

Wave Ryders Swim Club



hosts the

Fall Frenzy

Oct. 14TH – 15TH, 2017 in Whitefish, Montana

Held under the Sanction of USA Swimming, Inc., issued by Montana Swimming, Inc. Sanction # 1054.

Meet Referee

Susan Huckeby
(406) 723-4800
shuckeby@msn.com

Meet Registrar

Mike Nelson
(406) 871-2489
coachmikenelson@gmail.com
Wave Ryders Swim Club,
1250 Baker Ave.
Whitefish, MT 59937

Meet Director

Chad Roalson
(406) 314-1165
crroal@yahoo.com

Facility

The Wave Aquatic & Fitness Center is a state-of-the-art fitness center located at 1250 Baker Ave, Whitefish, MT 59937. The pool is a six lane, 25 yard regulation short course indoor pool that is enclosed by non-turbulent lane dividers. The pool is 7 feet deep at the start end and 3 ½ feet deep at the turn end. The altitude is 3,028 feet. There is no separate warm-up and cool down facility. The competition course has not been certified in accordance with 104.2.2C(4). The competition course has been certified by Montana Masters Swimming.

An automatic Colorado Timing System will be used with touch pads at the start end only with 3 backup times. Times will be displayed on a new 6 line LED scoreboard. 25 yard events will be timed with three manual watches. The gym will be open and available for the swimmers and families to use. Parking is available in the rear of the facility.

Directions:

Enter Whitefish on Highway 93. Turn left onto W 13th St. The Wave is located behind Safeway at 1250 Baker Avenue.

Meet Format

Individual events will be swum as noted on the event list.

The 500 free and 400 IM will be seeded and swum fastest to slowest and mixed, but scored by age group for both girls and boys. If only a few swimmers are entered into an event, other events may be combined, seeded and swum as a mixed event at the meet referee's discretion, but will be scored by sex and age group.

Relays will be seeded and swum girls, boys, or mixed, Mixed relays are two boys and two girls.

Swimmers entered in the 500 Free provide their own timers and their own counters.

Safety

The Montana Swimming Safety guidelines are in effect for this meet and will be enforced. For circle swimming **during warm-ups and cool downs, swimmers must enter the pool using a three point entry.** Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated. A safety marshal will be on deck.

Racing Starts

Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Any swimmers who must start in the water shall be listed in a separate document returned with the entries.

Rules

The meet is sanctioned by Montana Swimming and USA Swimming. 2017 USA Swimming Rules and Montana Swimming Rules will govern the conduct of the meet, except where rules therein are optional and exceptions are stated. The USA Swimming Code of Conduct and athlete protection provisions will be enforced.

All persons acting in any coaching capacity on deck must be currently registered coach members of USA Swimming. Swimmer, official, and coach registration will be confirmed with Montana Swimming Registration Chairperson prior to the start of the meet.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Visual recording devices, including a cell phone, are not permitted behind the starting blocks.

Changing in or out of swimsuits is allowed in locker rooms or other designated areas only. Deck changing is not appropriate and is absolutely prohibited.

No glass containers, tobacco, or alcoholic beverages are allowed in the swimming venue.

This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Eligibility

All swimmers must be registered with USA Swimming Inc., the Canadian equivalent, prior to the entry deadline. There will be no on deck USA Swimming registration available at this meet. Teams entering swimmers or individuals entering who are not currently registered USA Swimming athlete members (unless FINA) may be fined \$25 per swimmer by the Montana Swimming Registration Chair. Age as of the first day of the meet (Oct 14th, 2017) shall determine the age group in which the swimmer must compete.

Swimmers with disabilities

The Wave Ryders Swim Club welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 106, to compete at the meet. Disabled swimmers or their coaches are required to provide advance notice in writing to the meet referee and meet director to arrange for any needed accommodations including personal assistants required and/or registered service animals by the meet entry date. It is at the discretion of the meet referee to determine whether the needed accommodations can be met by the meet resources. Failure to provide advance notice may limit the Wave Ryders Swim Club's ability to accommodate all requests.

Entry Limits

On Saturday, swimmers may compete in five (5) individual events and one (1) relay. On Sunday, swimmers may compete in four (4) individual events and one (1) relay for a total of eleven (11) events.

