Montana Swimming Semi-Annual HOD Meeting Minutes October 1, 2017 - 9:00 am Butte YMCA, Butte, MT

Big Sky. Big Dreams. Big Success!

*** These minutes have not yet been approved ***

Present:

- 1. Roll Call:
 - a. See attached sign in sheets
- 2. Welcome & Instructions:
 - a. General Chair, Tony Popp, called meeting to order at 9:01am.
 - b. Introductions of all in attendance (see attached sign in sheets)

Minutes:

- 1. Review, correction, adoption of minutes from past HOD meetings:
 - a. Fall 2016 HOD minutes (10/02/2016)
 - i. Motion to approve, seconded, Motion carries.
 - b. Spring 2017 HOD minutes (05/16/2017)
 - i. Minutes have not been posted to website. Sign in sheets and approved SC 2017-2018 meet schedule need to be attached.
 - ii. Approval tabled.

Reports:

- 1. Short reports and/or description of duties from officers, committee chairs, and athlete reps (full reports attached and posted to website):
 - a. AJ Popp gave overview of athlete Instagram.
 - b. Pam Harder Not many safety issues in the past year. See report for records chair for the numbers on the many records broke.
 - c. Susan Huckeby See Scholastic All American report, Diversity and Inclusion report, Webmaster requests submission for stories and news plus all reports for meets hosted and the results, see Times & Records report (for relay times to be submitted into SWIMS they must be 'all girls', 'all boys', or 'mixed as 2 girls & 2 boys').
 - c. Olivia Bauman Fully engaged in the activities of a senior preparing for college next year.
 - d. Matt Yovich See Finance Vice Chair report.
 - e. Craig Smith See attached financial records and reports. Finished last fiscal year with ~\$13,000 profit.
 - f. Lanni Jacobson Increased swimmers by 23; less seasonal swimmers and more year round swimmers.
 - g. Merle Gunderson See Officials Chair report. Officials meeting yesterday (09/30/2017); instead of a video clinic all attending officials ran a YMCA only sanctioned meet. New goal: add 2 new officials per team per year.

- h. Claire Becker Working with AJ to plan an athlete informational meeting to educate LSC athletes about responsibilities of being an athlete rep for MT Swimming.
- i. Mari Aoki Not present, but has submitted a fun report about facts and myths on college recruiting.
- j. Kirby Beierle See Coaches Rep report. Planning a coaches retreat in the upcoming year to be hosted in a central location. Goal for retreat is to share and learn from the knowledge with the coaches around the state. Kirby suggests generating a list of all coaches in the state with their position held and circulate the list to all coaches in the state.
- k. Janel McCormick USA Safe Sport has a helpful information booklet available on the USA Swimming website for education of younger athletes.
- l. Toni Popp Absent, but overview of the Programs Operational Chair position responsibilities were given by Tony Popp. Zone budget is ~44% of MT LSC budget with 60-70 total athletes attending zones.
- m. Tami Peters Overview of function and purpose of operational documents (Bylaws, Rules & Regulations, Policies & Procedures). Overview of responsibilities of Secretary and Vice Chair positions. See attached report.
- n. Tony Popp
 - i. Overview of our current status with LEAP 1.
 - ii. Encouraged everyone to look at the Montana Swimming portal on the USA Swimming website.
 - iii. Tony's position at General Chair will be up next year; he is ready to begin training the next volunteer for this position.
 - iv. Athlete reps: please send a JPG photo of yourself to Susan Huckeby, along with a bio, for the MT Swimming website.
 - v. As of now, neither our Finance or Finance Vice chair attend convention. There is a lot of information and workshops that would be very beneficial for these positions. Every other year USA Swimming puts on a workshop for Finance chairs Craig suggested sending our finance people to convention on opposite years.

Old Business:

- 1. Zones 2017:
 - a. Zone coaches Zones was a great experience to learn how to coach other athletes, meets seemed to go well and athletes swam well.
 - b. Zone athletes Friendly atmosphere with lots of high level swimmers. Fun time to experience with roommates and swag.
- 2. AAA Camp/Montana All Stars awards/Fitter Faster Clinic/SAA award winners:
 - a. Last year it was nice to have a college coach come in. This year's plan is to have MT coaches cover the camp. Hopefully Bozeman will host again. Great opportunity for the zone level swimmers to meet each other.
 - b. Scholastic All American swimmers Must apply for this recognition. Applicant must be a junior standing, 3.5 GPA, 2016 JNATs cut, lowest grade allowed is C.
 - c. Fitter Faster Athletes would do it again! Tyler Clary was the Olympic athlete last year, ~60 athletes attended. A funquote from Tyler was, "Muffins or medals".
- 3. LEAP 1 & 2

a. Tony reported LEAP 1 renewal has been completed. Focus now is to work towards LEAP 2. Everyone should be prepared to step up and help with this if Tony calls on you.

New Business:

- 1. USA Aquatic Sports National Convention (1-2 minute reports from each attendee):
 - a. Claire Becker Had a great time! Met some really great swimmers, learned how meetings are done and how to be an athlete rep.
 - b. AJ Popp New Mexico LSC has great ideas for helping athlete reps, expecialy now athlete reps. MT athlete reps are gleaning information from them. AJ is also on the task force to decidie the future of the skits for Age Group Zones. Go-Carting with Olivia during the athlete social was a really fun time!
 - c. Olivia Bauman This was Olivia's second year and she was the only senior rep to attend this year. Attended more of the social activities and learned a lot from other LSC reps.
 - d. Kirby Beierle 3rd year attending convention and is learning more about the whole organization every time. USA Swimming passed a new membership category call FLEX, as well as a new position for Junior Coaches. Structure and function of the USA Swimming executive board underwent a huge restructuring. DeckPass and Team Unify have now merged and have lots of new options.
 - e. Tami Peters Focused on meeting regarding new legislature for new structure to the USA Swimming National executive board. Also attended several workshops on officiating and sports medicine topics.
 - f. Dr Tony Attended many of the finance workshops. Looked for information on how to invest our financial resources as an LSC. Did Yoga workouts with the athletes =D. Went with athletes to the community outreach helping local children in Dallas learn to swim. Claire won the contest among the athlete on 'Who can meet the most new people!'.
- 2. Safe Sport Updates:
 - a. New possible tech suit restrictions
 - i. Some LSC are beginning to restrict tech suits for swimmers around 10-14 years old. Reasoning is twe-fold:
 - 1. The advantaged these suits provide young swimmers is actual very limited.
 - 2. Address the president it sets that young swimmers 'need' a tech suit and the financial burden that places on many new swimmers. Swimming at the younger ages is not meant to carry that much financial burden to families.
- 3. Championship meet compensation:
 - a. Is there a need to increase this? Looking forward to next year, Tony would like to open the discussion for increasing the compensation for the team hosting championship meets. He asks for input on what reasonable figures might be.
- 4. Shared service with IE using Coach Shelly as an event coordinator:
 - a. Tony presented 3 possible options:
 - i. Abandon the position.
 - ii. Fill position with new person in our LSC.
 - iii. Coordinate with IE to build a shared service position, possibly filled by Shelly Sobek.

- b. After much discussion Tony presented a proposal:
 - i. (If we should not have this position this year) The Technical Planning Chair (Coach Sean, BAC) will oversee and delegate the responsibility to make sure the events continue to get organized and hosted. The compensation will be paid to the host club for these 'event planning' roles according to the outlined structure:

ii. Coordinator compensation:

- 1. \$300 for 3 hour or less event (ie an after meet gathering)
- 2. \$600 for a full day event (ie Fitter and Faster clinic, clinic)
- 3. \$1200 for a weekend event (ie mixer meet, AAA camp, etc)
- 4. Compensation will be provided after completion of the event.

iii. Some recommendations for events:

- 1. Mixer events after meets at a local hotel conference room
- 2. Mixer Meet (1 per year)
- 3. AAA camp
- 4. Fitter and Faster or other clinic
- 5. Swimming "carnivals"

5. Zone coach selection:

- a. Mike Turner MAC will be a coach for AG Zones
- b. Sean Marshal BAC is undecided about being Head Zones coaches, he will know for sure in about a week.
- c. Potential Coaches:
 - i. Jessica Knote BAC.
 - ii. Kyle Kallin HLST,
 - iii. Patrick King PEAK,
 - iv. Kyle Harris BOZ,
 - v. Caty Flikkema BMA,
 - vi. Kristen Wyatt BY

6. Budget - Craig:

- a. See attached budget report. Craig Smith plans to put proposals together for next year on how to plan and work with the LSC reserve funds.
- b. Matt Yovich would like to put together a task force (3-5 bodies) to assist with evaluating and recommending priorities for future budget development efforts.

