

**2019 Montana Long Course State Championships
Big Sky! Big Dreams! Big Success!**



**Hosted by the Bozeman Barracuda Swim Club
July 26-28, 2019 in Bozeman Montana**

Held under Sanction of USA Swimming, Inc. Issued by Montana Swimming, Inc. Sanction #No. 2019

Time Trial Sanction# No. 2020

Meet Referee

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Meet Director

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Meet Registrar

Sara Gram
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Bozeman Swim Club
PO Box 804
Bozeman, MT 59771

Facility:

The Bozeman Swim Center, located on the west side of Bozeman High School at 1211 W. Main Street, is an 8-lane, 50-meter regulation long course pool. It is equipped with Kiefer non-turbulent lane lines and Spectrum Xelerator Starting blocks. The pool is 9-feet deep at the start end and 3.5-feet deep at the turn end. The altitude is 4,793 feet. No separate warm-up and cool down facility is available. Therefore, the provision of a warm up / cool down lane and / or 10 minute warm up breaks will be inserted into the meet schedule at the discretion of the meet referee. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1. An automatic Colorado timing system will be used with touch pads at both ends and 3 backup systems. Display will be on an 8-line LED scoreboard. As required by the rules and regulation of MT Swimming, each club will be responsible for providing timer in proportion to their team's athlete numbers at all sessions. A sign-up sheet will be posted at the announcer's table specifying lane assignments.

Directions:

From I-90, arriving either east or west bound, take Exit 306 onto N 7th Avenue. Turn south onto N. 7th Ave and travel 1.2 miles to the T-intersection with W Main Street. Turn right (west) onto W Main Street. Bozeman Swim Center will be on your right in 0.5 miles, just past the Bozeman High School. In addition to the parking off Main Street, there are parking lots available on the west side of the high school off of N. 15th Avenue. The lots are on the right side of N 15th in between Beall Street and Durston Road. **OVERNIGHT PARKING OR CAMPING IS NOT PERMITTED IN THE PARKING LOTS ADJACENT TO THE SWIM CENTER.**

Meet Format:

The 2019 Long Course State Championship is an age group meet and will be conducted in accordance with the current policies and procedures of Montana Swimming. The meet will be conducted by age group and events as listed on the Schedule of Events. There will be preliminary sessions of Friday, Saturday and Sunday for the 11 and Over swimmers. Finals for those events will be conducted each day as the last session of the day. **This is a split-session meet with 8&U and 10&U races occurring in a session between the preliminaries and finals for the 11& Over swimmers.** Additionally, any time trials will be held after preliminaries for 11 & Over swimmers and prior to the 10&U session, or as otherwise determined appropriate by the Meet Referee.

Championship scratch procedures, per the current USA Swimming rulebook, will be in effect.

Over-the-top starts will be used during preliminary competition and/or timed final competition, where appropriate. In preliminaries, swimmers in the backstroke preliminaries and relays should clear the pool immediately upon completion of the race. Swimmers in all other races should remain in the pool motionless next to the end wall and the lane ropes until the next race is started.

All 8&U and 10&U events will be swum as a timed finals session scheduled between preliminaries and finals for 11&Over swimmers each day as shown in the schedule of events. Awards for 8 & U and 10 & U events will be given each day during breaks between events in the timed finals sessions when deemed appropriate by meet management and the Meet Referee. They will have their own separate warm-up that will start immediately after the conclusion of the 800 Free on Friday, 400 Free on Saturday and 1500 Free on Sunday.

The 11-21 age groups will swim all events combined during preliminaries but will swim separately during finals and be scored and awarded separately as described in the "Age Groups" Section. Exception: the 15-16 and 17-21 finals will be swum combined into two heats, but scored separately by age group. Empty lanes in the finals of 15-21 events will be filled with non-scoring swimmers from the respective age group with more than eight swimmers qualified for the finals heat. These finals will only be seeded by time without respect to qualified or non-scoring swimmer's times. The non-scoring swimmers will not receive points for their swims even if they finish before a qualified swimmer. The non-scoring swimmer's times shall be shown with an X in front of the seed time and in the final results for the swims.