Please note: 500 free is limited to the first 60 entrants

Relays: Relays will be swum as girls, boys or mixed. Mixed relays must be 2 boys and 2 girls. Relays may be combined depending upon the number of entries, but will be scored as girls, boys or mixed as shown on the event list.

Entry Fees

An entry fee of \$16.00 plus \$3.00 per event will be charged. The relay fee is \$5.00 per relay. Make checks payable to the **Wave Ryders Swim Club**. *No entries will be accepted without payment of fee in US dollars. There will be no refunds.*

Entries

Teams should e-mail entries to coachmikenelson@gmail.com using Hy-Tek or Team Unify software by **Friday, Oct 6, 2017**. Along with the meet entry file, include your team meet entry

report (relay and individual entries) and team entry fee report from Team Manager or Team Unify (in PDF, word or rich text format). Do not include relay swimmer names with your relay entries. Please e-mail all reports. Waivers may be electronically signed and e-mailed. Entry fees must be received prior to the start of warm-ups on October 14, 2017.

Individuals (not teams) and **unattached swimmers** may e-mail the entries to coachmikenelson@gmail.com by **Friday October 6th, 2017**. Individuals may download the free Hy-Tek Lite entry software from the Hy-Tek website to enter swimmers (<http://www.hyteklt.com/downloads.html>) or may e-mail the entry data, or may submit entries on the enclosed master entry sheet. Entry fees must be received prior to the start of warm-ups on October 14, 2017.

Phone entries will **not** be accepted. No text messages will be accepted for entries or any other meet related questions.

Late meet entries will **not** be accepted.

Deck seeding may be allowed only at the discretion of the meet referee if open lanes are available. Deck seeded entries will be seeded as non-scoring (exhibition) swims and are not eligible for awards.

Entry Deadline	All entries (except phone entries) must be received in Whitefish by no later than Friday, Oct 6th, 2017 . E-mail entries to coachmikenelson@gmail.com Mail entries to: Wave Ryders Swim Club 1250 Baker Ave. Whitefish, MT 59937
	<i>Team entries must be made through the swimmer's club with a <u>team</u> check.</i>
Entry Verification	An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.
Seeding	Swimmers should enter with their fastest officially recorded time in yards (or converted long course meter or converted short course meter times). No time (NT) entries will be accepted. Swimmers will be seeded slowest to fastest in all events except as noted. <i>The 500 free and the 400 IM will be seeded and swum fastest to slowest.</i>
Scratches	There will be no clerk of course. Heat and lane assignments will appear in the program. Swimmers are responsible for taking their position behind the blocks. Coaches should report scratches on the scratch sheet or to the meet referee prior to the start of the meet both days. There will be no penalty for swimmers who fail to scratch from an event.
Scoring	Individual events will be scored as follows: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1. Events will be scored in the following age groups: 8 & U, 9-10, 11-12, 13-14, 15-16, 17-19, 20 and Over. All combined events will be scored separately by age group.
Awards	Ribbons for first through twelfth place will be awarded for each individual event for male and female swimmers in each age group ages 8&U, 9-10, 11-12, 13-14, 15-16, and 17-19. High point trophies for 1 st , 2 nd and 3 rd place will be awarded per age group and gender as listed. No individual awards or high point awards will be given for swimmers ages 20 and over. Teams shall designate a responsible adult to pick up all awards after the meet.
Final Results	Meet results will be posted to the Montana Swimming website at: www.mtswimming.com
Warm-ups	In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. Swimmers will use a three point entry to enter the pool during warm-ups except when doing supervised racing starts. The marshal will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet management

reserves the right to change general warm-up times and general meet start times according to the number of entries. Check your program or the Wave Ryders Web Site (<https://www.teamunify.com/mtwsc>) **after Thursday Oct 12, 2017** for the actual warm-up times. The tentative warm-up schedule is listed below.

The Meet Referee reserves the right to provide a warm-up/cool down lane or insert 10 minute warm-up breaks throughout the meet for the benefit of the swimmers.

SATURDAY	500	Warm-ups: 7:30 – 7:55 a.m. Event Begins: 8:00 a.m.
	General Session:	Warm-ups begin after conclusion of the 500 free
SUNDAY		Warm-ups: 7:30 Meet Begins: after conclusion of warm-ups.

