



FUTURES CHAMPIONSHIPS

TIME STANDARDS

2016

WOMEN			MEN	
LCM	SCY		SCY	LCM
27.49	24.39	50 Freestyle	21.49	24.89
59.59	52.19	100 Freestyle	46.69	53.79
2:08.19	1:52.99	200 Freestyle	1:42.09	1:58.09
4:28.79	5:03.49	400/500 Freestyle	4:37.09	4:09.99
9:13.79	10:20.49	800/1000 Freestyle	9:34.29	8:40.69
17:40.19	17:14.39	1500/1650 Freestyle	16:05.49	16:38.99
1:07.29	58.49	100 Backstroke	52.49	1:00.79
2:24.79	2:05.79	200 Backstroke	1:53.59	2:11.89
1:16.19	1:06.29	100 Breaststroke	58.89	1:08.69
2:43.79	2:23.09	200 Breaststroke	2:08.59	2:29.09
1:05.19	57.89	100 Butterfly	51.59	58.39
2:21.89	2:06.19	200 Butterfly	1:53.69	2:10.19
2:26.39	2:08.29	200 Individual Medley	1:55.09	2:12.79
5:07.29	4:30.69	400 Individual Medley	4:07.59	4:42.39
4:04.29	3:34.09	4 x 100 Freestyle Relay	3:12.89	3:40.89
8:40.89	7:36.39	4 x 200 Freestyle Relay	6:58.59	8:00.49
4:33.79	3:57.09	4 x 100 Medley Relay	3:32.79	4:05.89

Qualification time period 7/1/2015 through the entry deadline