The 400 yard freestyle, the 800 yard freestyle, the 400 yard IM, the 1500 yard freestyle, will be timed finals and will be swum during preliminaries, swimming the heats fastest to slowest, alternating between girls and boys events/ heats.

Relays: 10 and under relays will be swum as timed final events in the 10 and under sessions. 11 and over relays will be swum as timed finals as the last event in finals each day.

*See the **Seeding** Section for additional information. **Swimmers entered in the 800 Free, 400 Free and 1500 Free must provide their own timers. Swimmers entered in the 800 Free and 1500 free must also provide their own counters. Positive check in will be required for all swimmers in these three (3) events.***

Safety:

The Montana Swimming safety guidelines are in effect for this meet and will be enforced. Each coach is responsible for informing swimmers of the provisions of the safety code before attending the meet. For circle swimming during warm ups and cool down, swimmers must enter the pool using a three - point entry. Coaches are advised to closely supervise their swimmers at all times. No running or horseplay will be tolerated. A safety marshal will be on deck. **No diving is allowed from the turn end or the long sides of the pool.**

Racing Starts:

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from with the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Any swimmers who must start in the water shall be listed in a separate document returned with entries.

Rules:

This meet is sanctioned by Montana Swimming and USA swimming. 2019 USA Swimming Rules and current Montana Swimming Rules will govern the conduct of the meet, except where rules therein are optional and exceptions are stated.

The USA Swimming Code of Conduct and athlete protection provisions will be enforced. All swimmers entered in the competition must comply with current USA Swimming rules regarding swimwear. All persons acting in any coaching capacity on deck must be currently registered coach members of USA Swimming, swimmer, official and coach registration will be confirmed with Montana Swimming Registration Chairperson prior to the start of the meet.

Use of audio or visual recording devices, including cell phones and/ or drones, is not permitted in changing areas, rest rooms, locker rooms, or behind the blocks.

Operation of a drone, or any other flying apparatus is prohibited over the venue (pools, athlete/ coach area, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and / or spectators are present.

No glass container, tobacco, or alcoholic beverages are allowed in the swimming venue.

This meet may be covered by the media, including photographs, video, webcasting and other forms or obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

Changing in or out of swim suits other than in locker rooms or other designated areas is prohibited. Deck change (as defined by USA Swimming House of Delegates)- changing, in whole or in part, into or out of a swimsuit (excluding a drag suit) in an area other than a permanent or temporary locker room, bathroom,

changing room or other space designated for changing purposes while at a practice, competitions, or other pool- related activity.

All swimmers entered in the meet must be under the supervision of a USA Swimming member coach during warm- up, competition, and warm- down. Any swimmer without a coach in attendance must report to the Meet Director or Meet Referee who may assist a swimmer in making supervision arrangements, but it is the swimmer's responsibility to make arrangements prior to the start of warm- ups and to so notify the meet Referee.

Eligibility:

All swimmers must be registered with USA Swimming Inc. and Montana Swimming. All swimmers with flex memberships must upgrade to either a Seasonal or Year Round USA Swimming membership in order to swim in this meet. Swimmers with a Flex membership are not eligible to swim in this meet. There will be no deck registration for this meet. Teams entering swimmers who are not currently registered USA swimming athlete members may be fined \$25 per swimmer by the Montana Swimming Registration Chair.

Swimmers must have achieved at least one qualifying time standard in any course between May 15, 2018, and the entry deadline, except relay only swimmers. The 10 & Under and older (11-21) swimmers must enter at least one qualifying 'BB' time and may then enter any subsequent event that they have achieved a 'B' time or better. See 2017-2020 *National Age Group Motivational Times*. All 17-21 swimmers will use the 17 & 18 'BB and 'B' time standards. See "Attachment A" for qualifying time standards. Altitude adjusted times will be acceptable. OME will automatically complete this process for you. No time (NT) entries will not be accepted for any event.

Age as of the first day of the meet (July 26, 2019) shall determine the age group in which the swimmer must compete.

