

Montana Swimming and Safe Sport



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USA-S Safe Sport Focus



Current USA-S Policies



Safe Sport

Pre-employment

- Background Check
- References
- DMV Check
- Online Training

Team Policies

- Travel
- Anti-Bullying
- Communication
- Best Practices



Future of Safe Sport

EDUCATION!

Coaches/Non-
athlete
members

Parents

Athletes

Safe Sport: The Club's Role

- ◆ Communication
- ◆ Early Conflict Resolution
- ◆ Policies
 - ◆ Codes of Conduct
 - ◆ Behavior
 - ◆ Model Policies





Club Hiring Responsibilities

- ◆ Pre-Employment Screening
 - ◆ Background Checks (From USA Swimming Website)
 - ◆ Past Employment References (3)
 - ◆ Education Verification
 - ◆ State Motor Vehicle Report (must do online)
- ◆ Other Recommended Screens
 - ◆ Social Media Checks
 - ◆ Google Media Checks
 - ◆ Finger Printing if the state allows it

Other Resources to Create a Safe Sport Culture



- ◆ Online 1 hour Parents and Athlete Training-Promote to your team!
- ◆ Bullying and Conflict Resolution
- ◆ Model Policies: Electronic Communication, Anti-Bullying, Team Travel, Photography, Locker Room Monitoring,
- ◆ Best Practice Guidelines: Inclusion of Transgender Athletes, Inclusion of Athletes with Disabilities, Athlete Social Media and Electronic Communications
- ◆ Safe Sport “Self Assessment”

Educational Topic from USA Swimming



💧 Conflict vs. Bullying



What is bullying?

- * Bullying is unfair and one-sided. It happens when someone frightens, hurts, threatens, or excludes someone else on purpose.
- * A bully tries to overpower a victim.
- * A victim is targeted because of size, ability, image, who their friends are, or age.
- * Bullies want power, and they are afraid of losing it.



What is conflict?

- * Conflict is disagreement and a normal part of life. Learning to deal with conflict is a necessary life skill.
- * Everyone involved in the conflict is considered equal.
- * Conflict has nothing to do with power.
- * Generally, both parties want a resolution.



How do you know when someone is being bullied or abused?

- * Changes in personality
- * Avoiding certain people/situations/places
- * Disinterested in things they used to like
- * Seeking constant supervision
- * Reluctance to participate
- * Unexplained injuries
- * Difficulty communicating
- * Being eager to please



Ways Swimmers Can Stop Bullying/Setting Your Team Culture

- * Be a friend to the person being bullied.
- * Tell a trusted adult—your parent, coach, or club board member.
- * Help the kid being bullied get away from the situation. Create a distraction, focus the attention on something else, or offer a way for the target to get out of the situation.
- * Set a good example by not bullying others.
- * Don't give the bully an audience. Bullies are encouraged by the attention that they get from bystanders. If you do nothing else, just walk away.
- * Recognize contributions to the team and good sportsmanship.
- * Actively appreciate your teammates.





Some Reminders.....

- ◆ Please remind parents, athletes, and spectators that there is **NO PHOTOGRAPHY behind the blocks.** Please remind them that this is an effort to protect our swimmers. **Photos are allowed** from the side or turn end of the pool.
- ◆ **Sitting on laps and Hugs are for parents, not for coaches.**
Alternatives: high fives, fist bumps, pats on the back, shaking hands, “side hugs” are ok. There are some moments when a hug is unavoidable or appropriate, the purpose of this “best practice” is to avoid hugs being a routine act between coaches and athletes that makes athletes feel too comfortable with hugging an adult while in a swim suit. It is considered part of the “grooming process” by sexual predators.



Some Reminders.....

- ◆ Deck Changing is not allowed. Please stop a swimmer if you see it happening and direct them to a locker room.
- ◆ NO Photos in the locker room. Cell phones should be used in areas outside of locker rooms even for talking and texting.
- ◆ See Something. Hear Something. Say Something.
(Monthly discussions)

Athletes and Safe Sport- Safe Sport Fellowship



- Summary: The Safe Sport Fellowship will allow up to 4 athlete members to engage in leadership of the organization within a unique context. Allowing the to build leadership skills and advance the Safe Sport Mission through leadership education, training opportunities, and project-based awareness campaigns.

