



**2018/2019
USA Swimming
IM Xtreme Games**

**November 15-17, 2019
Kino Aquatics Complex
Mesa, AZ**

Official Event Information

LSCs PARTICIPATING IN THE WESTERN REGION MEET

Alaska, Arizona, Central California, Colorado, Hawaii, Inland Empire, Montana, New Mexico, Oregon, Pacific, Pacific Northwest, San Diego Imperial, Sierra Nevada, Snake River, Southern California, Utah, Wyoming



USA Swimming IM Xtreme Games
November 15-17, 2019 Mesa, AZ
Sanctioned by USA Swimming through Arizona Swimming #AZ20-24

LIABILITY: In granting this sanction, it is understood and agreed that USA Swimming, Inc, Arizona Swimming, Inc., Mesa Aquatics Club, Mesa Public Schools, City of Mesa, and all meet volunteers and officials shall be held harmless from any and all liabilities of claims for damages by reason of injuries to anyone during the conduct of this meet, which includes all warm-up sessions.

ELIGIBILITY: Swimmer(s) must be registered with USA Swimming to be accepted in this meet. Age as of November 15, 2019 shall determine swimmer's age for the entire meet.

Rules Governing Sanctioned Meets

1. Age on the first day the meet will govern for the entire meet. Masters: Your age on December 31, 2020
2. Conduct of the sanctioned event shall conform in every respect to current rules of USA Swimming including technical and administrative rules and the Minor Athlete Abuse Prevention Policy ("MAAPP").
3. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
4. The competition course has been certified in accordance with 104.2.2C(4) as to pool length. A copy of such certification is on file with USA Swimming
5. The minimum water depth, measured in accordance with Article 103.2.3, is 7 feet, 6 inches at the start end and 6 feet, 7 inches at the turn end.
6. Deck changes are prohibited.
7. The Arizona Swimming Controlled Meet Warm-up and Safety Guidelines will be posted and enforced.
8. No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming. On deck registration is not available at any Arizona Swimming meet.
9. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms or other areas as may be designated by the Meet Director/Meet Referee.
10. All referees, starters, administrative officials, chief judges, and stroke and turn judges serving in an official capacity in a sanctioned event must be non-athlete members of USA Swimming or members of other FINA member organizations. All meet directors for meets sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.9 or USA Swimming's "open border" policy, all persons acting in any coaching capacity in a sanctioned event must be a coach member of USA Swimming.
11. Officials and Meet Marshals must sign in and present proof of current membership and/or training respectively, to the Meet Referee prior to the start of each session of competition. If requested, Arizona Officials and Meet Marshals must present their AZSI issued Picture ID's to the Meet Referee
12. Coaches must sign in and present proof of current membership at the Clerk of Course prior to the start of each session of competition. If requested, Arizona Coaches must present their AZSI issued Picture ID's to the Clerk of Course. Deck Pass will be accepted as proof of current membership with an accompanying photo ID.
13. All Officials, Coaches and Meet Marshals shall display their valid Arizona Swimming Picture ID badge in a visible manner at all times. Meet Marshals shall wear their identifying vests.
14. Swimmers with a disability are welcome. The Swimmer (or swimmer's coach) is responsible for notifying the Referee, prior to the competition, of any disability of the swimmer and of the requested modification. The swimmer/coach shall provide any assistant(s) or equipment (tappers, deck mats, etc.) if required.
15. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

- The qualifying period for this event is September 1, 2018 through the entry deadline.
- Entry Deadline: All entries must be received no later than Monday, November 4, 2019 by the close of Business (5pm, local time).

- All USA Swimming Registered athletes that are 18 years of age or younger on the first day of the meet are eligible for the meet if they have achieved the minimum qualifying score in any age group during the qualifying period. Age on the first day of competition will govern for the entire meet.
- All applicable adults (18 & older) participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- This meet will follow IMX Challenge program guidelines.
- The qualifying standard will be a minimum IMX Challenge score of 1500 points for all locations, ages and genders. Qualifying standards are the same for SCY and LCM.
- At the discretion of the Meet Referee, the sessions may be conducted using “Flyover” starts and may run some or all sessions in two tanks and/or with more than 8 lanes. Details of any changes to normal meet operations protocol will be announced at the General Meeting.
- All events will be pre-seeded, timed final events. Swimmers must provide their own personnel for timing (2) and Lap counting for all distance events: (Events: 1-8, 25-28.) These events will be swum fastest to slowest alternating women and men.
- Swimmers’ and Coaches’ Responsibility—It shall be the swimmers’ and coach’s responsibility to acquaint themselves with all of the information contained in this meet announcement and any details at the General Meeting.

Age of the athlete will be as of the first day of the competition.

Any swimmer that is 18 years of age or younger as of the first day of the meet is eligible for entering the meet if he/she has achieved the minimum qualifying score in any age during the qualifying period. That is, a swimmer who has achieved a minimum qualifying score as a 9-year-old and ages up to 10 prior to the start of the meet will be eligible to enter the meet. A 12-year-old who has achieved the minimum qualifying score but ages up to 13 prior to the start of the meet will be eligible to enter the meet and compete as a 13-year-old.

ORDER OF EVENTS

	SESSION 1 – FRIDAY NOV 15PM Warm up 3:00 PM Meet Start 4:00 PM Swimmers must provide timers and counters if applicable	
Women	Event	Men
1	10&U 200 Freestyle	2
3	11-12 500 Freestyle	4
5	13-14 400 IM	6
7	15-18 400 IM	8
	SESSION 2 – SATURDAY NOV 16 AM Warm up 7:00 AM Meet Start 8:00 AM	
Women	Event	Men
9	10&U 100 Breaststroke	10
11	11-12 100 Breaststroke	12
13	13-14 200 Breaststroke	14
15	15-18 200 Breaststroke	16
17	10&U 100 Butterfly	18
19	11-12 100 Butterfly	20
21	13-14 200 Butterfly	22
23	15-18 200 Butterfly	24
	SESSION 3 – SATURDAY NOV 16 PM Warm up will not start be for 4:30 Meet Start 45 minutes after warm up	
25	13-14 500 Freestyle	26
27	15-18 500 Freestyle	28
	SESSION 2 – SUNDAY NOV 17 AM Warm up 7:00 AM Meet Start 8:00 AM	
29	10&U 200 IM	30
31	11-12 200 IM	32
33	13-14 200 IM	34
35	15-18 200 IM	36
37	10&U 100 Backstroke	38
39	11-12 100 Backstroke	40
41	13-14 200 Backstroke	42
43	15-18 200 Backstroke	44

GENERAL INFORMATION

Facility Address

Kino Aquatics Center
848 N Horne, Mesa, AZ 85203

Meet Referee

David Brooks
dbrooks@brooksandaffiliates.com

Meet Director

Katie Kowalski
Katierae@cox.net

Entry Chairperson

Katie Kowalski
Katierae@cox.net
480-694-5483

LSCs Participating in the Western Region Meet

Alaska, Arizona, Central California, Colorado, Hawaii, Inland Empire, Montana, New Mexico, Oregon, Pacific, Pacific Northwest, San Diego Imperial, Sierra Nevada, Snake River, Southern California, Utah, Wyoming

Live results will be available through the Hy-tek Meet Mobile app for smart phones.

Meeting Schedule

General Meeting- Friday, November 15, 3:30pm
Evaluation Meeting- Sunday, November 17, prior to start of Sunday AM Session
All subsequent briefings TBD

Officials

Mesa Aquatics Club welcomes any of your USA Swimming Officials to work on deck during this meet. Officials must be USA Swimming registered prior to the start of competition and must wear credentials in a visible manner at all times. Officials' uniforms will be white over blue. Shorts are acceptable throughout. Please contact the Meet Referee for more information.

Hospitality

Coaches' and Officials' hospitality will be available throughout the meet in the Hospitality Room on deck.

Hotels

Special rates for this event will be secured. Detailed information will be available online at www.mesaaquaticsclub.com on the IMX page found under the "Events" tab.

Meet Programs

\$10 including all session Heat Sheets

Media Credentials

Anyone wishing media access to the event must contact the Meet Director prior to the start of the event.

Image Authorization

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authored by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.

SITE INFORMATION

Admission Information: Admission is free throughout the meet. Kino Aquatic Center is a closed deck and all spectators are asked to obey all barriers and signs.

Parking: Free parking will be available in the Kino parking lot throughout the event. School will be in session on Friday and there will be some restrictions.

Medical Assistance: Medical assistance will be provided at the facility. Those needing medical assistance should go to the lifeguard office.

Concessions: Full concessions will be available for spectators throughout the event.

Team Banners: Banners may be attached to bleachers and other areas using ropes or cords. Please do not use adhesives.

Facility Information: Outdoor, up to 18 lanes (2 courses if needed), 25 yard, heated pool. Fully automatic Colorado Start and Timing system will be used. A warm down pool will be available. Minimum water depth, measured in accordance with Article 103.2.3, is 6 feet, 7 inches at the start end and 6 feet, 7 inches at the turn end. The meet may be swum in 2 tanks if needed, based on timelines. If two tanks are used the decision shall be announced within 24 hours of the entry deadline.

Pool Certification: The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

ENTRY INFORMATION

All Entry questions should be directed to: Katie Kowalski at katierae@cox.net

Entry Process: Entries should be submitted via e-mail in an electronic entry file compatible with Hytek Meet Manager, accompanied by a PDF entry report. Entries not submitted by e-mail will be subject to a \$25 processing fee for teams entering more than 3 swimmers. Telephone or FAX entries will not be accepted. For entries received by e-mail, an acknowledgement that your entry file has been received will be sent within 48 hours of submission. Should you not receive an acknowledgement of entry within 48 hours, please contact the Entry Chair.

- Entries will be accepted starting September 1, 2019
- Entries will close November 4, 2019

Make checks payable to Mesa Aquatics Club. Mail to:

Mesa Aquatics Club
1225 W. Main St. #101-500
Mesa, AZ 85201

THERE WILL BE NO OME ENTRY PROCESS

Qualifying Period: The qualifying period for this event is September 1, 2018 through the entry deadline.

Proof of Entry Score: To enter the meet an athlete must have a minimum IMX Challenge qualifying score of 1500 verified by USA Swimming.

Entry Fees:

\$8.00 per athlete surcharge
\$5.00 per individual event

Number of Events:

Swimmers must enter and swim all IMX Challenge events within their age group and gender to be eligible for team scoring and awards.

Events:

10 & U: 200 Free, 100 Breast, 100 Fly, 200 IM, 100 Back
11-12: 500 Free, 100 Breast, 100 Fly, 200 IM, 100 Back
13-14: 400 IM, 200 Breast, 200 Fly, 500 Free, 200 IM, 200 Back
15-18: 400 IM, 200 Breast, 200 Fly, 500 Free, 200 IM, 200 Back

EVENT FORMAT AND SCORING

Event Format: All events are pre-seeded, timed final events. All distance events will be swum fastest to slowest, alternating women and men. Athletes will need to provide their own timers and counters for these events.

Scoring: Hy-Tek IMX scoring will be used exclusively. Each time will be given a point value; swimmers' scores from all events will be combined for an overall IMX point total. **Disqualifications will receive zero points. An athlete's score will still be considered for top 16 individual awards and for team scoring.** Scoring will be determined according to single-year age groupings and the swimmers' IMX totals.

No Shows: A no show in any event will remove the swimmer from the IM Xtreme scoring. Swimmers will be allowed to swim all remaining events for time only. Declared false starts will not be allowed.

Individual Awards: USA Swimming IMX plaques will be awarded for the top sixteen swimmers in each single-year age bracket and gender.

Team Scoring & Awards Plaques: will be awarded for the top three teams by compiling the Hy-tek IMX Scoring for the top 16 individual scorers in each age and gender.

IM XTREME GAMES MEET PROCEDURES

LIABILITY: In granting this sanction, it is understood and agreed that USA Swimming, Inc, Arizona Swimming, Inc., Mesa Aquatics Club, Mesa Public Schools, City of Mesa, and all meet volunteers and officials shall be held harmless from any and all liabilities of claims for damages by reason of injuries to anyone during the conduct of this meet, which includes all warm-up sessions.

ELIGIBILITY: Swimmer(s) must be registered with USA Swimming to be accepted in this meet. Age as of November 15, 2019 shall determine swimmer's age for the entire meet.

Additional Rules/Restrictions:

No swimmer will be permitted to check in for the meet without a coach member present. If the home club coach is not planning to attend the event, the swimmer (s) must be assigned a supervising coach (per USA Swimming rule 202.3.2). Arriving with fellow LSC club/coach is preferred. However, if a swimmer arrives without a coach the Meet Director will arrange for a coach to serve this role. Please inform the Meet Director prior to the meet if a coach must be found.

USA SWIMMING RULES 103.11 AND 103.12 REGARDING TOBACCO AND ALCOHOL USE WILL BESTRICTLY ENFORCED.