Swimmers qualified in either the 800 Free or 1500 Free automatically qualify for the opposite event. If a swimmer does not have an established qualifying time for the opposite event, the swimmer shall be entered with the established "B" time in the same course as the qualifying time in the opposite event. Any swimmer who enters the 800/1500 yard freestyle may enter at his/ her fastest time or at the B time standards. This opposite event will not be designated a bonus swim for seeding purposes.

A qualifying time in 100 meters (or Yards) of the backstroke, breaststroke, or butterfly automatically qualifies for the 50-meter event of the same stroke in the same course. The entry time will be the Montana Swimming Qualifying time for that course. Designate the swim as bonus in the On Line Meet (OME) entry file indicating that the 50 event is the bonus swim for the 100 qualifying swim if the swimmer does not have a qualifying time in the 50 event.

Any time that is flagged in OME as not meeting the qualifying time standards will require proof of time for entry. Times must be proven through the SWIMS database. All 25 yard/ meter times must be proven through the MT Swimming time's data base. Swimmers with times that are not proven will be scratched from the event.

Only times achieved in a USA Swimming sanctioned or approved meets or at a USA Swimming Sanctioned time trial or swims requested to be observed under authorization of USA Swimming rules at other meets (MHSA High School State Swimming Championships) can be used to qualify for this state meet. Times earned at a non - sanctioned time trial cannot be used to enter this meet. All individual entry times must be verified through the USA Swimming SWIMS database via OME.

Swimmers with Disabilities

The Bozeman Barracuda Swim Club and Montana Swimming welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 106, to compete at the meet. Disabled swimmers or their coaches are required to provide advance notice in writing to the Meet Referee and Meet Director to arrange for any needed accommodations including personal assistants required and / or registered service animals by the meet entry date. It is at the discretion of the Meet Referee to determine whether the needed accommodations can be met by the meet resources. Failure to provide advance notice may limit the Bozeman Barracuda's ability to accommodate all requests. Montana Swimming will follow USA Swimming guidelines with regards to time standards for swimmers with disabilities. Please refer to the list of standards located within this meet announcement for those times. If a swimmer needs to use these time standards in order to enter the meet, please contact the Meet Registrar to receive guidance on how to enter those swimmers via OME.

Age Groups

Age groups for this meet are: 8 &U, 10& U, 11-12, 13-14, 15-16, 17-21. Swimmers 8&U must choose either the 8& U or 10 & U age group for the entire meet (Relay exception: 8&U may compete on the 10&U relays regardless of which age group they choose to swim in individual events). All combined events will be awarded and scored separately by age group. Age on July 26, 2018 shall determine the swimmer's age group for the meet.

Relays

10 & Under relays will be swum in the preliminaries as timed- final events. Relays for swimmers ages 11-21 will be swum as the last event in finals each day. Relay times may be established by adding the individual times of the four swimmers involved. **Relays must be entered with a time and swimmer's names.** The full name of those entered in a relay must appear on the master entry form or team manager relay report and on the relay entry cards (including alternates). Relay swimmers must swim the race in the order the swimmers are listed on the relay entry card. The 15-21 year old swimmers will swim as a single age group for the relays. Relay cards must be completed and placed in the relay card box on the announcer's table (preferred method) or turned in to the Meet Referee no later than the warm up session at the beginning of the 10 and Under session and by the start of the finals events for the 11-21 year old relays each day of the meet for that day's relay events.

Relay scores will be added to the overall team scores. Only one (1) relay from each team per age group and gender will be eligible to score. Teams may enter an unlimited number of relays per event if so desired.

Relay only swimmers do not have to be qualified and entered into an individual event, but must pay the meet surcharge fee. Please list the relay - only swimmers on the meet entry form.

Relay exception for 8 & Under swimmers: 8 & Under swimmers may swim the 10 and Under relay events regardless of which age group they choose to swim in individual events at the meet. Swimmers/ teams who fail to report for a relay event will be scratched without penalty.