Officials/Timers

To the extent possible, teams are asked to provide timers and other certified meet officials. On deck training time will be available for those wishing to train as an official. E-mail the meet referee prior to the meet if you plan to officiate and sign in at the officials meeting each day in the hospitality room. Trainees should attend the pre-meet officials meetings daily and sign in. All officials on deck must be registered and certified with USA Swimming and registrations will be verified by the MT Swimming Registration Chair. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers.

The officials' meetings will be held in the hospitality room at the conclusion of the 500 on Saturday and tentatively at 7:50 a.m. on Sunday (check the warm-up schedule for the exact times).

Officials' clinic:

If there is interest, an officials' clinic will be offered after the conclusion of the meet on Saturday. Contact the meet referee in advance of the meet if you are interested in attending the clinic.

Coaches

All coaches on deck of USA Swimming athletes must be registered and have current coach certifications with USA Swimming. Coach registration will be verified with the MT Swimming Registration Chair.

A coaches' meeting will be held in the office Saturday at 7:15 a.m. Other meetings may be held at the meet referee's discretion. Meet management requests that at least one coach representative from each team attend all coaches meetings.

Protests:

All protests should be given to the meet referee.

Concessions

Concessions will be available. *Absolutely no glass containers are allowed in the locker rooms or deck areas.*

Hospitality

A hospitality room will be available for all coaches, officials, and volunteering meet personal.

Spectators

Spectators may be seated in the designated poolside seating area and in an upper observation deck located above the pool deck. The gym is also open and available for swimmers and families to use throughout the meet.

Camping

Camping no longer available at the Wave. There is camping available at the KOA 4 miles away from the Wave.

WRSC Fall Frenzy Event List

SATURDAY

SUNDAY

Girls			Boys			Girls			Boys		
1	9 & Over	Mixed 500 Free				26	9 & Over	Mixed 400 IM			
(General Session Warm-ups to follow 500 Free)											
3	Open	100 IM	4			27	8 & U	25 Free	28		
5	Open	100 Fly	6			29	9 & Over	200 Free	30		
7	8 & U	25 Back	8			31	Open	50 Fly	32		
9	9 & Over	200 Back	10			33	Open	100 Back	34		
11	Open	50 Breast	12			35	Open	50 Free	36		
13	Open	100 Free	14			37	Open	100 Breast	38		
15	Open	50 Back	16			39	8 & U	25 Fly	40		
17	8 & U	25 Breast	18			41	9 & Over	200 Fly	42		
19	9 & Over	200 Breast	20								
21	9 & Over	200 IM	22								
23	Open	200 Medley Relay	24			43	Open	200 Free Relay	44		
25	Open Mixed	200 Medley Relay				45	Open Mixed	200 Free Relay			

Hotel Information:

Whitefish, Montana Hotel list

Hampton Inn & Suites Whitefish [406-730-8901](tel:406-730-8901)

Best Western Rocky Mountain Lodge- [406-862-2569](tel:406-862-2569)

Pine Lodge - [406-862-7600](tel:406-862-7600)

Cheap Sleep – [406-862-5515](tel:406-862-5515)

Big Mountain Lodge – [406-862-4020](tel:406-862-4020)

Downtowner Inn- [406-862-2535](tel:406-862-2535)

Grouse Mountain Lodge [406-862-3000](tel:406-862-3000)

Stumptown Inn of Whitefish [406-862-8255](tel:406-862-8255)

2017 WRSC Fall Frenzy

Entry Fee Summary and Waiver/Release Form

Complete and email or mail this form along with entry fees to (checks payable to **Wave Ryder Swim Club**):

Mail entries to: **Wave Ryders Swim Club 1250 Baker Ave. Whitefish, MT 59937**

E-mail entries to: _____

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Swimmer Surcharge		\$16.00 per event	\$
Relay Entries		\$5.00 per relay	\$
Individual Entries		\$3.00 / swimmer event	\$
Total Fees Due			\$

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. Swimmer and coach registration will be verified. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Montana Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. Wave Ryders Swim Club, Wave Aquatic Center, Montana Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

We hereby submit our team's entry sheets and fees for your upcoming meet and verify that the above named coaches will be in attendance. These coaches are current in all the requirements set forth by USA Swimming; Red Cross Safety Training for Swim Coaches or Lifeguard Training, First Aid and CPR.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE