



TIME STANDARDS

2016

SPEEDO JUNIOR NATIONAL CHAMPIONSHIPS

Girls			Boys	
SCY	LCM		LCM	SCY
22.89	26.69	50 Freestyle	24.09	20.59
49.89	57.79	100 Freestyle	52.19	44.59
1:47.79	2:04.69	200 Freestyle	1:54.69	1:38.79
4:49.09	4:22.19	400/500 Freestyle	4:03.59	4:29.29
9:58.79	9:00.29	800/1000 Freestyle	8:24.69	9:15.19
16:35.89	17:14.29	1500/1650 Freestyle	16:08.09	15:37.49
54.69	1:04.59	100 Backstroke	58.99	49.89
1:58.09	2:18.69	200 Backstroke	2:07.39	1:48.39
1:03.09	1:13.49	100 Breaststroke	1:06.29	55.99
2:15.89	2:38.69	200 Breaststroke	2:23.69	2:01.59
54.19	1:02.59	100 Butterfly	56.69	49.19
1:59.59	2:17.39	200 Butterfly	2:05.49	1:48.29
2:00.99	2:21.39	200 Individual Medley	2:08.69	1:49.29
4:15.59	4:58.09	400 Individual Medley	4:33.89	3:53.49
x	3:56.49	4x100 Fr-R	3:34.89	x
x	8:29.99	4x200 Fr-R	7:47.69	x
x	4:22.69	4x100 Med-R	3:56.99	x

Qualification Period 7/1/2015 through Entry Deadline

Girls		Bonus	Boys	
SCY	LCM		LCM	SCY
23.49	27.19	50 Freestyle	24.49	21.19
50.79	58.29	100 Freestyle	52.89	45.39
1:49.39	2:05.69	200 Freestyle	1:56.49	1:40.09
4:52.19	4:23.89	400/500 Freestyle	4:05.49	4:30.09
10:05.19	9:05.09	800/1000 Freestyle	8:27.69	9:19.39
16:45.09	17:29.69	1500/1650 Freestyle	16:27.39	15:46.39
56.09	1:05.59	100 Backstroke	59.69	50.49
2:00.69	2:20.89	200 Backstroke	2:09.69	1:49.69
1:03.89	1:14.29	100 Breaststroke	1:07.09	56.59
2:18.89	2:40.49	200 Breaststroke	2:25.09	2:02.89
55.69	1:03.59	100 Butterfly	57.69	49.89
2:02.39	2:19.29	200 Butterfly	2:07.29	1:49.89
2:03.99	2:22.39	200 Individual Medley	2:10.09	1:50.69
4:22.09	5:00.49	400 Individual Medley	4:37.29	3:56.89