Entry Format

Entries are to be submitted using USA Swimming OME (online meet entry) under the 'Events' tab of the USA Swimming website: www.usaswimming.org/ome

- This method is to be used by all teams and unattached swimmers. Entries may be submitted in meters or yards. **DO NOT CONVERT TIMES.**
- **Phone and email entries will not be accepted.**
- **Converted times will not be accepted.**
- Before checking out (i.e. completing your online entry), double check the meet entry fee data to be sure you have entered the correct number of swimmers and splashes.
- Once you complete your online entry you will be sent a confirmation email. Bring all written communications with you to the meet in case of problems with entries.
- OME will not automatically update your entry times as new results are entered into SWIMS. Should you wish your entry to reflect any updated times, you must return to your entry after you have checked out to do so. You have until the entry deadline (July 17, 2019) to update times in OME. You can also add events to your entry, **but you cannot delete events after you have checked out.**

Absolutely No text messages or telephone calls will be accepted for entry changes, proof of time, entry reports, warm- up times, meet start times, or other meet- entry request. Email documentation is required for communication of these official entry requests.

Entry Limits:

Each swimmer may compete in a maximum of seven (7) individual events with a maximum of three (3) individual each day, including time trials. Each swimmer may compete in (1) relay each day. 8 & under swimmers may competed in a maximum of six (6) individual events with a maximum of three (3) individual events and one (1) relay per day. There will be no minimum waiting period between events. Please consider this when entering swimmers in consecutive events.

Entry Verification:

Verification of entry will be provided by a confirmation email from USA Swimming's OME system.

Entry Deadline:

In accordance with Montana Swimming Regulations, team entries must be received via OME no later than 11:59pm MDT, Wednesday, July 17, 2019.

Late Entry Deadline:

Entries for first time qualifying swims subsequent to the Entry Deadline must be received by 11: 59pm, **Saturday, July 20, 2019**. Entries resulting from first time qualifying swims may be entered only by email and shall be accompanied by documentation of qualifying times to be verified by the Meet registrar and/ or the MT Swimming Times Officer. These entries may not be used to improve the seed time for a previously submitted entry. Late entries for new qualifying swims will be accepted. No addition of swimmers, added events, relays, or changes will be allowed after the A late Entry Deadline. **There will be NO EXCEPTIONS. Late entry fee of \$25.00 and double event fee and relay entry fee.**

Entry Fees:

An entry fee of \$18.00 plus \$3.00 per event will be charged. The relay fee is \$8.00 per relay.

Entry Payment

Please make checks payable to “Montana Swimming”.

Do not make checks payable to the Bozeman Swim Club

No entries will be accepted without payment of fees. There will be no refunds.

Payments must be made through the swimmer's club with a team check. Unattached swimmers may make direct payments. Please include a printed copy of your entries with your payment. Also, complete and return the Entry Fee Summary and Waiver/ Release Form (enclosed at the end of the contract) with your entries.

Mail Payments to:

Bozeman Swim Club

Attn: Sara Gram

PO Box 804

Bozeman, MT 59711

Seeding

Seeding will be performed in accordance with USA Swimming rules based on entry data submitted. All conforming (long course) times shall be arranged in time order. Non - Conforming times will then be arranged in time order in SCM followed by SCY. All events with a distance of 400 meters or longer (800 Free, 400 IM, 400 Free and 1500 Free) will be seeded fastest to slowest, with the heats alternating between women and men.

Positive Check In

Positive check-in, located at the announcer's table, will be required 15 minutes before the start of the respective session for each of the following events:

*800 Free (Friday)

*400 Free (Saturday)

*1500 Free (Sunday)

Failure to check in for these events by the stated deadline may result in the swimmer being scratched and not seeded.

Scratches

USA Swimming Championship scratch procedures will be in effect for this meet. Exceptions for failure to compete are listed below. The meet referee will make the final decision. Swimmers and coaches are responsible for being familiar with this meet's scratch rules and check in procedures.

Preliminary Scratch Deadline: The scratch deadline will be 15 minutes prior to the start of the first preliminary race each day. Scratches shall be reported on the scratch sheet (preferred method) or may be given to the Meet Referee by the deadline.