7. 2017 Proposals

- a. MR101 Pulled
- b. SF102 Pulled
- c. SH103 Pulled
- d. SH104 -
- e. SH105 Pulled
- f. SH106 Pulled
- g. SH107 -
- h. SM108 Pulled
- i. SM109 Pulled
- j. SM110 Pulled
- k. SM112 Pulled
- l. JC113 Pulled
- m. JC114 Pulled

- n. SJ115 Pulled
- o. SS116 Pulled
- 8. Discussion and Votes on Proposals:
 - a. MR101 Discussion and accepted amendments.
 - i. Motion to approve, seconded, Motion carries.
 - b. SF102 Super final defined as: Computer process taking top 8 swimmers in a final by themselves regardless of age.
 - i. Motion to approve, seconded, Motion FAILS.
 - c. SH103 Susan explained D&I camps, application process, and expectations laid forth by USA Swimming.
 - i. Motion to approve, seconded, Motion carries.
 - d. SH104 No discussion
 - i. Motion to approve, seconded, Motion carries.
 - e. SH105, SH106, SM111 will be discussed and combined into one proposal.
 - i. SH105 Discussion and amendments to include breakdown tiers of prices
 - 1. Motion to approve, seconded, Motion carries.
 - ii. SH106 Withdrawn
 - iii. SM111 Discussion and amendments.
 - 1. Motion to approve, seconded, Motion carries.
 - f. SH107 No discussion
 - i. Motion to approve, seconded, Motion carries.
 - g. SM108 Lots of discussion, especially from the athletes on various aspects of the experience. Amendments accepted.
 - i. Motion to approve, seconded, Motion carries.
 - h. SM109 Discussion
 - i. Motion to approve, seconded, Motion carries.
 - i. SM110 Discussion
 - i. Motion to approve, seconded, Motion FAILS.
 - j. SM112 Discussion and amendments.
 - i. Motion to approve, seconded, Motion carries.
 - k. JC113 Discussion and amendment.
 - i. Motion to approve, seconded, Motion carries
 - l. JC114 Discussion and amendment.
 - i. Motion to approve, seconded, Motion FAILS
 - m. SC115 Sally Crist is not present.
 - Motion by Merle to table the motion until May. Motion to table, seconded, Motion FAILS
 - Motion by Susan to fail the proposal. Motion to approveSC115, seconded, Motion FAILS
 - n. SS116 Discussion.
 - i. Motion to approve, seconded, Motion FAILS
- 9. Present Long Course Schedule
 - a. Motion to approve LC schedule, seconded, Motion carries
 - b. See attached LC 2018 Schedule
- 10. Long Course State Bid and Date Maximum bid \$4000.00
 - a. Bozeman bid LC State Championships for \$4500.
 - b. Motion to approve, seconded, Motion carries
- 11. Elections -

- a. Secretary
 - i. Nominations: Susan Huckeby BTST
 - ii. By acclimation Susan Huckeby
- b. Finance Vice Chair
 - i. Nominations: Matt Yovich BOZ
 - ii. By acclimation Matt Yovich
- c. Programs Operations VC/Age Group Chair
 - i. Nominations: Jess Kauffman BAC
 - ii. By acclimation Jess Kauffman
- d. Membership/Registrations Coordinator
 - i. Nominations: Lanni Jacobson MAC
 - ii. By acclimation Lanni Jacobson
- e. Technical Planning Chair
 - i. Nominations: Sean Marshall BAC
 - ii. By acclimation Sean Marshal
- f. Safety Coordinator (Operational Risk Chair)
 - i. Nominations: Caty Flikkema BMA
 - ii. By acclimation Caty Flikkema
- g. Coach Rep.
 - i. Nominations: Kirby Beierle MYST, Jay Friend MAC
 - ii. Vote: Awarded to Kirby Beierle
- 12. Finalize Budget
 - a. Motion to approve, seconded, Motion carries
- 13. Other
 - a. Vote for 3 Zone coach positions:
 - 1. Jessica Knote BAC Senior zones, Assistant coach
 - 2. Kristen Wyatt BY AG zones, Assistant coach
 - 3. Kyle Kallin HLST Senior zones, Head coach
- 14. Adjournment
 - a. Motion to approve, seconded, Motion carries
- 15. Meet with all officers after the HOD for new officer orientation. 30-45 minutes

Respectfully submitted by Tami Peters, Secretary

2017 Fall HOD Sign-In Sheets:

2017 Montana Swimming Fall HOD Meeting House of Delegates Meeting – Oct 1st, 2017 Butte YMCA, Butte, Montana

Sign in of those present:

Officers:			
	Print	Signed	Email address
General Chair:	Dr. Tony Popp	Duloney (CA)	DR TONYMONTAN ASWIMMINGEGNAM
Administrative Vice Chair:	Tami Peters	Tank Peters	
Program Development V.C	:: Kyle Potter	1	6
Only one vote Co-Chair:	Major Robinso	n Marjo Kul	
Program Operations Chair:	Toni Popp	7 . 0	
Finance Vice Chair:	Matt Yovich _	Was Tol	myorche wardardeurran.com
Secretary:	Tami Peters	Jan Mereco	
Treasurer:	Craig Smith	GES	CRAILSMITH4270 LIVE. W.
Coach Representative:	Kirby Beierle	Henry Burle	Kheierle a ymamissoula.org
Operational Risk Chair:	Pam Harder	Jam Hardy	harder amontana con
Tech Planning Chair:	Sean Marshall	In 1- Mak	BACStragonys C grantum
Membership/Reg Coord:	Lanni Jacobson	Lan Saios	
Officials Chair:	Merle Gunders	of Wel Stand	
Records Chair:	Pam Harder	Janhander	harder@montanc.com
Athlete Representatives:			
Sr. Rep	Olivia Bauman	Or B	liv. banman 03 agmail.com
Sr Rep	Mari Aoki		O
Jr. Rep	A.J. Popp	A. J. 46,80	
Jr Rep	Claire Becker	Cave Brown	Obecker 47 Ryahov.com
Non-Voting Members:		4 1	
Safe Sport Coordinator:	Janel McCormi	ck Jane Mccor	mich Nellybean acol, con
Adaptive Chair	Kirby Beierle	Kryly Beierer	Knejerledymanissauka
IT Chair / Webmaster:	Susan Huckeby	Jucky	
Diversity & Inclusion Chair	: Susan Huckeby	De Hung o	

Fall HOD 2017 Montana Swimming HOD Meeting Oct 1st, 2017 – Butte, MT

Voting Club Repres	<u>entatives</u> :		
	Print //	Signed	Email address
Billings Aquatic Club	1 Sean Marshall	Adll	B&C Stingrage
Billings YMCA Swim Club	Wister Walt	auguti	Kwywood @ Dillings Janca.org
Bozeman Swim Club	Lon Huckert	For HThe	lon, buckers @ igt.com
Bozeman MultiSport	Caty Flikkenna	Colonerall	emflibe@me.com
Butte Y Riptide	Ethan Shrades	£6.03	shooder ethon @ yahoo com
Deer Lodge Otter Aquatics			
Falls Aquatic Swim Team	Marla Hauser 1	navlattausn	marla hauser 85@gmail.com
Hardin Otter Swim Team			
Havre Lions Swim Team			
Helena Lions Swim Team	Kyle Kallin	2/2	Icallin kyle545@gmail.com
Kalispell Aquatic Team	Tarrin Reed	Meed to	arringeed e me com
Missoula Aquatic Team	JAY FRIEND	42	jay @ micswin -008
Missoula YMCA Swim Tear	n		
Peak Waves Swim Team	Jordann Lankford	jorda jorda	inn-lankford@gfpsok12, mt. us
Polson Lake Monsters		/	01
Wave Ryders Swim Club			
Butte Tarpons Sun	n Tean Susen Hu	duy Aighe	July Shuduby emsn. in

Fall 2017 Montana Swimming HOD Meeting Oct 1st, 2017 – Butte, MT

Voting Athletes At Large: (One per club)

	Print	Signed	Email address
Billings Aquatic Club	Ethan Hardor	an m,	buckstrakeherder @ gmail.com
Billings YMCA Swim Club	Rastres Wyatt	Parle aught	alchan 04@ cruil. con
Bozeman Swim Club	Alexis Cichon	alexis Cichon	alexis r Cichon @ gmail.com
Bozeman MultiSport	Joel Oswell	Jeobann/	Joel orwell@ cloud.com
Butte Y Swim Team			
Deer Lodge Otter Aquatics			
Falls Aquatic Swim Team	Darlone Wester	Polar he	5 Sfr 780 @ gmail com
Hardin Otter Swim Team			
Havre Lions Swim Team	-		
Helena Lions Swim Team	Kate Sheafar	like heps	kayshay 09 @ hot mast. com
Kalispell Aquatic Team	Jace Pecd &	Mi	reed face @ yarro
Missoula Aquatic Team			J J
Missoula YMCA Swim Tear	m		
Peak Waves Swim Team	JosephGute	v Adopostuler) josephquter abut look
Polson Lake Monsters		0/	
Wave Ryders Swim Club			

	17 HOD Meeting, Oct 1 st – Butte, Mt	
Non Voting Athletes		6 1.1
Name	Email Address	Club
Reagan Wyatt.		YMCa BILLIA
•		
		6
,	•	
	197	
Non Voting Parents/Coache	s/Guests	
Non Voting Parents/Coaches		
Name	Email Address	Club
Name	Email Address	
Name	Email Address GLYDRNKYTS@gmail.com fordgal & 2@hotmail.com	
Name	Email Address GLYDRNKYTS@ gmail.com fordgal & 2 @ ho tmail.com a xelyeoper@ gmail.com	
Name Tim Cherewatenko Stephanie Brysen Amber weste	Email Address GLYDRNKYTS@ gmail.com fordgal & 2 @ ho tmail.com a xelyeoper@ gmail.com	UNAT HLST FAST
Name Im Cherewatenko Stephanie Brysen Amber westie	Email Address GLYDRNKYTS@ gmail.com fordgal & 2 @ ho tmail.com a xelyeoper@ gmail.com	UNAT HLST FAST
Name Im Cherewatenko Stephanie Brysen Amber westie	Email Address GLYDRNKYTS@ gmail.com fordgal & 2 @ ho tmail.com a xelyeoper@ gmail.com	UNAT HLST FAST
Name Tim Cherewatenko Stephanie Brysen Amber weste	Email Address GLYDRNKYTS@ gmail.com fordgal & 2 @ ho tmail.com a xelyeoper@ gmail.com	UNAT HLST FAST
Name Tim Cherewatenko Stephanie Brysen Amber weste	Email Address GLYDRNKYTS@ gmail.com fordgal & 2 @ ho tmail.com a xelyeoper@ gmail.com	UNAT HLST FAST

2018 Long Course Meet Schedule:

MONTANA SWIMMING OFFICIAL SCHEDULE - LC 2018

Dates	MEET/s)	Location	Host Toom
Dates	MEET(s)	Location	Host Team
May 18-20th	Bozeman May Classic	Bozeman	BOZ
June 21-24th	Missoula Firecracker	Missoula	MAC
June 29- July 1	Helena Last Chance	Helena	HLST
June 29- July 1	Big Sky State Games (SCY)	Billings	BAC
July 13-15th	Montana State Champs	Bozeman	BOZ
July 19-22nd	Speedo Super Sectional Champs	Gresham, OR	
July 25-29th	USA National Championships	Irvine, CA	
July 27-29th	Mixer Meet ?	Helena	HLST
July 30-August 3rd	USA Junior National Championships	Irvine, CA	
July 31-August 4th	Senior Zone Championships		
August 2-5th	Futures Championships		
August 8-11th	Age Group Zone Championships		

