

# **NORTHWEST SECTION**



**AGE GROUP CHAMPIONSHIPS**

## **NORTHWEST AGE GROUP REGIONALS MARCH 10-13, 2016 TIME STANDARDS WEYERHAEUSER KING COUNTY AQUATIC CENTER QUALIFYING TIME PERIOD 2/1/2015 TO ENTRY DEADLINE**

| <b>25 YARD COURSE</b> | <b>G10U</b> | <b>G11</b> | <b>G12</b> | <b>G13</b> | <b>G14</b> | <b>G15-18</b> | <b>B10U</b> | <b>B11</b> | <b>B12</b> | <b>B13</b> | <b>B14</b> | <b>B15-18</b> |
|-----------------------|-------------|------------|------------|------------|------------|---------------|-------------|------------|------------|------------|------------|---------------|
| <b>50 Free</b>        | 30.19       | 28.19      | 26.89      | 26.19      | 25.69      | 25.69         | 30.19       | 28.39      | 26.49      | 24.79      | 23.49      | 23.09         |
| <b>100 Free</b>       | 1:06.99     | 1:02.39    | 58.69      | 56.89      | 55.69      | 55.39         | 1:07.29     | 1:02.49    | 57.79      | 54.09      | 51.29      | 49.99         |
| <b>200 Free</b>       | 2:27.69     | 2:15.49    | 2:09.19    | 2:03.89    | 1:59.59    | 2:00.49       | 2:25.59     | 2:16.09    | 2:07.99    | 1:57.89    | 1:52.59    | 1:50.79       |
| <b>500 Free</b>       | 6:01.99     | 6:01.99    | 5:43.89    | 5:31.29    | 5:23.59    | 5:24.39       | 6:05.39     | 6:05.39    | 5:46.79    | 5:20.49    | 5:06.19    | 5:02.89       |
| <b>1650 Free</b>      |             | 20:05.19   | 20:05.19   | 18:50.79   | 18:32.89   | 18:52.49      |             | 20:19.69   | 20:19.69   | 18:42.49   | 17:42.49   | 17:40.39      |
| <b>50 Back</b>        | 35.39       | 32.79      | 30.89      |            |            |               | 35.19       | 33.39      | 30.79      |            |            |               |
| <b>100 Back</b>       | 1:16.69     | 1:10.59    | 1:06.49    | 1:03.79    | 1:02.19    | 1:02.19       | 1:16.09     | 1:11.89    | 1:05.69    | 1:01.79    | 58.59      | 57.69         |
| <b>200 Back</b>       |             | 2:24.59    | 2:24.59    | 2:18.09    | 2:15.09    | 2:15.09       |             | 2:23.69    | 2:23.69    | 2:14.19    | 2:07.69    | 2:05.69       |
| <b>50 Breast</b>      | 40.09       | 37.09      | 34.79      |            |            |               | 40.49       | 37.29      | 34.69      |            |            |               |
| <b>100 Breast</b>     | 1:27.59     | 1:20.49    | 1:16.09    | 1:12.99    | 1:11.09    | 1:11.29       | 1:27.99     | 1:21.19    | 1:15.19    | 1:09.69    | 1:05.59    | 1:04.79       |
| <b>200 Breast</b>     |             | 2:44.09    | 2:44.09    | 2:37.69    | 2:35.39    | 2:35.09       |             | 2:45.19    | 2:45.19    | 2:31.79    | 2:23.89    | 2:24.09       |
| <b>50 Fly</b>         | 33.99       | 31.49      | 29.39      |            |            |               | 33.89       | 31.49      | 29.19      |            |            |               |
| <b>100 Fly</b>        | 1:19.09     | 1:11.69    | 1:05.99    | 1:03.29    | 1:01.69    | 1:01.39       | 1:18.99     | 1:12.09    | 1:06.89    | 1:00.09    | 56.89      | 55.79         |
| <b>200 Fly</b>        |             | 2:32.69    | 2:32.69    | 2:23.59    | 2:18.89    | 2:18.69       |             | 2:34.49    | 2:34.49    | 2:17.59    | 2:10.29    | 2:08.59       |
| <b>100 IM</b>         | 1:16.89     | 1:11.39    | 1:07.39    |            |            |               | 1:16.99     | 1:11.59    | 1:06.59    |            |            |               |
| <b>200 IM</b>         | 2:46.09     | 2:33.89    | 2:25.19    | 2:18.79    | 2:15.79    | 2:16.99       | 2:45.49     | 2:35.29    | 2:23.69    | 2:12.69    | 2:06.89    | 2:05.79       |
| <b>400 IM</b>         |             | 5:10.09    | 5:10.09    | 4:55.39    | 4:47.89    | 4:53.89       |             | 5:10.09    | 5:10.09    | 4:47.79    | 4:36.09    | 4:34.09       |
| <b>200 F.R.</b>       | 2:09.39     | 1:50.19    |            | 1:43.69    |            | 1:46.39       | 2:09.99     | 1:50.19    |            | 1:38.49    |            | 1:36.39       |
| <b>400 F.R.</b>       |             | 4:05.09    |            | 3:47.69    |            | 3:53.49       |             | 4:04.99    |            | 3:36.39    |            | 3:31.39       |
| <b>200 M.R.</b>       | 2:25.19     | 2:04.09    |            | 1:55.39    |            | 1:59.99       | 2:25.19     | 2:04.59    |            | 1:49.79    |            | 1:48.79       |
| <b>400 M.R.</b>       |             | 4:33.79    |            | 4:09.79    |            | 4:16.99       |             | 4:31.49    |            | 4:01.29    |            | 3:54.99       |