Preliminary scratch procedures and penalties: Any swimmer who fails to compete in a preliminary heat in which they are entered and have not been correctly scratched (see exceptions for failure to compete) will be barred from all further individual and relay events that day- including any final swims not previously qualified for prior to the no show event. Additionally, the swimmer must report to the Meet Referee his or her intention to compete in any individual events on succeeding days.

A swimmer may also scratch from a preliminary event with a declared false start by reporting to the Meet Referee prior to the start of the race and declaring their intent to not compete. A declared false start will be charged as a false start. Note – a declared false start may not be used to scratch from a finals event.

Swimmers who fail to report for timed final event will be scratched without penalty.

Finals scratch deadline: All swimmers wishing to scratch from a final for which a preliminary event has been swum must declare their intention to scratch within thirty (30) minutes of the preliminary event results being announced or posted. Swimmers should report to the administrative referee, meet referee or timing personnel (as announced or listed in the meet announcement) to scratch or declare an intent to scratch. Swimmers declaring an intent to scratch must scratch by no later than thirty (30) minutes after his/her last individual preliminary event that session. Swimmers who declare an intent to scratch but fail to return to scratch from the finals event will be seeded into the finals event. Alternates should be on deck for each final event in case of an undeclared scratch. Alternates will not be penalized for failure to show for the event in the case of an undeclared scratch.

Finals scratch penalties: Any swimmer qualifying for any individual finals race that does not properly scratch and fails to compete in that event will be barred from all further individual and relay competition(s) for the remainder of the meet except as noted under the exceptions for failure to compete. In addition, fifty (50) points will be subtracted from the team score if a swimmer fails to report the scratch from finals in the correct manner, except as listed below for Exceptions from Failure to Compete.

Exceptions for Failure to compete: No penalty shall apply for failure to scratch or compete in an individual event in preliminaries or finals if the Meet Referee is notified in the event of a quick-onset illness, injury or circumstance beyond the swimmer's control. The meet Referee will make the final decision.

Scoring

Individual scoring: 9-7-6-5-4-3-2-1. Relay scoring: 18-14-12-10-8-6-4-2. Only the top scoring relay team in each age group and gender from each team will be eligible for points.

Scoring will be based on an 8-lane pool.

Awards

Individual medals will be awarded for 1st thru 8th place and ribbons for 9th- through 16th place. For events swum in preliminaries and finals, 9th through 16th place will be awarded based on preliminary times while 1st through 8th will be awarded based on finals times.

Relays will be awarded 1st through 3rd place.

Medal ceremonies for individual events for **10 & under swimmers** will take place at appropriate times during each 10 & Under sessions. If swimmers are not able to accept their awards at those ceremonies, or if the ceremonies are delayed, they will receive their awards from their coach at the conclusion of the meet.

Swimmers aged 11 through 21 years old may pick up their medals from their coach at the conclusion of the meet.

High point team will be awarded to the team accumulating the highest number of points (individual and relay points combined). This team will be awarded the traveling long course state championship trophy.

Men's and women's high point team will be awarded to the men's and women's teams with the greatest number of combined men's and women's individual and relay points. These teams will receive the traveling long course men's and women's championship trophies.

Other awards: the traveling spirit award will be given to the team demonstrating the best overall team participation, team spirit and conduct during the meet. The meet manger, coaches, and officials will vote for the award.

Final Results

Meet result will be posted to the Montana Swimming website at www.mtswimming.com

Warm ups

An open warm up session will be available to all swimmers on Thursday July 25, 2019 from 4:00pm to 5:00pm. All swimmers must have a certified coach overseeing them during this warm up.

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmer and coaches attending the meet. The Safety Marshal will ensure that all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change general warm up time and general meet start times according to the number of entries. **Check the MT Swimming website (www.mtswimming.com) after Wednesday, July 24th, for actual warm-ups and start times.**

The meet Referee reserves the right to provide a warm-up/ cool- down lane or insert warm up breaks at appropriate times during the meet for the benefit of the swimmers.