Approved Budget for 2018, Treasurer - Craig Smith:

MT Swimming - P&L/Budget

	2018	
	Appro	ved
Income		
5000 · Earned Revenue		
5100 · USAS Registrations		40,000.00
5200 - Swim Meets		
5210 · LSC Sponsored Meets		
5211 · SC State Championship	12,500.00	
5212 · BC Championship	7,500.00	
5213 · LC State Championship	8,000.00	
5214 · Senior Meet	1,750.00	
5215 · Mixed Meet	1,750.00	
Total 5210 · LSC Sponsored Meets		31,500.00
5220 · Club Meet Registration Fees		30,000.00
5230 · Meet Sanction Fees		500.00
5240 · Meet Sponsorship		
Total 5200 · Swim Meets		62,000.00
5300 - Zones Meet		22,500.00
5400 · Camps & Clinics		
5500 · License Plate		3,500.00
5800 · Miscellaneous Revenue		
5810 · Interest-Savings, Short-term CD	400.00	
5800 · Miscellaneous Revenue - Other		
Total 5800 · Miscellaneous Revenue		400.00
Total 5000 · Earned Revenue		128,400.00
Total Income		128,400.00
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Total 5000 · Earned Revenue	128,400.00
Total Income	128,400.00
Expense	
6000 · Program Expense	
6200 · LSC Sponsored Meets	
6211 · SC State Championship	7,700.00
6212 · BC Championship	7,700.00
6213 · LC State Championship	7,700.00
6214 · Additional Championship Meet	3,700.00
6215 · Mixed Meet	12,300.00
6216 · Other Meet Expense	3,000.00
Total 6200 - LSC Sponsored Meets	42,100.00
6300 · Zone Meet	50,000.00
6400 · Camps & Clinics	
6410 · All Star Camp	5,200.00
6420 · Developmental Camp	8,400.00
6440 - Camps & Clinics Other	7,700.00
6450 - Camp Coordinator	0.00
Total 6400 · Camps & Clinics	21,300.00
6600 - Awards - Recognition	800.00
Total 6000 - Program Expense	114,200.00
7000 - Grants & Awards	
7100 · Support - Athletes	14,800.00
7200 · Support - Coaches	3,200.00
7300 · Support - Officials	1,000.00
7400 · Support - Club	
Total 7000 · Grants & Awards	19,000.00
8000 · Operations	
8010 · Postage, Mailing Service	35.00
8030 - Supplies	500.00
8040 · Website	13,000.00
Total 8000 · Operations	13,535.00
8100 · Business/Professional Fees	
8110 · Education/Seminars	1,960.00
8100 · Business/Professional Fees - Other	70.00
Total 8100 · Business/Professional Fees	2,030.00
8300 · Travel and Meetings	
8310 · USAS Convention	11,000.00
8320 · LSC Meetings	1,000.00
8340 · Meetings Other	5,300.00
Total 8300 · Travel and Meetings	17,300.00
8500 · Misc. Expense	
8510 · Bank Fee	550.00
8050 Misc Expense Other	50.00
Total 8500 · Misc. Expense	600.00
Total Expense	166,665.00
Net Income	-38,265.00
	33,233,00

2017 General Chair Report - Tony Popp:

Montana Swimming General Chair Fall Report 2017

It was a very busy year for Montana Swimming. We were able to sponsor several camps and clinics for our athletes, coaches, and parents. All were great successes and we look forward to continuing moving forward with events like these.

We held 32 sanctioned meets Sept 2016 – Aug 2017. There were no extraordinary issues and all meets ran well.

We had about 70 athletes from around the state make their Zone's cuts, a dozen or so made Futures cuts, several new Jr. Nat and National times, and five athletes qualified for USAS's Scholastic All American Award.

It is a new quad for us so we had to renew our LEAP 1 status and now will resume work on our second LEAP 2 qualifications.

Our coaches Shelly and Jade moved on to bigger and better things in Idaho, so I had to fill their positions of Safe Sport (Janel McCormick) and Technical Planning Chair (Sean Marshall). Coach Shelly also held our event coordinator position and this may be a good time to begin a shared service with Inland Empire with that position.

MTS was well represented at the USA Aquatic Sports Convention held in Dallas Sept 12-17. MT sent Dr. Tony, Tami, Kirby, Kyle, Larry, Olivia, Claire, and A.J. Larry was sponsored by USAS as he holds a position on the national rules and regs committee. Claire was named to the Zone BOR as rep from MT and A.J. was named to an athlete task force to determine suggestions concerning skits/cheers/fun events during the zone championships in order to improve the flow and competition of the meet. This proves the importance and power of the athletes in USAS as a ruling by coaches and officials at Zones was over turned by the athletes and this task force formed.

A few things which are changing in USAS are the organization of the officers, limitation on age for use of tech suits, gender language, and better investment opportunities for LSCs. These are items MTS can get ahead of and not wait "to see what happens".

I sit on the Sports Medicine and Science Committee and we are working on an Age Group sports med program in order to prevent injury and thus retain more swimmers. A survey was recently sent to all USAS coaches in order to assess the common knowledge of coaches on injury, prevention, and rehab.

Submitted by Dr. Tony Popp, Montana Swimming General Chair, A.J.'s dad, USAS Sports Medicine & Science Committee

2017 Vice Chair / Secretary Report - Tami Peters:



2017 September 28, 2017

Montana Swimming Vice Chair & Secretary Fall Report

Serving as both the vice chair and secretary for Montana Swimming this past year, the bulk of my work has focused on maintaining current minutes and reports for the multiple meetings held within the LSC and the updating of our operational documents: our Bylaws, Policies & Procedures, and Rules & Regulations.

Meeting records:

Besides both House of Delegates meetings in the spring and fall, the Montana Swimming executive board conducts several conferences calls throughout the year. All the minutes, records, and reports from these meetings can be found on the MT Swimming website at www.mtswimming.com. Please note that minutes are not officially approved until the next consecutive meeting with a voting quorum.

Operational Documents:

As a USA Swimming LSC we have three main documents that guide our business, operations, and events as a nonprofit organization under the guidance and direction of USA Swimming: our Bylaws, Policies & Procedures, and Rules & Regulations. The vast majority of our Bylaws are set by our parent organization USA Swimming with just a few areas we are able to adjust them; making them functional and practical for our specific region and character of the MT LSC. Our Policies & Procedures serve to guide us in the logistics of how we are going to carry out the Bylaws. The P&P are written and adjusted by our Montana Swimming House of Delegates and each year, prior to our fall HOD meeting, proposals for changes or adjustments to our P&P may be submitted to the General Chair. These will then voted on at the fall HOD meeting. The Rules and Regulations serve to guide our operations of events in accordance to the rules and regulations set by USA Swimming. These are also written and maintained by our Montana Swimming HOD.

All three of these documents have been updated and were approved on September 20th by Jay Thomas, Chair of USA Swimming's Rules and Regulations Committee. They will need to be updated once again this fall with new changes from this year's USA Swimming National Convention held September 13th-16th and our Montana HOD meeting on October 1st, 2017.

USA Swimming National Convention:

My major focus this year at the USA Swimming National Convention was following the legislation brought forth, and later passed by the national House of Delegates, outlining fairly monumental changes to the structure and operations of the National Board of Directors. I also attended multiple workshops on officiating and especially enjoyed one focused on practices and strategies of the successful official evaluator.

Respectfully submitted by Tami Peters

Vice Chair & Secretary, Montana Swimming LSC

2017 Finance Vice Chair Report - Matt Yovich:

Finance Vice Chair Fall Report 2017 Montana Swimming



The financial condition of Montana Swimming is strong. For fiscal year 2016, our balance sheet continued improving – we added to the organizations assets and equity as income exceeded expenses by \$12,906. At the close of 2016, Montana Swimming has almost \$244,000 in assets. [See also Treasurer's Report for additional details.] Through the first three quarters of 2017, the actual expenses and income look to be generally in line with the 2017 budget. Some expenses have been less than budgeted and short course registrations and meet fees for the rest of the fiscal year will determine whether income for the year is consistent with the current budget. I note that revenue from MTS license plate registrations continues to be strong.

The proposed 2018 budget, to be debated and approved at the October 2017 HOD meeting anticipates both income and expenses similar to 2017.

This office had previously challenged our members to find ways to implement budgeted programs to benefit athletes. Late 2016 and 2017 saw successes in that regard. The 2017 budget included funds for an events coordinator and increased coach stipends to plan and implement programs and incent involvement. The proposed 2018 budget continues those practices. I would remind the membership that the previous challenge was not necessarily to to spend more money on routine programs, but to find the will to implement planned programs with excellence that were either not being performed or were underperforming.

There are a number of proposals presented for the October 2017 HOD meeting to increase spend. These include increased support to athletes at upper level/national meets, commitments for support of diversity training and activities and others. My new challenge to Montana Swimming is to continue to identify and implement activities that benefit and motivate the range of athletes represented within our LSC. This can and should (?) include efforts targeted to those swimmers that don't achieve standards for State Championships or upper levels meets, diversity efforts, disabled athletes and more.

Respectfully Submitted, Matt Yovich, Montana Swimming Finance Vice Chair

2017 Records Chair Report - Pam Harder:

Records Chair Report Montana Swimming, Fall 2017 HOD Meeting Submitted by Pam Harder

September 2017

I have been tracking records through the USA Swimming time search. I did purchase the TeamManager Program but have not had an opportunity to get that up and running. Using this method I have actually found records that were missed in years past.

I check for records after in-state meets, Sectional meets, Zones Meets, Junior Nationals, and National Meets. If miss a record, please send me an email and I will check it. For all other out of state meets, please let me know if any new records.

