle events will typically be offered on only one day of the meet as determined by the Meet Referee and announced at the Technical Meeting.

LCM TIME TRIALS**Format**

There will be a two-session long course time trial on Sunday morning, December 10, 2023 beginning at 9:00 a.m. Dependent on the number of entries, the Referee may decide to run the time trials as a single session. Any athlete who is entered and participates in the one or more individual events at the 2023 Speedo Winter Junior Championships will be permitted to enter and swim up to two events in the LCM time trials.

Entry Fees:

\$20.00 per event

Entries

Entries will be accepted online at hub.usaswimming.org/landing beginning at 8:00 a.m. local time (Westmont or Columbus) on Thursday, December 7, 2023, and closing at Noon Local Time on Saturday, December 9, 2023. Deck entries will not be accepted and refunds will not be provided.

**Long Course Time Trials
Sunday, December 10, 2023
All Events Timed Finals**

Session 1 begins at 9:00 a.m.

Women's Events**Men's Events**

1	200 IM	2
3	100 Butterfly	4
5	100 Breaststroke	6
7	100 Backstroke	8
9	100 Freestyle	10
11	400 Freestyle	12
13	1500 Freestyle (Women)	
	800 Freestyle (Men)	14

Session 2 begins approximately one hour after conclusion of Session 1

15	400 IM	16
17	200 Backstroke	18
19	200 Breaststroke	20
21	50 Freestyle	22
23	200 Freestyle	24
25	200 Butterfly	26
27	800 Freestyle (Women)	
	1500 Freestyle (Men)	28