Officials

Officials desiring an assigned position at this meet must complete the request form attached to this contract and return it to the Meet Referee, Lon Huckert, no later than **Friday July 12, 2019.**

- **A mandatory official's briefing will be held during the morning warm up session prior to the start of preliminaries each day.**
- **The time of the mandatory officials' briefing prior to finals will be announced each day. Officials should attend all meetings.**
- All officials officiating at this meet must be USA Swimming currently certified official for a minimum of one year in the position they wish to work at the meet to be eligible to officiate at this meet. Officials not meeting this requirement are invited to attend all the pre- meet meetings, but may not officiate during the meet.
- All officials shall wear a white short-sleeve polo t-shirt for all sessions. Men may wear either navy blue slacks or navy blue short for prelims and navy blue slacks for finals. Women may wear a navy blue skirt/ skort, short, capris, or slacks for prelims and a navy blue skirt/ skort or slacks for finals. White shoes and white socks shall be worn.
- Officials requesting assigned positions (deck referee, starter or chief judge) must work all sessions.
- Official are required to show current USA Swimming non - athlete registration and official certification.

Timers

As required by the rules and regulations of MT Swimming, each club will be responsible for providing timers in proportion to their team's athlete numbers at all sessions. A sign-up sheet will be posted at the announcer's table specifying lane assignments.

Coaches

All coaches on deck must be registered and certified with USA Swimming. Coach registration will be verified with MT Swimming Registration Chair.

The first coaches' meeting will be held in the hospitality room at 6:40 am on Friday morning. A second coaches meeting will be held in the hospitality room on Friday before the 10 & under warm ups. Other meetings may be held at the Meet Referee's discretion. Meet Management request that at least one coach representative from each team attend all coaches' meetings.

Clerk of Course

There will be no Clerk of Course. Heat and lane assignments will appear in the program. Swimmers are responsible for taking their position behind the blocks during preliminaries and during 10 & under timed finals. During 11 and Over Finals, swimmers will be seated according to their lane assignment one heat before their race and will then walk out together at the beginning of their race.

Protests

All protests are required to be given to the Meet Referee in a timely manner.

Hospitality

A hospitality room will be available for all coaches, officials, and administrative meet personnel.

Concessions

Concession area will provide nutritious snacks, drinks and meal options. Absolutely no glass containers are allowed in the locker rooms or deck areas.

Swim Shop

The Barracuda swim shop will provide an array of swim items including swim gear, caps, goggles, and a variety of other trinkets for everyone.

Meet Apparel:

Personalized 2019 Montana Swimming Long Course Championships clothing will be available from Northwest Designs.

Spectators:

The west and north sides of the deck (coaches side and start end) will be a "Closed Deck" area, open to coaches, swimmers, and meet officials only.

Zones Meeting:

There will be an AG and SR Zones meeting Saturday between prelims and finals in order to accommodate any late qualifiers.

Senior Recognition:

Graduating high school swimmers will be recognized at the beginning of prelims on Saturday. Please email a very brief statement for each swimmer, no longer than 1/8 page in length stating the swimmer's name, high school, MT Swimming team, brief college or career plans and any future swimming plans to Montana Senior Athlete Representative Bella Seagrave (irseagrave95@gmail.com) by **Thursday July 25, 2019**.

Announcements:

Senior recognition will take place at the beginning of the Preliminaries on Saturday.

Phillip 66 2019 Volunteer of the Year will be announced at the beginning of the Preliminaries on Saturday.

MT Swimming 2019 Male and Female Athletes of the Year will be announced at the beginning of the Preliminaries on Saturday.

MT Swimming 2019 Male and Female Sportsmen of the Year will be announced at the beginning of the Preliminaries on Saturday.

Team Spirit Award will be voted on both Friday and Saturday by one coach from each team, the official, and the meet director. The winning team will be announced during Sunday Preliminaries.

Head Coach and Assistant Coach of the Year will be elected via ballot vote by all registered Montana Swimming Coaches in attendance at the meet. Awards will be presented at 2019 SC State Meet.