Athletes and Safe Sport- Safe Sport Fellowship

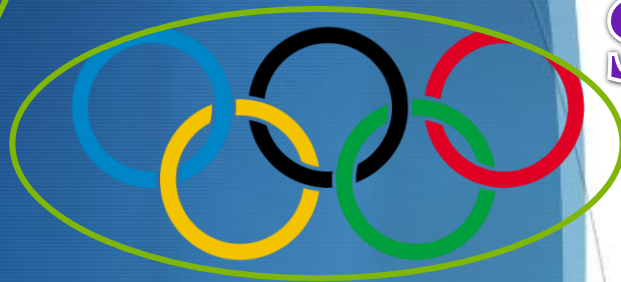


- ◆ Responsibilities
 - ◆ Develop a project to implement at the LSC and regional or level
 - ◆ Plan and facilitate 6 Safe Sport Trainings for athletes locally (USA swimming will send a staff member to help with your 1st one!)
 - ◆ Prepare for and attend Leadership Institutes hosted by USA Swimming (Jan 20-22, 2017 in Denver, May/June 2017, and January 2018)
 - ◆ Communicate with LSC and USA Swimming Safe Sport staff and LSC Chair
 - ◆ Serve as an ex-officio member of the Safe Sport Committee

Athletes and Safe Sport- Safe Sport Fellowship



- ◆ Qualifications:
 - ◆ Must 15 years old or older
 - ◆ Display leadership characteristics
 - ◆ Have a basic understanding of Safe Sport and have a desire to be involved in the effort
 - ◆ Have the ability to balance the commitment within his/her swimming and school schedules
- ◆ APPLICATION DUE: October 28, 2016



SWIMPOSIUM!

Come meet AND work with

**2008 and 2012
Olympian**

Matt Greevers

When: October 21-23rd

Where: Mission Valley
Aquatics in Polson, MT

How: Register-only \$35 if
signed up by October 14th.

Friday Events

- 💧 SWIM BIZ Conference-Hosted by USA Swimming 2-5pm
- 💧 SOCIAL EVENT at the Pool! FOOD PROVIDED! 6-9pm



SATURDAY EVENTS



Hosted by THE LAKE MONSTERS SWIM CLUB  and MISSION VALLEY AQUATICS
SATURDAY, OCTOBER 22, 7:30am to 4:30pm

 Campfire Social Friday, October 21, 6pm to 9pm - food and drinks provided 

SCHEDULE	7:30-8:15am	8:30-11:30am	12:00-1:00pm	1:30-4:30pm	5:00-7:00pm
11 & under athletes	Check-in Welcome!	Water Session with an Olympian!	LUNCH (provided)		Open Swim and Games!
12 & older athletes			Check-in Welcome! LUNCH (provided)	Water Session with an Olympian!	Open Swim and Games!
Clinic for parents of younger athletes	Check-in Welcome!	BILL KRUMM	LUNCH (provided)		Pool Deck Social
Clinic for parents of older athletes			Check-in Welcome! LUNCH (provided)	BILL KRUMM	Pool Deck Social
Coaches Clinic	Check-in Welcome!	BRYAN DEDEAUX "Developing the Age Group Athlete"	LUNCH (provided)	BRYAN DEDEAUX "Developing the Age Group Athlete"	Pool Deck Social

Friday October 21st FREE! FREE! FREE! Swim Biz clinic for team officials from 2-5 p.m. at the Red Lion

Sunday-MT Mixer Fun



- ◆ From 8am-11:30pm (or leave when you need to!)
- ◆ 25 Yard Dash for ALL ages!
- ◆ Cowboy Water Polo
- ◆ Fun Relays
- ◆ Snacks Provided
- ◆ Door Prizes
- ◆ MT Swimming SWAG
- ◆ Come to meet other swimmers from around the state!

FREE EVENT!

REGISTER PLEASE!

Forms available at Mtswimming.org

2016 Montana Swimposium!



Hosted by THE LAKE MONSTERS SWIM CLUB  and
MISSION VALLEY AQUATICS

SATURDAY, OCTOBER 22, 7:30am to 4:30pm

209 Ridgewater Dr, Polson MT (Red Lion Inn)
309 Ridgewater Dr, Polson, MT, 59860 (The Pool)

REGISTRATION

**Please complete a separate form for each participant.

** If you are combining fees, please designate on check or during payment.
Name: (first and last) _____

Email address _____ Phone _____

Club or Affiliation _____

Which clinic will you be attending?

____ 11 and Under Athlete ____ 12 and Over Athlete

____ Parent of Younger Athlete ____ Parent of Older Athlete

____ Coaches' Clinic ____ Swim Biz Team Official Clinic

Will you attend the Friday Night Campfire Social?  Yes  No 
What is your ADULT t-shirt size? ____XS ____S ____M ____L ____XL ____2XL ____3XL

Adult Early Registration: \$35.00 (completed or postmarked by Friday, October 14)

Athlete Early Registration \$35.00 (completed or postmarked by Friday, October 14)

Late and Day of Event Registration: \$40.00

TO PROCESS YOUR REGISTRATION AND PAYMENT ONLINE, FOLLOW THIS LINK : mvaquatics.org

Or mail this form and checks payable to:

Mission Valley Aquatics
309 Ridgewater Dr.
Polson, MT, 59860

Questions? Concerns?

Contact Jeff Smith at:
jeff@mvaquatics.org
or call Mission Valley Aquatics (406)883-4567