RELAY records are checked also. Also let me know if any of these are missed as they are a bit more difficult because of age classifications.

ZONES RELAY RECORDS

These have been updated on the website also. I did have a record broken at the Zones meet this year. I was approached as to whether this would be a State Records also since all the swimmers on the relay were from one club. Because I could not search for this relay on the USA Swimming time search program I never recorded it. If this is my decision whether or not to accept it as an official state record I do hesitate. Not that it would happen, but I do not want the Zones coach to be accused of placing swimmers from one team on a relay to achieve a State record.

2016-2017 SHORT COURSE RECORDS RECAP

There was a total of 54 new records set this past Short Course season, by a total of 9 different swimmers. There was also 10 new relay records set.

Records Set From September 1, 2016 to April 30, 2017

Records achieved by Meet

WRSC Fall Frenzy Winter Jr. Nationals	1 record 5 records + 2 open records + 4 relay record + 1 relay open record
 Winter National Championship 2017 Washington Open 2017 MHSA High School State MT Swimming Senior Championship MT Swimming State Swim Meet Short Course Senior Sectionals 	1 record 2 records 2 records + 1 tie 2 records 3 records 20 records + 13 open records + 4 relay records

Short Course Age Group Regionals 2 records

Boys

• 35 Individual Records were recorded this past Short Course season

o Jamie Bouda (KATS) 15-16 Age Group 1 record

• Ethan Harder (BAC) 15-16 Age Group 12 records + 1 tie

Jamie Bouda (KATS) 17-21 Age Group
 Adam Zimmer (MAC) 17-21 Age Group
 Cale Berkoff (MAC) 17-21 Age Group
 Ethan Harder (BAC) Open
 Adam Zimmer (MAC) Open
 Cale Berkhoff (MAC) Open
 Tecords
 1 records

• 11 Relay Records were recorded this past Short Course season

Girls

• 19 Individual Records were recorded this past Short Course season

Catherine Russo (UNAT) 13-14 Age Group
Rylee O'Neil (BAC) 13-14 Age Group
Gabby Smart (MAC) 15-16 Age Group
Katharine Berkhoff (MAC) 15-16 Age Group
Mari Aoki (MAC) 17-21 Age Group
Gabby Smart (MAC) Open
Katharine Berkoff (MAC) Open
Katharine Berkoff (MAC) Open
Mari Aoki (MAC) Open
1 record
Mari Aoki (MAC) Open
1 record

• 2 Relay Records were recorded this past Short Course season

2017 LONG COURSE RECORDS RECAP

There was a total of 43 new records set this past Short Course season, by a total of 10 different swimmers. There was also 2 new relay records set.

Records set from May 1, 2017 to August 31, 2017 Records achieved by meet

Missoula Firecracker Meet	3 records + 2 open records
Wilsould I lieuracher Wieet	•
 World Championship Trials 	8 records + 6 open records
Oregon Sectionals	5 records + 3 open records
	+ 1 relay record
 Montana State Championships 	2 records + 1 relay record
 Futures Championships 	2 record + 2 open records
Western Zone Senior Championship	1 record
Western Zone Age Group Championship	1 record

• Summer Junior National Championship 3 records + 3 open records

Boys

• 27 Individual records were recorded this past Long Course season

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o Brennen O'Neil 1 record
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o Robert Wagner (HLST) 13-14 Age Group
                                           3 records
o Ethan Harder (BAC) 15-16 Age Group
                                           1 record
o Ethan Harder (BAC) 17-21 Age Group
                                           5 records
o Jamie Bouda (KATS) 17-21 Age Group
                                           2 records
o Adam Zimmer (MAC) 17-21 Age Group
                                           3 records
o Cale Berkoff (MAC) 17-21 Age Group
                                           2 records
o Ethan Harder (BAC) Open
                                           4 records
o Jamie Bouda (KATS) Open
                                           2 records
o Adam Zimmer (MAC) Open
                                           3 records
o Cale Berkoff (MAC) Open
                                           1 record
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• 2 Relay Records were recorded this past Long Course season

Girls

• 14 Individual records were recorded this past Long Course season

 Morgan Nielsen (BAC) 11-12 Age Group 	1 record
o Katharine Berkoff (MAC) 15-16 Age Group	5 records
o Gabby Smart (MAC) 15-16 Age Group	1 record
o Jess Ecklund (MAC) 17-21 Age Group	1 record
Katharine Berkoff (MAC) Open	5 records
Gabby Smart (MAC) Open	1 record

2017 Safe Sport Chair Report - Janel McCormick:

Montana Swimming- Safe Sport Update
April 7, 2017

The USA Swimming's Safe Sport Initiative has been growing and doing great things for athletes nation wide! Here are a few ways that your team can be a part of the action to make swimming safe!

- 1. *Take the online Safe Sport training*. (CLICK HERE) It's FREE and there is a Parent version and Swimmer Version (Created for swimmers 12 and up), and a Bully prevention course too!
- 2. Take the Safe Sport Self Assessment (Click Here) for your team to see where you need improvement.

"What you permit is what you promote." Be willing to have candid and respectful conversations that make swimming safe for kids. Here are some examples:

- Ask someone respectfully to **put away their phone in the locker room** to respect the privacy of others.
- Educate your swimmers why giving coach a hug every day is not the best idea. Coaches WANT to build relationships with your kids, but they are BEST done through hand shakes, high fives, and words of encouragement....doesn't seem to make sense to you? Follow #1 and watch the online training and you will understand what makes this important!
- Discuss with your swimmer what to do if they feel unsafe—Tell someone!
- Use Safe Sport's "See something, Hear Something, Say Something" Safe Sport Monday scenarios with your swimmer. CLICK HERE to be directed to the latest Scenarios! There is a new one each month!
- Post signs at your practice facility and during events the following key information. This will help empower kids to make good choices, and know what the expectation is. (Click Here for printable posters)
- NO CELL PHONES in locker rooms
- NO photos allowed behind the blocks
- NO Deck Changing-please use designated changing areas
- Bullying is NOT Tolerated here
- Team Communication should always be positive and appropriate.
- **Teach kids that they need to create a positive online footprint** for their future. Remind them that what they post becomes a part of their lives.
- Encourage kids to let you know if they feel unsafe. Help them pick 5 adults they can trust if they feel unsafe or need someone to talk to. Use their hand as a visual to help them remember the 5 people that are safe. Remind them if they get an "uh oh" or gut feeling, they should tell someone what is going on.

•	Be sure your team is up to date on the following policies. CLICK HERE to be directed to USA
	Swimming's policies as your template for your team's policy.

Communication Policy
Travel Policies
Anti-Bullying
Photography
Locker Room Monitoring Policy
Coaches should follow "USA Swimming Best Practices"

- 1. Questions? Here are some important Safe Sport Names and Contact Info:
 - a. Montana Swimming Safe Sport Coordinator: Janel McCormick 406-360-8304, nellybean@aol.com
 - b. USA Swimming Support:
 - i. Online form for reporting: Click Here
 - ii. Susan Woessner (Director of Safe Sport) swoessner@usaswimming.org
 - iii. Liz Hoendervoogt (Assistant to the Director) ehoendervoogt@usaswimming.org or
 - iv. Maggie Vail (educational services) mvail@usaswimming.org
- I am new to this position, and this report was received from Shelly Sobek, prior Safe Sport chair.
- USA Swimming has a new Safe Sport Activity Book available, a good way for coaches and parents to talk to young swimmers about safe sports with puzzles and activities
- In the last month one incident involving safe sport was reported to me by one team, and it was forwarded to the USA swimming safe sport personnel.

2017 Officials Chair Report - Merle Gunderson:



September 13, 2017

Montana Swimming House of Delegates,

I would like to report that as of September 12, 2017 we have 96 registered officials with of the 96 registered officials 76 are certified as stroke and turn through referees and there are still several training for stroke and turn certification.

We had a very successful long course season that concluded with the 2017 Montana Swimming LC State Championship Meet in Bozeman July 2017. We had a great turn out of officials that worked the meet over the three days. These officials made the meet was run extremely well and the comments which were made during and after the meet were all positive and the meet was completed ahead of the projected time line each day.

Montana Swimming had numerous officials who traveled and work both of the Western Zones Meet, Sectional Meet and the new USA Futures Meet this summer.

As we get ready to start the 2018 short course season, I would like to ask that we continue to recruit new officials from all the teams as we will continue to lose officials each year and the need for trained officials will grow each year. I would like to ask that we continue to add two officials from each team every year.

In conclusion, I would like to thank all the officials that have worked meets throughout the last year and provided training and mentoring for our new officials. I would encourage all our officials to continue with the training and mentoring of all the officials. We have a great group of officials in our LSC and I know we all learn something at the meets we work.

If anyone has questions or need anything please feel free to contact me.

Respectfully Submitted,

Merle L Gunderson Montana Swimming Officials Chairman mtgunders@outlook.com

2017 Diversity and Inclusion Report - Susan Huckeby:

2017 Diversity and Inclusion Chair Report Fall HOD

Congratulations to Oshay Birdinground (BY) and Andrea Three Irons (HOT) for being featured in the new USA Swimming Native American Cultural Resource Guide released this year! It is great to have two Montana athletes featured in a national USA Swimming publication. The guide can be found on the MT Swimming website under the diversity and disability tab.

Congratulations to the BMA Brookies club coaches and athletes for hosting three diversity splash camps in June and July targeting underrepresented populations in the Bozeman area. 4t swimmers received 230 hours of instruction form their coaches and two-thirds of the kids began the camp as non-swimmers. From the splash camps, eight graduates joined the BMA team. The team received a grant from the Charlotte Martin Foundation to support the camps. Great job BMA!

In September I was asked to be a member of the USA Swimming Outreach Eligibility Membership Task Force. We will examine eligibility issues for outreach membership and develop information for LSCs to use. We will also discuss various topics such as how to include homeless and migrant athletes and may discuss outreach memberships for officials.

I have been an active member of the Western Zone Diversity and Inclusion Committee since it was formed. I a member of the WZ diversity camp committee and chair the outreach committee.