Time Trials

Time Trials will be offered on a time- and demand-available basis at the Meet Referee's discretion at the conclusion of the preliminary competition on Saturday (possibly) of the meet. Only swimmers entered in at least one individual event may enter. Swimmers may compete in a maximum of seven (7) individual events including time trials with no more than three (3) individual events per day. Qualified swimmers may enter seven individual events, but must properly scratch from one event to compete in one time- trial event. All time trials will be deck entered. If proof of time is required, the swimmer's team will provide any necessary proof. The swimmer may also provide proof of time if available. The coach, swimmer, or parent/ guardian may enter the swimmer in to the time trials. The time trial entry fee is \$3.00 per event. Further information regarding the time trials will be announced during the meet.

2019 Montana Long Course State Championships Order of Events

1. Friday July 26, 2019
11 & Over Preliminaries

<u>Girls</u>			<u>Boys</u>
1	11-21	200 Fly	2
3	11-21	50 Back	4
5	11-21	200 Free	6
7	11-21	100 Breast	8

15 minute warm up period

11TF 11-21 800 Free TF 12

4. Saturday July 27, 2019
11 & Over Preliminaries

<u>Girls</u>			<u>Boys</u>
29TF	11-21	400 IM	TF 30
31	11-21	200 Back	32
33	11-21	50 Free	34
35	11-21	50 Breast	36

15 minute warm up period

39 TF 11-21 400 Free TF40

7. Sunday July 28, 2019
11 & Over Preliminaries

<u>Girls</u>			<u>Boys</u>
63	11-21	200 Breast	64
65	11-21	50 Fly	66
67	11-21	100 Free	68
69	11-21	100 Back	70

15 minute warm up period

71 TF 11-21 1500 Free TF72

(Events 11, 12, 39, 40, 71 and 72 will be swum fastest to slowest, alternating heats between girls and boys)

2. Friday July 26, 2019
10 & Under Timed Finals

<u>Girls</u>			<u>Boys</u>
13	10&U	50 Back	14
15	10&U	200 Free	16
17	10&U	100 Breast	18
19	10&U	200 IM	20
21	10&U	400 Fr Relay	22

5. Saturday July 27, 2019
10 & Under Timed Finals

<u>Girls</u>			<u>Boys</u>
41	8&U	100 Free	42
43	10&U	50 Free	44
45	8&U	50 Breast	46
47	10&U	50 Breast	48
49	8&U	50 Fly	50
51	10&U	100 Fly	52
53	10&U	200 Med Relay	54

15 minute warm up period

<u>Girls</u>		<u>Boys</u>
55	10 & U 400 Free	56

7. Sunday July 28, 2019
10 & Under Timed Finals

<u>Girls</u>			<u>Boys</u>
73	8&U	100 Back	74
75	10&U	50 Fly	76
77	8&U	50 Free	78
79	10&U	100 Free	80
81	8&U	50 Back	82
83	10&U	100 Back	84
85	10&U	200 Fr Relay	86

3. Friday July 26, 2019
11&Over Finals

6. Saturday July 27, 2019
11&Over Finals

9. Sunday July 28, 2019
11&Over Finals

***Finals will be swum in the same order they were swum in the prelims plus the following relays as the last finals event.
All relays will be Timed Finals***

<u>Girls</u>			<u>Boys</u>
23	11-12	400 Fr Relay	24
25	13-14	400 Fr Relay	26
27	15-16	400 Fr Relay	28

<u>Girls</u>			<u>Boys</u>
57	11-12	200 Med Relay	58
59	13-14	200 Med Relay	60
61	15-16	200 Med Relay	62

<u>Girls</u>			<u>Boys</u>
87	11-12	200 Fr Relay	88
89	13-14	200 Fr Relay	90
91	15-16	200 Fr Relay	92

Hotel Information

Element: Contact: lindsey.foote@elementbozeman.com or call 406-551-2320
for a 15 % discount

Days Inn	587-5251
Best Western	587-5261
Comfort Inn	587-2322
C'Mon Inn	587-3555
Fairfield Inn	587-2222
Holiday Inn Express	582-4995
My Place	586-8228
Spring Hill Suites:	586-5200



rejuvenate

We believe that travelers deserve more than a place to stay. They need a place to thrive. We want our guests to start every day fresh, whether they're staying for a few nights or settling in for a few weeks. Inspired by Westin, Element Hotels provides guests with space to live their lives. With natural light, healthy options, open spaces and ecofriendly practices, we've built a smarter, better place to stay. Time away from home shouldn't mean time away from life.

Find your own space

We've designed the Element Hotel experience to give you everything you need to stay energized, active and whole.

Rise: Breakfast Wake up to our signature healthful breakfast, featuring hot sandwiches, refreshing smoothies, wholesome granola, fresh fruit, gourmet coffee and more. Always complimentary.

Relax: Evening reception Settle in and mingle with other Element guests or gather with friends and family over complimentary savory food and beverage pairings. Join us four nights, every week.

Restore: Gourmet grab & go pantry Stock up with all you need anytime. Our self-serve pantry offers ready-to-cook meals, healthy snacks, indulgent treats, local specialties, gourmet coffee and more, around the clock.

Motion: Fitness center Set your pace at Motion, our spacious, light-filled fitness center, with state-of-the-art Life Fitness cardio machines, strength-training equipment and convenient 24/7 access.

Resource: Business center All the tools you need to stay connected. Printer and fax machines available 24/7 and free wired and wireless high-speed Internet access throughout.

Meeting space Take care of business in our bright and spacious meeting room. Fully equipped with modular furnishings, well-designed seating, easy access power outlets, a 50" LCD TV and an all-in-one connectivity station that lets you plug in and connect your audio, video and computer devices to play on the TV.



Officials request for Assigned position

To: Lon Huckert

Meet: 2019 Montana Long Course State Championships

Location: Bozeman, MT 59715

Email form to: lonhuckert@gmail.com

Please consider me for assignments at the above meet:

Dates: July 26-18, 2019

LSC: MT

phone: 406-370-2460

Name: _____ LSC: _____ USAS Reg # _____
Email: _____ Phone: _____

Mailing Address:

I will work the following sessions:

Friday	Prelims _____	Finals _____
Saturday	Prelims _____	Finals _____
Sunday	Prelims _____	Finals _____

Current Certification: Stroke & Turn Judge
 Chief Judge:
 Starter:
 Deck Referee:
 Administrative Referee:
 Meet Referee:

Requested positions:

You must work all sessions at the meet for a position of Referee, Deck Referee or Starter

Stroke and Turn Judge:

Chief Judge:

Starter:

Deck Referee:

Administrative Referee:

Your request: Yes, was selected as follows:

Selected for the following position; S&T CJ Starter Ref Ad Ref

_____, Meet Referee. Date: _____

Sorry, were not selected.

**2019 Montana Long Course State Championships
Entry Fee Summary and Waiver Release Form**

Please complete and mail this form along with entry fees (checks payable to Montana Swimming) to: Bozeman Swim Club
Attn: Sara Gram
PO Box 804
Bozeman, MT 59771

Team Name	
Club Code	
Coach	
Coach email	
Coach phone	
Team Address	

Item	Total number	X cost per	Total
Number of swimmers		18.00/ swimmer	
Number of Individual Events		\$2.00/ swimmer event	
Number of Relays		\$8.00 per relay	
Total fees due	-----	-----	

Waiver/Acknowledgement and Liability Release

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. Swimmer and Coach registration will be verified. I acknowledge that I am familiar with the Safety Rules of USA swimming, Inc. and Montana Swimming, Inc.; regarding warm up procedures and meet safety guidelines and that I shall be responsible for the compliance of my swimmers with those rules during this meet. Bozeman Barracuda Swim Club, Bozeman Swim Center, Montana Swimming, Inc. and USA Swimming, Inc., their agents, employees and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of an or all of my team's swimmers to be published on the internet in the form of Psych Sheet, Meet Results or any other documents associated with the running of this meet. This meet may be covered by the media including photographs, video, webcasting and other forms of obtaining images of athletes Lparticipating in the meet. Entry into the meet is acknowledgement and consent to this fact.

We hereby submit our team's entry sheets and fees for your upcoming meet and verify that the above named coaches will be in attendance. These coaches are current in the entire requirement set forth by USA swimming, Red Cross Safety Training for swim coaches or lifeguard training, First aid and CPR

Signature	Date
Title	Club