The 2018 Western Zone Diversity and Inclusion Select Camp will be held June 14-17 at San Diego State University in San Diego, California. The purpose of the camp is to instill a vision of success and inspire athletes from under-represented populations to become leaders in the sport of swimming. I have included a proposal to provide the funding for this camp. I hope the House of Delegates will vote to support this proposal.

Each LSC may send two athletes ages 13-16 who have achieved the qualifying time in any event as a 13-14 or 15-16 year old athlete. There are secondary qualifications if no athlete in the LSC qualifies under these requirements. Each LSC may also send a coach and the Diversity and Inclusion Chair as well as other interested Diversity and Inclusion Summit participants. The LSC may also submit the names of four alternate athletes for the camp. If there is room available for additional athletes, alternates may be considered. The camp cost is \$250 per participant paid by the LSC along with transportation to and from the camp. Applications are to be submitted to the LSC who will select the athletes and coach. Applications are due to the LSC by March 20, 2018. The athletes will be coached by two national level coaches and a national athlete will also speak at the camp. Coaches, diversity chairs, and summit participants will take part in various activities and hear from several speakers. AJ Popp attended the camp in Salt Lake City in 2016.

My hope is that Montana Swimming will send at least two athletes, a coach, and the diversity and inclusion chair to the camp. It is an excellent experience for everyone who attends.

The Western Zone Diversity and Inclusion Committee is discussing how to encourage more LSCs to hold LSC diversity and inclusion camps and other activities for swimmers who are ethnic minorities, LGBTQ, or outreach members. The committee is also discussing changes to the outreach program, funding for diversity and inclusion activities, and a meet fee reimbursement program for outreach swimmers. Nationally there have been discussions that reflect USA Swimming's commitment to diversity and inclusion such as requiring LSCs to participate in the zone select diversity and inclusion camps, adding the diversity and inclusion chair as a voting member of LSC boards and bringing the diversity and inclusion chair to convention each fall. The committee encourages LSCs to offer expanded outreach eligibility, meet fee waivers, outreach scholarships, grant programs, LSC and Zone diversity camps, and diversity workshops. The committee provides information to interested individuals, groups, and LSCs on how to promote diversity and inclusion.

I also submitted this fall a proposal to create a Reach Out Montana grant to allow clubs to apply for grant funding for a two year period to develop and support programs to assist low income, multicultural, ethnic, and disabled athletes and encourage them to participate in swimming. The amount requested is \$5000 per year. Grant application will be received, reviewed, and awarded by a committee of three people as specified in the proposal. Possible funding requests could include learn to swim programs for low income athletes or ethnic minorities, meet fee assistance for low income members, purchase training equipment for eligible athletes, low cost team memberships, purchase caps, goggles, parkas or t-shirts or eligible athletes, water safely programs, etc. This grant program proposal was modeled after a very successful grant program used in Pacific Swimming. I hope the House of Delegate will support this proposal.

Another proposal I submitted is in response to a request sent out by the Western Zone Directors asking each LSC to fund sending their Diversity and Inclusion Chair to the USA Swimming convention each fall beginning in 2018. Hopefully the HOPD will also support this proposal.

In the next year I would like to indentify athletes and adults who are interested in being a part of the Montana Swimming diversity and inclusion committee. If you are interested please contact me. Discussion topics will include possible diversity and inclusion activities that could be held in Montana and funding for those activities.

Respectfully submitted,

Susan Huckeby

September 30, 2017

2017 IT Webmaster Report - Susan Huckeby:

2017 IT Webmaster Report

Over the past year many reports have been posted on the website. I have tried to add news articles of interest to the members of the LSC and keep things up to date. Thank you to everyone for sending me reports, times, and news articles!

Teams, please send you r meet information to me to post. Many times teams don't send their warm-up schedules and psych sheets prior to the meet for posting. Also, please send me an unlocked Meet Manager back-up after the meet so I can produce the various results reports to post on the website. If you attend an out of state meet, do send those results to me as well including any Team Manager or Meet Manager files you receive. For teams hosting time trials or dual meets send that information to me also for posting.

In the upcoming year hopefully more information will be developed for the athlete page including information on college and recruiting.

Please keep the information, times, suggestions, and stories coming. Thank you.

Respectfully submitted,

Susan Huckeby

September 29, 2017

2017 Scholastic All American Report - Susan Huckeby:

2017 Fall Scholastic All America Report

Five Montana Swimming athletes qualified for the 2016-2017 USA Swimming Scholastic All America team honors. Special congratulations to Adam Zimmer who qualified for the team for three consecutive years! To qualify for the team athletes must have completed their sophomore, junior or senior year in high school, achieved a 2016 Winter Juniors qualifying time, and have a 3.5 gpa or higher in academic subjects. The athletes who qualified included:

Adam Zimmer representing the Missoula Aquatic Club is a three time Scholastic All American team member. Adam graduated from Missoula Big Sky High School with a 4.0 gpa.

The first time Scholastic All American award winners include:

Mari Aoki representing the Missoula Aquatic Club completed her junior year at Missoula Hellgate High School with a 4.0 gpa.

James Bouda representing the Kalispell Aquatic Club completed his junior year at Flathead High School.

Ethan Harder representing the Billings Aquatic Club completed his sophomore year at Billings Senior High School.

Antoinette Popp representing the Kalispell Aquatic Club completed her sophomore year at Glacier High School with a 4.0 gpa.

Overall1158 athletes were successful applicants with 555 girls and 603 boys receiving Scholastic All America honors this year. There were 180 three time award winners nationally. The Southern Zone had the most Scholastic All America selections with 364 led by North Carolina Swimming as the top LSC with 82 honorees and SwimMac Carolina was the top club with 35 swimmers recognized. The Eastern Zone had 287 honorees, the Western Zone had 264 honorees, and the Central Zone had 243 honorees.

Sean Grieshop of Nitro Swimming (Texas) received the only perfect score earning both a 4.0 gpa and winning the men's 400 IM title at the 2016 Winter National Championships. Grieshop is a three time Scholastic All American.

Susan Huckeby

Scholastic All America Committee

Western Zone Women's Tabulator

September 29, 2017

2017 USAS Times & Recognition Committee Report - Susan Huckeby:

2017 USAS Times and Recognition Committee Report

I serve as a member of the USA Swimming Times and Recognition Committee. As a committee we look at time standards, records, and recognition programs related to times. The committee meets each year during the USA Swimming convention holding both a business meeting and workshops. I was unable to attend the committee meeting this year in Dallas. I did participate in the committee conference calls. Hopefully next year I will be able to attend the annual meeting at convention.

The committee produces numerous times reports. One of my responsibilities is to run the weekly Western Zone Top 20 Times reports. These reports are posted on the Western Zone website. This year more people discovered the reports and began following them and I have received more comments from people across the Zone who appreciate having the information posted. Check them out and you'll find some of our Montana swimmers in the WZ Top 20 on a regular basis.

For the past two years we have found problems with mixed relays. Mixed relays must consist of two boys and two girls to be legal relays. Due to a glitch in the program SWIMS allowed mixed relays consisting of four boys or four girls to be loaded into the database. These relays need to be changed to all girls or all boys relays. This error should be corrected soon. Montana Swimming does offer mixed relays at many meets but all too often the relays are composed of four boys or four girls or a mix of three and boy or girl. I would suggest that teams offer relays as girls, boys and mixed events so the girls and boys relay times are official times. The meet referee may combine the relays into one event if necessary to swim the relays but the results should be split into the proper gender and events.

Overall, USA Swimming had some amazing swims this year with numerous records set. It was a great year for swimming!

Respectfully submitted,

Susan Huckeby

USAS Times and Recognition Committee

September 29, 2017

2017 Coaches Rep / Adaptive Chair Report - Kirby Beierle:

This year I attended the USAS Convention in Dallas, Tx as the Montana Swimming Coaches Representative. I attended many meetings and workshops throughout my trip here are a few things that really stood out to me.

The House of Delegates passed a few key items this year. 1. They lowered the number of people that will serve on the USA Board. This was done in the hopes that a smaller group would be able to be a bit more proactive rather than reactive. This change was heavily endorsed and encouraged by almost all of the current 22 Board Members. I am excited to see the changes that might occur with this reorganizing. 2. USA Swimming passed two different kinds of memberships. The first was a Junior Coach position. This is meant to help out smaller teams that depend on employing under 18 assistant coaches to help run the team. In this membership the Junior Coach must not be left completely alone on deck or in a dryland situation without supervision of a full membership coach. The second is a flex membership for athletes. This membership will be a smaller cost to the athlete but will limit how many meets they will be able to compete in. The idea behind it from my understanding is to fold more summer league swimmers into the USA Swimming world. I don't see this having a huge effect on Montana Swimming as our Federation program in Montana has strict rules against their swimmers swimming for USA swimming programs.

One of the workshops that I found very interesting was put on by Team Unify and deck pass. The meeting was to announce that Team Unify and Deck Pass will be merging within the next couple weeks. All our registered swimmers on our team sites will be able to access their deck pass information through our Team Unify sites and app. This is a pretty great move to merge the two biggest technology players in swimming. They are hoping that by connecting the two they will become synonymous with one another thus making USA swimming more unified. The other great thing that Team Unify will be adding soon is a news feed option. This will be a closed forum (only your members will be able to see or get notifications) that will work similar to facebook or instagram. The coaches and super users of your team will be able to post things to the feed and inform your team of happenings as it is happening. There is also a way to connect it to facebook for all of you that may have a closed facebook page you are using now for your team. This way when you post on your news feed on your team unify website it will also show up on facebook, instagram, and twitter. It was great to see USA Swimming and Team Unify staying on top of the technology that is available to all our swimmers and parents.

Although, I went to many more workshops and meetings, those were the things that stuck out the most. I also attended the Foundations in Swimming Lunch. There were many Past Olympians there which was very exciting. I got to watch one of Junior Athlete Reps Claire Becker ask Anthony Ervin if his tattoos hurt we he got them. Needless to say that was a funny and entertaining moment.

2017 Senior Athlete Rep Report - Mari Aoki:

Mari Aoki - Recruiting trips

Info:

- Good to have a digital copy of your transcript, digital score reports downloaded from the SAT/ACT sites, and list of intended senior classes in a file on your computer
- Myth: Coaches can call you only after July 1 the summer before your senior year. Truth:
 coaches from D1 and D2 schools can only call you after July 1, but coaches from D3
 schools can call you anytime. You can call any coach from any division anytime, even
 before July 1, but you have to be the one to call and best to email the coach and
 schedule beforehand.
- Myth: you can only take 5 official visits total. Truth: you can only take 5 official visits to D1 schools (used to be D1 and D2). Can take unlimited visits to D3 schools, but can only visit each institution once. Not sure about D2 because their rules are changing quickly.
- Myth: When you go on an official visit, everything is paid for, including your flights there and back. Truth: It depends on the school. An official visit means that the institution pays for any part of a visit for a recruit. Many D1 schools will pay for your flight, meals, and your entire time on campus. A few will even offer to pay for a parent's flight. Some low budget D1 schools may ask you to book and pay for your own flight. Not sure about D2 because I didn't talk to any D2 schools. D3 schools cannot pay for your flights, and some will make you find your own way fromthe airport to campus, and pay for your own meals. Some do not like to call these visits to D3 schools "official visits" because of these reasons.
- Myth: Division 3 schools are not as good as Division 2 or Division 1 schools. Truth: collegiate swim teams across all divisions are nearly the same! The only different is how much money that have. Ex: D3 cannot pay for your flights to visits while many D1 can, D3 doesn't offer athletic scholarships while most D1 can. HOWEVER this is not true all the time and shouldn't be accepted as fact. Some D1 schools will make you pay for your flight to official visits. Some D1 schools, such as Ivy League schools, cannot offer athletic scholarships. There are several D3 teams that are as fast as or even faster than some D1 schools, so how fast a team is isn't much of a dividing factor either.

Funny moments:

Assistants coach at one of the schools I visited didn't know what Corn Nuts were, and
the coachin staff were making a big deal out of it and found out that nearly a third of their
team didn't know what Corn Nuts were.

Maybe will create a page on Montana Swimming athlete page for recruiting trip tips and info.

2017 Junior Athlete Rep Report - AJ Popp:

AJ Popp 2017 Convention Report

I had an amazing time at convention and am so happy that I was able to go. As I was talking to some of the other athlete reps there were some things that couldn't realistically work for our LSC just because of how spread out we are, but in terms of certain things with the athlete reps there were some things I think would be helpful. Most of what we were hearing was ways to get more people interested in becoming athlete reps ahead of the day we are voting. The other athlete reps and I would also like to bring up a discussion about tech suits with the younger athletes, which we will go into detail at the meeting. It won't be as a proposal, we just want the board to hear it. My funny thing was talking to Anthony Irvin on the minimal medal requirements for me to afford a jeep.

Thanks, AJ

2017 Junior Athlete Rep Report - Claire Becker:

Claire Becker Junior Athlete Rep

I had the best time at convention and learned so many new things. One of the most helpful things I learned, was the parliamentary procedure. It really helped me to figure out how the HOD meetings are run and how my opinion as an athlete matters to Montana swimming and USA swimming. Some of the other things that we learned in our athlete meetings was the rules of safe sport, drug testing, advertising of USA swimming, and we also got to ask the presidents of USA swimming and USA synchro, as well as the head Official of USA swimming and the head of USA diving some questions we had about their ideas for their sport and their experiences they have had.

One thing I think we should do in our LSC is to have an athlete rep informational talk. It can be only an hour or we could probably add it to some sort of meeting at a meet just so Montana athletes can understand what it means to be an athlete representative and if they want to be one or not. This would be a good idea because i know that both AJ and I didn't know about the athlete rep position until the morning before the meeting where we were voted into our positions. This talk would greatly increase the number and level of candidates that we have run for the junior rep position, and give some different outlooks on USA swimming. It would also help those who become the next Junior reps understand what they are doing and understand how to do their job. Nobody really told AJ and I what our job was as Junior reps and It took us a while to figure out how to do it. With this talk, our Junior reps would be voted in ready to do their best without having to learn about how meetings are run and how the voting works.

2017 Summary of Proposals:

Summary of Montana Swimming Fall 2017 Proposals to the HOD

- MR101 To increase the meet attendance requirement for Zone qualifiers, but not requiring swimming in LC State.
- SF102 Super Finals for championship meets
- SH103 New Funding for Western Zone Diversity Camp & Summit
- SH104 To fund LSC Diversity & Inclusion Chair to USA S Convention
- SH105 To increase reimbursement for athletes & coaches to national level meets
- SH106 To provide Futures reimbursement to athletes & coaches
- SM111 Higher level meet support and structure
- SH107 "Reach Out Grant" fund of \$5000 to support programs to assist groups such as low income, ethnic, disabled...
- SM108 MTS Championships to run 10&U in their own session, mid-day, with awards between events.
- SM109 Championship meet final's warm ups will begin no earlier than 4:00pm
- SM110 Championship meets to 3 ½ days format
- SM112 Sr. Championship to be held in Dec. not on Jr. Nat weekend
- JC113 MTS to provide funding to teams to rent radios for officials at meets
- JC114 MTS to purchase headsets for officials
- SC115 Suit design / appropriateness
- SS116 Qualifying for State Championship Meets for swimmers with disabilities

2017 Proposals:

2017 MT Swim Fall HOD Proposals

Zones Proposal:

MT Swimming HOD Proposal for Consideration

Montana Swimming Rules and Regulation

Section 7: MT S Zone Team Section C.

Current meet requirements are for swimmers to participate in a minimum of four meets throughout the year, starting in September and concluding at Long Course Montana State Meet. One of the four meets must be the long course Montana state championship meet.

Recommendation:

Increase the number of required meets throughout the year from four meets to six meets events, include provision of attending at least one (1) long course meet that is held in Montana prior to the Western Zone Championship. This will be effective immediately.

Rationale for Consideration of Amendment:

- 1. Most Zones swimmers are competing in more than four meets throughout the year.
- 2. Currently the scheduling of the long course state meet has resulted in the Senior Zones swimmers traveling the Monday following the State Meet. Athletes have begun their taper for their meet prior to the state meet. The requirement for the travel and the competition can have an impact on the overall performance of the athlete at Zones.
- 3. While MT Swimming does subsidize the zones meet for MT Swimmers, parents are responsible for a significant portion of the expenses as well. Average cost of airline tickets ranges from \$500-\$900 based upon the airport that you are able to depart from. In addition to the fee (this year \$400), transportation, and other expenses-attendance at Zones does have a financial impact on our families. For swimmers traveling to Bozeman for the Long Course Meet, average hotel rooms due to the peak tourist season range from \$150-\$250 per night. In addition to gas and food, swimming for one day can cost a family on average \$500.
- 4. Most zone swimmers are not competing in the entire meet, rather for one day and frequently just for prelims. Their participation is not enhancing the performance of the meet, but rather diminishing the performance of others. Zones swimmers are not "competing" at the event as this would affect their training plans with their coaches for their peak performance at Zones.
- 5. There are approximately 30-50 swimmers that compete in Zones each year, that is a high average. The State Long Course Meet has on average 250 swimmers entered in the meet. The requirement being removed would not affect the overall number of swimmers attending the meet, as mentioned above most are swimming 1-2 events and only for one day.
- 6. Increasing the number of meets events to attend throughout the year would encourage more participation in Montana Swimming that is consistent throughout the year, rather than focusing on one event.

7. Requirement that they attend at least one long course meet in Montana prior to Zones, does not limit those that want to continue to swim long course to participate, but does encourage other meets held throughout the state, such as the May Classic, Firecracker, and Helena meets.

Recommendation:

Increase the number of required meets throughout the year from four meets to six meets events, include provision of attending at least one (1) long course meet that is held in Montana prior to Zones.

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Super Final Proposal

Section 4 - MT-S Age Group Championship Meets

A. Designated MT-S Age Group Championship Meets

- 1. MT-S Short Course State Championships
- 2. MT-S Long Course State Championships
- 3. B-C Championship
- 4. MT Senior Championship
- A. Responsibilities for Conduct of MT-S Championship Meets
- **B.** Montana Swimming Championship Invitations
 - **9. MEET FORMAT:** The meet will be conducted by age group as listed for the preliminary sessions on Friday, Saturday, and Sunday. Finals will be conducted each day after preliminaries. This is NOT a split session meet.

Over the top starts will be used during preliminary competition. In preliminaries, swimmers in the backstroke, medley relays, and 25 yard events should clear the pool immediately upon completion of the race. Swimmers in all other races should remain in the pool motionless next to the end of the pool by the lane ropes until the next race is started.

Swimmers in finals should report to the staging area located by the glass entry doors just past the timing console table to line up, march in, and be introduced prior to each event and heat.

All 10 & under events will be swum as timed finals during the preliminaries on Friday, Saturday and Sunday.

The 11 to 21 age groups will swim all events combined during preliminaries. At finals, combined 15-16 & 17-21 age groups 13-21, at the LC and SC State Meets-will then swim a Super Final heat and a final heat for each age group. Then, A & B finals for this age group shall be created with a guarantee of at least 8 places for 15-16 an 17-21 age groups. Furthermore, empty lanes will be filled with the next fastest 15 & over swimmers as "exhibition swimmers." Athletes will be scored out as 15-16 and 17-21. (Adopted: 10/02/11) The 500-yard freestyle, 1000-yard freestyle, 400 yard IM, the 1650-yard freestyle, will be timed finals and will be swum during preliminaries. All individual distances of 400 or longer will be swum fastest to slowest, alternating between girls and boys events/heats. (Adopted: 10/02/11)

Swimmers entering the 1650, 1000, and the 500 freestyle must supply a person to count laps and one timer.

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Fall 2017 HOD UPDATED Proposals

Submitted by Susan Huckeby

Proposal 1: Western Zone Diversity Camp and Summit Funding

Montana Swimming will provide the full funding for the camp fee and transportation for two athletes plus any additional athlete alternates selected to attend the Western Zone Diversity and Inclusion Camp. Montana Swimming will provide the full funding for the summit fee and transportation for both the Montana Swimming Diversity and Inclusion Chair and a coach to attend the Western Zone Diversity and Inclusion Summit. The summit is normally held in conjunction with the camp. Both are usually held in even numbered years.

If additional participants are selected to attend the Diversity Summit, Montana Swimming may provide funding for the summit fee and may provide transportation for the participants.

Rationale:

The Western Zone Directors Dave Coddington and Sean Redmond sent a letter on July 20, 2017, to the Western Zone LSC General Chairs, Finance Vice Chairs, Treasurers and Diversity and Inclusion Chairs to remind the LSC of this requirement. (See letter below.)

The 2018 camp and summit fee is \$250 per person. The transportation cost at this time is unknown. The camp is held every two years and should be budgeted for accordingly. Attending the camp and summit is part of the LEAP process. Montana Swimming had one athlete and two adults attend the 2016 camp in Salt Lake City.

The athletes benefit from national level coaches leading workouts, dryland practices, and discussions over a wide range of topics including nutrition, college swimming, swimming at the national team level, and more. An Olympic athlete leads discussions with the athletes on a variety of topics and usually offers to jump in the pool and race the swimmers too. The athletes develop friendships and a bond together. The adults discuss and develop programs to encourage diversity and development of athletes at the local, regional and national level while sharing resources and success stories. It's an amazing camp that gotten better every year. Our vision is Big Sky! Big Dreams! Big Success! This camp helps fulfill big dreams and big success for our athletes.

Effective immediately.

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Proposal 2: Montana Swimming should budget funds annually to fund and send the LSC diversity and inclusion chair each year to attend the USAS convention to participate in the *Diversity and Inclusion Track*. Effective immediately.

Rationale:

The Western Zone Directors Dave Coddington and Sean Redmond sent a letter on July 20, 2017, to the Western Zone LSC General Chairs, Finance Vice Chairs, Treasurers and Diversity and Inclusion Chairs to encourage LSCs to do this. (See letter below.) Cost: unknown at this time. The treasurer would have a better idea of the costs involved. The amount of information and resources presented during these educational opportunities at convention are so valuable and should be taken advantage of by the LSC and the D&I chair. The networking, the discussions, the workshops, and the talks are amazing and you can't learn this information on a conference call or by simply watching a webinar. This is a great educational opportunity and the LSC D&I chair should be funded and encouraged to participate. One of the Montana Swimming core values is excellence.



To: LSC General Chairs

LSC Finance Vice-chairs

LSC Treasurers

LSC Diversity & Inclusion Chairs

From: Your Western Zone Directors

Date: July 20, 2017

Re: 2018 LSC Diversity & Inclusion Financial Planning

Dear LSC Leadership,

As you plan next year's budget for your LSC, I want to remind you of the following financial obligations placed on each Western Zone LSC during even-numbered years:

2018 Western Zone Diversity & Inclusion Select Camp

Each LSC is expected to fund the \$250 camp fee and full transportation costs for *each* of two athletes to attend the Western Zone D&I Select Camp in San Diego June 14-17, 2018. Some LSC's may have up to six athletes invited, so budget flexibility is ideal.

2018 Western Zone Diversity and Inclusion Summit

Each LSC is expected to pay the \$250 summit fee and full transportation costs for **both** your D&I Committee Chair *and* a coach of your choosing to attend the Western Zone D&I Summit in San Diego June 14-17, 2018.

On an annual basis

2018 United States Aquatics Sports Convention

While your LSC's D&I Committee Chairs may not be voting delegates at USAS Convention, every LSC is encouraged to send (and fund) their D&I Chair or Chair's designee to participate in the *Diversity and Inclusion Track* at the USAS Convention.

Please direct any questions about the Western Zone Diversity and Inclusion efforts, including our Select Camp, Summit, and Convention track to our Western Zone D&I Coordinator, Kent Yoshiwara.

Sean Redmond David Coddington

Western Zone Coach Director Western Zone Non-Coach Director

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SM 105 Proposal 3A: Change to the policy manual section 8.3 as follows to update the reimbursement amount for athletes and coaches from \$300 to \$400 as listed below; update the reimbursement wording for coaches; add the Pro Swim Series and World Trials; and correct typographical errors (Nations to Nationals and Trails to Trials).

.1 Reimburse all MT-S registered athletes who participate at a national championship level meet. Qualifying meets @ \$800/ meet include: Senior Nationals, World Trials, the US Open, Olympic Trials, National Disability Championships, and National Disability Trials. Swimmers should request the reimbursement from MT-S treasurer after the meet with proof of swim.

Junior Nationals @ \$600/ meet

The Pro Swim Series @ \$400/meet

Futures @ \$200/meet

.2 MT-S will reimburse for coach travel expenses for one MT Swimming registered coach per each eligible MT Swimming team competing in each of these national championship level meets. Qualifying meets @ \$800/ meet include: Senior Nationals, World Trials, the US Open, Olympic Trials, National Disability Championships, and National Disability Trials. Coaches should request the reimbursement from MT-S treasurer after the meet with proof of travel.

Junior Nationals @ \$600/ meet

The Pro Swim Series @ \$400/meet

Futures @ \$200/meet

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SH 106 Proposal 3B: Add to the Policy Manual Section 8.3 the following new sections .3 and .4 as follows:

- .3 Reimburse all MT-S registered athletes who participate at a Futures Championship meet \$300 per meet. Swimmer should request the reimbursement from MT-S treasurer after the meet.
- .4 MT-S will reimburse \$300 for coach travel expenses for one MT Swimming registered coach per each eligible MT Swimming team competing Futures Championships. Coaches should request the reimbursement from MT-S treasurer after the meet.

Sections 8.3.3 and 8.3.4 are in effect for 2 years <u>only</u> and must be reviewed at the 2019 Fall HOD meeting. At that time, the sections may be made permanent or eliminated.

Proposals 3A and 3B are effective immediately.

Rationale for proposals 3A and 3B:

The LSC has funded athlete and coach travel expenses at \$300 per meet for numerous years. I felt it was time to increase the funding as expenses have increased for our families to attend these meets. Montana Swimming has the funds in the budget to cover these costs. Our vision is Big Sky! Big Dreams! Big Success! This helps to make big success a reality.

Many people have asked about funding for Futures which is why I have included funding for this meet. The finding is at the \$300 level as Futures is a lower level meet than the other meets funded at the \$400 level. The two year review was included so the LSC could determine how this funding impacts the overall budget and if it meets the mission of the LSC to fund travel to the meet.

SM111 Proposal #4 (Coach Sean)

Reimburse all MT-S registered athletes who participate at Senior Sectional meets @ \$100/ meet. Swimmers should request the reimbursement from MT-S treasurer after the meet with proof of swim.

Reimburse all MT-S registered coaches who participate at Senior Sectional meets @ \$100/ meet. Coaches should request the reimbursement from MT-S treasurer after the meet with proof of travel.

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Proposal 4: Montana Swimming Reach Out Grant Program

What: Grant fund from Montana Swimming to support programs to assist low income, multicultural, ethnic, and disabled athletes and encourage them to participate in swimming.

Amount of funding requested for the grant program: \$5000 per year for the 2018 and 2019 registration years (2017-2018 and 2018-2019). Review the program at the fall 2019 HOD meeting for renewal.

Overseen by: Montana Swimming Diversity and Inclusion Chair who head a committee who receives, reviews, and awards all grants. Committee membership includes the LSC Diversity and Inclusion Chair, MT Swimming Finance Vice Chair, one of the elected Montana Swimming Athlete Representatives.

Two grant periods per year will be opened to receive applications. The grant periods will be announced on the Montana Swimming website.

Applications can be submitted by MT Swimming member clubs.

Grant request that are approved will be posted on the website.

Publicity: Post success stories and photos on the LSC website to cheer on successful programs! Effective immediately.

Possible grant ideas could include: learn to swim programs for low income or ethnic minorities or disabled children; meet fee assistance for low income athletes; scholarships for outreach members; purchase training equipment for eligible athletes; provide team shirts, caps, goggles, and parkas for scholarship swimmers; low cost swim lessons; low cost team memberships; water safety programs, Make a Splash programs, and recruit and retain swimmers from minority groups in your area.

Montana Reach Out Grant Program

The purpose of the Montana Swimming Reach Out Grant Program is to increase multicultural, socioeconomic, and ethnic diversity as well as encourage those who are disabled to participate in all levels of the sport of competitive swimming. Montana Swimming is home to Big Sky! Big Dreams! Big Success! We want to encourage everyone to achieve excellence in and out of the pool through this innovative grant program.

Twice a year Montana Swimming clubs are encouraged to submit an application for a Montana Swimming Reach Out grant. Funding is dependent on approval of the annual budget.

Clubs and organizations requesting support from Montana Swimming must submit a written program plan which includes a purpose, plan description, budget, schedule, funding requested from Montana Swimming, other sources of funding, and manpower expectations. The committee then evacuates the requests based on the following criteria:

- Fulfillment of the USA Swimming outreach program mission, which is to provide opportunities in swimming to the underrepresented and economically disadvantaged youth in the United States
- Fulfillment of the Montana Swimming mission, which is united in service, achieving excellence in and out of the pool.
- Benefit to the athletes
- Innovation
- Likelihood of success
- Other sources of funding

Rationale:

Offering an LSC grant program to our member clubs is a great way to encourage clubs to think outside the box of ways to attract and retain swimmers on their clubs. Plus it gives them some funding to reach out and try new ideas and make something happen in their community. If we believe in big dreams and excellence and we want our teams to grow, then we need to find ways to reach into the community and make a difference. The USA Swimming Foundation reaches out to ethnic minorities and low income families teaching children how to swim to prevent drowning deaths. We can use this program to encourage similar things in Montana Swimming. Big Sky! Big Dreams! Big Success!

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5 proposals submitted by Sean Marshall

State meet proposal #1

For all future-Montana State Championship Meets, the 10 and Under swimmers shall compete in a separate session of their own occurring mid-day. After the conclusion of each event for the 10 and Under Boys age group, awards will then may be presented to the top finishers on the blocks for the 8 & Under as well as 10 & Under age groups for that specific event. If awards are unavailable to be presented at that time a reasonable mandatory break will be taken. The format would be that the 8 and Unders would race followed by the 10 and Unders in their respective events and gender alternating as usual. At the end of the Boys 10 and Under event the announcer would may then announce the awards for the top 6 or 8 finishers (depending on the number of starting blocks at the host facility) of 8 & Unders for each gender followed by the top 6 or 8 of 10 & Unders for each gender. The coach of the event winner for that age group and gender can present the awards to all of the swimmers in that event on the starting blocks.

This proposal would alleviate the speed of the session as this past years short course championship 10 and Under session was completely too fast. Some 10 and Under swimmers raced three times in a span of 10 to 15 minutes. With Regional qualifications on the line the way the 2017 Short Course State Meet was run as a championship meet was not conducive for the best possible results for those swimmers. Also and more importantly this would give the 10 and Unders more of a sense of accomplishment and appreciation because the award ceremony would be prioritized instead of saved until the end and rushed through as well.

Effective for Long Course MT Championship 2018

State meet proposal #2

For all future Montana State Championship Meets, the finals session warmup shall start no earlier than 4:00pm with a meet start time of 5pm. Normal finals sessions take around 2 1/2 to 3 hours which would end the session roughly around 7:30-8pm on each night.

The Billings teams were traveling from the farthest away this past state meet and the majority of our families ended up staying an extra day just to have an easy drive on Monday. Moving up finals to such an early start time does not give the swimmers enough rest in between sessions so that they can then swim faster at night. Once again this format is just not conducive for fast swimming and better results. The goal of our championship meet is to get swimmers to swim to their highest level and full potential so that they can qualify for a higher level meets as well as place and score points for their respective team. We need to keep this in mind as the sense that was taken away from this past short course State Championships and from the Long Course State

Meet as well is that everyone else wants to just get through the day. We need to prepare our swimmers properly as the rest of the nation hosts championships in this way.

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State meet proposal #3

For all future Montana State Championship Meets, the Montana State Meet Event Format shall be set up to a 3 and 1/2 day format. The changes to the current Meet Event Format is to take the 1000/800 Free and move it to a Thursday evening session as well as move the 400 IM to the end of Friday events which would then leave the 500/400 Free at the end of the Saturday events and the 1650/1500 Free at the end of Sunday's events. Also I propose to then take the fastest heat (top 6 or 8) of each of the distance events (400 IM, 500/400 Free, 1000/800 Free, and 1650/1500 Free) and swim that heat at the beginning of the finals session on each of the respective days.

Once again this is a championship meet and every event matters. Placing our distance events so tightly packed together does not produce the best results or situation for those distance swimmers. As always we need to value and prioritize the swimmers first and foremost, as they are the ones who are putting in the work to prepare for this meet. This format would spread their events out so that they would have one distance event a day and the fastest swimmers in each event instead of swimming that event midday with no one watching can then swim in front of everyone at finals, and gain the proper respect and notoriety that they deserve.

Effective for Short Course MT Championship 2019

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Proposal #4

High Level Support Structure Reimbursement for Athletes & Coaches

Futures: 200

Grand Prix Series 400

Jr Nats: 600 Nats: 800

Relay only athletes are not eligible for this support.

Idea behind this support structure is to use the large excess in the event budget on our swimmers and coaches as they represent Montana and get our LSC more recognition at the higher levels in USA Swimming, which will then in turn bring more attention to our LSC and Teams with regards to college recruiting. All of the meets listed in the Support Structure are meets which are heavily populated by collegiate athletes and collegiate coaches. Getting a foot in the door to any college program is extremely valuable and needs to be supported by the LSC as a way of opening a door to our swimmer's futures.

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SM112 Proposal #5

Montana Senior Championships to be moved back to be held on the third weekend of December, and have a prelims and finals format instead. Also I propose that the meet be expanded to Montana Age Group swimmers as well and then be re-titled to the Montana Christmas Holiday Championship. The meet event format would be

an exact replica of the Montana State Meet Event Format along with the changes that I have proposed earlier in my 1st thru 3rd proposals, with the same time standard structure as our LSC Championship in late February. Qualifying time standards will be 11&O A standard, 10&U BB standard. Swimmers must have at least one qualifying time to enter the meet. NT entries will be accepted for qualified swimmers. Funding for this meet will be replaced by the current amount allotted for the Montana Senior Championships. Effective date: first meet to take place December 2018.

The rationale behind having this type of meet in December is to offer a chance for all of our swimmers who are not at the Junior National level (championship meet offered in early December) to peak and taper for an exciting championship meet midway through the short course season.

Many of our teams in the Montana LSC look outside of the LSC for options in December, and unfortunately none of these options have a prelims and finals format, which truly is the best setup for our swimmers to compete to their highest potentials at that time. Currently we financially support and set aside a host fee for the Montana Senior Championships held in November and that meet has been consistently under-subscribed.

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JC 113 - 2 proposals for radios and headsets/microphones for officials

Submitted by Jim Cherewatenko

1) Montana LSC will provide funding to rent radios, charging docks and headsets for swim meets throughout the LSC for any and all swim meets with individual requests determined by teams sponsoring any given meet. The purpose is for both officials training as well as facilitating communications during the meet.

A standard document will be developed to facilitate ordering said equipment by the LSC teams. Any late return charges will be born by the ordering team.

Effective immediately.		

2) Montana LSC will purchase boomstyle, two pin, PTT headsets/microphones for each Montana certified official who is actively officiating in the LSC at Montana swim meets. The headset will remain with the official and be maintained by the official until the official stops actively officiating at which time the headset will be returned to Montana LSC.

I'm not sure what the cost would be if each official has their own headset.

(which is my preference...see separate proposal).

I recommend we check with the various rental groups to see if we can contract with one of them on a yearly basis to use them exclusively without being committed to a specific number of meets. It seems Day has provided radios, etc. reliably meet after meet and their equipment was in excellent shape. They are out of Oregon.

Let's say we have 20 meets (just an example), then cost would be \$4000. If only used for 10 meets per year \$2000 and so on. Maybe a yearly contractual setup would be cheaper.

It might also be less if all officials had their own headsets and the rental was radios and chargers only.

Separately, the cost of decent boom mike headsets is around \$60 (or less), so assuming 80 officials that would be a one time cost of \$4800 for the LSC. If we could find quality sets for half that price, then around \$2400 for the LSC. The real number is probably somewhere in between. The rationale here is the official is responsible for upkeep/replacement of the headset. Clearly it is way more hygenically sound gor each official to have their own. It seems the quality of the sound in a noisy environment and the communication was better with the booms than the "go stick it in your ear" style sets.

This should give you guys enough material to start chewing on, at least in order to give a thumbs up or down recommendation for the HOD to consider.

What if we do something similar with the headsets as with the USAS registrations where if you have officiated X number of non-home meets THEN MTS pays for your headset?

Effective immediately.	

Proposal on Swimsuits:

Submitted by Sally Crist:

Current language 102.8 (D) Swimsuits worn for competition must be non-transparent and conform to the current concept of the appropriate.

To incorporate FINA criteria 4.1.1 (D) Design, Decency as well as the National Federation of State High Schools Associations Article I language, we would propose USA Swimming 2017 Rules & Regulations 102.8 (D) be changed to read as follows:

Swimsuits worn for competition must be non-transparent and shall not offend morality and good taste (in particular, but not exclusively, because of the cut of the suit and body parts exposure whether covered or not). Men and boys shall wear suits which cover the buttocks. Girls and women shall wear suits which cover the buttocks and breasts.

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Proposal for Disability State Championship Qualifying times

Proposed by Shelly Sobek-former Safe Sport Chair

August 9, 2017

<u>Action:</u> LSC State Meet Contracts shall include the following language as qualification standards for swimmers with any disability per registration with USA swimming.

Language for all LSC State Championship meets:

All swimmers with a designated disability on their USA Swimming Registration shall be allowed to participate in the LSC State Championship meets with the following qualifications:

- 1. Swimmers ages 12 and under shall be able to complete with any time achieved during the qualifying period in any event (but cannot enter an event with a NT).
- 2. Swimmers ages 13 and over must achieve at least one (1) 10 and under "B" time standard for their gender in any event in order to compete in the state meet. The swimmer may then enter up to the maximum number of individual events for any race that they have an achieved time for (but cannot enter an event with a NT).
- 3. In cases of a severe disability, the meet referee has the ability to accept registration for an athlete that has demonstrated they are state meet qualified.

<u>Action:</u> LSC Senior Meet Contracts shall include the following language as qualification standards for swimmers with any disability per registration with USA swimming.

<u>Language for all LSC Senior Championship meets:</u> All swimmers with a designated disability on their USA Swimming Registration shall be allowed to participate in the LSC Championship meets with the following qualifications:

- 1. Swimmers must achieve at least one (1) 11-12 and under "B" time standard for their gender in any event in order to compete in the state meet. The swimmer may then enter up to the maximum number of individual events for any race that they have an achieved time for (but cannot enter an event with a NT).
- 2. In cases of a severe disability, the meet referee has the ability to accept registration for an athlete that has demonstrated they are state meet qualified.

<u>Proposal Rational:</u> The MT LSC should have designated qualifications for athletes with disabilities to work to include these athletes at the championship level. Age Group swimming Championships should allow 12 and under swimmers with disabilities an opportunity to compete at the highest level despite any disability they have. As athletes get older than 12, having a time standard allows swimmers to feel they have something to work toward and achieve and follows USA Swimming's motivational times guide to help swimmers work toward a goal.

I believe this proposal should go into effect <u>beginning January 1, 2018</u>, and be in effect for the 2018 LSC State Championship meets and remain in effect thereafter.